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King Saud University

Nursing College

Medical-Surgical dept.

**Course Syllabus**

## NUR 225 – Practical Health assessment Course

## 1438/1439- 2nd semester

### *Instructor Information*

* **Instructor**: Ms. Ebtesam Alzahrani (**Course coordinator**) , Ms. Reem Fallatah , Ms. Aljawhrah ALqahtani , Ms.Gada ALBothi , Ms. Heba EL-manzalway, Ms. Maryam Alanazi , Ms. Amal Barasheed
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### *Course Identification*

Course Number: NUR 225

Course Name: practical Health Assessment

Course Location: Physical Assessment lab

### *Course Description/Overview*

This practicum course provide the students with the competencies required to conduct an interview, observation, percussion, palpation, and auscultation in assessing clients in simulated and actual environments. Emphasis is placed on maintaining ethical and legal principles during the process of interacting with clients.

### *Course Learning Objectives*

**By the end of this course, the students will be able to:**

1. Complete a physical assessment of each body system in a systematic manner.
2. Identify normal and abnormal assessment findings across the life span.
3. Demonstrate techniques used during an examination.
4. Demonstrate proper use of the stethoscope in assessing pediatric and adult lung sounds.
5. Demonstrate proper technique in performing a complete head to toe assessment on the adult and child.
6. Demonstrate competence in both the written documentation and oral presentation of health assessments.
7. Acquire skill in performing the four fundamental techniques of health assessment "inspection, palpation, percussion and auscultation

***Teaching Methodology:***

*The following instructional strategies are used:*

* Discussions
* Multimedia
* Skills demonstration
* Role playing

**Course evaluation:**

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| --- | --- | --- | --- |
| **Marks** | | **Items** | |
| 60 | 20 | 1st Midterm examination | Marks for activities within the semester |
| 20 | 2nd Midterm examination |
| 7.5 | 1st Quiz |
| 7.5 | 2nd Quiz |
| 5 | Students’ Participation and Attitude |
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| 40 | 10 | Final written exams | Final exams |
| 30 | Final practical exams |
| 100 |  | Total Marks | |

***Required books:***

* Janet R.Weber , Jane H.Kelley Health assessment in nursing ( 5th ed.) . Philadelphia , ( 2014 ).
* Jarvis, C. Pocket companion to physical examination and health assessment (5th ed.). Philadelphia: Saunders Ehrlich, (2007) ISBN-13: 9781416067047.
* Bickley, L. & Szilagyi, P. Bates' Guide to Physical Examination

and History Taking (10th ed.). Philadelphia: Lippincott. Health assessment text: (2010). ISBN-13: 978-0-7817-8519-8

Recommended Books References:

* Seidel, H. M., Ball, J. W., DaMs, J. E. & Benedict, G. W. Mosby's Guide to Physical Examination 6th ed.). St. Louis, MO: Mosby (2006) ( ISBN-13: 978-0323028882).
* Engel, J. Mosby's Pocket Guide to Pediatric Assessment, 5th Ed. St Louis, MO: Mosby (PEDS & FNP only) (2006) ( ISBN-13: 978-0323044127)
* Susan F. & Jean F Health Assessment for Nursing Practice, 4th Ed Mosby Title ISBN: 978-0-323-05322-8 (2009)
* Jarvis, C. Physical examination and health assessment (5th ed)• Philadelphia: Saunders. (2007). ISBN: 9781416032434

Time table

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| --- | --- | --- |
| Topic to be covered for NUR 225 | Inclusive date | Week No. |
| Orientation & Introduction to the Course | 22/1/2018  23/1/2018 | 1 |
| Health History Taking & Nutrition | 29/1/2018  30/1/2018 | 2 |
| General Survey, Physical Examination Technique | 5/2/2018  6/2/2018 | 3 |
| Integumentary (Skin, Hair, Nails) | 12/2/2018  13/2/2018 | 4 |
| Head and Neck ( Head, Neck, Sinuses )  & **( Quiz 1 )** | 19/2/2018  20/2/2018 | 5 |
| 1st Clinical Midterm examination | 26/2/2018  27/2/2018 | 6 |
| Respiratory System (Thorax and Lungs) | 5/3/2018  6/3/2018 | 7 |
| Cardiovascular and Peripheral Vascular Assessment | 12/3/2018  13/3/2018 | 8 |
| Breast and Lymphatic  & **( Quiz 2 )** | 19/3/2018  20/3/2018 | 9 |
| 2nd Clinical Midterm examination | 26/3/2018  27/3/2018 | 10 |
| Gastrointestinal System &Female Urinary System | 2/4/2018  3/4/2018 | 11 |
| Musculoskeletal System | 9/4/2018  10/4/2018 | 12 |
| Nervous System | 16/4/2018  17/4/2018 | 13 |
| **Theory final exam**  **Clinical final exam** | 23/4/2018  24/4/2018 | 14 |

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