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Manal Abdullah Al-Humud

Objective:

To work, achieve my aim, apply what I learned and service my country and society.

Languages:

Arabic: Native Speaker

English: Excellent in Oral, Reading & Writing.

Skills and Knowledge:

Computer Literate – Problem Solving Skills –Team working skills – Time management skills- Individual and group teaching skills- Communication skills.

Education: (2005-2009) Bachelor of community Health sciences (Health education specialist), College of Applied Medical sciences, King Saud University, Riyadh, Saudi Arabia.

GPA: 4.53.

Specialized Training Programs And Courses Attended:

Jun 2010: successfully completing the cognitive and performance examination of cardiopulmonary resuscitation (CPR), Saudi heart association, prince salman hospital, Riyadh, Saudi Arabia.

March-April 2010: Successfully complete Internship training program ADHD (Attention Deficit Hyperactive Disorders) support group, king Faisal Specialist hospital & Research center, Riyadh, Saudi arabia.

Jan-Feb 2010: Successfully complete Internship training program of Pediatric, Maternity Health Education Departments, Security forces Hospital, Riyadh, Saudi Arabia.

Sep-Dec 2009: Successfully complete Internship training program of Internal Medicine, , Pediatric Neurology, Pediatric surgery, Rehab and Gastrointestinal pediatric Health Education Departments, King Fahad Medical City, Riyadh, Saudi Arabia.

Jun- Aug 2009: Successfully complete Internship training program Pediatric, Hematology, Oncology, Maternity, Asthma and Diabetic Health Education Departments, King Abdulaziz Medical City, Riyadh, Saudi Arabia.

March- May 2009: Successfully complete Internship training program of Maternity Health Education Departments, King Khaled University Hospital, Riyadh, Saudi Arabia.

Feb- March 2007:

Computer Course (Microsoft office Access), King Saud University, Riyadh, Saudi Arabia.

Art Course (Drawing with Pastel colors) , King Saud University, Riyadh, Saudi Arabia.

Feb- March 2006: Computer Course (Microsoft office Power point), King Saud University, Riyadh, Saudi Arabia.

Professional meeting and Symposiums:

Jan 2010: 3rd conference for advanced child health care , King Fahad Medical City, Riyadh, Saudi Arabia.

April 2009: - KSU-GCC celebration of world health day 2009, College of Medicine, King Saud University, Riyadh, Saudi Arabia.

March- April 2009: 1st International conference on childhood & adolescent obesity: Research , Prevention and Intervention, College of Medicine, King Saud University, Riyadh, Saudi Arabia

April 2008: Informational awareness and its Application in the health promotion, Prince Salman social center, Riyadh, Saudi Arabia.

Nov 2007: 5th Health education symposium, King Khaled Eye Specialist hospital, Riyadh, Saudi Arabia.

Workshop Attended:

Dec 2010: workshop about how to conduct professional teaching, college of medicine, King Saud bin Abdulaziz University for Health sciences, Riyadh, Saudi Arabia.

Nov 2007: Orthokids education workshop, King Faisal Specialist hospital & Research center , Riyadh, Saudi Arabia.

Social activities :

March- April 2010: contribution in skills training program for parents of ADHD childs program, ADHD(Attention Deficit Hyperactive Disorders) support group, king Faisal Specialist hospital & Research center, Riyadh, Saudi arabia.

March 2010: contribution in the ADHD teenagers workshop, ADHD(Attention Deficit Hyperactive Disorders) support group, king Faisal Specialist hospital & Research center, Riyadh, Saudi arabia.

- contribution in the ADHD children workshop, ADHD(Attention Deficit Hyperactive Disorders) support group, king Faisal Specialist hospital & Research center, Riyadh, Saudi arabia.
- Contributing in the how you can organize campaign workshop, ADHD(Attention Deficit Hyperactive Disorders) support group, king Faisal Specialist hospital & Research center, Riyadh, Saudi arabia.

Feb 2010: Contribution in the 2010 Cancer awareness day, Security Forces hospital, Riyadh, Saudi Arabia.

Jan 2010: Contribution in the 2010 Rheumatoid arthritis awareness day, Security Forces hospital, Riyadh, Saudi Arabia.

Dec 2009: Contribution in the 1st health education program for the Celiac disease patients, King Fahad Medical City, Riyadh, Saudi Arabia.

Oct 2009: Participation and organization in the Swine flu (H1N1) Booth , King Fahad Medical City, Riyadh, Saudi Arabia.

Jun 2009: Contribution in the 4th Annual Breast feeding promotion week, , King Abdulaziz Medical City, Riyadh, Saudi Arabia.

Jan 2009: Participation and Organization in the (Health Child with perfect weights) workshop, 82nd Elementary school and Altarbiah Aleslamiah School, Riyadh, Saudi Arabia.

May 2008: Valuable Support and Participation in the 2nd Cancer public health awareness day , King Faisal Specialist hospital & Research center , Riyadh, Saudi Arabia.

Sep 2007: Participation and organization in the Bone health workshop, 27th Intermediate School, Riyadh, Saudi Arabia.

May 2007: -Participation in "Afaq" pictures Gallery, College of Applied medical sciences, King

Saud University, Riyadh, Saudi Arabia.

-Participation in Annual King Saud University pictures Gallery, King Saud University, Riyadh, Saudi Arabia.