



# Reproductive Health Nursing

## 324 NUR

### *Course Time Table*

**Course Time Table for Reproductive Health Nursing (324 NUR)**

<b>Weeks/Date</b>	<b>Lecture/ Activities</b>
<b>Week 1</b> Monday 05- 5 - 1439	<b>1- Culture and reproductive health in Saudi Arabia-Health promotion through assessment of the couple's reproductive health during pre-conceptual period and providing care of couples during the pre-conceptual period including counseling on reproductive health</b>
<b>Week 2</b> Monday 12- 5- 1439	<b>2- The reproductive system:</b> <ul style="list-style-type: none"> <li>• Female reproductive systems</li> <li>• Life cycle of reproductive systems in puberty ,menarche and menopause</li> <li>• Fetal development</li> </ul>
<b>Week 3</b> Monday 19- 5- 1439	
<b>Week 4</b> Monday 26 - 5 - 1439	<b>3- Physiological changes during pregnancy</b> <ul style="list-style-type: none"> <li>• Diagnosis of pregnancy</li> <li>• Physiology of pregnancy</li> <li>• Discomfort of pregnancy and relief measures</li> <li>• Nutrition</li> <li>• Exercise</li> <li>• Common concern during pregnancy</li> </ul>
<b>Week 5</b> Monday 03- 6- 1439	<b>4- Physiological changes during child birth</b> <ul style="list-style-type: none"> <li>• Factors affecting the Process of labour</li> <li>• Forces of labour</li> <li>• Stages of labour</li> <li>• Nursing care during labour process</li> </ul>
<b>Week 6</b> Monday 10- 6 - 14389	<b>MIDTERM EXAMINATION I</b> All Sections Simultaneously Will Take Midterm Examination I ( Coverage: Premarital Screening, Reproductive system Normal: pregnancy and Labor.)
<b>Week 7</b> Monday 17- 6 - 1439	<b>5. Nursing care of healthy mothers and newborn PP</b> <ul style="list-style-type: none"> <li>• post-partum physiological adaptation</li> <li>• post-partum psychological adaptation</li> <li>• immediate newborn care</li> </ul>
<b>Week 8</b> Monday 24 - 6 - 1439	<b>6. High-risk pregnancy resulting from pregnancy, occur during pregnancy, coincident with pregnancy.</b>
<b>Week 9</b> Monday 2 - 7 - 1439	<ul style="list-style-type: none"> <li>• Hypertensive disorders</li> <li>• Bleeding in late pregnancy</li> <li>• Diabetes with pregnancy</li> </ul>
<b>Week 10</b> Monday 9 - 7 - 1439	
<b>Week 11</b> Monday 16- 7 - 1439	<b>MIDTERM EXAMINATION II</b> All Sections Simultaneously Will Take Midterm Examination II (Coverage: Post-natal Units, High Risk: pregnancy)

<b>Week 12</b> <b>Monday 23– 7- 1439</b>	<b>7-High risk conditions apparent at onset of labour</b>
<b>Week 13</b> <b>Monday 30 –7 – 1439</b>	<b>8- Post-partum complications</b> <ul style="list-style-type: none"> <li>• postpartum haemorrhage</li> <li>• post-partum infection</li> </ul> post-partum thrombosis
<b>Week 14</b> <b>Monday: 20 – 7 – 1438</b>	<b>9- Gynaecological care of the women in the following disorders:</b> <ol style="list-style-type: none"> <li>1. Bleeding in early pregnancy</li> <li>2. Genital prolapses</li> <li>3. Contraceptives</li> </ol>
<b>Week 16 – 18</b>	<b>Final Examination ( All Topics )</b>

<b>Schedule of Assessment Tasks for Students During the Semester</b>			
	<b>Assessment task</b>	<b>Week Due</b>	<b>Proportion of Total Assessment</b>
<b>1</b>	<b>1<sup>st</sup> Mid-term Exam</b>	<b>6</b>	<b>20 %</b>
<b>2</b>	<b>2<sup>nd</sup> Mid-term Exam</b>	<b>11</b>	<b>20 %</b>
<b>3</b>	<b>Open book exam or VCR</b>	<b>10</b>	<b>5 %</b>
<b>4</b>	<b>Role Play</b>	<b>Throughout the term</b>	<b>15%</b>
<b>5</b>	<b>Final Exam</b>	<b>20\8\1439H</b>	<b>40%</b>

**Recommended Book:**

-Murray, S., McKinney, E. (2018). Foundations of maternal-newborn and women’s health nursing. 7<sup>th</sup> edition. Elsevier Saunders: Philadelphia.

**References:**

- Pillitteri, A. (2015). Maternal & child health nursing. 7th edition. Lippincott Williams and Wilkins.

- Bindler, R., Ball, J., London, M., Davidson, M. (2016). Clinical Skills Manual for Maternity and Pediatric Nursing. 5th edition. Pearson.



### **324 NUR Assignment discription:**

1-As a student enrolled in 324 NUR course, you will be asked to work in groups to prepare scientific content and role play about a topic which will be assigned to you by the course educator.

2-The 15 marks allocated for this activity will be distributed as: 10 marks for the play prepared and conducted by all group members, considering the outlines provided in the table below. The other 5 marks will be for the scientific content and/ or scenario of the play, which will be submitted on the day allocated to each group.

4-The topic content and role play will be evaluated according to the evaluation tools attached.

## Role-Play Rubric

Student Name:.....

Role played:.....

Date:.....

Assessment done by:.....

Criteria	Ratings out of 5				
	S1	S2	S3	S4	S5
1-Speech was clear with appropriate volume and inflection					
2-Role was played in a convincing, consistent manner					
3-Arguments and viewpoints expressed fit role played					
4-Costumes and props were effectively used					
5-Role-play was well prepared and organized					
6-Role-play captured and maintained audience interest					

Auditioned Criteria:

.....  
 .....  
 .....

Comments:

.....  
 .....  
 .....

**Clinical instructor name:**

**Student name: ID:**

**Signature:**

**Signature:**

## 324NUR Assignment's Evaluation

**Students' Name:**

**Date:**

**ID#:**

Mark	Item	Grade	Comments
<b><u>Content Preparation</u></b>			
1.0	1-Outline		
1.0	2-Introduction		
1.0	3-Language		
1.0	4-Organization		
1.0	5-Clarity		
1.0	6-Comprehensiveness		
1.0	7-Accuracy		
1.0	8- Conclusion		
1.0	9- Reference.		
<b>9</b>	<b><u>Total</u></b>		

**Total Mark:**

	Student I	Student II	Student III	Student IV	Student V
<b>Role-Play Rubric mark 10</b>					
<b>Content 5</b>					
<b>Total student score 15</b>					

**Instructor name:**

**Signature:**

**Dr. Ibtesam Omar Jahlan**