

# Reem Alkhamis

## PERSONAL INFORMATION

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- Birth Date: July 12, 1987
- Birth Place: Riyadh, Saudi Arabia
- Civil Status: Single

## EDUCATION

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|-------------|---|-------------|
| 2012 – 2013 | <b>Imperial College London</b> <ul style="list-style-type: none"><li>▪ MSc in Reproductive and Developmental Biology</li><li>▪ Graduated with merit</li></ul>         | London, UK  |
| 2005 – 2010 | <b>King Saud University</b> <ul style="list-style-type: none"><li>▪ BSc in Clinical Laboratory sciences</li><li>▪ Graduated with first honor (GPA: 4.94/5)</li></ul>  | Riyadh, KSU |
| 1992 – 1998 | <b>Najd School</b> <ul style="list-style-type: none"><li>▪ Elementary, Middle, and High School</li><li>▪ Graduated with overall grade excellent (98.89/100)</li></ul> | Riyadh, KSA |

## AWARDS AND CERTIFICATION

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| 13-11-2016 | <b>European Institute of Fitness</b> <ul style="list-style-type: none"><li>▪ Level 3 Certificate in Personal Training</li><li>▪ Master Trainer Award:<ul style="list-style-type: none"><li>Award of ACSM Fitness and Nutrition Coach</li><li>Award of Exercise Specialist</li><li>Award of Nutrition Coach</li><li>Fitness Business Award</li></ul></li></ul> | London, UK |
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# Reem Alkhamis

12-09-2016      **Life Time**      London, UK  
▪ Level 2 Certificate in Fitness Instructing (GYM-based Exercise)

29-05-2016      **Mad Dogg Athletics**      London, UK  
▪ Spinning Instructor Training

## EMPLOYMENT

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Oct 2011 – Present      **KING SAUD UNIVERSITY**      Riyadh, KSA  
Teaching assistant at The Clinical Laboratory Science Department

## EXPERIENCE

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2007-2017      **Member of challenge Ladies spots Club**      Riyadh, KSA

2008      **King Faisal Specialist Hospital and Research Center**      Riyadh, KSA  
▪ Four week Summer training program at The Gene Therapy Laboratory, Genetic Department

2009      **King Faisal Specialist Hospital and Research Center**      Riyadh, KSA  
▪ Volunteered for two weeks at the Pathology and Laboratory Medicine Department

2009      **Dallah Hospital**      Riyadh, KSA  
▪ Six week Summer training program at The Laboratory Department

2010 – 2011      **King Faisal Specialist Hospital and Research Center**      Riyadh, KSA  
▪ One year lab rotation Internship program

2011      **King Faisal Specialist Hospital and Research Center**      Riyadh, KSA  
▪ 7 month training at The Developmental Genetics Department

2016      **European Institute of Fitness**      London, UK  
▪ 40 hours of clinic (personal training sessions delivered to clients under supervision)

# Reem Alkhamis

## SKILLS

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- Arabic, English (Primary Languages), and French (Second Language)
- Hobbies (fitness, football and reading)