

Curriculum Vitae

Mohammad A. ALMohiza, PhD, MS, PT

Associate professor and consultant of neuromuscular and vestibular rehabilitation

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Educational qualification:

2014 Ph.D. in rehabilitation sciences, University of Pittsburgh, School of health and rehabilitation sciences, Pittsburgh - PA, United States of America (Recipient of the excellence award from the Saudi Arabian cultural mission in the USA)

2008 M.S. in rehabilitation sciences (neuromuscular physical therapy), University of Pittsburgh, School of health and rehabilitation sciences - Pittsburgh, PA, United States of America

2004 B.S. in rehabilitation sciences (physical therapy program), King Saud University, Collage of applied medical sciences – Riyadh, Kingdom of Saudi Arabia

Certifications and professional licensure:

2019 Certified in vestibular rehabilitation and concussion from the American Institute of Balance (AIB-VR/CON)

2016 – present: Licensed by SCFHS (consultant in physical therapy)

Career:

2023 - present: Associate Professor at King Saud University

2014 - 2023: Assistant Professor at King Saud University

2014 - 2015: Assistant supervisor of clinics at the collage of applied medical sciences, King Saud University

2009 - 2014: Lecturer at King Saud University

Professional development:

2019 Vestibular rehabilitation and concussion workshop

2015 Faculty development training

2008 Neuromuscular rehabilitation: evaluation and treatment strategies

2008 Getting results faster when using NDT

2008 Introduction to NDT

2007 Neuroplasticity in stroke

2005 McConnell concept

2005 Physical therapy approach for stroke

2004 Mulligan concept

2004 Physiotherapy management of different neurological problems

In addition to attending many clinical and professional meetings/conferences

Publications:

ALMohiza, M. A. (2023). Effects of Epley procedure on BPPV patients: a systematic review of randomized controlled

- trails. *Eur Rev Med Pharmacol Sci*, 27(16), 7409–7415. https://doi.org/10.26355/eurrev_202308_33392
- ALMohiza, M A, Khafaji, M. A., Asiri, F., Al-Heizan, M. O., Alnahdi, A. H., & Reddy, R. S. (2023). Measurement Property Evaluation of the Arabic Version of the Patient-Specific Functional Scale for Patients with Stroke. *Healthcare*, 11(11). <https://doi.org/ARTN 164210.3390/healthcare11111642>
- ALMohiza, M A, Reddy, R. S., Alkhamis, B. A., Alghamdi, N. H., Alshahrani, A., Ponneru, B. R., & Mukherjee, D. (2023). A Cross-Sectional Study Investigating Lumbar Proprioception Impairments in Individuals with Type 2 Diabetes Mellitus: Correlations with Glycated Hemoglobin Levels. *Biomedicines*, 11(7). <https://doi.org/ARTN 206810.3390/biomedicines11072068>
- ALMohiza, Mohammad A., Sparto, P. J., Marchetti, G. F., Delitto, A., Furman, J. M., Miller, D. L., & Whitney, S. L. (2016). A quality improvement project in balance and vestibular rehabilitation and its effect on clinical outcomes. *Journal of Neurologic Physical Therapy*. <https://doi.org/10.1097/NPT.000000000000125>
- Alodaibi, F. A., Alotaibi, M. A., Almohiza, M. A., & Alhowimel, A. S. (2022a). Perceptions of practising physiotherapists in Saudi Arabia about their role in the health promotion of patients with musculoskeletal conditions: a qualitative study. *Global Health Promotion*, 29(4), 27–34. <https://doi.org/Artn 1757975922109400310.1177/17579759221094003>
- Alodaibi, F. A., Alotaibi, M. A., Almohiza, M. A., & Alhowimel, A. S. (2022b). Physical Therapists' Role in Health and Wellness Promotion for People with Musculoskeletal Disorders: A Cross-Sectional Description Study Conducted in Saudi Arabia. *Journal of Multidisciplinary Healthcare*, 15, 567–576. <https://doi.org/10.2147/Jmdh.S356932>
- Asiri Alshahrani, A., Aseeri, M. F., Alam, M. M., Ataalla, S. M., Almohiza, M. A., & Abdulhamed, I. A., F. Y. (2018). Fall risks factors among home-based health care patients in the Aseer province: Observational study. *Biomedical Research (India)*, 29(12), 2640–2645. <https://doi.org/https://doi.org/10.4066/biomedicalresearch.29-18-654>
- Asiri, F, Reddy, R. S., Tedla, J. S., ALMohiza, M. A., Alshahrani, M. S., Govindappa, S. C., & Sangadala, D. R. (2021). Kinesiophobia and its correlations with pain, proprioception, and functional performance among individuals with chronic neck pain. *Plos One*, 16(7). <https://doi.org/ARTN e025426210.1371/journal.pone.0254262>
- Asiri, Faisal, ALMohiza, M. A., Faia Aseeri, M., Mehtab Alam, M., Ataalla, S. M., Alqahtani, M., & Alshahrani, A. (2018). Fall prevention knowledge and practice patterns among home healthcare professionals in southern Saudi Arabia: an observational study. *Journal of International Medical Research*. <https://doi.org/10.1177/0300060518789816>
- MA, Alm., Reddy, R. S., Asiri, F., Alshahrani, A., Tedla, J. S., Dixit, S., Gular, K., & Kakaraparthi, V. N. (2023). The Mediation Effect of Pain on the Relationship between Kinesiophobia and Lumbar Joint Position Sense in Chronic Low Back Pain Individuals: A Cross-Sectional Study. *Int J Environ Res Public Health*, 20(6). <https://doi.org/10.3390/ijerph20065193>
- Raizah, A., Reddy, R. S., Alshahrani, M. S., Gautam, A. P., Alkhamis, B. A., Kakaraparthi, V. N., Ahmad, I., Kandakurti, P. K., & ALMohiza, M. A. (2023). A Cross-Sectional Study on Mediating Effect of Chronic Pain on the Relationship between Cervical Proprioception and Functional Balance in Elderly Individuals with Chronic Neck Pain: Mediation Analysis Study. *Journal of Clinical Medicine*, 12(9). <https://doi.org/ARTN 314010.3390/jcm12093140>
- Shallan, A., Hawamdeh, M., Gaowgzeh, R. A. M., Obaidat, S. M., Jastania, R., Muhsen, A., Hafiz, A. E., Alghamdi, N. H., Al-Nassan, S. M., Hawamdeh, Z., ALMohiza, M. A., Asiri, F., & Altaim, T. A. (2023). The association between kinesiophobia and dynamic balance in patients with patellofemoral pain syndrome. *Eur Rev Med Pharmacol Sci*, 27(6), 2216–2221. https://doi.org/10.26355/eurrev_202303_31755

السيرة الذاتية

د. محمد عبد الله محمد المهيزع

أستاذ مشارك واستشاري تأهيل الجهاز العصبي وجهاز التوازن
قسم علوم التأهيل - كلية العلوم الطبية التطبيقية - جامعة الملك سعود

الجوال ٠٥٠٠٨٠٨٠٥٤

الهاتف ٠١١٤٦٩٣٥٨٤

البريد الإلكتروني: mmohiza@ksu.edu.sa

المؤهلات العلمية:

٢٠١٤ دكتوراة في الفلسفة في علوم التأهيل من جامعة بيتسبيرق - الولايات المتحدة الأمريكية (حاصل على جائزة التميز من الملحقة الثقافية السعودية بالولايات المتحدة الأمريكية)

٢٠٠٨ ماجستير في علوم التأهيل (العلاج الطبيعي للجهاز العصبي العضلي) من جامعة بيتسبيرق - الولايات المتحدة الأمريكية

٢٠٠٤ بكالوريوس في علوم التأهيل (برنامج العلاج الطبيعي) من جامعة الملك سعود، الرياض - المملكة العربية السعودية

الشهادات والترخيص المهني:

٢٠١٩ معتمد في تأهيل الجهاز الدهليزي والارتجاج الدماغية من المعهد الأمريكي للتوازن (AIB-VR / CON) مرخص من الهيئة السعودية للتخصصات الصحية (استشاري في العلاج الطبيعي) منذ عام ٢٠١٦ حتى الآن

الخبرات المهنية:

أستاذ مشارك بقسم التأهيل الطبي في جامعة الملك سعود منذ عام ٢٠٢٣ حتى الآن

أستاذ مساعد بقسم التأهيل الطبي في جامعة الملك سعود منذ عام ٢٠١٤ حتى ٢٠٢٣

مساعد المشرف على عيادات كلية العلوم الطبية التطبيقية بجامعة الملك سعود منذ عام ٢٠١٤ حتى ٢٠١٥

محاضر بقسم التأهيل الطبي في جامعة الملك سعود منذ عام ٢٠٠٩ حتى ٢٠١٤

التطوير المهني:

٢٠١٩ ورشة عمل في تأهيل الجهاز الدهليزي والارتجاج الدماغية

٢٠١٥ تطوير المهارات لأعضاء هيئة التدريس

٢٠٠٨ التأهيل العصبي العضلي: التقييم واستراتيجيات العلاج

٢٠٠٨ الحصول على نتائج أسرع عند استخدام العلاج العصبي التطوري

٢٠٠٨ مقدمة إلى العلاج العصبي التطوري

٢٠٠٧ اللدونة العصبية في السكتة الدماغية

٢٠٠٥ دورة ماكونيل

٢٠٠٥ العلاج الطبيعي لمرضى السكتة الدماغية

٢٠٠٤ دورة موليجان

٢٠٠٤ العلاج الطبيعي للمشاكل العصبية

بالإضافة لحضور العديد من الاجتماعات والمؤتمرات الإكلينيكية والمهنية

الأبحاث المنشورة:

ALMohiza, M. A. (2023). Effects of Epley procedure on BPPV patients: a systematic review of randomized controlled trails. *Eur Rev Med Pharmacol Sci*, 27(16), 7409–7415. https://doi.org/10.26355/eurrev_202308_33392

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