# Giuseppe Grosso MD, PhD

# General Info

- Nationality: Italian
- Email: giuseppe.grosso@unict.it
- Website: http://www.biometec.unict.it/docenti/giuseppe.grosso

## Short bio

Dr. Giuseppe Grosso's research focuses on evidence-based nutrition, a recently emerged field as the bottom line of the Health Technology Assessment applied to food and nutrition. Its main interests include the impact of dietary and lifestyle habits on common non-communicable diseases. In particular, he produced over 150 papers on the relation between diet, individual foods (i.e., coffee) and compounds (i.e., polyphenols), and major non-communicable diseases, with interest on mental health outcomes. Dr. Grosso is interested in evidence synthesis aimed to generate policy-oriented research in the area of public health nutrition. Dr. Grosso's research also aims to measure planetary health, including the potential impact of nutrition at global level.

Dr. Giuseppe Grosso is a cum laude graduated medical doctor. Dr. Grosso holds a specialization in public health and a PhD in neuropharmacology. He is currently working as Assistant Professor of human nutrition at the Department of Biomedical and Biotechnological Sciences, School of Medicine, University of Catania, Catania, Italy, and President of the Food and Nutrition Section of the European Public Health Association (EUPHA).

# Summary

Degree in Medicine, specialization in Hygiene, Public Health and Preventive Medicine (4-year course) and PhD in Neuropharmacology from University of Catania. Research collaboration with several research centers in in Europe and US, including Jagiellonian University, University College of London, Harvard T.H. Chan School of Public Health, Cambridge University, University of Parma, and University of Navarra. Currently working as assistant professor at the University of Catania.

# Work Experience

## **Professor (Assistant)**

*Nov* 2018 – *today* 

Department of Biomedical and Biotechnological Sciences, University of Catania, Catania, Italy

#### Collaborator

*Aug* 2016 – today

The Need for Nutrition Education/Innovation Programme (NNEdPro) Global Centre for Nutrition and Health, St. John's Innovation Centre, Cambridge, UK

### Research Fellow

Jul 2015 - Nov 2018

	Integrated Cancer Registry of Catania-Messina-Siracusa-Enna, Azienda Ospedaliero-Universitaria Policlinico "Vittorio Emanuele", Catania, Italy
	Visiting scientist Feb 2013 – Sep 2014 Jagiellonian University Medical College, Institute of Public Health, Department of Epidemiology and Population Studies, Krakow, Poland
Education	PhD in Neuropharmacology  Jan 2012 – Feb 2015  University of Catania, Department of Clinical and Molecular Biomedicine, Section of Pharmacology and Biochemistry, Catania, Italy
	Specialization in Hygiene, Public Health and Preventive Medicine <i>Apr</i> 2008 – <i>Apr</i> 2012 University of Catania, Department of Anatomy, Biology and Genetics, Legal Medicine, Neuroscience, Diagnostic Pathology, Hygiene and Public Health (DANA) "Gian Filippo Ingrassia", Catania, Italy
	<b>Degree in Medicine and Surgery</b> Oct 2000 – Oct 2007 University of Catania, Faculty of Medicine and Surgery, Catania, Italy
Grant Record	Open issues on the effects of moderate alcohol drinking on health (RF-2018-12367074) – Italian Ministry of Health Feb 2019 – today Role: Unit (Lead)
Scientific Awards	Highly Cited Researcher 2020 by Clarivate - Web of Science
	Highly Cited Researcher 2019 by Clarivate - Web of Science
	President of the Food and Nutrition Section of the European Public Health Association (EUPHA)
Scientific Collaborations	<ul> <li>Collaborator of the Global Burden of Disease (GBD) study group</li> <li>Collaborator of the Non-Communicable Diseases (NCDs) risk factors study group</li> <li>Collaborator of the Global Nutrition and Policy Consortium</li> </ul>
	Condition of the Global Patricial and Policy Consortain
Editorial activity	Mediterranean Journal of Nutrition and Metabolism – IOS Press <i>Aug</i> 2021 – <i>today</i> Associate Editor
	International Journal of Food Sciences and Nutrition - Taylor and Francis Jan 2019 – today Associate Editor

BMJ Nutrition, Prevention and Health - BMJ Publishing Group Ltd Jan 2018 – today Management board

Nutrients / NFS Journal / International Journal of Food Sciences and Nutrition / Frontiers in Nutrition / Journal of Nutrition and Metabolism / International Journal of Environmental Research and Public Health / Epidemiologia

Various dates

Editorial Board Member

Summary of research outputs\*

No. of publications: 179 No. of citations: 23,057

H-index: 57

\*(source: SCOPUS date 15/09/2021)

Research projects evaluator

French National Research Agency – Paris, France

2021

National Science Center Poland – Krakow, Poland

2020

Swiss National Science Foundation – Bern, Switzerland

2020

World Cancer Research Fund – London, UK

2019

Catania, 15/09/2021

Signature
Orgy Gras