



KING SAUD UNIVERSITY
College of Nursing
1st Semester AY 1442 (2020 -2021 G)

Adult Health Nursing I (NUR 222) CLINICAL

Instructional Methods: Lecture, Discussion, Question and Answer, Problem Solving
.Demonstration and re demonstration, simulated / actual patient care

Course Goals: The goal of this course is to provide the nursing students with the preliminary capabilities to be able to practice and provide Medical-Surgical Nursing care which requires specialized knowledge and clinical skills to manage actual or potential health problems that affect individuals, their significant other(s), and the community. It is provided to clients from adolescence throughout the life span.

Goals for Student Learning (Intended Learning Outcomes ILOs):

At the end of this course, the students will be able to:

- Describe the steps of the Nursing Process to plan nursing care that will support the individual/family/community in the promotion of health status.
- Identify etiologies, risks, sign and symptoms, diagnostic procedures, treatments and diet therapy for patients with common medical and surgical disorders.
- Identify nursing diagnoses, goals, nursing interventions based on evidence-based practice, nursing outcomes and evaluation criteria appropriate for clients with system disorders.
- Develop a health education program for client and family according to patient conditions.

COURSE OUTLINE

Wk No.	Date	Content / Activities	Methodologies	Reading
1	Aug 30 – Sept 3, 2020	Welcome & Orientation to the course	<ul style="list-style-type: none">• Discussion of Clinical Activities and Requirements (Quiz, Midterm Exam Lab Values)	

Wk No.	Date	Content / Activities	Methodologies	Reading
2	Sept 13 - 17,2020	a) Medication Administration (Ophthalmic, Intradermal, Subcutaneous, IM, IV)	Demonstration / Return Demonstration	<ul style="list-style-type: none"> • Clinical Portfolio • Performance Checklists • Assignment: Laboratory Values
3	Sept 6 – 10, 2020	a) Laboratory Values b) Nursing Process	<ul style="list-style-type: none"> • ONLINE Lecture • Presentation and Discussion of a Sample Nursing Process 	Kozier & Erb's Fundamentals of Nursing: Concepts, Process and Practice. 10th Ed.
4	Sept 20- 24,2020	a) Providing Preoperative Care b) Providing Post operative Care c) Administering Medication by PCA Nursing Process (Grp 1)	ONLINE Lecture Video presentation Group Presentation Giving Feedback	<ul style="list-style-type: none"> • Medical Surgical Nursing Care
5	Sept 27- Oct 1,2020	Quiz (Medication Administration a) Incentive Spirometry b) Administering medication by Metered Dose inhaler	ONLINE Video presentation Lecture Video presentation	<ul style="list-style-type: none"> • Clinical Portfolio • Performance Checklists
6	Oct 4-8 , 2020	a) Formulation of Nursing Process (Grp 2)	Group Presentation Giving Feedback	<ul style="list-style-type: none"> • Medical Surgical Nursing Care
7	Oct 11- 15, 2020	a) Application of ECG leads	Demonstration / Return Demonstration	<ul style="list-style-type: none"> • Clinical Portfolio • Performance Checklists

Wk No.	Date	Content / Activities	Methodologies	Reading
8	Oct 18 - 22 2020	Midterm Exam a) Providing Preoperative Care b) Providing Post operative Care c) Administering Medication by PCA d) Incentive Spirometry e) Administering medication by Metered Dose inhaler Nursing Process(grp 3)	Group Presentation Giving Feedback	<ul style="list-style-type: none"> • Medical Surgical Nursing Care
9	Oct 25 - 29 2020	<ul style="list-style-type: none"> • Measuring Capillary Blood glucose 	Demonstration / Return Demonstration	<ul style="list-style-type: none"> • Clinical Portfolio • Performance Checklists
10	Nov 1-5 , 2020	<ul style="list-style-type: none"> • Colostomy Care • Nursing Process (Grp 4) 	Lecture / Video presentation Group Presentation Giving Feedback	<ul style="list-style-type: none"> • Medical Surgical Nursing Care
11	Nov 8-12 2020	MIDTERM EXAM 2 <ul style="list-style-type: none"> • Application of ECG leads • Measuring Capillary Blood glucose • Colostomy Care Nursing Process (Grp 5)	Group Presentation Giving Feedback	<ul style="list-style-type: none"> • Medical Surgical Nursing Care

Wk No.	Date	Content / Activities	Methodologies	Reading
12	Nov 15-19 2020	<ul style="list-style-type: none"> • Hemodialysis/ Peritoneal Dialysis • Measuring Intake and Output <p>Nursing Process (Grp 6)</p>	Lecture Video presentation Group Presentation Giving Feedback	<ul style="list-style-type: none"> • Medical Surgical Nursing Care
13	Nov 22 - 26, 2020	<ul style="list-style-type: none"> • Blood Transfusion 	Lecture Video presentation	<ul style="list-style-type: none"> • Clinical Portfolio • Performance Checklists
14	Nov 29- Dec 3, 2020	FINAL EXAMINATION <ul style="list-style-type: none"> • Blood Transfusion • Hemodialysis/ Peritoneal Dialysis • Measuring Intake and Output • Formulating NCP 		
15	Dec 6-10 2020			
16	Dec 13-- 17 2020			

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