



**Practical Exam Sheet**  
**For student's Clinical Performance in**  
**Basic Emergency Care (243 CHS)**  
**(Core Course)**

Date:

Student's Name:

Group no.:-

Care With Heat Exhaustion & Heat Stroke		Total Grade	Student's marks	Comment
No.	Evaluation Items			
1	Grooming ,lab coat & attitudes.	1		
2	Firstly & constantly reassure the victim.	0.5		
3	Put the gloves if available.	0.5		
4	Rest in a quiet cool environment.	0.5		
5	Help the victim to lie down with raised legs.	0.5		
6	Fluid intake, water or salt solution.	1		
7	Monitor vital signs & victim's level of response.	1		
8	Be prepared to give rescue breathing & chest compression if necessary.	1		
9	If the victim's response deteriorates place in recovery position & dial 997.	1		
10	While waiting for help to arrive reassure the victim & treat for shock if necessary.	1		
11	In case of heat stroke added:- Wetting & fanning method to reduce body temperature. ( wrap the victim in a cold wet sheet until temperature falls to 38°C)	1		
12-	If no sheet is available, fan or sponge with cold water.	0.5		
13-	Once the temperature reduced or returned to normal replace the wet sheet with dry one.	0.5		
<b>Total Marks</b>		<b>10</b>		
Teacher's Name:		Teacher's Signature		