King Saud University

**Collage of Applied Medical Sciences** 

**Department of Community Health Sciences** 

**Community Nutrition** 

## CHS 345

Level 7, clinical nutrition program

First mid-term exam

First semester 1436-1437

Student name:

**Student number:** 

## First question: Complete the sentences below (4 marks)

- 1. **Biochemical tests** is one of the methods for assessing nutrition status that measure body fluids such as blood, and/or feces, and/or urine for nutrients or metabolites that indicate deficiencies, infection, or disease.
- 2. **Community** is a social group determined by geographic boundaries and/or common values and interests.
- 3. **Advertising** is an example of environmental factors that influence food choice.
- 4. **Indicators** are variables that are used to measure change and assess whether the program has achieved its goals.

## Second question: Choose TRUE or FALSE for each statement (3 marks)

- 5. **Biochemical tests** is one of the methods for assessing nutrition status that measure body fluids such as blood, and/or feces, and/or urine for nutrients or metabolites that indicate deficiencies, infection, or disease.
- 6. **Community** is a social group determined by geographic boundaries and/or common values and interests.
- 7. **Advertising** is an example of environmental factors that influence food choice.
- 8. **Indicators** are variables that are used to measure change and assess whether the program has achieved its goals.

## Third question: Choose the correct answer: (8 marks)

- 9. **Biochemical tests** is one of the methods for assessing nutrition status that measure body fluids such as blood, and/or feces, and/or urine for nutrients or metabolites that indicate deficiencies, infection, or disease.
- 10. **Community** is a social group determined by geographic boundaries and/or common values and interests.
- 11. **Advertising** is an example of environmental factors that influence food choice.
- 12. **Indicators** are variables that are used to measure change and assess whether the program has achieved its goals.
- 13. **Biochemical tests** is one of the methods for assessing nutrition status that measure body fluids such as blood, and/or feces, and/or urine for nutrients or metabolites that indicate deficiencies, infection, or disease.
- 14. **Community** is a social group determined by geographic boundaries and/or common values and interests.
- 15. Advertising is an example of environmental factors that influence food choice.
- 16. **Indicators** are variables that are used to measure change and assess whether the program has achieved its goals.

- 17. **Biochemical tests** is one of the methods for assessing nutrition status that measure body fluids such as blood, and/or feces, and/or urine for nutrients or metabolites that indicate deficiencies, infection, or disease.
- 18. **Community** is a social group determined by geographic boundaries and/or common values and interests.
- 19. Advertising is an example of environmental factors that influence food choice.
- 20. **Indicators** are variables that are used to measure change and assess whether the program has achieved its goals.
- 21. **Biochemical tests** is one of the methods for assessing nutrition status that measure body fluids such as blood, and/or feces, and/or urine for nutrients or metabolites that indicate deficiencies, infection, or disease.
- 22. **Community** is a social group determined by geographic boundaries and/or common values and interests.
- 23. **Advertising** is an example of environmental factors that influence food choice.
- 24. **Indicators** are variables that are used to measure change and assess whether the program has achieved its goals.
- 25. **Biochemical tests** is one of the methods for assessing nutrition status that measure body fluids such as blood, and/or feces, and/or urine for nutrients or metabolites that indicate deficiencies, infection, or disease.
- 26. **Community** is a social group determined by geographic boundaries and/or common values and interests.
- 27. **Advertising** is an example of environmental factors that influence food choice.
- 28. **Indicators** are variables that are used to measure change and assess whether the program has achieved its goals.
- 29. **Biochemical tests** is one of the methods for assessing nutrition status that measure body fluids such as blood, and/or feces, and/or urine for nutrients or metabolites that indicate deficiencies, infection, or disease.
- 30. **Community** is a social group determined by geographic boundaries and/or common values and interests.
- 31. **Advertising** is an example of environmental factors that influence food choice.
- 32. **Indicators** are variables that are used to measure change and assess whether the program has achieved its goals.