

Practicum 1 in clinical nutrition

(CHS 369) – 3 credits

Second Semester, 2014-2015/1435-1436H

Lecturer:

Dr. Sadeem Aljammaz

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The best way to reach me is by email, I do my best to answer emails within one working day. Always include your name in your email; I will not answer emails without student names.

Demonstrators:

Ms Reham Almaiman

Ms Samaher Alsadhan

Course timing:

Group 23422

Monday: At the college from 1pm - 3pm, room F4.

Wednesday: At KCUH from 8am - 11am.

Group 23901

Tuesday: At the college from 8am - 11am, room S1.

Wednesday: At KCUH from 11am – 2pm.

Course description:

In this practical course the student will learn the skills required to work in a hospital as a dietitian. The course focuses on nutritional assessment, planning treatment, and follow-up of patients for the following cases: obesity, diabetes, renal, liver, gallbladder diseases, and other gastrointestinal diseases.

Textbook:

Mahan, L.K; Escott-Stump, S.; and Raymond, J.L. (2012). Krause's Food & the Nutrition Care Process (13th ed.). St Louis, MO: Saunders.

Classroom policies and expectations:

- **Assignments:** To be handed in during discussion class each week following the hospital visit, it will not be accepted if handed in later.
- **Attendance:** regular on-time attendance is expected, continued lateness will be considered absence.
- **Participation:** in-class discussions are strongly encouraged. Not participating at all in class discussions will affect your participation grade.
One mark will be deducted for unexplainable laughs or side talks.
- **Cell phones** must be kept on silent mode;
 - Talking on the phone, texting, or browsing during class will not be tolerated, and one mark will be deducted.
 - If you need to answer an important call, you may step out of the room and come back when finished.
- **Ear phones** are not allowed during class!
- **Laptops** and **iPads** may be brought to class to take notes as long as typing is not disturbing other students:
 - This policy can change if there are complaints by your classmates.
 - You may only use your laptop for note taking – other uses are not allowed of course.
- **Cheating and plagiarism** are not accepted of course.
- If you have questions about the cases or the assignments, please feel free to ask at any time during class, as the answers will most likely benefit your classmates as well.

Midterm and Final exam:

There is one midterm and then the final exam. They will assess the information and knowledge you have learnt through your practice in the course. They'll be based on class discussion, field work, and your notes.

There will be **NO** makeup exams if you missed the scheduled exam.

General rules and instructions for hospital attendance:

- Silence and respect while entering the ward, taking into consideration the patients' privacy and medical conditions.
- Students must follow the University's dress code (long skirt, lab coat, head veil), trousers and make up are NOT allowed. If students do not follow these rules, they will be considered absent.
- Students are not allowed to give the patient any information regarding his/her medical condition or interfere with the health care process at the hospital.
- Students should attend on time, delay of over 15 minutes will be considered absent.
- Assignment cases of each week at KKUH will be discussed and handed in the following week after class discussion. The assignments will not be accepted past the day of discussion unless official medical excuse is attached on the front page.

Dietary brochure:

In groups of two students you will choose one of the diseases covered in this course and produce a brochure that is designed to give full dietary information. It should include at least two recent references (preferably within the past two years, but not older than 5 years), written in APA style. It should be in Arabic and clear for patients to understand. It should not be elaborate or expensive to produce.

Grading structure:

Assignment cases	20
Class attendance and discussion	8
Dietary brochure	7
Hospital attendance and discipline	5
Midterm	20
Final	40
Total	100

Course Syllabus:

Week #	Topics of cases to see at KKHU then discuss the following week at college
1 st	Introduction/ Obesity adult
2 nd	Diabetes Mellitus-1 adult
3 rd	Diabetes Mellitus-2 adult
4 th	Pediatrics: Obesity and diabetes
5 th	Disorders of the Upper GI Tract
6 th	Disorders of the Lower GI Tract
7 th	Liver Diseases and Gallstones Midterm exam. Week 7, Monday 9 March 2015 for both groups.
8 th	No hospital. Discussion only
9 th	BREAK
10 th	Renal
11 th	Renal
12 th	Renal pediatric
13 th	Add a case according to requirement.
14 th	Add a case according to requirement, brochure discussion.
15 th	Revision and brochure discussion.
16 th	FINAL