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**king saud university**

1st Semester Academic Year 2021 – 2022 G / - 1443 H

**NURS 215 FUNDAMENTALS OF NURSING**

# Credit Hours: 5 (3+2) Actual ( 3 + 4) Prerequisites: None Classroom: Days and hours of class meetings: SUNDAY 11:00 – 1:50

# Instructor contact information: DR. IRENE ROCO

EMAIL: iroco@ksu.edu.sa

**Office Hours:** By appointment

**Course Description:** This course provides students with the competencies necessary to meet the needs of individuals throughout their lifespan using the nursing process. Emphasis is placed on physiological, psychological, social, cultural and spiritual factors contributing to the well being of the individual and family

**Instructional Methods:** Lectures / Interactive Discussion thru Onlineclasses, Web Based activities, Demonstration / Return Demonstration

**Required Texts: Kozier & Erb's Fundamentals of Nursing: Concepts, Process, and Practice 11th Edition** Berman, Audrey | Snyder, Shirlee | Frandsen, Geralyn

**Required Articles:** None.

**Recommended Resources:**

1. Lynn, P. and LeBon, M. (2011). Skill Checklists for Taylor’s Clinical Nursing Skills: A Nursing Process Approach. 3rd Edition. Philadelphia: Lippincott Williams & Wilkins
2. Day, R. A., Paul, P., Williams, B., Smelter, S. C., & Bare, B. G. (2016). Brunner and Suddarth’s Canadian Textbook of Medical-Surgical Nursing. 3rd Canadian Edition. Philadelphia: Lippincott Williams & Wilkins

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**Course Goals:** The goal of this course is to provide students with the competencies necessary to meet the needs of individuals throughout their lifespan using the nursing process. Emphasis is placed on physiological, psychological, social, cultural and spiritual factors contributing to the well being of the individual and family

# Goals for Student Learning:

At the end of this course, the students are expected to:

1. Utilize the nursing process and critical thinking skills.
2. Identify normal vital signs , its variations as an assessment of health and perform vital signs taking .
3. Utilize knowledge from theoretical based nursing knowledge and other disciplines to provide evidence-based plans of performing basic nursing skills
4. Describe the steps and explain the rationale of basic concepts underlying nursing care needed to implement basic nursing skills accordingly
5. Appreciate the importance of proper communication skills in dealing with clients and other members of the health care team
6. Discuss the principles of medication administration

# Course Requirements:

# I – SEMESTRAL MARKS ( 60 %)

# A – THEORY PART ( 35% )

**1. Quizzes : 10 %**

Quizzes will be administered ONLINE, twice ( 2X) on scheduled weeks during the semester which will cover the content that has been taught in the class. Since the material in this course is cumulative, the quizzes may also require knowledge of all material studied in the course prior to the quiz. **THERE WILL BE NO MAKE-UP QUIZZES.** If a student is absent during the quiz, a grade of zero will be recorded. Students will be notified in advance if any quiz dates will be changed.

1. **Midterm Exam 20%**

Examinations will be given in the classroom utilizing student’s own device such as laptop, iPad or mobile phone, through **LMS**  at scheduled class times during the semester observing physical distancing. Exam content will be based upon material addressed in the assigned text, assigned readings, class assignments and in-class content. Make-up exams should be discussed with me at least 48 hours in advance of the exam.

**3.**  **Assignments / Group Activity (5 %)**

Analysis assignments will be completed independently and submitted on the required due date. **There will be NO make-up assignments.** If you do not submit the assignment by the required due date, a grade of zero will be recorded.

A group activity will be presented online which will be scheduled by each Faculty in Theory to encourage the students to display their creativity based on the different concepts related to Fundamentals of Nursing Practice .

**B – PRACTICAL PART (25%)**

**1. Assignments (10 %)**

A faculty may give an assignment where group of students can make a **video** **presentation or a scenario based activity or any activity as agreed by the group** related to nursing procedure which will cover the content that has been taught in the class and may also require knowledge of all material studied in the course.  **The video presentation , or other activities will be completed per group and submitted on the required due date ( week 12)** . **There will be NO make-up assignments.** If the Assignment is not submitted on the required due date, **a grade of zero** will be recorded.

1. **Midterm Exam 15 %**

The Midterm Examination will be performed in attendance in the training laboratory observing physical distancing.

**II- Final Exams : 40% of the total marks**

1. Final theoretical Exam **= 25 %**
2. Final clinical Exam **= 15 %**

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| **Assessment Method** | **Marks for THEORY** | **Marks for PRACTICAL** | **Total Marks** |
| Quizzes | 10 | ---- | 10 |
| Assignment | 5 | 10 |  |
| Group Activity | ---- | 15 |
| Midterm | 20 | 15 | 35 |
| **Total Semestral Marks** | **35** | **25** | **60** |
| Final Exam | **25** | **15** | **40** |
| **Total Marks** | **60** | **40** | **100** |
| **100** | |  |

**Other Policies or Expectations:**

**Attendance:**

**A –** **THEORY -** Students are expected to attend the **ONLINE class 15 minutes** earlier to ensure that class starts and ends on time. Attendance are monitored through Blackboard Collaborate. Students are responsible for all announcements and any content covered in each class.

**B- PRACTICAL –** Training takes place in the simulation laboratories , with 10 – 12 students in a group divided in two groups. Each group attends personally or remotely as scheduled. Learning Modules will be provided to the students, and are advised to utilize the educational library for Clinical courses (Nursing for Clinical Key application from Elsevier). Students are responsible for all lectures or announcements and any content covered in each class.

**Classroom behavior:**

**A – THEORY -** . It is expected that students will participate during the online discussion. It is the responsibility of the student to ensure that she / he is connected online so that classes will not be missed. Students’ microphone will be muted during the class however, each may unmute as necessary.

B – **PRACTICAL** – Students must report personally at the simulation lab on their prescribed uniform , observing physical distancing, wearing of mask, face shields practicing frequent hand washing / hand hygiene and other preventive measures against transmission of the corona virus. The student must inform the faculty in charge at least one hour before the class if she / he is not feeling well so that instructions will be given by the faculty.

**Class Schedule:**

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| **Week No.** | **Date** | **Topic**  **(Theory)** | **Readings**  Kozier & Erb’s Fundamentals of Nursing | **List of Skills**  **(Laboratory)** |
| 1 | **Aug 29- Sept 2 2021** | Orientation  Introduction to the Course |  | * Introduction to the Course |
| 2 | **Sept 5 -9 2021** | 1. **Communication** 2. **Asepsis** | **Chapter 16**  **Chapter 31** | **ASEPSIS**   * Hand washing * Applying and Removing PPE, Sterile Gloving * Establishing Sterile Field |
| 3 | **Sept 12 - 16, 2021** | 1. **Vital Signs**    1. **Body Temperature**    2. **Pulse**    3. **Respiration**    4. **Blood Pressure**    5. **Oxygen Saturation** | **Chapter 28** | * Vital signs Measurement |
| 4 | **Sept 19 - 23, 2021**  National day Leave (Sept 22-23) | **Quiz 1** Communication /Asepsis)   1. **Pain Assessment & Management** | **Chapter 30** | * Continuation of Vital signs Measurement |
| **5** | **Sept 26 – 30, 2021** | 1. **Nursing Process**    * Assessing    * Diagnosing    * Planning | **Chapter 10**  **Chapter 11**  **Chapter 12** | * **ONLINE / REMOTE** * Formulating and Presentation of Nursing Care Plan |
| **6** | **Oct 3 -7, 2021** | * + Implementing   + Evaluating | **Chapter 13** | **ONLINE /REMOTE**   * Formulating and Presentation of Nursing Care Plan |
| **7** | **Oct 10 -14, 2021** | 1. **Oxygenation** | **Chapter 49** | **Return Demonstration**   * Administering Oxygen by Nasal Cannula / Face mask   **Video Presentation**   * + - * + Deep Breathing and Coughing         + Percussion, Vibration and Postural Drainage |
| **8** | **Oct 17 - 21, 2021** Extended Weekend Oct 17& 18 | **MIDTERM EXAM**   1. **Skin Integrity and Wound Care** | **Chapter 36** | **Return Demonstration**   * Wound Care |
| **9** | **Oct 24 -28, 2021** | 1. **Activity and Exercise** | **Chapter 44** | **Return Demonstration**   * Positioning * ROM Exercises |
| **10** | **Oct 31 –Nov 4, 2021**  Extended Weekend Nov 4 | 1. **Elimination**   **A. Urinary Elimination** | **Chapter 47** | **MIDTERM EXAM**   1. Asepsis 2. Vital Signs 3. Oxygenation |
| **11** | **Nov 7 - 11, 2021** | **B. Fecal Elimination**   1. **Nutrition** | **Chapter 48**  **Chapter 46** | **Return Demonstration**   * Catheterization |
| **12** | **Nov 14 -18, 2021** | 1. **Safety** | **Chapter 32** | **Return Demonstration**   * Enema |
| **13** | **Nov 21 - 25, 2021** | **Quiz 2 – Hygiene / Activity and Exercise**   1. **Diagnostic Testing** | **Chapter 34** | **Return Demonstration**   * NGT Insertion * Administering a tube Feeding   Removing NGT |
| **14** | **Nov 28 – Dec 2, 2021** | MID SEMESTER LEAVE |  |  |
| **15** | **Dec 5-9, 2021** | 1. **Stress and Coping** | **Chapter 42** | **Final Examination –schedule to be finalized by the Exam Committee**   * Wound Care * Catheterization * Enema * NGT Insertion/ Tube Feeding/ Removing NGT |
| **16** | **Dec 12 -16** | 1. **Medication Administration** | **Chapter 35** |  |
| **17** | **Dec 19 -23** | **Revision** |  |  |
| **18** | **Dec 26 -30** | **FINAL EXAM**   1. Skin Integrity and Wound Care 2. Elimination & Nutrition 3. Safety 4. Diagnostic Testing 5. Medication Administration |  |  |

**General rules**

* Students are expected to follow their program dress codes and comply with the professional appearance.
* Students are required to be present and punctual every day. As per KSU rules and regulations, you are required to attend at least 75 % of the classrooms in order to enter the final exam. Attendance will be calculated from the first week of the semester regardless of the day of enrollment in the course.
* As per KSU rules and regulations, sick leaves (out of KSU facilities) will not be accepted unless being authenticated by KSU.
* Students are responsible for any missed class, in term of class content, homework, assignments, and exams.
* Missed deadlines for homework and projects will affect your grade with no credit.
* Missed quizzes will not be taken.
* Missed midterms or final exams, however, may be taken in accordance with KSU policy.
* Cheating or plagiarism on tests or assignments is cause for formal disciplinary action.
* For courses that have practical part, students will not enter the final practical unless they pass 85 % of the required clinical competencies for this course.
* Cell phones should be on silent mode in class.

**Student Acknowledgement of Course Syllabus**

We have received a copy of the syllabus for **NUR 215 Grp\_­\_\_\_\_\_\_\_**  We have read this syllabus and understand that we are responsible for abiding by the course requirements and policies mentioned in the syllabus.

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| **Students Name** | **Students ID** | **Signature** | **Date** |
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Name & Signature of Faculty

Date :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_