



King Saud University

### CURRICULUM VITAE



**Dr. Mohamed Yousef Haggag Ismaiel**

Professor of Sports Psychology, Department of Biomechanics and Motor behavior, colleges of sports science and physical activity, King Saud University.		
<b>Address:</b>		
Department of Biomechanics and Motor behavior, colleges of sports science and physical activity, King Saud University		
<b>Telephone number:</b>	<b>KSU Email address:</b>	<b>Personal Email address:</b> <i>(optional)</i>
00966509652268	mhaggag@ksu.edu.sa	mohhaggagg@gmail.com
<b>Profile:</b>		
<p>Academic and researcher in sports psychology. Work as Professor of Sports Psychology, Department of Biomechanics and Kinetic Behavior. College of Sports Sciences and Physical Activity, King Saud University. He worked as an Associate Professor in the Department of Sports Psychology at the Faculty of Physical Education, Helwan University, in Egypt for several years. He holds a PhD in Sports Psychology from Helwan University. Interested in psychological and social issues and research in sports, the quality of life for athletes, development issues, especially sustainable cultural development in sports fields, women's sports studies, motives for sports participation, and research on youth with special groups Participation in many local and international scientific conferences in the sports field and supervising many master's research The field of mental training for athletes.</p> <p>Highly motivated and innovative sports psychology professor with over 28 years of experience in psychological research, education, management and volunteer work. Experience implementing and applying the latest research. My previous experience in psychological and social sciences allows me to gain comprehensive knowledge in concepts and strategies of sports psychology and sports research, lead and monitor research projects, work efficiently with a multidisciplinary team, and have extensive knowledge in various psychological sciences research locally and internationally, problem mining, preparation of questionnaires and questionnaires. And focus group materials, and facilitate communication with a range of stakeholders including academic colleagues, researchers, colleagues, teachers and students in multidisciplinary environments. A member of many scientific and voluntary societies, and presented at local and international conferences. He worked as a coach and lecturer in a</p>		



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number of sports federations.

### Qualifications:

- ✓ *PhD in Sports Psychology, College of Physical Education and Sports Sciences, Helwan University, 2000.*
- ✓ *Master in Sports Psychology, College of Physical Education and Sports Sciences, Helwan University, 1996.*
- ✓ *Bachelor Physical Education, College of Physical Education and Sports Sciences, Helwan University 1991.*
- ✓ *Arts in Psychology, Faculty of Arts, Ain Shams University 1999.*
  
- ✓ ***Professional Diplomas and workshops***
  
- ✓ *Diploma in Special Education, Department of Mental Health, Ain Shams University, 2001.*
- ✓ *Diploma in Psychological Counseling, Department of Mental Health, Ain Shams University, 2002.*
- ✓ *Training program - the skills to deal with cases of academic delays and how to use the guidance academic guidance and counseling students Center - King Saud University.*
- ✓ *Preparation of internal auditor for management system in accordance with the requirements of the International Standard (ISO 9001/2008) Department Quality Assurance and Training - Research Chairs - King Saud University.*
- ✓ *The integration of information and communication technology in university teaching - Deanship of Skills Development - King Saud University.*
- ✓ *International Publishing Scientific Research - faculty and leadership development center - Ain Shams University.*
- ✓ *Preparation of competitive projects for funding research - faculty and Leadership Development Center - Ain Shams University.*
- ✓ *Organizing scientific conferences - faculty and leadership development center - Ain Shams University.*
- ✓ *Statistical analysis of the data using SPSS- center studies and statistical standard consulting Cairo University.*

### Professional Registration:

- ✓ *Joined since 1998, Member of the Egyptian Psychologists Association.*
- ✓ *Joined since 2002, Member of the Egyptian Association for Psychological Studies.*
- ✓ *Joined since 2005, Member of the Saudi Federation for Physical Education and Sports.*
- ✓ *Joined since 2010, Member of the International Council for Health, Physical Education, Recreation, Sports and Kinetic Expression*

### Previous and other appointments:

- **Present designations:**

- ✓ *Professor of Sports Psychology, Department of Biomechanics and Motor behavior, colleges of sports science and physical activity, King Saud University (2020 – present)*



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- ✓ *Head Dept of educational preparation at King Saud University (2007- 2008).*
- ✓ *Head of the Academic Advising Unit, College of Sport Sciences and Physical Activity, King Saud University 2019.*

- **Previous designation:**

- ✓ *Associate Professor, Department of Sports Psychology, Faculty of Physical Education and Sports Sciences, Helwan University, 2005.*
- ✓ *Executive Director of the study faltering project for male and female students, King Saud University 2016.*

### Scientific literature:

- ✓ *Psychological and mental selection of talented people in the sports field - The Anglo Egyptian Library - Cairo 2010.*
- ✓ *Contemporary Readings in Sport Psychology - Dar Al-Ikhlal Publishing - Cairo 2003.*
- ✓ *Intolerance and Aggression in Sports "A Psychosocial Vision" - The Anglo Egyptian Library - Cairo 2002.*

### Scientific research

- ✓ *The Effect of the Training of Gradual Muscular Relaxation in Reducing Psychological Stress among Students of the Faculty of Sports Science and Physical Activity, International Journal of Behavioral Research & Psychology (IJBRP Open Access Journal- USA), 2019.*
- ✓ *The psychology of the rebellion of football players in through of some demographics Variables, Journal of Sports Sciences and Physical Education, King Saud University, Saudi Arabia, 2019.*
- ✓ *Social support and mental health in relation to sports injuries among football players, Journal of Sports Sciences and Physical Education, King Saud University, Saudi Arabia, 2019.*
- ✓ *Psychometric study of the Irrational Ideas Scale of Young Footballers, The Scientific Journal of Physical Education and Sports Sciences, Helwan University, Egypt, 2018.*
- ✓ *Emotional intelligence and its relationship to self-efficacy at the trainers of some selected sports activities in the Kingdom of Saudi Arabia, Assiut Journal of Physical Education Sciences and Arts, Assiut University, Egypt, 2017.*
- ✓ *The Effectiveness of a Training Program using Neuro - Linguistic Programming (NLP) to Reduce Test Anxiety in Consideration of Biological Feedback, International Journal of Behavioral Research & Psychology (IJBRP Open Access) 2016.*
- ✓ *Attitudes towards physical activity and its impact on aggressive behavior among juvenile delinquents, Journal of Theories and Applications of the Faculty of Physical Education Abu Qir, Alexandria University, Egypt, 2012.*
- ✓ *Some psychological variables preparing for targeting football players for sports injuries, the fifty-second annual world conference of the International Council for Health, Physical Education, Recreation, Sports and Movement Expression, the scientific and educational quality of sports activities for all, an introduction to Olympic health and achievement, Doha - 2010.*



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- ✓ *The perceptive mental image of some negative aspects of the university professor in the Faculties of Physical Education and Sports in light of the quality standards of higher education, The Scientific Journal of Physical Education and Sports Sciences, Helwan University, Egypt, 2010.*
- ✓ *Analytical study of aggressive behavior and its relationship to trends in competitive achievement among soccer players, The Scientific Journal of Physical Education and Sports, College of Physical Education for Boys, Helwan University, 2009.*
- ✓ *The Effectiveness of the Effect of Some Proposed Educational Attitudes in the Physical Education Lesson to Promote the National Affiliation of Elementary Pupils, Fourth Regional Conference of the International Council for Health and Physical Education for the Middle East Region - College of Physical Education for Boys, Alexandria University 2008.*
- ✓ *The value pattern of students of the Faculty of Physical Education for Boys in Cairo in light of the bifurcation of the modern list, field study, Scientific Journal, College of Physical Education for Boys, Assiut University, 2005.*
- ✓ *Fears Professionalism and its impact on the psychological competence of practical education students, The Scientific Journal of Physical Education and Sports, College of Physical Education for Boys, Helwan University, 2004.*
- ✓ *The Effectiveness of Mental Training in Developing Offensive Punches for First Class Boxers, Scientific Journal (Sports Science and Arts), College of Physical Education for Girls, Helwan University, 2004.*
- ✓ *Differences in competition anxiety, sports confidence, and competitive orientation among the youth of national teams, Menoufia University Journal of Physical Education and Sports, 2003.*
- ✓

### Relevant Publications:

- ✓ *Fear of success among female athletes in selected sports activities, an analytical study. The First International Scientific Conference on Physical Education, Sports and Health, College of Education, Kuwait, 2008.*

**Signature:**

**Date:** 2-Feb-2021