

CURRICULUM VITAE

Dr. Abdulrahman Alsubiheen, PT, BSc., MSc., DPT, DSc.

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Educational Data

ACADEMIC DEGREES:	DATE:	NAME/ADDRESS:
Bachelor Degree in Physical Therapy	2004	King Saud University
Master of Science in Rehabilitation*	2008	University of Pittsburgh, USA
Doctor of Science of Physical Therapy*	2015	Loma Linda University, USA
Doctor of Physical Therapy (DPT)*	2015	Loma Linda University, USA
Master of Science in Health Education*	2016	Loma Linda University, USA

**All of the four postgraduate degrees have been equalized by the General Directorate of University Certificates Equivalency – Ministry of Education.*

Physical Therapy Career

- April 2015-Present. Assistant Professor at King Saud University
 - 2010- March 2015. Lecturer at King Saud University.
 - 2005-2006 Physical Therapist at King Abdulaziz Medical City-National Guard.
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Department Committees

- Member of the Standing Committee for Developing Electronic Content Standards for Persons with Disabilities (2021 to date)
- Supervisor of the Medical Education Unit at the College of Applied Medical Sciences. (2023-date)
- Physical Therapy Program Director (2020- date)
- Member of the Standing Committee for Student Field Trips at the Vice Rectorate for Educational and Academic Affairs. (2019 to 2021)
- Head of Timetables and Examinations committee (2017- 2020)
- Head of media and department website committee (2015-2016)

- Head of Recruitments and Scholarships committee (2018-2019)
- Member of curriculum committee (2017-2018)
- Member of Academic Guidance committee (2016-2017)

Publications

Alsubiheen A, Petrofsky J, Daher N, Lohman E, Balbas E. Effect of Tai Chi Exercise Combined with Mental Imagery Theory in Improving Balance in a Diabetic and Elderly Population. *Medical science monitor : international medical journal of experimental and clinical research*. 2015;21:3054-3061.

Alsubiheen A, Petrofsky J, Daher N, Lohman E, Balbas E, Lee H. Tai Chi with mental imagery theory improves soleus H-reflex and nerve conduction velocity in patients with type 2 diabetes. *Complementary Therapies in Medicine*.2017;31:59-64.

Kachanathu SJ, Alenazi AM, Hafez AR, Algarni AD, **Alsubiheen AM**. Comparison of the effects of short-duration wrist joint splinting combined with physical therapy and physical therapy alone on the management of patients with lateral epicondylitis. *European journal of physical and rehabilitation medicine*. 2019;55(4):488-493.

Alsubiheen A, Petrofsky J, Yu W, Lee H. Effect of Tai Chi Combined with Mental Imagery on Cutaneous Microcirculatory Function and Blood Pressure in a Diabetic and Elderly Population. *Healthcare*. 2020;8(3):342.

Alrashed, F. A., Sattar, K., Habib, S. R., Ahmad, T., Al Rashoud, A. S., Safhi, T., Almajed, A., Alnafisah, H., Alharbi, N. H., & **Alsubiheen, A.** (2021). Implications of the COVID-19 Pandemic on the Mental Health and Professional Psychomotor Skills of Dental Students. *Psychology research and behavior management*, 14, 675–685.

Alrashed FA, Sattar K, Ahmad T, Akram A, Karim SI, **Alsubiheen AM**. Prevalence of insomnia and related psychological factors with coping strategies among medical students in clinical years during the COVID-19 pandemic. *Saudi Journal of Biological Sciences*. 2021.

Alrashed FA, **Alsubiheen AM**, Alshammari H, Mazi SI, Al-Saud SA, Alayoubi S, Kachanathu SJ, Albarrati A, Aldaihan MM, Ahmad T, Sattar K, Khan S, Dhiman G. Stress, Anxiety, and Depression in Pre-Clinical Medical Students: Prevalence and Association with Sleep Disorders. *Sustainability*. 2022; 14(18):11320.

Lall PS, **Alsubiheen AM**, Aldaihan MM, Lee H. Differences in Medial and Lateral Gastrocnemius Stiffness after Exercise-Induced Muscle Fatigue. *International Journal of Environmental Research and Public Health*. 2022; 19(21):13891.

Alsubiheen AM, Choi W, Yu W, Lee H. The Effect of Task-Oriented Activities Training on Upper-Limb Function, Daily Activities, and Quality of Life in Chronic Stroke Patients: A Randomized Controlled Trial. *International Journal of Environmental Research and Public Health*. 2022; 19(21):14125.

Alrashed FA, Ahmad T, **Alsubiheen AM**, Alghamdi SA, Mazi SI, Mohamed NA, Alhayssoni AM. Examining the prevalence of obesity in school children through an on-site obesity outpatient clinics survey based on student's lifestyles. *Eur Rev Med Pharmacol Sci*. 2023 Mar;27(6):2494-2503. doi:

10.26355/eurev_202303_31783. PMID: 37013767.

Alyousef NI, Shaheen AAM, Elsayed W, **Alsubiheen AM**, Farrag A. Psychometric properties of the Arabic version of the Mini-Balance Evaluation Systems Test in patients with neurological balance disorders. *Eur Rev Med Pharmacol Sci.* 2023 May;27(10):4337-4347. doi: 10.26355/eurev_202305_32438. PMID: 37259714.

Fahad Abdulaziz Alrashed, Tauseef Ahmad, Kamaran Sattar, Mishal M. Aldaihan, Muneera M. Almurdi, Leen Khalid Alrashed, Afaf Ahmed Mohamed Shaheen, **Abdulrahman M. Alsubiheen**. Impact of COVID-19 pandemic on stress and coping strategies among medical students: A cross-sectional study. *International Journal of Advanced and Applied Sciences.* 2023 July;10 (7): 195-202. doi.org/10.21833/ijaas.2023.07.021

Alsubiheen AM, Alzain NA, Albishi AM, et al. Measurement Properties' Evaluation of the Arabic Version of the Patient-Specific Functional Scale in Patients with Multiple Sclerosis. *Healthcare (Basel).* 2023;11(11):1560. Published 2023 May 26. doi:10.3390/healthcare11111560

Abdulaziz Alrashed F, Ahmad T, Almurdi MM, Alqahtani AS, Alamam DM, **Alsubiheen AM**. Investigating the relationship between lifestyle factors, family history, and diabetes mellitus in non-diabetic visitors to primary care centers. *Saudi J Biol Sci.* 2023;30(9):103777. doi:10.1016/j.sjbs.2023.103777

Books

Translated book “The Definitive Guide to the OSCE: The Objective Structured Clinical Examination as a performance assessment” translated by **Dr. Abdulrahman Alsubiheen**, King Saud University Press 2022.

Platform Presentations

Alsubiheen A, Abdulaziz F, Sabbagh A, Ghabin A, Mandali A, Al Turki E, Hammad M, Alnahdi AH. Cross-Cultural Adaptation of the Arabic Version of the Stroke-Specific Quality of Life(SSQOL) Questionnaire. International Conference on Disability & Rehabilitation, Riyadh 1-2 April 2018.

Poster Presentations

Alsubiheen A, Petrofsky J, Daher N, Lohman E, Balbas E. Effect of Tai Chi Exercise Combined with Mental Imagery Theory in Improving Balance in a Diabetic and Elderly Population. APTA CSM 2016, Anaheim.CA, USA. February 17-20, 2016

Alsubiheen A, Petrofsky J, Daher N, Lohman E, Balbas E. Tai chi exercise with mental imagery as a novel technique in improving soleus H-reflex and nerve conduction velocity in patients with type 2 diabetes. APTA NEXT 2016 Nashville,TN,USA.. June 8-11, 2016

Credentials

- **Certified Vestibular Rehabilitation** by The American Institute of Balance. July 2018

- I have successfully awarded **Credentialed Clinical Instructor** (CI) from American Physical Therapy Association (APTA). July 2017

Conferences and Workshops Attended

- Vestibular Rehabilitation Certification Workshop. The American Institute of Balance. Largo, FL, USA. July 11-13, 2018.
- Credentialed Clinical Instructor Program. American Physical Therapy Association. Los Angeles, CA, USA. July, 29-30, 2017.
- NEXT Conference & Exposition of the American Physical Therapy Association Nashville, TN, USA. June 8-11, 2016
- Combined Sections Meeting of the American Physical Therapy Association. Anaheim, CA, USA. February 17-20, 2016.
- Combined Sections Meeting of the American Physical Therapy Association. Indianapolis, IN, USA. February 4-7, 2015.
- Combined Sections Meeting of the American Physical Therapy Association. Las Vegas, NV, USA. February 3-6, 2014.
- **Accreditation Department Workshop**, Combined Sections Meeting (CSM) 2014 in Las Vegas. This workshop provides the process in how to accredit the physical therapy programs in the United States by American Physical Therapy Association (APTA).
<http://www.capteonline.org/Workshops/>
- The Saudi Arabian Cultural Mission (SACM) nominated my name to attend **Academic Leadership Development workshop** which organized by the Academic leadership Center, Ministry of Higher Education 2013
- APTA's Annual Conference & Exposition. Baltimore, MD. June 10-13, 2009
- **McConnell concept** course at Al Salmaniah Hospital, Almanamah, Bahrain 2005
- **Mulligan concept** course by Toby Hall at Sultan Bin Abdulaziz Humanitarian City 2004.

Organizations and Societies Memberships

- Member of the Saudi Physical Therapy Association (1-5-2005 to present)
- Member of the American Physical Therapy Association (12-3-2008 to present)
- Member of the Saudi International Rehabilitation Research Network (April 2016 to present)

Professional Licensure

- Licensed Consultant Physical Therapist in Saudi Arabia by The Saudi Commission for Health Specialties (SCHS)

Services to professional Publications

- Ad hoc reviewer for Medical Science Monitor journal (15-11-2016 to present)
- Ad hoc reviewer for The Tohoku Journal of Experimental Medicine (17-10-2017 to present)
- Ad hoc reviewer for Annals of Physical and Rehabilitation Medicine (6-4-2019 to present)

Professional Volunteer Work

- Worked as a volunteer at Saudi Arabian Cultural Mission (SACM) booth during International Exhibition & Conference on Higher Education 2015 to answer and guide students.
- I was able to coordinate and facilitate signing memorandum between Loma Linda University and

Saudi Arabian Cultural Mission (SACM) in 2013

- Founder of physical therapy page at Saudi Arabian Cultural Mission (SACM) in 2010
- Mentor of Physical Therapy at Saudi Arabian Cultural Mission (SACM) from 2009-2015
- Founder of Saudi Students Club at Loma Linda University 2012
- President of Saudi Students Club at Loma Linda University for two years 2012-2014
- Saudi Students Club at Loma Linda University was achieved and awarded by Saudi Arabian Cultural Mission (SACM) the 15th place among over 300 clubs after one year of establishing the club in 2013
- Author of Loma Linda University Saudi Students Handbook
<http://fac.ksu.edu.sa/aalsubiheen/publication/132139>

Community Services

- Invited lecture “Basic Principles of Using Blackboard” invitation from the Health Rehabilitation Sciences department at the College of Applied Medical Sciences at king Saud University on 9 October 2016.
- Invited lecture of journal club meeting “Using Standardized Patient in Rehabilitation Education” invitation from the Health Rehabilitation Sciences department at the College of Applied Medical Sciences at king Saud University on 22 March 2017.
- Working with Health Charitable Society for Patients Care (Enayah) as consultant director for rehabilitations services. May 2019- May 2020.