

JWAHER ALHAJI

ASSOCIATE PROFESSOR OF APPLIED
NUTRITION

CONTACTS

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ABOUT ME

Experienced academic professional with a Ph.D. in Applied Nutrition and over a decade of teaching, research, and leadership in higher education. Currently serving as Assistant Professor and head of the Business Unit at College of Applied Studies and Community Services, KSU. Expertise in nutrition research, academic accreditation, and institutional quality development.

SKILLS

Leadership

Effective Communication

Scientific research

Education and Training

Time Management

Teamwork

Budgeting & Planning

T e c h n i c a l

Microsoft Office

Data Analysis

Internet Research

LANGUAGES

WORK EXPERIENCE

Associate Professor of Applied Nutrition at KSU
May 2020- Present

Head of the Business Unit, College of Applied Studies and Community Service, King Saud University, Riyadh
Jan 2025 - Present

Vice Dean, College of Applied Studies and Community Service. KAU
Jan 2023 - 2025

Vice Director, College of Applied Studies, KSU
2017-2023

Assistant Professor, Health Sciences Department, College of Applied Studies and Community Service. KSU
2013 - Present

Lecture, Health Sciences department, College of Applied Studies, and Community Service, KSU
2009-2013

Nutrition Department Employee at the Ministry of Health, KSU
2008- 2009

Lecturer, Department of Nutrition and Food Sciences, Princess Nora Bint Abdul Rahman University
2006 - 2008

EDUCATION

Ph.D. Applied Nutrition /2009-2012
College of Food Science, Princess Nora Bint Abdul Rahman University, Saudi Arabia
"Effect of Some Prepared Traditional Dishes from Samh Flour (*Msembrythemum forsskali* Hochst) on Glycemic Index (Comparative Study)"

M.Sc. Applied Nutrition 2003- 2006
College of Food Science, Riyadh College, Saudi Arabia
"Study of Anorexia Nervosa Among Higher Education Students in Riyadh"

B.A. Food Sciences and Nutrition/1997-2000
College of Food Science, Riyadh College, Saudi Arabia

COURSES

Policy and Procedure Development and Design Course 2025

King Saud University Board of Assessors Course 2024

Quality Practitioner and Academic Accreditation Program 2024

Member of the Supervisory Committee for the Pharmacy Technician Diploma at King

- Arabic
- English

PERSONAL DETAILS

Nationality
Saudi

Saud University

Initiative preparation course 2023
Training of Trainers (TOT) Course 2019

Practical Guidelines for Managing School Children Obesity Course 2017

Leading Changes in Organisation Course 2019

New Faculty Orientation and Preparation Programmer at KSU" SEDA"2016

Academy for Teaching and Learning Excellent, 2015

COMMITTEES AND MEMBERSHIPS

Member of the KSU Board of Assessors

Member of the Scientific Committee for the Food and Nutritional Care Conference at the Ministry of Health

SAUDI SOCIETY FOR FOOD & NUTRITION

Charitable Society for Combating Obesity, Kayl

Scientific Committee of the First Conference on Food and Nutrition Care in the Kingdom of Saudi Arabia

PUBLICATIONS

<https://orcid.org/0000-0001-7473-3037>