

- Hemolysis (from the Greek Hemo: meaning blood, lysis, meaning to break open).
- It is the **breaking open** of <u>red blood cells</u> and the release of hemoglobin and the red cell contents into the surrounding fluid (plasma).
- Hemolysis may occur *in vivo* or *in vitro*.



## **Hemolysis in Vivo**

- Conditions that can cause hemolysis include:
- 1. Immune reactions
- 2. Infections
- 3. Medications
- 4. Toxins and poisons
- Because the concentration of potassium inside red blood cells is much higher than in the plasma and so elevated potassium is usually found in biochemistry tests of hemolysed blood.



# **Hemolysis in Vitro**

- 1. Improper technique during collection (e.g. incorrect needle size, excessive suction)
- 2. pH imbalance (addition acid or base)
- 3. Placing RBCs in a hypotonic solution

Note: In this lab blood hemolysis will be done by using hypotonic solutions and pH imbalance.

### When Blood Hemolysis Should Be Done?

- Breaking down RBCs to release their content
- Estimation of <u>hemoglobin</u>
- To obtain <u>erythrocyte free preparation</u> of leukocyte and platelet

#### **Osmosis:**

- It is the diffusion of solvent molecules across a semi-preamble membrane into a region of higher solute concentration.
- Once an equilibrium is reached the flow of water stops.

**Osmotic pressure:** the pressure exerted by a solvent passing through a semi-permeable membrane in osmosis.



## Tonicity

## **Types of solutions:**

#### ➢ Isotonic

- A solution that has the <u>same solutes concentration</u> as the normal cells of the body and the blood, having equal **osmotic pressure**.
- Example of Isotonic solution is sodium chloride 0.9%, have the same osmotic pressure as serum and they <u>do not affect the membranes of the RBCs.</u>
- In hospitals, intravenous fluids are <u>isotonic</u>.

Solute inside the cell = Solute outside the cell



### **Types of solutions:**

#### > Hypotonic

- In a hypotonic solution, there is a <u>lower concentration of solute outside a cell</u>, creating an environment with lower osmotic pressure than what is contained within the cell.
- The RBCs will burst or hemolyzed.
- Any concentration of NaCl that is **lower than 0.9%**, will be considered hypotonic for cells.

Solute outside the cell < Solute inside the cell



H<sub>2</sub>O

## **Types of solutions:**

#### > Hypertonic

- In a hypertonic solution, there is a <u>higher concentration of solute outside a cell</u>, creating an environment with higher osmotic pressure than what is contained within the cell.
- The RBCs will be shrink.
- Any concentration of NaCl that is **higher than 0.9%**, will be considered hypertonic for cells.

Solute outside the cell > Solute inside the cell







## **Objectives**

- 1. To detect the presence of hemolysis in blood sample.
- 2. To detect the presence of blood in a biological sample.

### Calculations

#### How to Calculate the Concentration of an Isotonic Solution of a Specific Substance:

For example you want to know the grams of NaCl that will make a 100 ml isotonic solution, knowing that the osmolarity of RBC = 0.308 Osmolar.

#### First: Calculate the molarity from osmolarity equation: [1]

Osmolarity = 0.308 Osmolar

No. of dissociation particles = 2, since NaCl  $\rightarrow$  Na<sup>+</sup> + Cl<sup>-</sup>

$$\rightarrow$$
 M=  $\frac{\text{Osmolarity}}{n} = \frac{0.308}{2} = 0.154 \text{ M}$ 

[1] Osmolarity = M x n Where: M = molarity n= No. of dissociation particles

# Calculations

**Second:** Calculate the No. of moles expressed in (w/v %): [2]

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To calculate in w/v \% \rightarrow M = No. of moles / V (in L)
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\rightarrow No. of moles = M x V (in L) =
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 $\rightarrow$  0.154 (from step 1) x 0.1 (100 ml, because you want it as %)= 0.0154 moles

**Third:** Calculate weight in grams knowing that Mwt of NaCl = 58.5 g/mol: [3]

- $\rightarrow$  Wt (g) = No. of moles x Mwt =
- $\rightarrow$  0.0154 (from step 2) x 58.5= 0.9 g

= 0.9 %  $\rightarrow$  the concentration of NaCl that will make an isotonic solution



## **Experiment (1):** Hemolysis Test

#### Method

1. Label 6 tubes (A $\rightarrow$  F). Then, add 1ml of RBCs suspended in saline into each tube

	Tube A	Tube B	Tube C	Tube D	<b>Tube E</b>	<b>Tube F</b>
NaCl 0.45%	5 ml					
NaCl 1.2%		5 ml				
Sucrose 6%			5 ml			
NaOH 0.1M				3 drops		
HCl 0.1 M					3 drops	
Dis. Water						5 ml
NaCl 0.9%				5 ml	5 ml	

- 2. Wait 30 min
- 3. Observe wither hemolysis has taken place

Pause and Think What type of solution is distilled water considered?

### **Results**



A Normal, non-hemolyzed sample

**B** Sedimented after one hour

C Hemolyzed sample

## **Experiment (2):** Detection of Blood by Benzidine Test

 It is often necessary to detect the presence of small quantities of blood in urine, stomach contents etc.

### Principle

- This method depend on the fact that the heme group of hemoglobin possesses a peroxidase-like activity which catalyzes the breakdown of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>)
- The oxidizing species formed in this reaction can then react with benzidine giving blue greenish color.

Heme (hemoglobin) +  $H_2O_2 \rightarrow H_2O + [O]$ 

**[O]** + benzidine → blue greenish complex

Note: the test is <u>not specific</u> for blood as peroxidases present in milk, potatoes and pus, as well as the ions of  $Fe^{+3}$ ,  $Cu^{+2}$  and  $K^{+1}$  will give false positive results

# **Experiment (2):** Detection of Blood by Benzidine Test

### Method

- Place 3ml of sample in a boiling water bath for 3 minutes.
- Cool it under tap water.
- Add 2 ml Benzidine+ 1 ml  $H_2O_2$

### Results

- If the test is negative  $\rightarrow$  blood is absent from sample.
- If the test is positive  $\rightarrow$  blood is probably <u>not definitely</u> present in sample.
- ➢ For this reason these tests are often described as <u>"presumptive tests"</u>.



**Positive results**