

King Saud University

Collage of Applied medical Sciences

Department Of community Health

Clinical Nutrition

**Course syllabus of CHS 369**

**Practicum (I) in Clinical Nutrition**

**Second Semester 1434-1433**

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| ****Course Syllabus : CHS - 369**** | | |
| Course title and code: | **Practicum (I) in clinical nutrition** | |
| Program in which the course is offered | Clinical Nutrition program | |
| Credit hours | 3 hours practical | |
| Total contact hours per semester | 135 hours | |
| Level at which this course is offered | Level 8 | |
| Time | Discussion: Sun (8:00 am -10:00 pm)  Practical : Tues (11:00 am-3:00 pm) | |
| Location | Discussion: @ Collage – Olaysha Campus (room CHS # 1)  Practical : @ KKUH. | |
| Faculty | Mrs.Noura AlThukair | |
| Office Number |  | |
| Phone | Office: 014355010 ex: 722 | |
| Email | [nathukair@ksu.edu.sa](mailto:nathukair@ksu.edu.sa) | |
| Office hours | Sunday ( 10 am - 1 pm )  Monday ( 9 am - 11 am ) | |
| Course Description | This is a practical course where student will learn how to integrate previous knowledge and acquire skills necessary for hospital work as dietitian .The course focuses on nutritional assessment, planning intervention and follow-up patients for variety of medical conditions including; Obesity, Diabetes Mellitus, renal diseases, liver diseases, gastrointestinal conditions. | |
| Teaching strategies | The course will carry out hospital visits to practice nutritional intervention followed by in-class case discussions and presentations. | |
| Grading | Assignment………………………………….….  Case presentations/discussion……….  Hospital visit activities …………………...  Quizzes……………………………..............  Attendance and attitude……...........  1st Exam……….……………………...........  2nd Exam……….……………………..........  Final project presentation ….…………  Final project quiz …………………..........  ---------------------------  Total | 10 %  10 %  7%  10 %  3 %  20 %  20 %  10 %  10 %  ----------------------------  100 |
| References | * Food nutrition & diet therapy ( l. Kathleen Mahan, Sylvia Escott-Stump 11th edition 2004 * Manual of Clinical Dietetics by American Dietetic Association. | |

**Course Outline :**

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| --- | --- | --- | --- | --- | --- |
| Week | Date | Day | Topic | Location | Remarks |
| 1 | 27/1 | Sun | 1st meeting | Collage |  |
| 29/1 | Tue | Introduction | Collage |  |
| 2 | 3/2 | Sun | Reading | Collage |  |
| 5/2 | Tue | Obesity /weight management Hospital visit (1) | KKUH |  |
| 3 | 10/2 | Sun | Cases discussion - Reading | Collage | Assig.(1) is due |
| 12/2 | Tue | DM – Hospital visit (2) | KKUH |  |
| 4 | 17/2 | Sun | Cases discussion - Reading | Collage | Assig.(2) is due |
| 19/2 | Tue | DM – Hospital visit (3) | KKUH |  |
| 5 | 24/2 | Sun | Cases discussion - Reading | Collage | Assig.(3) is due |
| 26/2 | Tue | Liver – Hospital visit (4) | KKUH |  |
| 6 | 3/3 | Sun | Cases discussion - Reading | Collage | Assig.(4) is due |
| 5/3 | Tue | Liver – Hospital visit (5) | KKUH |  |
| 7 | 10/3 | Sun | Cases discussion - Reading | Collage | Assig.(5) is due |
| 12/3 | Tue | GI – Hospital visit (6) | KKUH |  |
| 8 | 17/3 | Sun | Cases discussion - Reading | Collage | Assig.(6) is due |
| 19/3 | Tue | 1st Exam | Collage |  |
| 9 | 24/3 | Sun | Break !! ☺ |  |  |
| 26/3 | Tue | Break !! ☺ |  |  |
| 10 | 31/3 | Sun | Reading | Collage |  |
| 2/4 | Tue | GI – Hospital visit (7) | KKUH |  |
| 11 | 7/4 | Sun | Cases discussion - Reading | Collage | Assig.(7) is due |
| 9/4 | Tue | Renal – Hospital visit (8) | KKUH |  |
| 12 | 14/4 | Sun | Cases discussion - Reading | Collage | Assig.(8) is due |
| 16/4 | Tue | Renal – Hospital visit (9) | KKUH |  |
| 13 | 21/4 | Sun | Cases discussion - Reading | Collage | Assig.(9) is due |
| 23/4 | Tue | Reading | Collage |  |
| 14 | 28/4 | Sun | Reading | Collage |  |
| 30/4 | Tue | 2nd Exam | Collage |  |
| 15 | 5/5 | Sun | Final project | Collage |  |
| 7/5 | Tue | Final project | Collage |  |
| 16 | 12/5 | Sun | Final project | Collage |  |
| 14/5 | Tue | Quiz |  |  |

**General course instructions:**

* Students are expected to attend classes on time, a 15 mins delay is considered as absence!
* Assignments are expected to be handed to the instructor at the beginning of the discussion class. Delayed assignment will not be accepted unless an official medical excuse is attached.
* Students are expected to attend all two of the med terms exams, failure to do so will count as a total mark of zero out of 15. Second chance is not permitted unless official medical excuse is presented within a week from the missed exam date.
* **While in hospital :**
  + Dress conservatively as with the collage defined uniform (long black skirt, lad coat, head scarf to fully cover the hair).Students showing otherwise will be excluded from the ward visit and marked as absent!.
  + Respect the privacy of patients .
  + Maintain order, silence and good public manners.
  + Students are prohibited to disclose any information of the patient’s file with the patient him/her self or any other on his/her behalf.
  + Students are prohibited from performing any kind of intervention or interfering with the health care process at the hospital.