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# Course Syllabus

## NUR 225 – Practical Health assessment Course

## College of Nursing

## 1436/1437-2nd semester

### *Instructor Information*

* Instructor: Dr. Homood Alharbi , MSN, PhD
* Office Location: Third floor, 2151-1
* Telephone: Office – 4693615
* E-mail: [homalharbi@ksu.edu.sa](mailto:homalharbi@ksu.edu.sa)
* Office Hours

Sunday: 12: 00 p.m. – 02:00 p.m.

Monday: 12: 00 p.m. – 01:00 p.m.

### *Course Identification*

Course Number: NUR 225

Course Name: practical Health Assessment

Course Location: Physical Assessment lab

### *Course Description/Overview*

This practicum course provide the students with the competencies required to conduct an interview, observation, percussion, palpation, and auscultation in assessing clients in simulated and actual environments. Emphasis is placed on maintaining ethical and legal principles during the process of interacting with clients.

### *Course Learning Objectives*

**By the end of this course, the students will be able to:**

1. Complete a physical assessment of each body system in a systematic manner.
2. Identify normal and abnormal assessment findings across the life span.
3. Demonstrate techniques used during an examination.
4. Demonstrate proper use of the stethoscope in assessing pediatric and adult lung sounds.
5. Demonstrate proper technique in performing a complete head to toe assessment on the adult and child.
6. Demonstrate competence in both the written documentation and oral presentation of health assessments.
7. Acquire skill in performing the four fundamental techniques of health assessment "inspection, palpation, percussion and auscultation

***Teaching Methodology:***

*The following instructional strategies are used:*

* Discussions
* Multimedia
* Skills demonstration
* Role playing

**Course evaluation:**

|  |  |
| --- | --- |
| **Items** | **Grades** |
| **1st Midterm Evaluation** | **20** |
| **2nd Midterm Evaluation** | **20** |
| **Quizzes** | **15** |
| **Students’ Participation and Attendance** | **5** |
| **Final Exam (written and oral)** | **40** |

***Required books:***

* Jarvis, C. Pocket companion to physical examination and health assessment (5th ed.). Philadelphia: Saunders Ehrlich, (2007) ISBN-13: 9781416067047.
* Bickley, L. & Szilagyi, P. Bates' Guide to Physical Examination

and History Taking (10th ed.). Philadelphia: Lippincott. Health assessment text: (2010). ISBN-13: 978-0-7817-8519-8

Recommended Books References:

* Seidel, H. M., Ball, J. W., DaMs, J. E. & Benedict, G. W. Mosby's Guide to Physical Examination 6th ed.). St. Louis, MO: Mosby (2006) ( ISBN-13: 978-0323028882).
* Engel, J. Mosby's Pocket Guide to Pediatric Assessment, 5th Ed. St Louis, MO: Mosby (PEDS & FNP only) (2006) ( ISBN-13: 978-0323044127)
* Susan F. & Jean F Health Assessment for Nursing Practice, 4th Ed Mosby Title ISBN: 978-0-323-05322-8 (2009)
* Jarvis, C. Physical examination and health assessment (5th ed)• Philadelphia: Saunders. (2007). ISBN: 9781416032434

***Class Time Table for NUR 225 (Monday Section)***

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| --- | --- | --- | --- |
| **Week** | **Date** | **Day** | **Topic/s** |
| 1 | 18/1/2016 | Monday | Registration |
| 2 | 25/1/2016 | Monday | Introduction to the Course |
| 3 | 01/02/2016 | Monday | Health History Taking |
| 4 | 08/02/2016 | Monday | General Survey, Physical Examination Technique |
| 5 | 15/02/2016 | Monday | Integumentary (Skin, Hair, Nails) |
| 6 | 22/02/2016 | Monday | Head and Neck ( Head, Neck, EENT, Sinuses |
| 7 | 29/02/2016 | Monday | 1ST Midterm Exam |
| 8 | 07/03/2016 | Monday | Respiratory System (Thorax and Lungs) |
| 9 | 14/03/2016 | Monday | SPRING BREAK |
| 10 | 21/03/2016 | Monday | Cardiovascular and Peripheral Vascular Assessment |
| 11 | 28/03/2016 | Monday | Gastrointestinal System/Urinary System |
| 12 | 04/04/2016 | Monday | 2ND MIDTERM |
| 13 | 11/04/2016 | Monday | Musculoskeletal System |
| 14 | 18/04/2016 | Monday | Nervous System |
| 15 | 25/04/2016 | Monday | Male Genital System |
| 16 | 02/05/2016 | Monday | FINAL EXAM |

* Note: NURS 224 lectures will cover discussion of the topics one week ahead of NURS 225 to provide a better assimilation of learning to the students in the Practical component of Health Assessment.