Kingdom of Saudi Arabia

The National Commission for Academic Accreditation & Assessment

COURSE SPECIFICATION

Nur. 472

Course Specification

Institution: King Saud University
College/Department: Nursing\ Department of Community and Mental Health Nursing

A: Course Identification and General Information

1. **Course title and code:** **Nur. 472 : (Community and Mental Health Nursing)**
2. **Credit hours: 2+2 Credits**
3. **Program(s) in which the course is offered.** **(If general elective available in many programs indicate this rather than list programs)**   **Nursing**
4. **Name of faculty member responsible for the course.**   **Dr. Muneeb Mohammad Alzghool**
5. **Level/year at which this course is offered: 7th level**
6. **Pre-requisites for this course (if any): Nur. 363**
7. **Co-requisites for this course (if any): Nur.473**
8. **Location if not on main campus.**   **Campus, community, and mental health hospital settings.**

B: Objectives

1. Summary of the main learning outcomes for students enrolled in the course.

1- Explore essential concepts used in community and mental health nursing

2- Synthesize and develop skills of communication, problem solving, and decision making.

3- Develop an awareness of community resources such as school health, Handicapped institutions geriatric services and mental retardation institutions.

4- Explore specific patterns of behaviour related major and most common mental Disorders.

5- Apply the nursing process in caring for clients with certain types of mental Disorders, e.g.; schizophrenias, mood disorders, and substance abuse.

6- Understand the role of mental health nurses in using different methods and Approaches of treatment.

2. Briefly describe any plans for developing and improving the course that are being implemented. (Eg increased use of IT or web based reference material, changes in content as a result of new research in the field)

- Web based reference: KSU/ Alzghool website and links.
- Updates based on new research studies.
- Recent textbooks.

C: Course Description (Note: General description in the form to be used for the Bulletin or Handbook should be attached):

This Course provides theory and practice essential to the application of nursing process to the individual, family, and community health patterns needs. Emphasis is geared on the promotion of health, prevention of disease and rehabilitation based on the concept of health illness continuum. This will enable the student to recognize major disruptions of health in a variety of community settings, homes, and mental health institutions.

1 Topics to be Covered		
Topic	No of Weeks	Contact hours
Concepts of Community Health Nursing: **- Essential concepts of community nursing.** **- The role of the community nurse.**	**1 week**	**2hrs**
Community as a Client: **- Community assessment.** **- Identifying community health problems.**	**1 week**	**2 hrs**
Tools Used for Community Health Nursing: **-Nursing process applied to family and community.**	**1 week**	**2 hrs**
School Health Program: **- Objectives.** **- Components.** **- Needs of school-age child.** **- Role of school nurse.**	**1 week**	**2 hrs**
The Handicapped Individual: **- Handicapping problems.** **- Prevention of Handicap.** **- Care of handicap.** **- The role of the nurse.**	**1 week**	**2 hrs**
Geriatric Nursing: **- Factors influencing aging.** **- The positive outcomes of the aging process.** **- The changes occur during aging process.** **- Needs of the elderly.** **- The role of the community nurse.**	**2 weeks**	**4 hrs**

Occupational Health and Accident Prevention:	1 week	2 hrs
Classification and Signs and Symptoms of Mental Disorders:	1 Week	2 hrs
Nursing Care of Clients With: **- Schizophrenia.** **- Mood Disorders.** **- Substance Abuse.**	3 Weeks	6 hrs
Role of the Nurse Specific Therapies **- Milieu therapy.** **- Drugs used in psychiatry** **- Electro-convulsive therapy**	3 Weeks	6 hrs

2: Course components (total contact hours per semester):			
Lecture: 30 hrs	**Tutorial: Office hrs**	**Practical/Fieldwork/Internship: 12 weeks**	**Other:** **None**

3. Additional private study/learning hours expected for students per week. (This should be an average for the semester not a specific requirement in each week):

- **Case Presentations 10%.**
- **Comprehensive Patient Assessments 10%.**
- **Clinical Evaluation 10%**

4. Development of Learning Outcomes in Domains of Learning

For each of the domains of learning shown below indicate:

   - A brief summary of the knowledge or skill the course is intended to develop.

   - A description of the teaching strategies to be used in the course to develop that knowledge or skills.

   - The methods of student assessment to be used in the course to evaluate learning outcomes in the domain concerned.

A: Knowledge

(i) Description of the knowledge to be acquired

- **Remember general facts about mental illness and mentally ill people.**
- **Remember facts about the patterns and types of mental disorders**
- **Remember facts about preventive measures and methods of treatment both in the community and mental health hospitals.**

Example:
- **Define the major concepts in community and mental health nursing.**
- **Identify the modalities of therapy in mental health and community settings.**
- **Know and improve communication skills.**
- **Recognize and improve interviewing skills.**
- **Select the proper health educational measures.**
- **Describe and apply the nursing process.**

(ii) Teaching strategies to be used to develop that knowledge

- **Class lecturing.**

- **Role Playing.**

- **Group Discussions.**

- **Clinical Practice.**

(iii) Methods of assessment of knowledge acquired.

- **Written Exams.**
- **Short Quizzes.**
- **Clinical Evaluation Sheets.**

B: Cognitive Skills

(i) Cognitive skills to be developed

- Knowledge: "Remember" information and facts with regard to community needs, mentally ill people and mental health nursing.

- Comprehension: Understand the major concept of community and mental health nursing.

- Application: * The nursing process.
                     * Theory into practice.

- Analysis: Organise and prioritise the patients' needs to provide a proper nursing care.

- Synthesis: Put together all elements and concept to formulate and implement an effective nursing care.

- Evaluation: Judge the outcomes of the planning process and the nursing interventions.

(ii) Teaching strategies to be used to develop these cognitive skills.

- Lecturing.
- Role playing.
- Submitting nursing care plans.
- Group discussions.
- Clinical demonstrations.
- Case presentations.

(iii) Methods of assessment of students cognitive skills .

    - Short Quizzes.
    - Evaluation Checklist.
    - Observation.

C: Interpersonal Skills and Responsibility
(I) Description of the interpersonal skills and capacity to carry responsibility to be developed. **- Ability to communicate with accuracy and efficiency with patients, families, health team members.**
(ii) Teaching strategies to be used to develop these skills and abilities. **- Improving the interviewing skills through role playing and clinical demonstrations.**
(iii) Methods of assessment of students' interpersonal skills and capacity to carry responsibility. **- One to One feedback. Interrupt and correct the inappropriate communication skills.**
D: Communication, Information Technology and Numerical Skills .

(I) Description of the skills to be developed in this domain.
 	
    - Verbal and Non-verba communication skills
 	
    - Therapeutic and Non-therapeutic Communication Skills.

(ii) Teaching strategies to be used to develop these skills

- Lecturing.

- Role Play.
- Observation.
- Trial and Error.

(iii) Methods of assessment of students numerical and communication skills

　　- Observation.

E: Psychomotor Skills (if applicable)

(I) Description of the psychomotor skills to be developed and the level of performance required.

- Interviewing.
- Medication Administration.
- Providing Physical care.
- Moving the patients.
- Dealing with Angry patients.
- Stress and Stress Management.
- Group Therapy.

(ii) Teaching strategies to be used to develop these skills

- Whole Part- Whole Technique: Instructor should demonstrate clinical skills three times.
A -Whole: Demonstration of entire skill, beginning to end while briefly naming each step.

B- Part: Demonstrates the skill again , step by step, explaining each part in details.

C- Whole: Demonstrates the entire skill, beginning to end, with interruption and commentary.

(iii) Methods of assessment of students psychomotor skills.
　　- Daily Evaluation Clinical Checklist.
　　- Observation.
　　- Short Quizzes.

Assessment	Assessment task (eg. essay, test, group project, examination etc.)	Week due	Proportion of Final Assessment
	5. Schedule of Assessment Tasks for Students During the Semester		
1	**Mid Term Exam**	**8th - 10th Week**	**20 %**
2	**Participation and Attendance**	**Through out**	**10%**
3	**Psychosocial Assessment and Nursing Care Plan**	**By the end of course**	**10%**
4	**Case Presentation**	**Last 2 Weeks**	**10%**
5	**Daily Performance Evaluation**	**Through out**	**10%**
6	**Final Exam (Theory)**	**At the End**	**40%**

D: Student Support

1. Arrangements for availability of faculty for individual student consultations and academic advice. (include amount of time faculty are available each week)

- During Training, Study Days, and Office Hours.

E: Learning Resources

1. Required Text(s)

2. Essential References:
1- Varcarolis EM. Foundations of Psychiatric Mental Health Nursing. 2nd ed. Philadelphia: W.B. Saunders Co. 1994.

2- Smith CM, Maurer FA. Community Health Nursing: Theory and Practice. 2nd ed. Philadelphia: W.B Saunders Co. 2000

3- Recommended Books and Reference Material (Journals, Reports, etc) (Attach List.
4-.Electronic Materials, Web Sites etc **Visit KSU Site: Alzghool website.**
5- Other learning material such as computer-based programs/CD, professional standards/regulations   **None**

F: Facilities Required

Indicate requirements for the course including size of classrooms and laboratories (ie number of seats in classrooms and laboratories, extent of computer access etc.)
1. Accommodation (Lecture rooms, laboratories, etc.) **- Clinical Placements (Community and Hospital Based).** **- Lecture Room.**
2. Computing resources **- Internet and online materials.**
3. Other resources (specify --eg. If specific laboratory equipment is required, list requirements or attach list)   **None**

G: Course Evaluation and Improvement Processes

1 Strategies for Obtaining Student Feedback on Effectiveness of Teachin
2 Other Strategies for Evaluation of Teaching by the Instructor or by the Department.

3 Processes for Improvement of Teaching **- Self directing learning and trial and error.** **- Problem based learning.** **- Demonstration and redemonstration.** **- Evidence – based practice**

4. Processes for Verifying Standards of Student Achievement (eg. check marking by an independent faculty member of a sample of student work, periodic exchange and remarking of a sample of assignments with a faculty member in another institution). **- Double clinical evaluation by the college instructor and hospital staff.** **- Check a sample of marking by an independent college member.**

5 Describe the planning arrangements for periodically reviewing course effectiveness and planning for improvement. **- Changes will be made on the bases of meeting the course objectives and students needs.**