

# CURRICULUM VITAE

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## FAHAD DAKHEEL S. ALOSAIMI, MD

Professor and  
Consultant of Psychiatry & Psychosomatic medicine  
Department of psychiatry, College of Medicine  
King Saud University Medical City  
King Saud University, Riyadh, Saudi Arabia

### **Personal information:**

- ❖ Date of Birth: March 19<sup>th</sup>, 1977
  - ❖ Place of Birth: Zulfi, Saudi Arabia
  - ❖ Nationality: Saudi
  - ❖ Marital Status: Married with 4 kids
  - ❖ Current rank:
    - 1) Professor, Department of psychiatry, College of Medicine, Consultant of Psychiatry & Psychosomatic medicine (consultation liaison psychiatry)  
King Saud university medical city  
King Saud University, Riyadh
    - 2) Consultant at Dallah private hospital (as part time), Riyadh
  - ❖ Address:  
King Saud University, King Saud University Medical City, Psychiatry department #55, P.O. Box 7805, Riyadh 11472, Saudi Arabia.
- Tel: office (+96611)806-6340, Secretary (+96611)806-6344  
E-mail: Faalosaimi@ksu.edu.sa, dr.fahad.alosaimi@gmail.com

### **Objectives:**

My primary professional objective is to partner with my colleagues in establishing advanced, sub-specialized psychosomatic medicine services within Saudi Arabia. I am deeply committed to dedicating my career to ensuring patients with psychiatric illnesses in my country receive the highest standard of both medical and psychosocial care. I intend to energetically fulfill all clinical, research, educational, and administrative responsibilities required to achieve these aims.

## **Education:**

❖ **Pre-university:** \*Graduated at: **1995**, Grade: excellent, GPA: 97.75%

❖ **The College of Medicine: 1995 – 2001**, Faculty of Medicine, King Saud University, Riyadh, Saudi Arabia.  
Degree: MBBS, Grade & GPA: Very Good, 3.96 out of 5; Rank: 9<sup>th</sup>

❖ **Other examinations taken:**

\***Saudi Medical License Exam** on 13-9-2001, Degree: 72%, (the Average of marks of all candidates was: 56%).

\***Medical Council of Canada Evaluating Examination** on May 5 2005, Total score: 527 (minimum score required to pass: 303).

❖ **Psychiatry:**

\***2002–2006: Saudi Specialty Program in Psychiatry.**

Degree: Saudi Specialty certificate in psychiatry (*SSC-Psych*) = Saudi Board of Psychiatry (SB-Psych).

❖ **Psychosomatic medicine (Consultation-liaison psychiatry):**

\***2008-2009** General Consultation Liaison Psychiatry (Psychosomatic medicine) fellowship, University of Toronto, Canada.

\***2009-2010** Specialized Consultation Liaison Psychiatry (Psychosomatic medicine) fellowship, University of Toronto, Canada.

❖ **Medical Education:**

\***2008-2009: The clinical teacher certificate program**, department of family and community medicine, University of Toronto, Canada, started from November 2008 till December 2009 (equal to diploma in medical education), composed of the following:

- 1) Attending the Interprofessional Applied Practical Teaching and Learning in the Health Professions course no. one from 12<sup>th</sup> to 17<sup>th</sup> Nov 2008.
- 2) Attending the Interprofessional Applied Practical Teaching and Learning in the Health Professions course no. two from 22<sup>nd</sup> to 26<sup>th</sup> April 2009.
- 3) Doing Practicum module for one year.
- 4) Term paper & poster presentation (Collaborative role Education in Postgraduate Psychiatric Training).
- 5) Preparing & presenting workshop on teaching strategies in difficult situations.
- 6) Attending Research methodology course, 10 sessions from Sep till Nov 2009.

\***2011:** attending four courses of **new faculty (Higher education) program** in King Saud University, Riyadh:

- 1) Effective Teaching and Management System, May 14-15, 2011
- 2) Student Assessment & Classroom Management, May 15, 2011.
- 3) Course Design and Construction, May 30-31, 2011.
- 4) Micro-Teaching, June 4, 2011.

\* Attending **curriculum building course**, King Saud University, Dec 19-20, 2011

\*Attending the 2<sup>nd</sup> Saudi Arabian conference on **residency Education** (SACRE 2), KFNGH, SCFHS, Riyadh, SA, February 7-9, 2012.

\***2021:** Certified by the Saudi commission for health specialties as **facilitator of (The Training of Trainers workshop)**, 2021.

❖ **Medical management:**

**\*2008-2009** The Foundation level courses, **physician manager institute**, Canadian medical association, Canada.

- 1) Foundation Level I -Leadership begins with self-awareness, May 24-26 ,2009
- 2) Foundation Level II -Engaging others, May 27-29, 2009
- 3) Foundation Level III - Management dynamics, June 5-7,2009
- 4) Foundation Level VI - Negotiation and conflict resolution Oct. 18–20,2009
- 5) Foundation Level V- Leading change, Oct. 18–20,2009

**\*2021: Balanced Scorecard Professional Certification** Boot Camp course, Strategy Management Group, Inc, Balanced Scorecard Institute, USA, October 17-21, 2021

\*Passed the Balanced Scorecard Professional Certification Exam (95%), then, became (Certified Balanced Scorecard Professional) (BSP), 2021.

❖ **Islamic studies:**

**\*2015-2019, Sharia College**, Imam Mohammad Ibn Saud Islamic University

**Degree:** Bachelor, **Grade & GPA:** Excellent with First-class honors, 4.9 out of 5

❖ **Others:**

**\*June 2025, Artificial intelligence** concepts and advances applications course, The Saudi Data and AI Authority (SADAIA), SA.

## **Clinical Training:**

### ❖ *Internship:*

**June 30, 2001- June 15, 2002,** (Rotations in Medicine, surgery, Pediatrics, Obstetrics and gynecology, elective in psychiatry). **Evaluation:** very good.

### ❖ *Psychiatry:*

**\*June 16, 2002 – Sep 30, 2002**

- Worked as a service Psychiatry Resident in KKHU & Alamal Complex Hospital.

**\*Oct 1, 2002 - Sep 30, 2006:**

- **Saudi Specialty Program of Psychiatry:** I had rotations in several training centers in Saudi Arabia, including General Psychiatry, Child Psychiatry, Consultation Liaison Psychiatry (psychosomatic medicine), Forensic Psychiatry, Geriatric Psychiatry, Rehabilitation Psychiatry, Addiction, Neurology and EEG.

**\*Oct 1 2006 – Dec 1 2006:**

- Exams of the Program.
- Evaluations of all rotations & Grades of exams: excellent throughout the whole four years of training.

### ❖ *Psychosomatic medicine (Consultation-liaison psychiatry):*

**\*Dec 7, 2006 – May 30, 2008:**

- Starting my subspecialty in Consultation Liaison Psychiatry & working as a Senior Registrar psychiatrist at King Saud University Medical City, Riyadh, Saudi Arabia.

**\*July 2008- June 2009:**

- **General Consultation Liaison Psychiatry fellowship** in University of Toronto.
- Clinical rotations in (Transplant, Lupus and traumatic brain injury psychiatry)
- Cognitive behavioral therapy for medically ill pts.
- **Evaluation:** Outstanding.

**\*July 2009 till June 2010:**

- **Specialized Consultation Liaison Psychiatry fellowship** in University of Toronto in the following areas (Oncology, Cardiology, Nephrology, and family medicine shared care).
- CALM (managing Cancer and Living Meaningfully) therapy.
- Long term psychodynamic psychotherapy.
- Interpersonal psychotherapy.
- Individual and group Acceptance and commitment therapy.
- Brief training on rTMS in CAMH, Toronto.
- **Evaluation:** Outstanding.

❖ **Feb 2015: Visiting professor:** to psychosomatic medicine department, Stanford university, USA

## ❖ **Post Graduate Clinical Experiences:**

1. Full professor, College of Medicine King Saud University, Riyadh, from 6/5/2019- till present.
2. Associate professor, College of Medicine, King Saud University, Riyadh, from 20/4/2015- till 5/5/ 2019.
3. Assistant professor, College of Medicine, King Saud University, Riyadh, from 1/1/2011- till 19//2015.
4. Consultant of Psychiatry & Psychosomatic medicine (CLP) at King Saud University Medical City, KSU, from 1/9/2010- till present.
5. Consultant of Psychiatry & Psychosomatic medicine at Dallah private hospital, Riyadh (as part time) from 1/1/2012 till present.
6. Psycho-oncology integrated service, Oncology department at King Saud University Medical City, KSU, from 2012 till present.
7. Consultant of Psychiatry & Psychosomatic medicine at King Khalid hospital, Almagmah (as Locum) several sporadic months from 2007 till present.
8. Consultant of Psychiatry & Psychosomatic medicine at Al-Zulfi general hospital, (as Locum), Alzulfi on May- June 2014.
9. Provide ongoing bimonthly volunteer clinical psychiatry consultation services at Al-Zulfi General Hospital, Alzulfi. Serve on Thursdays and Saturdays, a commitment maintained continuously since 2007.
10. Volunteering to conduct clinical psychiatry consultation visits in multiple hospitals across various cities in Saudi Arabia, including Sharurah and other locations, from 2007 to the present.
11. E- Psychiatric consultations at Mashorati website, 2013 till 2016.
12. E- Psychiatric consultations (Volunteering) via email, 2010 till present.
13. Worked in several private psychiatric clinics in Riyadh (as part time) from 2007-2010.
14. Worked as a fellow in Psychosomatic medicine in University of Toronto, Canada from 2008-2010.
15. Worked as a senior registrar in Psychiatry & Psychosomatic medicine in KSUMC from 2007-2008.
16. Worked as a trainee resident in Saudi psychiatry specialty program in several major hospitals in Riyadh and Altaif, SA, Saudi commission for health specialties, 2002-2006
17. Worked as a medical intern, College of Medicine, King Saud University, Riyadh, 2001-2002.

## **Education Experiences/ Student Supervision:**

1. Co-teaching of 462 clinical psychiatry course for medical students, college of Medicine, KSU from 2010 till present.
2. Co-developer of the new curriculum for 462 clinical psychiatry course, for medical students, college of Medicine, KSU, 2012.
3. Co-teaching CNS block course for medical students, college of Medicine, KSU, 2010 till present.
4. Facilitating small group PBL tutorials for the pre-clinical years, medical students, college of Medicine, KSU, 2011 till present.
5. Co-teaching of 303 human behavior course for medical students, college of Medicine, KSU, 2010.
6. Co-teaching of Medical ethics course for medical students, college of Medicine, KSU, 2011 till present.
7. Supervision of Medical students' research groups in CMED 305 research course, college of Medicine, KSU, 2011 till present.
8. Co-teaching of clinical medicine course for dental students (Dental 411 GIM), dental college, KSU, 2010 till present.
9. Course organizer and teacher of Psych534 clinical psychiatry course for medical students, Almaarefa College, Riyadh, from 2013- till present.
10. External examiner of medical students in Clinical psychiatry course in college of Medicine, Global colleges, Riyadh (appointed by evaluation center of college of Medicine in KSU, through ministry of higher education), 2012.
11. Supervisor and teacher of elective course (Psychosomatic medicine) in college of Medicine, Imam Mohammed Bin Saud University, 2013.
12. Teaching & supervision of post-graduate Psychiatry, family medicine and Emergency medicine residents during their psychosomatic training, King Saud University and Saudi commission for health specialties, 2011 till present
13. Founder of the King Saud University Psychosomatic Medicine Fellowship Program in 2015, established in collaboration with the University of Toronto and Queen's University, Canada. Subsequently co-developed the program over time, leading to its recognition as a national fellowship program under the full umbrella of the Saudi Commission for Health Specialties in 2020.
14. Teaching & supervision of post-graduate Psychosomatic medicine fellows, King Saud University psychosomatic medicine fellowship program, then Saudi psychosomatic medicine fellowship program, 2015-till present.
15. Lecturing post-graduate Psychiatry residents during their academic days, Saudi commission for health specialties, Riyadh, 2011 till present.
16. Psychotherapy supervision for psychiatric / psychosomatic medicine trainees in a couple of psychotherapy techniques (psychodynamic psychotherapy, cognitive behavioral therapy, acceptance and commitment therapy, CALM therapy, Interpersonal therapy, Bedside brief psychotherapy for the medically ill patients. etc.), 2011 till present.
17. Research supervision of psychiatric trainees/ fellows, college of Medicine, KSU/ Saudi commission for health specialties, 2011 till present.
18. Online teaching of medical interns, Mastering Psychiatry part of the Saudi Medical Licensing Exam (SMLE), through "The Virtual Medical Academy", 2014.
19. A local clinical examiner in the promotion exams, the joint Saudi Psychiatry training program, Saudi commission for health specialties, 2011 till present.
20. Examiner, final clinical exams of Saudi Board of Psychiatry, Saudi commission for health specialties, Riyadh, 2014 till present.
21. Examiner, final clinical exams of Saudi psychosomatic medicine fellowship, Saudi commission for health specialties, Riyadh, 2015 till present.
22. Research evaluator, 7th Annual Postgraduate Medical Education Research Day, KSU, Riyadh, 20th October 2014.
23. Item exam writer (MCQ and OSCE), psychiatry Banks of different levels, the Saudi Commission for Health Specialties, Riyadh, SA, 2012 till present
24. Item exam writer (MCQ), Professionalism and Ethics bank, the Saudi Commission for Health Specialties, Riyadh, SA, 2016.
25. Examiner, accreditation exam for psychiatry consultant title, Saudi commission for health specialties, Riyadh, 2014 till present.

26. Developer of the Psychiatry Course Specifications, new curriculum for PSYC412 clinical psychiatry course for medical students, AlFarabi private medical college, SA, 2018.
27. Research evaluator, Annual Postgraduate Medical Education Research Day, KSU, Riyadh, 19 March, 2020.
28. Facilitator/ instructor of the Workshop (the TOT on the GO, Clinical Teaching and Assessment), The Training of Trainers program, the Saudi commission for health specialties, several training centers in Saudi Arabia, 2020 till present.
29. Research evaluator, 4th Annual Research Forum, College of Medicine, King Saud University, Riyadh, 4th March, 2022.
30. Refereeing of grant applications for research projects, the Institutional Fund Program for Research and Innovation, Deanship of Scientific Research, King Saud University, 2022.
31. Participate in the development and launching of the clinical diploma in nursing mental health, King Saud University, 2022.
32. External reviewer for the scientific production of applicants to promotions to either associate professor or full professor positions in the specialty of psychiatry, in other universities, 2021 until present.
33. Research evaluator, 5th Annual Research Forum, College of Medicine, King Saud University, Riyadh, 2-4th March, 2023.
34. External examiner of medical students in in college of Medicine, Kuwait University, Kuwait, June 7-16, 2023.
35. Research evaluator, 6th Annual Research Forum, College of Medicine, King Saud University, Riyadh, March 7-9, 2024.
36. External examiner of medical students in in college of Medicine, Kuwait University, Kuwait, May 25-31, 2024.
37. Supervisor and a member of the scientific committee of the training program (The psychosocial supportive oncology program), the National center for the promotion of mental health, Riyadh, Saudi Arabia, 2024.
38. Development/ Facilitator/ instructor of the Workshop (the TOT on the GO for psychiatrists, Clinical Teaching and Assessment), The Training of Trainers program, the Saudi commission for health specialties, two virtual national training courses, KSUMC, Saudi Arabia, November – December 2024.
39. Research evaluator, 7th Annual Research Forum, College of Medicine, King Saud University, Riyadh, April 10-12, 2025.
40. Participating in the first meeting organized by the National Center for Mental Health Promotion, Riyadh, SA entitled: "Training and Supervision in Mental Health", February 24, 2025.
41. External examiner of the final clinical examination for trainees of the Imam Abdul Rahman Bin Faisal University Fellowship in Psychiatry, Dammam, SA, September 25, 2025.
42. External examiner of medical students in Clinical psychiatry course in Vision Medical College, Riyadh, 2025.
43. Research evaluator, 8th Annual Research Forum, College of Medicine, King Saud University, Riyadh, February 12-14, 2026.
44. External examiner of medical students in in college of Medicine, Kuwait University, Kuwait, June 20-25, 2026.
45. Providing Scholarly Mentorship to Medical Students, Psychiatry Trainees, and Psychosomatic Medicine Fellows Across the Continuum of Their Training, KSU, 2010 – present.

## **Conferences/ symposium attendance:**

- 1) First Middle East Symposium on ADHD in KFSH&RC, Riyadh, SA, Dec 7-8, 2004.
- 2) The 13th World Congress of Psychiatry, Cairo, Egypt, Sep 10-15, 2005.
- 3) Essential Course in Evidence Based Medicine, National & Gulf Centre for Evidence-Based Medicine, Riyadh, 2006.
- 4) The 20th European College of Neuropsychopharmacology Congress, Vienna, Austria, 13-17 Oct, 2007.
- 5) The 162th American Psychiatric Association Annual Meeting, San Francisco, May 16-21, 2009.
- 6) The Advanced Interpersonal Psychotherapy workshop, Toronto, Canada, 2-3 October 2009.
- 7) The 29<sup>th</sup> Annual Canadian Group Psychotherapy Association (CGPA) Conference, Toronto, Canada, October 13 -17, 2009.
- 8) Workshop (Building Resident Resilience: A Mindfulness and Skills-Based Approach), Toronto, Canada, Oct 27<sup>th</sup>, 2009.
- 9) The 56th Academy of Psychosomatic Medicine Annual Meeting, Las Vegas, NV, USA, November 11-14, 2009.
- 10) Brain Matters - Traumatic Brain Injury and Mental Health conference, Toronto, Canada, January 25, 2010.
- 11) The E.K. Koranyi Review Course in Psychiatry, Ottawa, Canada, 8 - 12 Feb 2010.
- 12) The 68th American Psychosomatic Society Annual Meeting, Portland, OR, US, March 10 - 13, 2010.
- 13) The 10<sup>th</sup> annual Toronto Psychopharmacology Update Day, Toronto, Canada, March 27, 2010.
- 14) The Canadian Conference on Physician Leadership (How Effective Leaders Solve Complex Problems), Toronto, Canada, April 22-24, 2010 .
- 15) The intermediate cognitive therapy institute, CAMH, Toronto, Aril 15-17, 2010.
- 16) Neurostimulation for Psychiatrist: A Practical Guide to Neuroimaging, TMS, ECT and DBS, Toronto, Canada, April 30th and May 1st, 2010.
- 17) Applications for IPT (interpersonal therapy): An intermediate course, CAMH, Toronto, Canada, May 14th and 15th, 2010.
- 18) The 163th American Psychiatric Association Annual Meeting, New Orleans, LA, USA, May 22-26, 2010.
- 19) Attending & participating in many University of Toronto seminars which include (Six full days CLP seminars, Neuropsychiatry, Manager days, ,Cultural day, Acceptance & Commitment Therapy, Introductory Experiential Workshop, Mindfulness, Metacognition and Prophylaxis in Affective Disorder workshop, Teaching to teach days, Psychopharmacology, CBT, Interpersonal psychotherapy day, Basic psychotherapy, Advanced psychotherapy, Clinical psychotherapy seminars, Emergency, research writing, Psycho-oncology and palliative care, Mindfulness-Based Stress Reduction Program, and interpersonal group therapy), 2008 – 2010.
- 20) The 7<sup>th</sup> International Conference on Psychiatry "Controversies in Psychiatric Practice ", Jeddah, SA, 22-23 June 2011.
- 21) The European association of consultation liaison psychiatry and psychosomatics annual meeting, Budapest, Hungary, July,2011.
- 22) The first international conference on Psychiatry “Psychosomatic & addiction psychiatry”, Riyadh Military Hospital, Riyadh, SA, Oct 16-17, 2011.
- 23) The 58th Academy of Psychosomatic Medicine Annual Meeting, Phoenix, Az, USA, November 16–20, 2011.
- 24) Training Seminar in Mental Health Research, University of Toronto, Colombo, Sri Lanka, Feb 20-22 2012.
- 25) The 2nd Saudi Arabian conference on Residency education “SACRE2”, Riyadh, February 7-8, 2012.
- 26) The 20<sup>th</sup> European congress of psychiatry annual meeting, Prague, Czech Republic, March 3-6 2012.
- 27) The 59th Academy of Psychosomatic Medicine Annual Meeting, Atlanta, Georgia, USA, November 14–18, 2012.
- 28) Co-organizing the first international psychiatric conference, theme (The role of psychiatry in general hospital), KSU, Riyadh, SA, 13-14 Feb 2013.
- 29) The workshop "How to make OSCE in psychiatry", Saudi commission for health specialties, Riyadh, 27 Feb 2013.
- 30) The 21<sup>th</sup> European congress of psychiatry annual meeting, Nice, France, April 6-9, 2013.
- 31) The 9th International Conference on Psychiatry, Jeddah, SA, 16-18 April, 2013.
- 32) The Canadian Medical Education Directives for Specialists (CanMEDS) workshop, Saudi commission for health specialties, Riyadh, Riyadh 4-5 May,2013.
- 33) The workshop "How to write good MCQs (Type A)", For Psychiatrists, Saudi commission for health specialties, Riyadh, 28 May 2013.

- 34) The 22<sup>nd</sup> World Congress on Psychosomatic Medicine annual meeting, Lisbon, Portugal, September 12–14, 2013.
- 35) The 60th Academy of Psychosomatic Medicine Annual Meeting, Tucson, Arizona, USA, November 13–16, 2013.
- 36) The 2nd PSMMC International Psychiatry Conference, Riyadh, SA, 26-27 2013.
- 37) The 3<sup>rd</sup> International Al Amal Hospital Conference, Jeddah, SA, 8-9 April, 2014.
- 38) The 10th International Conference on Psychiatry, Jeddah, SA, 17-19 April, 2014.
- 39) The 167<sup>th</sup> American Psychiatric Association Annual Meeting, in New York, May 3-7, 2014.
- 40) The 2<sup>nd</sup> annual Conference of the European Association of Psychosomatic Medicine, Sibiu, Romania, 25th-28th of June, 2014.
- 41) The Saudi International Conference on Residency Education “Innovation in Postgraduate Medical Education”, KSU, Riyadh, 21<sup>st</sup> - 22<sup>nd</sup> October 2014.
- 42) The 61th Academy of Psychosomatic Medicine Annual Meeting, Ft. Lauderdale, Florida, USA, November 12–15, 2014.
- 43) Workshop (the Basics of Biostatistics and Using SPSS Software), KSU, 13-14 January 2014.
- 44) Workshop (The psychotherapy supervision process: how can the supervisor and supervisee make the best of it?), KSU, 14 February 2014.
- 45) The 2nd International Psychiatry Conference titled “Stress, Anxiety and Health. Organized by Psychiatry Department, KSU, 15-16 Feb 2015.
- 46) The first National meeting for psychotherapy, KFNGH, Riyadh, 18-19 March, 2015.
- 47) The Second International Health Specialties Conference, Saudi Commission for Health Specialties, Riyadh, 11-13 April, 2015.
- 48) The 11th International Conference on Psychiatry, Jeddah, SA, 16-18 April, 2015.
- 49) The 168<sup>th</sup> American Psychiatric Association Annual Meeting, in Toronto, Canada, May 16-20, 2015.
- 50) The 2015 World Congress of Psycho-Oncology, Washington, DC, USA, 28 July - 1 August 2015.
- 51) Essential Skills for Program Directors. How to be a Great Program Director? and How to have Great Program? Workshop for Program Directors, The Royal College of Physicians and Surgeons of Canada, Riyadh, January 24-25th, 2016.
- 52) The 2nd International Women's Mental Health Conference 2016, Al-Khobar, Saudi Arabia 24-25th Feb. 2016.
- 53) The second National meeting for psychotherapy, King Saud bin Abdulaziz University for Health Sciences, Riyadh, 23-24 March, 2016.
- 54) The 12th International Conference on Psychiatry, Jeddah, SA, 7-9 April, 2016.
- 55) CANMEDs for Program Directors. Workshop for Program Directors, The Royal College of Physicians and Surgeons of Canada, Riyadh, April 10th, 2016.
- 56) The 169<sup>th</sup> American Psychiatric Association Annual Meeting, in Atlanta, Georgia, May 14–18, 2016.
- 57) The 14th International Conference of the Arab Federation of Psychiatry and the 4th Conference of the Jordanian Society of Psychiatry, Amman – Jordan, 20-22, October 2016.
- 58) The 3<sup>rd</sup> International Psychiatry Conference titled “Mental health for everyone “, organized by Psychiatry Department, KSU, 1-2 March 2017.
- 59) The 13th International Conference on Psychiatry, Jeddah, SA, 13-15 April, 2017.
- 60) The third National meeting for psychotherapy, King Saud bin Abdulaziz University for Health Sciences, Riyadh, 19-20 April, 2017.
- 61) The second National meeting for schizophrenia, Charitable Society for schizophrenia, Ministry of health, Riyadh, 25-26 April, 2017.
- 62) The conference of Future Vision of Psychiatry in KSA, The Road To 2030, Mental Health Hospital, Taif, SA, 26-28 September 2017.
- 63) The 6th international child and adult behavioral health conference, Abu Dhabi, United Arab Emirates, 8-10 February 2018.
- 64) The 3rd International Women's Mental Health Conference 2018, Al-Khobar, Saudi Arabia 14-15 Feb. 2018.
- 65) The fourth National meeting for psychotherapy, Riyadh, 14-15 March, 2018.
- 66) The 171st American Psychiatric Association Annual Meeting, New York City, NY, USA, May 5-9 2018.
- 67) Academy of Consultation-Liaison Psychiatry annual meeting, Consultation-Liaison Psychiatry 2018 (CLP 2018), Orlando, Florida, USA, Nov. 13-17 2018.
- 68) The 4th International Conference of Psychiatry (Youth and mental health, vision 2030), organized by department of psychiatry, King Saud University, Riyadh, 21-23 Feb 2019.

- 69) The fifth National meeting for psychotherapy, Riyadh, 27-28 March, 2019.
- 70) The 14th International Conference on Psychiatry, Intercontinental Hotel, Jeddah, KSA, 28 – 30 March 2019.
- 71) Trainers Development Summit workshop, as preparation for participation as "Train of Trainer" facilitator, Saudi Commission for Health Specialties, Riyadh, 19 September 2019. Then, participated as a "Train of Trainer" facilitator in several training institutes in SA.
- 72) PSMMX Mental Health Day 2019, Suicide Prevention “Pain of Suffering: Understanding a Suicidal Mind” Prince Sultan Military Medical City, Riyadh, October 10<sup>th</sup>, 2019.
- 73) Workshop (Research in SA, current status and challenges), the National center for the promotion of mental health, Riyadh, November 26, 2019.
- 74) 6th International Conference of Alamal Complex, Jeddah, Updates in Therapeutic Intervention of Psychiatric and Addictive Disorders, November 7-9, 2019.
- 75) Workshop (SCFHS Generic Postgraduate Training EPAs (Entrustable Professional Activities) and Milestones), Saudi commission for health specialties, Riyadh, December 15, 2019.
- 76) The 4th International Women's Mental Health Conference 2020, Al-Khobar, Saudi Arabia 25-27th Feb. 2020.
- 77) Consultation-Liaison Psychiatry in the Era of the COVID Pandemic webinar, Academy of Consultation-Liaison Psychiatry, 30 May 2020
- 78) The 6th National meeting for psychotherapy, King Saud bin Abdulaziz University for Health Sciences, Riyadh, 16-17 September, 2020.
- 79) The 5th International Conference of Psychiatry (Child and Adolescent Mental Health Scientific Updates, opportunities, and challenges of integrated care), organized by department of psychiatry, King Saud University, Riyadh, 6-10 March 2021.
- 80) SNIH Workshop (National Mental Health Research Priorities Strategy Settings), the Saudi National Institute for Health Research (Saudi NIH), Riyadh, July 13, 2021.
- 81) Stress and burnout in healthcare professionals, mental health annual day, Taibah University, Medina, Saudi Arabia, 10 October, 2021.
- 82) Annual Mind Care Conference 2022, Saudi Society of Family and Community Medicine, virtual, January 20 – 21, 2022.
- 83) Training of the trainers (ToT) on the Go wellbeing workshop, (Daem) psychological support program, the Saudi commission for health specialties, August 21, 2021.
- 84) Workshop (Diabetes control: causes and solutions), the National Diabetes Center, the Saudi Health Council, Riyadh, December 30, 2021.
- 85) The World mental health day activities (Mental health services in SA, between reality and hope)/ departmental research day, organized by department of psychiatry, King Saud University, Riyadh, October 10, 2022.
- 86) The 15th International Conference on Psychiatry, Intercontinental Hotel, Jeddah, KSA, 3-5 November 2022.
- 87) Workshop (Competency by design), Saudi commission for health specialties, May 30, 2022.
- 88) Workshop (Workplace Based Assessment and portfolio), Saudi commission for health specialties, April 15, 2023.
- 89) Workshop (Validity and assessment Quality workshop related to the Excellence in Formative Assessment Project), Saudi commission for health specialties, May 03, 2023.
- 90) The 4th Saudi Oncology Pharmacy Assembly meeting, 10<sup>th</sup> Saudi Oncology Society conference, Medina, Saudi Arabia, May 4-6, 2023.
- 91) Workshop (Revising policies of virtual mental health in Saudi Arabia), The National Center for Mental Health Promotion, Riyadh, May 22, 2023.
- 92) Workshop (Program accreditation and accreditation surveyors), Saudi commission for health specialties, May 25, 2023.
- 93) Workshop (the National Diabetes Awareness Project, the National Diabetes Center), the Saudi Health Council, Riyadh, September 14, 2023.
- 94) Symposium on Professional and Ethical Practices in Mental Health, the National center for the promotion of mental health, Riyadh, Saudi Arabia, October 1-2, 2023.
- 95) The 16th International Conference on Psychiatry, Intercontinental Hotel, Jeddah, KSA, 2-4 November 2023.

- 96) Workshop (Program accreditation and accreditation surveyors), Saudi commission for health specialties, November 30, 2023.
- 97) The 6th International Conference of Psychiatry (Adult psychiatry), organized by department of psychiatry, King Saud University, Riyadh, November 30<sup>th</sup> - December 2<sup>nd</sup>, 2023.
- 98) Workshops (Development workshop for institutional and program accreditation surveyors), Saudi commission for health specialties, February 1, 2024; April 25, 2024 ; Nov 24, 2024.
- 99) Workshop (A medical-jurisprudential discussion panel on the latest developments in sex/ gender change), the National center for the promotion of mental health in collaboration with the Saudi Scientific Society for Medical Jurisprudential (Islamic fiqhia) Studies, February 17, 2024.
- 100) The 7th National meeting for psychotherapy, King Saud bin Abdulaziz University for Health Sciences, Riyadh, February 27-28, 2024.
- 101) TOT on the go Facilitator skills: Refresher course, The Training of Trainers program, the Saudi commission for health specialties, March 7, 2024.
- 102) The 2nd Bahrain Psychiatric Conference, "Integrating Mind and Body: Exploring the Dynamic Interplay for Holistic Health", the Kingdom of Bahrain, 10th and 11th of October 2024.
- 103) The 6th Kuwait Mental Health Conference, Kuwait, 12th and 13th of October 2024.
- 104) Cognitive Neurology for Non-specialties, Saudi Chapter of Cognitive and Behavioral Neurology, Sep 17, 2024.
- 105) The first mental health conference 2024, Medical cities program, Ministry of Interior, Riyadh, October 9-10, 2024.
- 106) Workshop (Applying jurisprudential rules to medical issues), the Saudi Scientific Society for Medical Jurisprudential (Islamic fiqhia) Studies, February 15, 2025.
- 107) The 7th International Conference of Psychiatry (Advancements in Mental health, Psychosomatic Medicine, and the Mind body connections), organized by department of psychiatry, King Saud University, Riyadh, 13-15 Feb 2025.
- 108) A workshop to review the strategic plan of the College of Medicine, King Saud University, May 28, 2025.
- 109) The First International Azem Conference for Addiction Treatment, titled "Between Prevention and Treatment," Azem Center for Psychological and Social Empowerment under the Ministry of Interior, Riyadh, Saudi Arabia, November 5-6, 2025.
- 110) The third workshop on Generative AI in Research Writing, college of Medicine, KSU, Riyadh, November 26, 2025.
- 111) The scientific meeting (Islamic legal principles and their applications in medicine and treatment), the program of Islamic rulings for physicians and healthcare practitioners, the Saudi Scientific Society for Medical Jurisprudential (Islamic fiqhia) Studies, Riyadh, December 8, 2025.

## **Presentations (not part of scientific conferences):**

- 1) Presentation of the following lectures (Depression in medically ill patients, Aggression in medically ill patients, Psychiatric disorders in cardiac patients) in the consultation liaison psychiatry education course, organized by the ministry of health, Saudi Arabia, 2007.
- 2) Presentation of a workshop to students' counselors, in Arabic, title (How to manage different kinds of students?), Administration of education, Alkharg, SA, 2007.
- 3) Presentation of five CLP seminars in Toronto General Hospital and Toronto Western Hospital (from July 2008-June 2009).
- 4) Contribution in preparing & presenting a workshop (Teaching strategies in difficult situations), department of family medicine, University of Toronto, April 2009.
- 5) Presentation of Neuropsychiatry Grand Rounds, title (Stress and Ischemic heart disease a clinical case presentation from the C/L files), TWH, Toronto, Canada, March 26<sup>th</sup> 2009.
- 6) Presentation of a lecture (the complex relationship between stress and coronary heart disease), department of family and community medicine, University of Toronto, Canada, June 10<sup>th</sup> 2009.
- 7) Presentation of three psycho-oncology seminars (from July-Dec 2009).
- 8) Presentation of UHN Grand Rounds, title (Stress and Ischemic heart disease; an update), TGH, Toronto, Canada, Nov 6<sup>th</sup> 2009.
- 9) Presentation in the community, Saudi student association, Toronto, (tips on stress management), Oct, 2009.
- 10) Presentation in Nephrology round, title (Psychotropic drug -drug interaction in nephrology populations), TGH, Toronto, Canada, May 6<sup>th</sup> 2010.
- 11) Presentation in the Fellowship Academic Day, Department of Psychiatry, title (collaborative role education in postgraduate psychiatry training), U of Toronto, April 26<sup>th</sup> 2010.
- 12) Presenting in National diabetic center, Riyadh, SA, title (Association between Diabetes Mellitus and Psychiatric disorders), several times from 2010 till present.
- 13) Presentation in Saudi Psychiatric Association meeting, title (Psychotropic drug -drug interaction in psychonephrology), Riyadh, SA, Oct 26<sup>th</sup>, 2010.
- 14) Presentation of different lectures in Medical & dentistry colleges, Riyadh, SA, 2011 till present.
- 15) Presentation of the following lectures (Psychiatric disorders in cardiac patients, Psychiatric disorders in renal failure or liver failure patients) in the consultation liaison psychiatry education course, organized by the ministry of health, Saudi Arabia, Feb 20<sup>th</sup> 2011.
- 16) Presentation of a lecture (stress & ischemic heart disease; a complex relationship), organized by the Saudi psychiatry residents club & the psychiatry chair at King Saud university, Feb 28<sup>th</sup> 2011.
- 17) Presentation of a lecture (Stressed physicians), family medicine department, KSU, May 2<sup>nd</sup> 2011.
- 18) Presentation of a lecture (Geriatric psychiatry for dentists), Master of Geriatric dentistry, Dental College, KSU, May 5<sup>th</sup> 2011.
- 19) Presentation of a lecture (Stress management), organized by the Saudi psychiatry residents club & the psychiatry chair at King Saud university, June 5<sup>th</sup> 2011.
- 20) Presentation of a lecture (Stressed physicians), family medicine department, Military polyclinic center, Riyadh, Oct 4<sup>th</sup> 2011.
- 21) Presentation of a lecture (Stressed medical students), medical college, KSU, Riyadh, Nov, 2011.
- 22) Presentation of a lecture (Stressed clinicians), swallowing unit, ENT department, King Abdulaziz university hospital, Riyadh, Dec 13<sup>th</sup> 2011.
- 23) Presentation of a lecture (Stressed nurses), King Khalid hospital, Almaghaah, Jan 15<sup>th</sup> 2012.
- 24) Presentation of two lectures about (last updates in psychosomatic medicine), 4<sup>th</sup> psychiatry review course, Skills building center for health training, Saudi Psychiatry association, Feb 11-15, 2012.
- 25) Presentation of 5 lectures in the psychosomatic update course, Ministry of Health, the Psychological Health Research and Applications Chair, June 12-13 2012.
- 26) Presentation of a lecture (Time management), summer' skills course, college of Medicine, KSU, June 23<sup>th</sup>, 2012.
- 27) Presentation of a lecture (Future of psychosomatic medicine), Psychiatry department, KCUH, KSU, Riyadh, Dec 2<sup>nd</sup>, 2012.
- 28) Presentation of a lecture (Introduction to Psycho-oncology), Oncology center, King Saud University Medical City, Riyadh, Dec 9<sup>th</sup> 2012.

- 29) Presentation of two lectures about (last updates in psychosomatic medicine), 5<sup>th</sup> psychiatry review course, Skills building center for health training, Saudi Psychiatry association, Feb 10th, 2013.
- 30) Presentation of a lecture (Communication skills for doctors), Interns' Day, college of Medicine, KSU, 27 April, 2013.
- 31) Presentation of a lecture (Communication skills for nurses), King Khalid Hospital, Almagmaah, 18 May 2013.
- 32) Presentation of a lecture (Communication skills for doctors), King Khalid Hospital, Almagmaah, 25 May 2013.
- 33) Presentation of a lecture (Communication skills for doctors), Al-Zulfi general hospital, 22 May 2014.
- 34) Presentation of a lecture (Communication skills for nurses), Al-Zulfi general hospital, 27 May 2014.
- 35) Presentation of a lecture (Stressed clinicians), Al-Zulfi general hospital, 5 June 2014.
- 36) Presentation of an Arabic lecture (Stress management) for non-clinicians hospital staff, Al-Zulfi general hospital, 5 June 2014.
- 37) Presentation of an Arabic lecture (The dualism of psychiatry and medicine; is it real or myth?), the National Committee for the promotion of mental health, Riyadh, 19 July, 2014.
- 38) Presentation of a workshop (Stress management for dental student), Saudi dental students club, Dar Al Uloom University, Riyadh, 18 Oct 2014.
- 39) Presentation of two lectures about (last updates in psychosomatic medicine), 7<sup>th</sup> psychiatry review course, Skills building center for health training, Saudi Psychiatry association, 17th March 2015.
- 40) Presentation of a lecture (Communication skills for doctors), Al-Zulfi general hospital, 20, 27 August 2015.
- 41) Presentation of a lecture (Communication skills for nurses), Al-Zulfi general hospital, 18 August 2015.
- 42) Presentation of a lecture (Stress management for nurses), Al-Zulfi general hospital, 25 August 2015.
- 43) Presentation of a lecture (How to become an excellent and professional psychiatrist?), Psychiatric Residents Club of Saudi Arabia and Alumni (Precsaa), KSU, Riyadh, 5 November 2015.
- 44) Presentation of a lecture (Rights for people with psychiatric illness), world mental health day, with the theme of (Dignity in Mental Health), Riyadh Health Affairs, Riyadh, KSU, 9 December 2015.
- 45) Presentation of a lecture (Ethical perspectives of relationship with pharmaceutical industry), course on medical ethics, 3<sup>rd</sup> year, college of Medicine, King Saud University, Riyadh, 2015 till present.
- 46) Presentation of a lecture (Rights for people with psychiatric illness and destigmatization of mental illness), world mental health day, with the theme of (Dignity in Mental Health), Riyadh education administration, Riyadh, KSU, 16 December 2015.
- 47) Co-presentation of the workshop (stress management for residents), KKHU, Riyadh, 6th Jan 2016.
- 48) Co-presentation of the course (Clinical research strategies), Alamal complex for mental health, ministry of health, Riyadh, 10-11 Feb 2016 and 30-31 March 2016.
- 49) Presentation of workshop (Professionalism in Psychiatry), Psychiatry residents, Saudi commission for health specialties, Riyadh, SA, 3 March 2016 and 9 February 2017.
- 50) Presentation of public workshop (psychological aspects of multiple sclerosis), for MS patients and families, Saudi Multiple Sclerosis Advisory Group, Riyadh, SA, 21 March 2016.
- 51) Presentation of workshop (Professionalism in Psychiatry), Psychiatry residents, Saudi commission for health specialties, Jeddah, SA, 7 April 2016.
- 52) Presentation of a lecture (Relations with pharmaceutical industry), course on human and medical ethics, King Fahad Medical City, Riyadh, 9-11 May 2016
- 53) Presentation of a lecture (Residents wellbeing), Orientation of New Residents, King Saud University medical city, Riyadh, 26th September 2016.
- 54) Presentation of a lecture (Psychiatry as future career), internship year program, King Saud University medical city, Riyadh, 8th October 2016.
- 55) Presentation of an Arabic workshop (Clinical cases from the psychosomatic clinic), Clinical cases of the psychiatry clinic course for psychologists and social workers, KSU, Riyadh, 24 October 2016.
- 56) Presentation of a lecture (Rights for people with psychiatric illness and destigmatization of mental illness), world mental health day, Imam Muhammad ibn Saud Islamic University, Riyadh, Saudi Arabia, 30 October 2016.
- 57) Presentation of a lecture (Moving to quality integrative cancer care: Using Distress thermometer scale to screen for distress in our cancer population), Oncology-Hematology KKHU, Riyadh, 26 December 2016
- 58) Presentation of an Arabic lecture (The dualism of psychiatry and medicine; is it real or myth?), Alfaisal University, Riyadh, 26 November 2016.
- 59) Presentation of an Arabic lecture (Depression among medically ill population), WHO day, King Saud University, Riyadh, 24 April 2017.

- 60) Presentation of a lecture (Conflict of interest in medical practice), Course on medical ethics for trainees in internal medicine, KSU, 17 January 2018.
- 61) Presentation of workshop (Professionalism in Psychiatry), Psychiatry residents, Saudi commission for health specialties, Al-Khobar, Saudi Arabia, 13 Feb. 2018.
- 62) Presentation of a lecture (Residents' Stress Management and Well Being), the 2018 Basic Science Course for ophthalmology residents, Riyadh, 20 November 2018.
- 63) Presentation of a lecture (Delirium (Acute brain failure)), online CME, through "The Virtual Medical Academy", January 21, 2019.
- 64) Arabic presentation of a workshop (mental health concepts for orators of Friday sermons in SA), organized by the National center for the promotion of mental health in collaboration with The Saudi Ministry of Islamic Affairs, Dawah and Guidance, Riyadh, December 3rd & 10<sup>th</sup>, 2019.
- 65) Presentation of a lecture (Psychiatry as future career), Medical Career Day, King Faisal University, Al-Ahsa, February 26 - 27, 2020.
- 66) Presentation of a course (Well-Being for Healthcare Professionals), Virtual Medical Academy, Riyadh, 2020, available in VMA online library since 2020 – until present.
- 67) Presentation of a workshop (Open discussion about training matters of psychiatry during covid-19 era in Saudi Arabia), April 14, 2020.
- 68) Oral Arabic presentation of a public lecture (Coping with covid-19 crisis), family association for social support, Zulfi, SA, April 14, 2020.
- 69) Presentation of a lecture (Stress Management for Healthcare Professionals at KSUMC During COVID-19), Riyadh, May 5, 2020.
- 70) Presentation of a lecture (Psychosocial Aspects of Obesity), Virtual Medical Academy, May 24, 2021.
- 71) Presentation of a lecture (Stress management ways to prevent and relieve stress), Pharmacy well-being program, King Saud University Medical City pharmacists, Riyadh, June 9, 2021
- 72) Presentation of a workshop (Brief Psychotherapy at the Bedside), Virtual Medical Academy, October 25, 2021.
- 73) Presentation of a workshop (Communication Skills for healthcare professionals), Voluntary Health Association in Zulfi, November 08, 2021.
- 74) Presentation of a workshop (Communication Skills for Physicians), Virtual Medical Academy, December 13, 2021.
- 75) Presentations several lectures to post-graduate Psychiatry residents during their academic days, Saudi commission for health specialties, Riyadh, 2011 till present. Titles include but not limited to: (professionalism in psychiatry, psychiatry and the media, somatic symptoms and related disorders, Bedside brief psychotherapy for the medically ill patients, health advocacy role for psychiatrists, psycho-oncology, interview techniques. etc.).
- 76) Presentation of an Arabic lecture (The wise doctor in the face of stress), organized by the psychiatry specialty interest group and the pediatric specialty interest group, college of Medicine, KSU, March 30, 2021.
- 77) Presentation of workshop of CALM therapy (Managing Cancer and Living Meaningfully) for breast cancer patients, Zahra Association, Riyadh, February 28, 2022.
- 78) Presentation of a course (Introductory Course in Acceptance and Commitment Therapy (ACT)), March 7 – 8, 2022.
- 79) Presentation of a lecture (Introduction to Psychosocial Oncology), Palliative care program/ Saudi palliative care association, March 25, 2022.
- 80) Presentation of workshop of CALM therapy (Managing Cancer and Living Meaningfully) for cancer patients, Virtual medical academy, Riyadh, August 29, 2022.
- 81) Presentation of a lecture (Introduction to Psychosocial Oncology), Palliative care training program/ Saudi palliative care association, March 25, 2022.
- 82) Presentation of a lecture (Psychiatric care to oncology patients), spiritual care training program in oncology and palliative care setting, October 18, 2022.
- 83) Presentation of a lecture (Overview of Psychiatric Disorders), Family medicine academy, Al-Qassim, 28 th December 2022.
- 84) Presentation of a lecture (Stress Management for Healthcare Professionals and students), Sulaiman Al-Rajhi University, Al Bukairiyah, SA, 7 February, 2023.
- 85) Presentation of a lecture (Why psychiatry?), college of medicine, King Saud University, March 21, 2023.
- 86) Leading an interactive lecture (supporting healthcare professionals in cancer center), Prince Sultan Military Medical City, Sanad Children's Cancer Support Association, 10 May, 2023.

- 87) Presenting a lecture (conducting research projects in mental health), Prince Sultan Military Medical City, 10 May, 2023.
- 88) Presentation (Revising policies of virtual mental health in Saudi Arabia), The National Center for Mental Health Promotion, Riyadh, 22 May, 2023.
- 89) Leading an interactive lecture (First mental health care for healthcare professionals in cancer center), King Khalid University hospital, Sanad Children's Cancer Support Association, 28 May, 2023.
- 90) Presentation of a lecture (Psychiatrist as a health advocate), Psychiatry Department Journal Club, college of medicine, King Saud University, Sep 4th, 2023.
- 91) Presentation of a lecture (Psychological symptoms in palliative care), PCM palliative Fellow Half-Day Activity, King Faisal Specialist Hospital & Research Center, Riyadh, Sep 20, 2023.
- 92) Presentation of an Arabic lecture (Mental health in workplace setting), King Faisal Specialist Hospital & Research Center, October 12, 2023.
- 93) Presentation of a lecture (Promotion criteria for teaching staff), college of Medicine, King Saud University, Riyadh, SA, November 14, 2023.
- 94) Presentation of an Arabic lecture (Religion and psychiatry), college of Medicine, King Saud University, Riyadh, SA, February 13, 2024.
- 95) Participate as a Speaker in the Saudi National Diabetes Center "SNDC Masterclass, Holistic approach to diabetes management" for healthcare practitioners, Saudi health council, presented a lecture entitled (Emotional Burden in DM), May 20, 2024.
- 96) Presentation of a workshop (Psycho-Social Aspect in Palliative Care Practice), programs of Palliative Care Club by "Organizing Committee for Continuing Training in Palliative Care – SCFHS Meeting (PMCTC)", the umbrella of the Saudi Commission for Health Specialties, July 31, 2024.
- 97) Presentation of an interactive lecture (Promotion criteria for teaching staff), college of Medicine, King Saud University, Riyadh, SA, October 10, 2024.
- 98) Presentation of a lecture (The wise physician in the face of stressors), Unleash Your Potential symposium for medical students, college of medicine, King Saud University, February 8, 2025.
- 99) Presentation of a lecture (Communication skills for doctors), co-organized by both the Voluntary Health Association in Zulfi and the Saudi psychosomatic medicine association, February 24, 2025.
- 100) Presentation of a lecture (open discussion about psychiatry specialty), college of medicine, King Saud University, February 10, 2025.
- 101) Presentation of a lecture (Introduction to type II diabetes mellites psychiatry), workshop on diabetes and modern diabetes technologies, organized by the General Administration of Specialized Centers Affairs, Ministry of health, Riyadh, SA, April 27-28, 2025.
- 112) Presentation of the scientific meeting (The Sharia objectives of medicine, treatment and therapy), the program of Islamic rulings for physicians and healthcare practitioners, organized by the Saudi Scientific Society for Medical Jurisprudential (Islamic fiqhia) Studies, Riyadh, December 13, 2025.

## **Research/workshop presentations in scientific conferences:**

- 1) Poster & brief oral presentation in The Wilson Centre Research Day, title (Collaborative role education in postgraduate psychiatric training), Toronto, Canada, Oct 9<sup>th</sup> 2009.
- 2) Co-presentation a workshop in (The Toronto Psychopharmacology Update Day), title (Renal disease and psychiatry), Toronto, March 27, 2010.
- 3) Presentation in the 36<sup>th</sup> annual Harvey Stancer Research Day, title (Are there worthwhile treatments for patients with major depressive disorder and coronary artery disease?), Toronto, June 17<sup>th</sup>, 2010.
- 4) Presentation of two lectures, titles:(psychosocial aspects of obesity & overweight) & (Behavioral treatments of obesity) in the 1st Jeddah Nutrition and obesity conference organized by Saudi society of family and community medicine, Jeddah, Jan 9-11,2011
- 5) Presenting a lecture, title (Ethical perspectives in dealing with pharmaceutical companies), the The7<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 22<sup>th</sup> June 2011.
- 6) Poster presentation in American psychiatrist association annual meeting, title (Improving Depression Screening in Hepatitis C: the Utility of the Hamilton 7-Item Depression Rating Scale), presented by one of the authors Dr.Sanjeev Sockalingam, Hawaii, USA, May 2011.
- 7) Poster presentation in the 37<sup>th</sup> Harvey Stancer Research Day, title (Detecting Depression in Hepatitis C: The Utility of the Clinician-Rated and Self-Report Depression Scales), presented by one of the authors (Dr.Sanjeev Sockalingam), Toronto, Canada, June 15 2011.
- 8) Poster presentation, title (The Collaborative role education in postgraduate psychiatric training), the 14<sup>th</sup> European association of consultation liaison psychiatry and psychosomatics annual meeting, Budapest, Hungary, 2 July, 2011.
- 9) Oral presentation, title (Are there worthwhile treatments for major depression post myocardial infarction patients?) the 14<sup>th</sup> European association of consultation liaison psychiatry and psychosomatics annual meeting, Budapest, Hungary, 1 July,2011.
- 10) Poster presentation, title (psychosocial aspects of overweight & obesity), the 20<sup>th</sup> European congress of psychiatry annual meeting, Prague, Czech Republic, March 3-6, 2012.
- 11) Oral presentation, title (psychosocial aspects of overweight & obesity), The 8<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 17-19 April, 2012.
- 12) Oral presentation, title (Review of Cardiac psychiatry), the first international psychiatric conference, theme (The role of psychiatry in general hospital), KSU, Riyadh, SA, 13-14 Feb 2013.
- 13) Poster presentation, title (Interactions between Physicians and Pharmaceutical Representatives; Magnitude and Determinants in Saudi Arabia), the 21<sup>th</sup> European congress of psychiatry annual meeting, Nice, France, April 6-9, 2013.
- 14) Oral presentation, title (Interactions between Physicians and Pharmaceutical Representatives; Magnitude and Determinants in Saudi Arabia), The 9<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 16-18 April, 2013.
- 15) Poster presentation, title (Acceptance of pharmaceutical gifts; variability by specialty and job rank in a healthcare setting), the 22<sup>nd</sup> World Congress on Psychosomatic Medicine annual meeting, Lisbon, Portugal, September 12–14, 2013.
- 16) Poster presentation, title (psychosocial aspects of overweight & obesity), the 22<sup>nd</sup> World Congress on Psychosomatic Medicine annual meeting, Lisbon, Portugal, September 12–14, 2013.
- 17) Presentation of a lecture (Depression in palliative care setting) at the Palliative Care Symposium, Security Forces Hospital, Riyadh, SA, 17-18 September 2013
- 18) Oral presentation, title (Depression in medically ill patients), 2<sup>nd</sup> PSMC International Psychiatry Conference, Riyadh, SA, 26-27 Nov, 2013.
- 19) Co-presentation with Dr.Ahmed Alhadi, workshop of ACT (acceptance and commitment therapy) therapy for depressed patients), 2<sup>nd</sup> PSMC International Psychiatry Conference, Riyadh, SA, 26-27 Nov, 2013.
- 20) Presentation of a lecture (Depression in palliative care setting) at the 3<sup>rd</sup> International Al Amal Hospital Conference, Jeddah, SA, 8-9 April, 2014.
- 21) Presentation of a lecture (Future of psychiatry & new model of care) at the10<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 17-19 April, 2014
- 22) Oral co-presentation with Dr.Ahmed Alhadi, workshop of ACT therapy for depressed patients), at the10<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 17-19 April, 2014

- 23) Poster presentation, title (Associations of Help-seeking Behaviour with Depression and Anxiety Disorders among Gastroenterological Patients in Riyadh, Saudi Arabia), the 2<sup>nd</sup> annual Conference of the European Association of Psychosomatic Medicine, Sibiu, Romania, 25<sup>th</sup>-28<sup>th</sup> of June, 2014.
- 24) Presentation of a lecture "Stress in Saudi Residency Programs", The Saudi International Conference on Residency Education "Innovation in Postgraduate Medical Education", KSU, Riyadh, 21<sup>st</sup> October 2014.
- 25) Presentation of a lecture "Residents Well-Being", The Saudi Ophthalmology 2015 Conference, 5<sup>th</sup> March 2015.
- 26) Co-presentation with Dr.Ahmed Alhadi, workshop of ACT (acceptance and commitment therapy) therapy for anxious patients), The first National meeting for psychotherapy, Riyadh, 19 March, 2015.
- 27) Presentation of a lecture (Stress in Saudi Residency Programs) at the 11<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 16-18 April, 2015
- 28) Poster presentation, title (Associations of Help-seeking Behavior with Depression and Anxiety Disorders among Gastroenterological Patients in Riyadh, Saudi Arabia), The 168<sup>th</sup> American Psychiatric Association Annual Meeting, in Toronto, Canada, May 16-20, 2015.
- 29) Poster presentation, title (Physicians' Attitude towards Interaction with the Pharmaceutical Industry), The 168<sup>th</sup> American Psychiatric Association Annual Meeting, in Toronto, Canada, May 16-20, 2015.
- 30) Poster presentation, title (Prevalence of Stress and Its Determinants Among Residents), The 168<sup>th</sup> American Psychiatric Association Annual Meeting, in Toronto, Canada, May 16-20, 2015.
- 31) Presentation of a lecture (Prevalence of Metabolic Syndrome and its Components in Psychiatric Patients with Different Psychiatric Diagnoses in Saudi Arabia), Fourth Qatar International Psychiatry Conference, Doha, Qatar, 4 - 5 December 2015.
- 32) Presentation of a lecture (Psychosocial correlated of infertility in Saudi Arabia), The 2<sup>nd</sup> International Women's Mental Health Conference 2016, Al-Khobar, Saudi Arabia 24-25<sup>th</sup> Feb. 2016
- 33) Presentation of workshop of CALM therapy (Managing Cancer and Living Meaningfully), The second National meeting for psychotherapy, King Saud bin Abdulaziz University for Health Sciences, Riyadh, 23 March, 2016.
- 34) Presentation of a lecture (Prevalence of Metabolic Syndrome and its Components in Psychiatric Patients with Different Psychiatric Diagnoses in Saudi Arabia), The 12<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 7-9 April, 2016.
- 35) Poster Presentation (Prevalence of anxiety among end stage renal disease patients and its association with patient compliance to hemodialysis and physician instructions), The 12<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 7-9 April, 2016.
- 36) Poster Presentation (Prevalence of stress, its determinants and coping mechanisms among Saudi medical consultants of anxiety among end stage renal disease patients and its association with patient compliance to hemodialysis and physician instructions), The 12<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 7-9 April, 2016.
- 37) Poster Presentation (Patient Reasons for Obtaining Psychotropic Medications without a Prescription at Retail Pharmacies in Riyadh, Saudi Arabia), Global Pharmacovigilance 2016, 5<sup>th</sup> Global Pharmacovigilance Summit, United Arab Emirates, Dubai, 28 - 29 April 2016.
- 38) Presentation of a lecture (Interactions between Physicians and Pharmaceutical Representatives; ethical dilemma), Medical ethics course, Riyadh, Saudi Arabia, 10<sup>th</sup> of May. 2016.
- 39) Poster presentation, title (The Psychosocial Correlates of Infertility in Saudi Arabia), The 169<sup>th</sup> American Psychiatric Association Annual Meeting, in Atlanta, Georgia, May 14-18, 2016.
- 40) Poster presentation, title (Smartphone Use Addictive Phenomenon Among University Students in King Saud University in Riyadh, Saudi Arabia), The 169<sup>th</sup> American Psychiatric Association Annual Meeting, in Atlanta, Georgia, May 14-18, 2016.
- 41) Oral presentation, title (The Psychosocial Correlates of Infertility in Saudi Arabia), the 4<sup>th</sup> annual scientific conference of the European Association for Psychosomatic Medicine (EAPM) in Luleå, Sweden, 16-18 June 2016.
- 42) Oral presentation, title (Prevalence of Metabolic Syndrome and its Components in Psychiatric Patients with Different Psychiatric Diagnoses in Saudi Arabia), the 4<sup>th</sup> annual scientific conference of the European Association for Psychosomatic Medicine (EAPM) in Luleå, Sweden, 16-18 June 2016.
- 43) Poster presentation, title (Prevalence of stress, its determinants and coping mechanisms among Saudi medical consultants), the 4<sup>th</sup> annual scientific conference of the European Association for Psychosomatic Medicine (EAPM) in Luleå, Sweden, 16-18 June 2016.

- 44) Oral presentation, title (Prevalence of Metabolic Syndrome and its Components in Psychiatric Patients with Different Psychiatric Diagnoses in Saudi Arabia), The 14th International Conference of the Arab Federation of Psychiatry and The 4th Conference of the Jordanian Society of Psychiatry, Amman – Jordan, 20-22, October 2016.
- 45) Poster presentation, title (Psychosocial Predictors of Patient Adherence to Disease-Modifying Therapies for Multiple Sclerosis), Academy of Psychosomatic Medicine Annual Meeting, Austin, Texas, USA, Nov. 9-12 2016.
- 46) Oral presentation, title (Patient Reasons for Obtaining Psychotropic Medications without a Prescription at Retail Pharmacies in Riyadh, Saudi Arabia), presented by one of the coauthors, 3rd International Conference on Psychiatry & Psychosomatic Medicine Dubai, United Arab Emirates, December 5-6, 2016.
- 47) Oral presentation, title (Delirium / acute confusional state), Advanced Medicine Symposium, Prince Sultan Military Medical City, 24 – 26 January 2017.
- 48) Oral presentation, title (validation of Stanford Proxy Test for Delirium in Riyadh, Saudi Arabia), presented by one of the coauthors, The 3<sup>rd</sup> International Psychiatry Conference titled “Mental health for everyone”, organized by Psychiatry Department, KSU, 1-2 March 2017.
- 49) Oral Presentation of a lecture (Conflict of Interest), Ethics in Healthcare, King Saud University Medical City, Quality Management Department, Patient Safety Unit, Riyadh, 12 March 2017.
- 50) Oral Presentation of a lecture (Toward Integration of psychiatric care in general medical services in Saudi Arabia), international conference of family and community medicine and healthcare, Riyadh, 14-16 March 2017.
- 51) Oral Presentation of a lecture (Psychosocial Predictors of Non-adherence to Medical Management Among Patients on Maintenance Dialysis), The 13<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 13-15 April, 2017.
- 52) Oral Presentation of a lecture (psychiatric services in Saudi Arabia, current and future), the second National meeting for schizophrenia, Charitable Society for schizophrenia, Ministry of health, Riyadh, 25-26 April, 2017.
- 53) Poster presentation, title (Mental Health Literacy in Bipolar Disorder: A Cross-Sectional Survey in Saudi Arabia), The 19th Annual Conference of the International Society of Bipolar Disorders, Washington DC, from 4-7 May, 2017
- 54) Oral Presentation of a lecture (psychiatric services in Saudi Arabia, current and future), The conference of Future Vision of Psychiatry in KSA The Road To 2030, Mental Health Hospital, Taif, 26-28 September 2017.
- 55) Oral presentation, title (Improving psychiatric services in SA could help to de-stigmatize psychiatry), 2nd PSMC World Mental Health Day, Prince Sultan Military Medical City, 10 October 2017.
- 56) Oral presentation, title (Body Dysmorphic Disorder), COSMO KADINA dermatology symposium 2017, Riyadh, 20 October 2017.
- 57) Oral presentation, title (Depression and diabetes mellitus), 22nd World Diabetes Day, Riyadh, 18 November 2017.
- 58) Oral presentation, title (Delirium), The 6th international child and adult behavioral health conference, Abu Dhabi, United Arab Emirates, 8-10 February 2018.
- 59) Oral presentation, title (The Psychosocial Correlates of Infertility in Saudi Arabia), The 6th international child and adult behavioral health conference, Abu Dhabi, United Arab Emirates, 8-10 February 2018.
- 60) Oral presentation of workshop, title (Managing cancer and living meaningfully, CALM therapy) The 6th international child and adult behavioral health conference, Abu Dhabi, United Arab Emirates, 8-10 February 2018.
- 61) Co-presenting workshop (Residency and Fellowship Programs available in GCC Countries: Meet the program directors), The 6th international child and adult behavioral health conference, Abu Dhabi, United Arab Emirates, 8-10 February 2018.
- 62) Oral presentation, title (Psychosocial aspects of breast cancer), the 3rd International Women's Mental Health Conference 2018, Al-Khobar, Saudi Arabia 14-15 Feb. 2018.
- 63) Oral presentation, title (Mental health in dialysis population; results of Saudi Arabian study), Second KSA Summit (DaVita Health Summit Kidneys and Women’s Health), Riyadh, SA, 6-7 March 2018.
- 64) Co-presentation with Dr.Ahmed Alhadi, workshop of ACT (acceptance and commitment therapy) therapy for depressed patients), The fourth National meeting for psychotherapy, Riyadh, 15 March, 2018.

- 65) Oral presentation, title (Introduction to Psycho-Oncology and psychological evaluation of the cancer patient), Training program " Professional Training in Psychological Support for Cancer Patients", Zahra Association, Riyadh, 25th- 29th March 2018.
- 66) Oral presentation, title (Recognizing and treating depression among diabetes populations) Obesity and Diabetes Symposium, KSU, Riyadh, SA, 11 April 2018.
- 67) Chairperson, symposium (Stress Among Medical Students, Residents, and Physicians: A Global Perspective), the 171st American Psychiatric Association Annual Meeting, in New York City, NY, USA, May 5-9 2018.
- 68) Oral presentation, title (Stress among residents; a global perspective), the 171st American Psychiatric Association Annual Meeting, in New York City, NY, USA, May 5-9 2018.
- 69) Oral presentation, title (Patterns of Stress and stress-coping strategies among Physician Consultants Working in Saudi Arabia), the 171st American Psychiatric Association Annual Meeting, in New York City, NY, USA, May 5-9 2018.
- 70) Poster presentation (Validation of the Stanford Proxy Test for Delirium (S-PTD) Among Critical and Non-Critical Patients), the American Delirium Society 2018 Annual Conference, San Francisco, California, USA, Jun 10 - 12, 2018.
- 71) Poster presentation (Validation of the Stanford Proxy Test for Delirium (S-PTD) Among Critical and Non-Critical Patients), Canadian Academy of Psychosomatic Medicine, CAPM 2018 conference, Toronto, ON, Canada, September 26, 2018.
- 72) Oral presentation (Validation of the Proxy Test for Delirium (PTD) Among Critical and Non-Critical patients), Academy of Consultation-Liaison Psychiatry annual meeting, Consultation-Liaison Psychiatry 2018 (CLP 2018), Orlando, Florida, USA, Nov. 13-17 2018.
- 73) Oral presentation (Psychiatric services in Saudi Arabia; Current status and road to 2030), the 4th International Conference of Psychiatry (Youth and mental health, vision 2030), organized by department of psychiatry, King Saud University, Riyadh, 21-23 Feb 2019.
- 74) Presentation of workshop of CALM therapy (Managing Cancer and Living Meaningfully), The fifth National meeting for psychotherapy, Riyadh, 27-28 March, 2019.
- 75) Oral Presentation of a lecture (Validation of the Proxy Test for Delirium (PTD) Among Critical and Non-Critical patients), The 14th International Conference on Psychiatry, Intercontinental Hotel, Jeddah, KSA, 28 – 30 March 2019.
- 76) Poster presentation, title (The Stanford Proxy Test for Delirium (S-PTD), An Innovative Delirium Screening Tool: A Large Multicenter Validation Study), the 172nd American Psychiatric Association Annual Meeting, in San Francisco, CA, USA, May 18-22 2019.
- 77) Two poster presentations (The Stanford Proxy Test for Delirium (S-PTD), An Innovative Delirium Screening Tool: A Large Multicenter Validation Study), and (Validation of the Quick Stanford Proxy Test for Delirium (qS-PTD), a Highly Effective and Straightforward Screening Tool for Delirium), Academy of Consultation-Liaison Psychiatry annual meeting, Consultation-Liaison Psychiatry 2019 (CLP 2019), San Diego, CA, USA, Nov. 13-16 2019.
- 78) Oral presentation (Validation of the Quick Stanford Proxy Test for Delirium (qS-PTD), a Highly Effective and Straightforward Screening Tool for Delirium), presented by another co-author, the American Delirium Society 2019 Annual Conference, Boston, MA, USA, Jun 16 - 18, 2019.
- 79) Oral presentation (Body dysmorphic disorder), 5th Biennial Meeting of the MESSM (the Middle East Society for Sexual Medicine), Jeddah, SA, October 5<sup>th</sup>, 2019.
- 80) Oral presentation (Suicidality in Medically Ill Patients), PSMXX Mental Health Day 2019, Prince Sultan Military Medical City, Riyadh, October 10<sup>th</sup>, 2019.
- 81) Oral presentation (Emotional & psychological Adjustment to Amputation), Excellence of prosthetic Rehabilitation workshop, Sultan Bin Abdulaziz Humanitarian City, Riyadh, October 21, 2019.
- 82) Oral presentation (Prevalence of Metabolic Syndrome and its Components in psychotic Patients in Saudi Arabia), The third National meeting for schizophrenia, Charitable Society for schizophrenia, Ministry of health, Riyadh, November 17-18, 2019.
- 83) Oral presentations of one lecture (Major Findings of the National Study of Metabolic & Other Clinical Correlates of Psychiatric Patients in SA), and one workshop (Acceptance & Commitment Therapy (ACT)), 6th International Conference of Alamal Complex, Jeddah, Updates in Therapeutic Intervention of Psychiatric and Addictive Disorders, November 7-9, 2019.

- 84) Presentation workshop (Bedside brief psychotherapy for the medically ill patients), The 6th National meeting for psychotherapy, King Saud bin Abdulaziz University for Health Sciences, Riyadh, 16-17 September 2020.
- 85) Oral Presentation of a lecture (psychiatric comorbidity with diabetes mellitus), the National Diabetes Center, the Saudi Health Council, Riyadh, 18 -19 December 2020.
- 86) Oral Presentation of a lecture (Supporting Cancer Survivors Post- Treatment), the historic 2020 C20 Summit, 7<sup>th</sup> October 2020.
- 87) Oral Presentation of a lecture (Weight Bias: A Hidden Harm), Riyadh Obesity Club, Riyadh, Sep 21 2020.
- 88) Oral presentation of a lecture (Depression: Skills You Need to Formulate a Proper Diagnosis), Clinical Practice Update Conference, Virtual Medical Academy, Riyadh, 21 Sep, 2020.
- 89) Oral presentation of a lecture (COVID-19 Pandemic and Managing Stress in the Work Place), Lp Training of nephrology, Riyadh, 9 September 2020.
- 90) Oral presentation of a workshop (Open discussion about training matters of psychiatry in Saudi Arabia), The 4th International Women's Mental Health Conference 2020, Al-Khobar, Saudi Arabia 25-27th Feb. 2020.
- 91) Oral presentation, title (psychological pains of cancer), webinar " pain management for cancer patients", Zahra Association, Riyadh, 17th- 18th October 2021.
- 92) Oral presentation (Stress management during and after covid 19 pandemic), Stress and burnout in healthcare professionals, Mental Health Annual Day, Taibah University, Medina, Saudi Arabia, 10 October, 2021.
- 93) Oral presentation (The relationship between religious coping, psychological distress and quality of life in hemodialysis patients), 2021 DAVITA KSA- Lead Physician Annual Training symposium, Title: Quality of Life in Hemodialysis population, Theme - Beyond Hemodialysis- Strategic Transformation & Associated Chronic Illness Update, October 26-27, 2021.
- 94) Oral presentation of a lecture (psychiatric services in Saudi Arabia, current and road to 2030), Annual Mind Care Conference 2022, Saudi Society of Family and Community Medicine, virtual, January 20 – 21, 2022.
- 95) Oral Presentation of a lecture (Potentials and challenges related to doing psychiatric research),The World mental health day activities (Mental health services in SA, between reality and hope)/ departmental research day, organized by department of psychiatry, King Saud University, Riyadh, October 10, 2022.
- 96) Oral Presentation of a lecture (Association of stress and psychiatric disorders with diabetes mellites), the 7<sup>th</sup> conference of Saudi charitable Association of Diabetes), Riyadh, 19- 21 October 2022.
- 97) Oral Presentation of a lecture (Telepsychiatry in Saudi Arabia, Advantages and challenges) virtual psychiatry and psychotherapy symposium, Psychology Academy, 5-6 October, 2022.
- 98) Oral Presentation of a lecture (Updates of somatic symptom and related disorders), The 15th International Conference on Psychiatry, Intercontinental Hotel, Jeddah, KSA, 3-5 November 2022.
- 99) Oral Presentation of a lecture (Role of Cancer Support Care on Improved Quality of Care), fifth edition of the Combined Gulf Cancer Conference (5th CGCC) under the theme of “Awareness & Prevention, Early Detection & Screening, Survivorship, Research”, Abu Dhabi, the United Arab Emirates, 21-23rd November, 2022.
- 100) Oral Presentation of a lecture (Psychiatric issues in inflammatory bowel diseases), IBD center of excellence meeting, Saudi Gastro association, Riyadh, 16-17 February, 2023.
- 101) Oral Presentation of a lecture (Addressing the blind spot in cancer care: mental health), 4th Saudi Oncology Pharmacy Assembly meeting, 10<sup>th</sup> Saudi Oncology Society, Medina, Saudi Arabia, May 4-6, 2023.
- 102) Participating in a workshop (Reviewing the controls of digital platforms for psychological services), organized byThe National Center for Mental Health Promotion, May 22, 2023.
- 103) Oral Presentation of a lecture (Psychiatric issues in inflammatory bowel diseases), The 16th International Conference on Psychiatry, Intercontinental Hotel, Jeddah, KSA, 2-4 November 2023.
- 104) Participating in a workshop (National diabetes awareness project), the National Diabetes Center, the Saudi Health Council, Riyadh, Sep 14<sup>th</sup>, 2023.
- 105) Oral Presentation of a lecture (Role of Modern Cancer Support Care on Improved Quality of Care), Oncology and Palliative care conference, Ministry of health, Riyadh, SA, September 27-28, 2023.
- 106) Oral presentation (Kidney Supportive Care), 2023 DAVITA KSA- Lead Physician Annual Training symposium, Title: Beyond Hemodialysis- Strategic Transformation & Associated Chronic Illness Update, October 25, 2023.
- 107) Oral Presentation of a lecture (Is psychological stress a modifiable risk factor of type II diabetes mellitus?), the 8th conference of Saudi charitable Association of Diabetes), Riyadh, December 13-14, 2023.

- 108) Oral Presentation of a lecture (Psychosomatic factors in functional gastrointestinal disorders), 6th Saudi Gi Motility symposium, Saudi Gastro association, Riyadh, February 10, 2023.
- 109) Session moderator, The 7th National meeting for psychotherapy, King Saud bin Abdulaziz University for Health Sciences, Riyadh, February 27-28, 2024.
- 110) Oral presentation (Psychiatric aspects of dialysis population), Mini-seminar presented to physicians, nurses and allied health working with dialysis populations, 2024 DAVITA KSA, June 12, 2024.
- 111) Oral presentation (The relationship of the mind with the body), Mindfulness practices between science and superstition workshop, co-organized by both The National Center for Mental Health Promotion and The National Center for Complementary and Alternative Medicine, Riyadh, June 03, 2024.
- 112) Oral presentation (Functional Gastrointestinal disorder: Psychiatric perspective and approach), The 2nd Bahrain Psychiatric Conference, "Integrating Mind and Body: Exploring the Dynamic Interplay for Holistic Health", the Kingdom of Bahrain, 10th and 11th of October 2024.
- 113) Oral presentation (Addressing the blind spot in Cancer care: mental health), The 6th Kuwait Mental Health Conference, Kuwait, 12th and 13th of October 2024.
- 114) Oral presentation (Psycho-social Aspects of Palliative Care), 1st Annual KFSH&RC PCM Board Review in Palliative Care Medicine, Palliative Care Medicine (PCM) services, Cancer Center of Excellence, King Faisal Specialist Hospital and Research Center, Riyadh, 15-16 November 2024.
- 115) Oral presentation of our projects (Association between Handgrip strength and cognitive impairment) and (Assessing psychosocial wellbeing in mastectomy patients in association with anxiety and depression) by one of the co-investigators, Annual research day, department of psychiatry, King Saud University, December 2<sup>nd</sup>, 2024.
- 116) Sessions' moderator, the 7th International Conference of Psychiatry (Advancements in Mental health, Psychosomatic Medicine, and the Mind body connections), organized by department of psychiatry, King Saud University, Riyadh, 13-15 Feb 2025.
- 117) Oral presentation of our research projects (Association between Handgrip strength and cognitive impairment) and (Role of Psychosomatic Medicine in Complex Medical Cases: A Case Study of a Patient With Breast Cancer Who Refused Mastectomy) by one of the co-investigators, The 7th International Conference of Psychiatry (Advancements in Mental health, Psychosomatic Medicine, and the Mind body connections), organized by department of psychiatry, King Saud University, Riyadh, 13-15 Feb 2025.
- 118) Session moderator, The First International Azem Conference for Addiction Treatment, titled "Between Prevention and Treatment," Azem Center for Psychological and Social Empowerment under the Ministry of Interior, Riyadh, Saudi Arabia, November 5-6, 2025.
- 119) Oral presentation of a lecture (Introduction to psychosomatic medicine), The first forum of the Saudi psychosomatic medicine association, held in collaboration with the Ministry of Health, under the title "Foundations of Psychosomatic Medicine Series", Riyadh, SA, December 27, 2025.
- 120) Oral presentation of our projects (Body dysmorphic disorder, exercise addiction, and other psychosocial correlates of women attending fitness centers in Saudi Arabia) and (Right-sided auditory hallucinations after tympanomastoidectomy: a rare case report and management insights) by one of the co-investigators, Annual research day, department of psychiatry, King Saud University, December 29<sup>nd</sup>, 2025.

## **Publications:**

- 1) **Al-Osaimi FD**, Al-Haidar FA. Assessment of pediatricians' need for training in child psychiatry. *J Family Community Med.* 2008 May;15(2):71-5.
- 2) Abdulqader Maqbul Aljarad, **Fahad Dakhil Al Osaimi**, Yaser Rashid Al Huthail, Accuracy of Psychiatric Diagnoses in Consultation Liaison Psychiatry, *Journal of Taibah University Medical Sciences*, Volume 3, Issue 2, 2008, Pages 123-128
- 3) **Alosaimi F**, Hawa R. Broken heart: Broken mind. *J Psychosom Res.* 2009 Oct;67(4):285-7. Editorial.
- 4) Sockalingam S, Abbey SE, **Alosaimi F**, Novak M. A review of sleep disturbance in hepatitis C. *J Clin Gastroenterol.* 2010 Jan;44(1):38-45.
- 5) Sockalingam S, Blank D, Al Jarad A, **Alosaimi F**, Hirschfield G, Abbey SE. A comparison of depression screening instruments in hepatitis C and the impact of depression on somatic symptoms. *Psychosomatics.* 2011 Sep-Oct;52(5):433-40.
- 6) **Alosaimi FD**, Baker B. Clinical review of treatment options for major depressive disorder in patients with coronary heart disease. *Saudi Med J.* 2012 Nov;33(11):1159-68. Review.
- 7) Sockalingam S, Blank D, Al Jarad A, **Alosaimi F**, Hirschfield G, Abbey SE. The role of attachment style and depression in patients with hepatitis C. *J Clin Psychol Med Settings.* 2013 Jun;20(2):227-33.
- 8) **Alosaimi F**, Alkaabba A, Qadi M, Albahlal A, Alabdulkarim Y, Alabduljabbar M, Alqahtani F. Acceptance of pharmaceutical gifts. Variability by specialty and job rank in a Saudi healthcare setting. *Saudi Med J.* 2013 Aug;34(8):854-60.
- 9) **Alosaimi FD**, Alkaabba A, Qadi M, Albahlal A, Alabdulkarim Y, Alabduljabbar M, Alqahtani F. Interactions between physicians and pharmaceutical sales representatives in Saudi Arabia. *Ann Saudi Med.* 2013 Nov-Dec;33(6):601-9.
- 10) **Alosaimi FD**, Alkharboush FA, Altuwariqi MH. A case of anxiety associated with miliary tuberculosis. *Int Med Case Rep J.* 2014 Jun 20;7:111-5.
- 11) **Alosaimi FD**, Al-Sultan OA, Alghamdi QA, Almohaimed IK, Alqannas SI. Gender-specific differences in depression and anxiety symptoms and help-seeking behavior among gastroenterology patients in Riyadh, Saudi Arabia. *Neurosciences (Riyadh).* 2014 Jul;19(3):203-9.
- 12) **Alosaimi FD**, Al-sultan O, Alghamdi Q, Almohaimed I, Alqannas S. Association of help-seeking behavior with depression and anxiety disorders among gastroenterological patients in Saudi Arabia. *Saudi J Gastroenterol* 2014;20:233-40.
- 13) **Alosaimi FD**, Alshehri Y, Alfraih I, Alghamdi A, Aldahash S, Alkhuzayem H, Albeeshi H. The prevalence of psychiatric disorders among visitors to faith healers in Saudi Arabia. *Pak J Med Sci.* 2014 Sep;30(5):1077-82.
- 14) **Alosaimi FD**, Al Kaabba A, Qadi M, Albahlal A, Alabdulkarim Y, Alabduljabbar M, Alqahtani F. Physicians' attitudes towards interaction with the pharmaceutical industry. *East Mediterr Health J.* 2015 Feb 2;20(12):812-9
- 15) **Alosaimi FD**, Alshehri Y, Alfraih I, Alghamdi A, Aldahash S, Alkhuzayem H, Al-Beeshi H. Psychosocial correlates of using faith healing services in Riyadh, Saudi Arabia: a comparative cross-sectional study. *International journal of mental health systems.* 2015 Dec;9(1):8.
- 16) **Alosaimi FD**, Kazim SN, Almufleh AS, Aladwani BS, Alsubaie AS. Prevalence of stress and its determinants among residents in Saudi Arabia. *Saudi Med J.* 2015 May;36(5):605-12
- 17) **Alosaimi FD**, Almufleh A, Kazim S, Aladwani B. Stress-coping strategies among medical residents in Saudi Arabia: A cross-sectional national study. *Pak J Med Sci* 2015;31(3): 504-509.
- 18) Alblowi MA, **Alosaimi FD**. Tardive dyskinesia occurring in a young woman after withdrawal of an atypical antipsychotic drug. *Neurosciences (Riyadh).* 2015 Oct;20(4):376-9.
- 19) **Alosaimi FD**, Altuwirqi MH, Bukhari M, Abotalib Z, BinSaleh S. Psychiatric disorders among infertile men and women attending three infertility clinics in Riyadh, Saudi Arabia. *Ann Saudi Med.* 2015 Sep-Oct;35(5):359-67.
- 20) **Alosaimi FD**, Alghamdi AH, Aladwani BS, Kazim SN, Almufleh AS. Work-related stress and stress-coping strategies in residents and administrative employees working in a tertiary care hospital in KSA. *Journal of Taibah University Medical Sciences.* 2016 Feb 1;11(1):32-40.
- 21) Al-Kaabba AF, Hussein GMA, Al-Qumaizi KI, Al-Rashed W, Kasule OH, **Alosaimi F**, Qadi MA, Alhaqwi AI. Disclosing Medical Errors in Tertiary Hospitals in Saudi Arabia : Cross-Sectional Questionnaire Study. *International Journal of Applied Science and Mathematics.* 2016 March, 3 (2): 75-83.

- 22) **Alosaimi FD**, Alhabbad A, Abalhassan MF, Fallata EO, Alzain NM, Alassiry MZ, Haddad BA. Patterns of psychotropic medication use in inpatient and outpatient psychiatric settings in Saudi Arabia. *Neuropsychiatr Dis Treat*. 2016 Apr 19;12:897-907.
- 23) **Alosaimi FD**, Alyahya H, Alshahwan H, Al Mahyijari N, Shaik SA. Smartphone addiction among university students in Riyadh, Saudi Arabia. *Saudi Med J*. 2016 Jun;37(6):675-83.
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- 25) **Alosaimi FD**, Bukhari M, Altuwirqi M, Habous M, Madbouly K, Abotalib Z, Binsaleh S. Gender differences in perception of psychosocial distress and coping mechanisms among infertile men and women in Saudi Arabia. *Hum Fertil (Camb)*. 2016 Oct 25:1-9.
- 26) **Alosaimi FD**, Asiri M, Alsuwayt S, Alotaibi T, Bin Mugren M, Almufarrih A, Almodameg S. Psychosocial predictors of nonadherence to medical management among patients on maintenance dialysis. *Int J Nephrol Renovasc Dis*. 2016 Oct 31;9:263-272.
- 27) **Alosaimi FD**, Alghamdi AH, Aladwani BS, Kazim SN, Almufleh AS. Work-Related stress and stress-coping strategies among patients' companions at a tertiary care hospital in Saudi Arabia. *Journal of Psychiatry*. 2016;19(4).
- 28) **Alosaimi FD** (2016) Collaborative Role Education in Post Graduate Psychiatric Training: A Narrative Review. *J Depress Anxiety* 5: 216. doi:10.4172/2167-1044.1000216.
- 29) Siddiqui AR, Mahasin S, Alsajjan R, Hassounah M, Alhalees Z, AlSaif N, **Alosaimi FD**, AlQuaiz A. Depression literacy in women attending university hospital clinics in Riyadh Saudi Arabia. *Int J Soc Psychiatry*. 2017 Mar;63(2):99-108.
- 30) **Alosaimi FD**, AlMulhem A, AlShalan H, Alqazlan M, Aldaif A, Kowgier M, Balasundaram J, Sockalingam S. Psychosocial predictors of patient adherence to disease-modifying therapies for multiple sclerosis. *Patient Prefer Adherence*. 2017 Mar 9;11:513-518.
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- 34) **Alosaimi FD**, Fallata EO, Abalhassan M, Alhabbad A, Alzain N, Alhaddad B, Alassiry MZ. Prevalence and risk factors of hyperprolactinemia among patients with various psychiatric diagnoses and medications. *Int J Psychiatry Clin Pract*. 2018 Jan 15:1-8.
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- 36) **Alosaimi FD**, Alawad HS, Alamri AK, Saeed AI, Aljuaydi KA, Alotaibi AS, Alotaibi KM, Alfari EA. Patterns and determinants of stress among consultant physicians working in Saudi Arabia. *Adv Med Educ Pract*. 2018 Mar 13;9:165-174.
- 37) **Alosaimi FD**, Abalhasan MF, Alhabbad AA, Fallata EO, Haddad BA, AlQattan NI, Alassiry MZ. Prevalence and determinants of physical activity in a mixed sample of psychiatric patients in Saudi Arabia. *Saudi Med J*. 2018 Apr;39(4):401-411.
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- 42) Albaker AM, **Alosaimi FD**. The Knowledge and Attitude towards Dentist-Industry Relationship and their Association with own Behavior among Dentists Working in Saudi Arabia. *Saudi Pharmaceutical Journal*. 2018 Sep 18.
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### **Other scientific activities:**

1. External reviewers for several medical journals, 2010- till present.
2. Translated to Arabic, one book, title (Psychosomatic Medicine : An Introduction to Consultation-Liaison Psychiatry, edited by James J. Amos & Robert G. Robinson, Cambridge University Press, 2010); the Arabic version was published by King Saud university press, Riyadh, SA, 2014. On Dec 19, 2015, it won King Abdullah bin Abdulaziz International Award for Translation. Then, the second edition was published by The National Center for Mental Health Promotion, 2022.
3. Co-authored the psychiatry specialty chapter of the book, title (Medical Specialty Selection Guide for Medical Graduate Book), published by the Saudi commission for health specialties, Riyadh, SA, 2015.
4. Translated to Arabic, one book, title (Psychosocial palliative care, edited by William S. Breitbart and Yesne Alici. Oxford University Press, New York, 2014); the Arabic version was published by King Saud University press, Riyadh, SA, 2018.
5. Wrote an Arabic book entitled (concepts and articles About mental health in Saudi Arabia), published by the National Center for Mental Health Promotion, Riyadh, SA, 2021.
6. Co-authored an Arabic book, title (Breast Cancer Treatment Journey Guide), published by Zahra association, Riyadh, SA, 2022.
7. Participate in revision of the Protocol for Suicide Risk Assessment and Management, ministry of health, Saudi Arabia, 2022.
8. Wrote an Arabic book entitled (Fragments from the life of the noble lady: Noura bint Abdulrahman Alosaimi), published by her son (Fahad Alosaimi), Riyadh, SA, 2024.
9. Co-authored the Saudi chapter of a book, entitled (Mental Health Care in the Middle East.), by Al-Huseini S, Arafat SY. Springer; 2025 Oct 19.
10. Co-authored a book, entitled (The art of communication in healthcare), by Saleh Alkhunein, Saudi Arabia, 2026.
11. Co-authored the Saudi chapter of a book, entitled (the International Prevalence and Treatment of Diabetes and Depression (INTERPRET-DD) study), under publication, 2025.

### **Administrative appointments/ committees:**

1. The head of the training committee (post grad psychiatric education), KSU, 2010.
2. Program director of post-graduate psychiatric education, KSU, 2010.
3. A member of the local psychiatry committee, Saudi psychiatry board, Saudi commission of health education (SCFHS), SA, 2010.
4. A member of the selection committee that interview candidates applied for the joint Saudi Psychiatry training program, Saudi commission for health specialties, 2011.
5. The head of the education committee (Undergrad psychiatric education), KSU, 2011-2013
6. The course organizer of clinical psychiatry (462 psych course), the College of Medicine in King Saud University, 2011-2013
7. The academic counselor of 4<sup>th</sup> & 5<sup>th</sup> year medical students, the College of Medicine in King Saud University, 2011-till 2020.
8. A member of the academic counseling committee, the College of Medicine in King Saud University, 2011-till 2020.
9. A member of the examination committee, Saudi psychiatry board, Saudi commission of health education (SCFHS), SA, 2011 –2014.
10. The head of the adult psychosomatic medicine unit at psychiatry department, KSU, 2014 till 2017.
11. A member of the Curricula committee, the College of Medicine in King Saud University, 2013.
12. A member of the demonstrators committee, the College of Medicine in King Saud University, 2014.
13. Membership of several committees in the department of psychiatry, KSU, 2011 – till present.
14. Membership of several committees in the college of Medicine, KSU, 2011 – till present.
15. Membership of the department of psychiatry, Majmaah University, 2014 – till 2016.
16. A member of the scientific council of psychiatry, Saudi commission of health specialties (SCFHS), SA, 2015 – till 2019.
17. The deputy of chairman of department of psychiatry, college of medicine, king Saud University, 2015 – till 2017.
18. The deputy head of the academic counseling unit, the College of Medicine in King Saud University, 2016-till 2020.
19. The program director of the King Saud University Psychosomatic Medicine Fellowship Program (in collaboration with University of Toronto, Canada), 2015- till 2016.
20. The program director and the head of the committee supervising Saudi Psychosomatic Medicine Fellowship Program (in collaboration with University of Queens, Canada), 2016- till 2019.
21. A member of the ideal student selection committee, college of Medicine, king Saud University, 2016.
22. A member of the general supervisory board for Mental Health Care Act in Saudi Arabia, July 2016- till 2018.
23. A member of the scientific committee, the International Conferences of Psychiatry, organized by department of psychiatry and SABIC Psychological Health for Research and Applications Chair, King Saud University, Riyadh, 2013 until present.
24. A member of the Clinical ethics committee, college of Medicine, king Saud University medical city, 2016 until 2020.
25. The head of the Medical Supplier Relationship Management Subcommittee of the Clinical ethics committee, college of Medicine, King Saud University Medical City, 2017. This committee created the policy and procedure of Medical Suppliers (Vendors) Relationship.
26. A member of the scientific committee, The second National meeting for schizophrenia, Charitable Society for schizophrenia, Ministry of health, Riyadh, 25-26 April, 2017.
27. The chairman of department of psychiatry, college of medicine, King Saud University Medical City, King Saud University, August 2017 – till August 2019.
28. A member of the scientific council of the college of medicine, King Saud University, 2017 – till present.
29. The head of the national task team to create national policies for psychosocial care of Saudi cancer patients and their families, the national cancer center, Saudi health council, 2018-2025.
30. The chairman of the 4th International Conference of Psychiatry (Youth and mental health, vision 2030), organized by department of psychiatry, King Saud University, Riyadh, 21-23 Feb 2019.
31. Re-elected for 2<sup>nd</sup> time as the chairman of department of psychiatry, college of medicine, king Saud University, August 2019 – till 2021.
32. Chairman, Scientific Council of psychiatry at Saudi Commission for Health Specialties, SA, January 2019 – till December 2022.

33. A member of the National Committee for Mental Health and Addiction Treatment, Saudi health council, SA, 2019 – till 2022.
34. A member of the expert committee to write clinical policy for insurance coverage of Bariatric interventions, the Program of health Assurance and Purchasing, Ministry of Health, SA, 2019-2020.
35. The chairman of the World mental health day activities (Suicide: an attempt to understand), organized by department of psychiatry, King Saud University, Riyadh, October 14, 2019.
36. The chairman of the scientific program of psychoanalysis, Monthly 4-hours meetings, organized by department of psychiatry, King Saud University, Riyadh, October 23, 2019.
37. The chairman of the World mental health day activities (Mental health for all, in light of covid-19), organized by department of psychiatry, King Saud University, Riyadh, October 16, 2020.
38. The chairman of the 5th International Conference of Psychiatry (Child and Adolescent Mental Health Scientific Updates, opportunities, and challenges of integrated care), organized by department of psychiatry, King Saud University, Riyadh, 6-10 March 2021.
39. Re-elected for 3rd time as the chairman of department of psychiatry, college of medicine, king Saud University, August 2021 – till January 2023.
40. Co-founder and a Member of the Board of Directors of the Voluntary Health Association in Zulfi, Saudi Arabia, 2021- till present.
41. The head of a subcommittee (Development of high-quality emergency psychiatric services for patient with psychiatric illnesses in emergency departments in Saudi Arabia), under the umbrella of the National Committee for Mental Health and Addiction Treatment, Saudi health council, 2020. Then, presented the proposal before the chairman (the Minister of health in SA) and members of the Saudi health council on 19 December, 2021.
42. A member of the special interest group at the Academy of Consultation Liaison Psychiatry (the Critical Care Psychiatry SIG), USA, 2021.
43. A member of the scientific team of the National Diabetes Awareness Project, the National Diabetes Center, the Saudi Health Council, Riyadh, 2021- 2022.
44. A member of the Institutional Review Ethics Committee of human related research projects, King Saud University, 2021 – present.
45. The chairman of the World mental health day activities (Mental health services in SA, between reality and hope)/ departmental research day, organized by department of psychiatry, King Saud University, Riyadh, October 10, 2022.
46. The deputy chairman of (Committee on Professional and Ethical Practices in Mental Health), the National center for the promotion of mental health, Saudi Arabia, 2022 till present.
47. A member of the Mental health hospitals committee (Development of National standards for mental health hospitals), Saudi Central Board for Accreditation of Healthcare Institution (CIBAH), 2023- 2024.
48. A member of the selection committee of teaching staff, the College of Medicine in King Saud University, 2022 until present.
49. A member of the scientific council of King Saud University, 2023.
50. A member of the Standing Committee for promotion of the health and scientific specialties, scientific council of King Saud University, 2023 – until present.
51. The representative of the college of Medicine in the scientific council of King Saud University, 2023 – until present.
52. A member of the committee to revise and develop promotion criteria of the teaching staff, the College of Medicine in King Saud University, 2023- 2024
53. The founder of the (Supportive oncology program) and wrote the policy and procedure of this program in the oncology center in King Saud University medical city, KSU, 2023 - 2024.
54. A member of the psychiatry cardiology research group, College of Medicine, KSU, 2023.
55. A member of a committee (Investigation of a complaint from clinical trials department against one researcher), King Saud University medical city, 2024.
56. Participate as a Surveyor (Program accreditation visit), Saudi commission for health specialties, August 1, 2024.
57. A member of the scientific committee to create (Standardized psychological scale to screen for psychiatric disorders and intellectual deviations),The National Center for Assessment (Qiyas), The Education and Training Evaluation Commission, Riyadh, SA, 2025.

58. The chairman of the scientific committee of the 7th International Conference of Psychiatry (Advancements in Mental health, Psychosomatic Medicine, and the Mind body connections), organized by department of psychiatry, King Saud University, Riyadh, 13-15 Feb 2025.
59. A member of the scientific committee, the Sheikh Abdul Rahman Al-Hulail Award for Medical Research and Innovation, college of medicine, King Saud University, 2025.
60. The chairman of committee to revise and update the Saudi guidelines for gender identity disorder, the Saudi Health Council, Riyadh, 2025 until present.
61. Co-investigator member of several Technical Committees of the Authority for medical responsibility (AMR), Kuwait, 2025 until present.
62. A member of the accreditation subcommittee, the scientific council of the college of medicine, King Saud University, The National Commission for Academic Accreditation & Assessment (NCAAA), 2025-2026.

## **Awards Received, Grants, Memberships & Extracurricular Activities:**

1. Deputy Coordinator of the Saudi Psychiatric Resident Club (SPRC), 2004
2. General Coordinator of the Saudi Psychiatric Resident Club (SPRC), 2005
3. Won the Merit award for the outstanding performance in the general consultation liaison psychiatry fellowship, Saudi Arabian Cultural Bureau, Canada 2009.
4. Won another Merit award for the outstanding performance in the specialized consultation liaison psychiatry fellowship, Saudi Arabian Cultural Bureau, Canada 2010.
5. Active member of the Saudi club in Toronto, Canada, 2008, 2010.
6. Active member of the American Psychiatric association.
7. Active member of the Academy of psychosomatic medicine/consultation liaison psychiatry, USA.
8. Active member of the American psychosomatic society.
9. Active member of the Saudi psychiatric association.
10. Phone consultations at (Happiness center) for psychosocial counseling, Almagmaah, 2010 - 2012.
11. Phone consultations at (My family center) for psychosocial counseling, Al-zulfi, 2014.
12. A member of the selection committee, National anti- corruption commission, SA, 2011-2012.
13. Won the award for one of the best teachers in College of medicine, KSU, 2012.
14. Selected by 4<sup>th</sup> year medical students in KSU as the best course organizer in 2012.
15. Selected by the medical school graduates 2013 in KSU as the best course organizer during the whole six years in medical school.
16. The founder and the supervisor of the psychiatry specialty interest group, college of Medicine, KSU, 2013.
17. Communication electronically with two ministers of health in Saudi Arabia, 2014 -2018. That led to several meetings with deputy minister of health and the Ministry's Project Management Office to discuss future of psychiatric services in Saudi Arabia.
18. Personal communication with some members of Consultative Assembly of Saudi Arabia (Majlis Ash-Shura) 2015- present, to advocate for improving access to high quality psychiatric services in Saudi Arabia esp. integrating psychiatric services within general hospitals in all around Saudi Arabia.
19. Research grant from King Saud University's National Plan for Science and Technology (NPST) for my project entitled "Prevalence and risk factors of metabolic syndrome among psychiatric patients in Saudi Arab" and numbered (12-MED3130-02), 2014.
20. Research grant from the Research Group Program (RGP), Deanship of Scientific Research, King Saud University, for my project entitled "The Prevalence and correlates of depression, anxiety disorder and Cognitive impairment in Multiple Sclerosis Patients, and the factors that affect patient's adherence to MS medications" and numbered (RG -1435-087), 2015.
21. The best research award, entitled (psychosocial correlates of infertility in Saudi Arabia), presented by one of the co-authors (Dr.Mujahid Bukhari), 7th Annual Postgraduate Medical Education Research Day, KSU, Riyadh, 20th October 2014
22. Won King Abdullah bin Abdulaziz International Award for Translation, the award for the translation in the natural sciences from other languages into Arabic for the Arabic translation of the English book "Psychosomatic Medicine: An Introduction to Consultation- Liaison Psychiatry" by James J. Amos and Robert G. Robinson", Riyadh, KSU, Dec 19, 2015.
23. The head of the scientific committee, (recommendations to improve psychiatry service in Saudi Arabia), the Human Rights Commission, Saudi Arabia, 2016.
24. Won the 3<sup>rd</sup> position in the health science theme, 8<sup>th</sup> scientific symposium of King Saud University students, the research project (Patient Reasons for Obtaining Psychotropic Medications without a Prescription at Retail Pharmacies in Riyadh, Saudi Arabia), 2017.
25. Meeting with Planning and Development Agency of the General Sports Authority in Saudi Arabia to discuss the findings of my article (Prevalence and determinants of physical activity in a mixed sample of psychiatric patients in Saudi Arabia). The meeting discussed ways of collaboration between the General Sports Authority and the Department of Psychiatry at King Saud University in the field of research, services and awareness of the importance of regular physical activities to prevent and reduce relapses among people with psychiatric illnesses in Saudi Arabia.
26. Won second best award of poster presentation in Undergraduate Students Research Support Program at King Saud University, Riyadh for the project: Stress and coping among consultant physicians working in Saudi Arabia. on February 19-20, 2018

27. Won the first SABIC National Award for Mental Health Promotion (Prize for scientific production and research in the field of mental health), Saudi Arabia, July 2019.
28. Research grant from the Research Group Program (RGP), Deanship of Scientific Research, King Saud University, for our project entitled (Exome sequence analysis identify rare genetic variant implicated in susceptibility to Schizophrenia and Bipolar disorders in Saudi families), 2022.
29. Accepted to present my academic achievements under the World Class Faculty corner as a Booth in COM EXPO 2024, College of Medicine, KSU, 2024.
30. The founder and the supervisor of the psychiatry research support group, college of Medicine, KSU, Saudi commission for health specialties, 2023- till present.
31. The founder and the supervisor of the psychiatry health advocacy team, college of Medicine, KSU, 2024- till present.
32. Research grant from Dallah Healthcare, Kingdom of Saudi Arabia, for my project entitled " Prevalence and determinants of Distress among Cancer Patients' Caregivers at a Tertiary Center in Saudi Arabia" and numbered (CMRC-DHG-4/013), 2024.
33. Established the Saudi Psychosomatic Medicine Association and led its Founding Committee as Chair, successfully launching the organization on January 1st, 2025.
34. Elected as the Chairman of the Board of Directors, the Saudi Psychosomatic Medicine Association, Oct 2025 – Oct 2028.

### **Media participations:**

1. Writing several Arabic essays and answering questions related to psychological matters in Saudi magazine, Journals & websites. These essays related to psychiatric services and healthcare system in Saudi Arabia, medical ethics and professionalism, psychosomatic topics and summarizing results of my published papers. Most of them are posted in the Quality health journal website (<https://bit.ly/2MWNvm4>) as well in my KSU website (<http://fac.ksu.edu.sa/faalosaimi/home>). Titles include: (How to deal with insufficient psychiatric services in Saudi Arabia), (Why some physicians in Saudi Arabia practice defensive medicine?) (Good mental health is a condition for achieving Saudi vision 2030), (Suffering of physicians in Saudi Arabia; results of local studies), (Illness anxiety and inverted health pyramid), (The road to create national policies to deal with ethical perspectives of relationship with pharmaceutical industry in SA). etc.
2. Participating in several TV programs/ Saudi Radio channels/ social media, as advocator and educator for mental health, professionalism and ethics, 2011 till present.
3. Contributing in public psychiatric education/ mental health advocating though Facebook and twitter/X, 2011 till present.

### **References:**

Excellent references are available upon request.