

**SCIENTIFIC PROGRAM**  
**The 5<sup>TH</sup> Conference of the Saudi Osteoporosis Society**  
**18-21 March 2021**

**Day 1**

Thursday, 18 March 2021

Chairpersons: Riad Sulimani, Yousef Al Saleh		
19:00– 19:10	<b>Opening Remarks</b>	<b>Dr. Riad Sulimani</b>
19:10 – 19:35	<b>Vitamin D Metabolism</b>	Fahad AlShahrani
19:35– 20:05	<b>Vitamin D for Skeletal Health</b>	Bess Dawson-Hughes
20:05 – 20:35	<b>Vitamin D for Extraskeletal Health</b>	J. Christopher Gallagher
20:35 –20:50	<b>Panel Discussion</b>	
20:50 – 21:15	<b>Vitamin D Deficiency Trends in Saudi Arabia</b>	Nasser Al-Daghri
21:15 – 21:45	<b>Vitamin D, Lessons from Major Trials</b>	Bess Dawson-Hughes
21:45 - 22:15	<b>Calcium Supplementation, Risks/Benefits</b>	J. Christopher Gallagher
22:15 – 22:30	<b>Panel Discussion</b>	

**Day 2**

Friday, 19 March 2021

Chairpersons: Mohammed Al Shaker, Hanan Al Rayes		
19:00 – 19:30	<b>Year in Osteoporosis</b>	David Kendler
19:30 – 19:55	<b>Introduction to FRAX</b>	Mohammed AlShaker
19:55 –20:20	<b>TheSaudi FRAX Project</b>	Yousef Al Saleh
20:20 – 20:45	<b>Technologies for Fracture Prediction</b>	Mohammad AlMohaya
20:45 – 21:00	<b>Panel Discussion</b>	
21:00 –21:25	<b>Fracture Liaison Service</b>	Mir Sadat Ali
21:25 – 21:55	<b>Osteoporosis Treatment, Antiresorptives</b>	Juliet Compston
21:55 –22: 25	<b>Osteoporosis Treatment, Anabolics</b>	Mona Fouda
22:25 – 22:40	<b>Panel Discussion</b>	

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**Day 3**  
 Saturday, 20 March 2021

Chairpersons: Mona Fouda, Fahad Al Shahrani		
19:00 – 19:30	How Long You Treat, Treatment failure	David Kendler
19:30 – 20:00	Osteoporosis Drugs, Together or one after another	Juliet Compston
20:00 – 20:25	Bariatric Surgery and Bone Health	Riad Sulimani
20:25 – 20:40	Panel Discussion	
20:40 – 21:05	Renal Bone Disease	Salwa Alaidarous
21:05 – 21:35	Bone Disease Associated with Type 2 Diabetes/Obesity	Juliet Compston
21:35 – 22:00	GIOP	Hanan Al Rayes
22:00- 22:15	Panel Discussion	

**Day 4**  
 Sunday, 21 March 2021

Chairpersons: Mir Sadat Ali, Mohammad AlMohaya		
19:00 – 19:30	Osteoporosis in Men	David Kendler
19:30 – 19:55	Pre-menopausal Osteoporosis	Basma Alwahabi
19:55 – 20:25	Acid-Base Balance, Bone and Muscle, A Promising Area	Bess Dawson-Hughes
20:25 – 20:40	Panel Discussion	
20:40 – 21:10	Cases for discussion	David Kendler
21:10 -21:30	Discussion and adjournment	