

# Course Syllabus

## NUR 324 – Reproductive Health Nursing Course

## College of Nursing

## 1436/1437- Second Semester

### *Instructor Information*

* Instructor: Dr. Homood Alharbi , MSN, PhD
* Office Location: Third floor, 2151-1
* Telephone: Office – 4693615
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* Office Hours

 Sunday: 12: 00 p.m. – 02:00 p.m.

 Monday: 12: 00 p.m. – 01:00 p.m.

### *Course Identification*

* Course Number: NUR 324
* Course Name: Reproductive Health Nursing
* Course Location: 16 hall
* Class Times: 08:00- 11:00 a.m.
* Prerequisites: 316 NUR

### *Course Description/Overview*

This course focuses on women health during different cycles of childbearing and childrearing periods. Health promotion, protection, maintenance and restoration are covered. Emphasis is placed on the diseases of female reproductive system from puberty through post menopausal period. The application of nursing process in the assessment and management of family during these stages is adopted.

### *Course Learning Objectives*

**By the end of this course, the students will be able to:**

* Develop a plan of care for the childbearing client and family during the prenatal period utilizing the nursing process.
* Describe physiological, psychological and family changes for each phase of the childbearing period.
* Identify relevant nursing assessment data and nursing diagnoses used in planning care of childbearing families.
* Explain appropriate nursing assessments and interventions to prevent problems and promote healthy adaptation before, during, and after childbirth.
* Examine societal and technological trends that affect the health care of childbearing families.
* Describe the nurse's role in providing care to women with common reproductive health problems.
* Describe historical and cultural variations in childbearing practices and ways in which such variations affect delivery of nursing care to childbearing women and their families.

**Teaching Methodology:**

***The following instructional strategies are used:***

* Lectures
* Discussions
* Case study
* Multimedia
* Self learning

**Assessment Tools:**

***Total Marks* = *100 Marks; distributed as follows:***

* **Quizzes 10 Marks**
* **Assignments 10 Marks**
* **1st Midterm 20 Marks**
* **2nd Midterm 20 Marks**
* **Final exam 40 Marks**

##### Textbooks:

* Leifer, G. “Introduction to Maternity & Pediatric Nursing” Saunders; 5 edition (October 2006) ISBN-13: 978-1416032755
* Olds S. B. “Maternal-Newborn Nursing and Women's Health Care” Prentice Hall Health; 7 edition (September 2004) ISBN-13: 978-0131627987

***Time table for NUR 324 (Tuesday Section)***

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| --- | --- | --- | --- |
| **Week** | **Date** | **Day** | **Topic/s** |
| 1 | 19/1/2016 | Tuesday | Introduction to the course |
| 2 | 26/1/2016 | Tuesday | Introduction to anatomy and physiology of the Female reproductive system |
| 3 | 02/02/2016 | Tuesday | Menstruation |
| 4 | 09/02/2016 | Tuesday | Pregnancy |
| 5 | 16/02/2016 | Tuesday | Pregnancy |
| 6 | 23/02/2016 | Tuesday | First Exam |
| 7 | 01/03/2016 | Tuesday | Labor and delivery |
| 8 | 08/03/2016 | Tuesday | Labor and delivery |
| 9 | 15/03/2016 | Tuesday | Break |
| 10 | 22/03/2016 | Tuesday | Post partum period |
| 11 | 29/03/2016 | Tuesday | Post partum period |
| 12 | 05/04/2016 | Tuesday | Gynecological disorders |
| 13 | 12/04/2016 | Tuesday | Gynecological disorders |
| 14 | 19/04/2016 | Tuesday | Second Exam  |
| 15 | 26/04/2016 | Tuesday | Infertility |
| 16 | 03/05/2016 | Tuesday | Contraceptive Methods |
| 17 | 10/05/2016 | Tuesday | Revision  |
| 18 | 17/05/2016 | Tuesday | Final Exam |