

Level Three					
Course No.	Course Title	Contact Hours			Credits
		Theory	Lab	Clinic	
NURS 213	Application of Nursing Skills	1	4	0	3
Pre-requisite	None				
Co-requisite					

Course Description

Introduction:

This practicum course is designed to provide the student with laboratory guided experiences to master the basic nursing skills. These skills are presented according to the functional health patterns in order to prepare the student to implement holistic care modalities in the clinical settings.

213 تمض (تطبيقات المهارات التمريضية):

يقدم هذا المقرر بالتزامن مع الجزء النظري لأساسيات التمريض وهو مصمم لإعطاء الطالب المهارات اللازمة في مختلف مواقع تقديم الرعاية الصحية للوصول إلى أفضل مستوى رعاية للمريض ويساعد هذا المقرر في تقديم العناية التمريضية الفعالة والمنظمة والمعتمدة على العلم.

Course Objectives:

At the end of this course, the students will be able to:

- Utilize the nursing process and critical thinking.
- Utilize effective communication and documentation skills.
- Demonstrate basic nursing skills.
- Demonstrate a working knowledge of medical terminology.

Course Contents:

1. Communication in Nursing

- a. Documentation of Nursing Care
 - b. Communication and the Nurse-Patient Relationship
 - c. Patient Teaching
2. Basic Nursing Skills
 - a. Infection, Protective Mechanisms and Asepsis
 - b. Infection Control in the Hospital and Home
 - c. Lifting, Moving, and Positioning Patients
 - d. Assisting with Hygiene, Personal Care, Skin Care, and the Prevention of Pressure Ulcers
 - e. Patient Environment and Safety
 - f. Measuring Vital Signs
 - g. Medication preparation and administration
 - h. Admitting, Transferring and Discharging Patients
 - i. Diagnostic Tests and Specimen Collection
 3. Meeting Basic Physiologic Needs
 - a. Diet Therapy and Assisted Feedings
 - b. Assisting with Respiration and Oxygen Delivery
 - c. Promoting Urinary Elimination
 - d. Promoting Bowel Elimination
 - e. Promoting Sleep and Comfort
 - f. Complementary and Alternative Therapies
 4. Care of the Immobile Patient
 - a. Promoting Musculoskeletal Function

Teaching Methodology:

The following instructional strategies are used:

- Discussions
- Multimedia

- Lab simulation
- Skills demonstration
- Role playing

Assessment Tools:

Total Marks = 100 Marks; distributed as follows:

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|---------------------------|----------|
| • Daily Evaluation | 10 Marks |
| • Assignments | 10 Marks |
| • 1 st Midterm | 20 Marks |
| • 2 nd Midterm | 20 Marks |
| • Final exam | 40 Marks |

Textbooks:

- Taylor, C., Lillis, C., and Lemone, P. “Fundamentals of Nursing: The Art and Science of Nursing Care” Prentice Hall; 7th edition (August 2003) ISBN-13: 978-0130455291
- Koziar B, Erb G, Blais K. “Fundamental of Nursing: Concepts, Process and Practice” Prentice Hall; 8th ed. (May 2008) ISBN-13: 978-0135147313

Recommended Books References:

- Audrey J. Berman, Shirlee Snyder, Barbara J. Koziar, Glenora Erb “ Clinical Handbook for Koziar & Erb's Fundamentals of Nursing” Prentice Hall; 8th edition (May 2007) ISBN-13: 978-0131889330