

King Saud University
College of medicine
Department of family and community medicine

Curriculum vitae

Name: Prof. Yousef Abdullah Ibrahim Al Turki

Nationality: Saudi

Socially: married and had children

Contact address:

Department of family and community medicine, college of medicine, King Saud University, Riyadh, Saudi Arabia.

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Current work:

- Professor of family medicine, college of medicine, King Saud University: started 21/12/1436 (4-10-2015) till now

- Associate professor of family medicine, college of medicine, King Saud University: started 9/4/1430 (5/4/2009) till 20-12-1436 (3-10-2015)

- Assistant professor of family medicine, College of Medicine, King Saud University: started 1/5/1426 till 8/4/1430

- Consultant family medicine in King Khalid university hospital: started 7/8/1420 till now.

Saudi Commission for Health Specialties registration Number:

Consultant Family Medicine 99- RM-111 valid till 7-9-2024

Academic internet site: fac.ksu.edu.sa/yalturki

Medical college: MBBS. College of Medicine, King Saud University, 1412/1992

Highest Degree: Arab Board of Family Medicine

Date of certificate: 1416/1996

Current Specialization: family medicine

Clinical interest: consultation skills
Health education

**DM, obesity, hypertension, and another C.V risk factor
Common health problems in family medicine.**

Academic commitments:

- Teaching undergraduate medical students, college of medicine, King Saud University (421 primary care cycle, 395 medical ethics, 305 medical research, and 101 elective family medicine.
- Teaching postgraduate residents in the Saudi Board of Family Medicine.

Professional and administrative commitment:

- Member of the national committee for chronic disease in the primary care center, ministry of health. 1417-1428
- Member of the consultant committee who reviewed the scientific content of the health education program "Salamatic" for Saudi Arabia and other gulf countries 1417-1420
- Coordinator of health education counsel in the university teaching hospitals. King Saud University.
- Medical director of primary care clinics in King Khalid university hospital 1428-1432
- Supervisor of Family Medicine unit, department of family and community medicine, College of medicine, king Saud University. 1436-1439
- Vice chairman of the department of family and community Medicine, College of Medicine, King Saud University 1436-1438
- Head of Postgraduate Committee in Family and Community Medicine department, College of Medicine, King Saud University 1444/2022

Recent Recognition Award:

Best Physician in primary care clinics 2018-2019 in King Khalid University Hospital, King Saud University Medical City, College of Medicine, King Saud University.

Recent Researches, Conferences and Workshop:

Published more than 50 articles in national and international journals. Attended and participated in different scientific conferences and workshops on family Medicine, communication skills, professional development, strategic planning, and time management. Link <https://fac.ksu.edu.sa/yalturki>

1- Al Turki Y. Smoking Habits among medical students in central Saudi Arabia. Saudi med J 2006;27(5):700-703.

2- Al Turki Y. patient satisfaction toward health education at hospital based primary care clinics, Riyadh, Saudi Arabia. Emirate Medical journal 2006;24(3):223-225.

- 3- Al Turki Y. Overweight and obesity among university students, Riyadh, Saudi Arabia. *Middle East Journal of Family Medicine* 2007;5(2):9-11
- 4- Al Turki Y. Erectile Dysfunction among diabetic patients in Saudi Arabia: A Hospital- Based Primary Care Study. *Journal of Family and Community Medicine* 2007; 14(1):19-23.
- 5- Al Turki Y. Life Styles Related to Coronary artery disease in Saudi male older than 12 years of age. *Journal of the Saudi Heart Association* 2007; 19(2):99-103.
- 6- Al Turki Y. Awareness of avian influenza (bird flue) among attendees of a primary health care clinic in Riyadh. *Ann Saudi Med* 2006;26(3):245-7.
- 7- Al Turki Y. Overweight and obesity among attendees of primary care clinics in a university hospital. *Ann Saudi Med* 2007;27(6):459-460.
- 8- Al Turki Y, Al Rowais N. Prevalence of smoking among female medical students in the college of medicine, Riyadh, Saudi Arabia. *Saudi Med J* 2008;29(2):311-312.
- 9- Al Turki Y, Al Fraih Y, Jalaly J, Al Maghlouth I, Al Rashoudi F, Al Otaibi A, etal. Knowledge and attitude towards cardiopulmonary resuscitation among university students in Riyadh, Saudi Arabia. *Saudi Med J* 2008;29(9):1306-1309.
- 10- Al Rowais N, Al Turki Y. Morbidity pattern among males attending the primary care clinics at a university hospital in central Saudi Arabia. *Saudi Med J* 2008;29(12):447- 448.
- 11- Al Turki Y. Should an inquiry about sexual health, as a reflection of vascular health, be part of routine physicals for young men? Results from an outpatient study. *International journal of Impotence Research*. 2009;21:362-365.
- 12- Al Turki Y. Can Diabetic Patients Fast During Ramadan? *Middle East Journal of Family Medicine* 2009;7(6): 36-39.
- 13- Al Turki Y. Situational analysis of family physician utilization of drugs and laboratory investigations at a hospital based primary care clinic, Riyadh, Saudi Arabia. *Middle EastJournal of Family Medicine* 2010;8(2):25-28
- 14- Al Turki Y. Prevalence of Diabetic foot among diabetic patients attending a primary care clinic at a teaching hospital, Riyadh, Saudi Arabia. *Middle East journal of Age and Ageing* 2010;7(2):18-23
- 15- Al Turki Y. Assessment of people's opinion towards their health education needs during the H1N1 influenza pandemic. *Middle East Journal of Family Medicine* 2010;8(5):3-7
- 16- Al Turki Y. Estimation of the prevalence of passive smoking among adult males at a hospital based primary care clinic. *Middle East Journal of Family Medicine* 2011;9(2):3-6

- 17- Al Turki Y. Can a psychological evidence based approach convince smokers to quit smoking in the community? Middle East Journal of Psychiatry and Al zheimers 2011;2(1):19-20
- 18- Al Turki Y, Al Julifi M, Al Murayshid A, Al Omaish H, Al Daghiri K, Al Seleemi A, Al Barrak A, Al Aseeri A, Al Jumah H, Al Badrani A, Al Robayan F, Al Jerawi A. Prevalence of Irritable Bowel Syndrome among Students in King Saud University, Riyadh, Saudi Arabia. Middle East Journal of Family Medicine 2011;9(5):17-20
- 19- Al Turki Y. Psychological relationship between medical students and their teachers. Middle East Journal of Psychiatry and Al zheimers 2011;2(2):10-14
- 20- Al Turki Y. Assessment of physical decline, social health status and prescribing patterns for elderly patients attending ambulatory primary care clinic in King Khalid University Hospital, Riyadh, Saudi Arabia. Middle East Journal of Age and Ageing 2011;8(5):3-6
- 21- Al Turki Y. Erectile dysfunction and its association to cardiovascular risk factors among men 60 years and above at primary care clinic, Riyadh, Saudi Arabia. Middle East Journal of age and aging 2012;9(4):13-17
- 22- Al Turki Y, Al otaibi A, Al Subaie H, Al Musaimiry A, Asiri A, Hazazi M. Assessment of elderly patients awareness on using their medications at a teaching hospital, Riyadh, Saudi Arabia. Middle East Journal of age and aging 2012; 9(5):3-11
- 23- Al Turki Y. Counseling and educating diabetic patients about HbA1c laboratory test. Kuwait Medical journal 2013;45(3):250
- 24- AlTurki Y. Should We Screen Diabetic Patients for Vitamin D Deficiency?. Saudi Journal of Medicine and medical Sciences 2013;1(2):118
- 25- Al Turki Y. How can Saudi Arabia use the Decade of Action for Road Safety to catalyse road traffic injury prevention policy and interventions?. International Journal of Injury Control and Safety Promotion, Sep 18, 2013; <http://dx.doi.org/10.1080/17457300.2013.833943>
- 26- AlTurki Y. Usage of herbal medicine and over the counter medications among diabetic patients visiting a primary care clinic- do we need public awareness? . International Journal of diabetes in developing countries 2014;34(2):121
- 27- Al Turki Y, Sagga A, Al Hamidi H, Al Shammari S, AlTeraiqi B, Al Ruaydi M, Al Shihre A, Al Rehaili F, Al Saaran A, Al Anazi W, Al Shayie M, Al Asairi A. Prevalence of Hypochondriasis Among Medical Students at King Saud University. The European Journal of Social & Behavioural Sciences 2013;5(2):995-1004
- 28- Al Turki Y. coping with stress among health care professions. Saudi Journal of medicine and Medical sciences 2014; 2(1):59.

- 29- Al Turki Y. cardiovascular risk factors among retired attendees visiting primary care clinics. Pak J Med Sci 2014;30(3):515-518**
- 30- Al Turki Y. Can we increase public awareness without creating anxiety about Corona viruses?. Patient Education and Counseling 2014;94(2):286-287**
- 31- Al Turki Y. Youth health care, where to start? Patient Education and Counseling 2014;97(1):144**
- 32- Al Turki Y. Vitamin D deficiency health population overview. Saudi J Sports Med 2014;14(2):74-76**
- 33- Al Turki Y. Blood Pressure Status during consultation: A primary care study. High Blood Pressure and cardiovascular Prevention. 17 October 2014. DOI 10.1007/s40292-014-0073-0**
- 34- Al Turki Y. Comparison of Glycosylated Hemoglobin (HbA1c) levels in 2009 and 2012 among Diabetic Patients at a primary care clinic: A Retrospective Cohort Study. Kuwait Medical Journal 2014;46(4):319-322**
- 35- Al Turki Y. Mass Gathering Medicine New discipline to deal with epidemic and infectious diseases in the Hajj among Muslim pilgrimage. Journal of Religion and health. DOI: 10.1007/s10943-014-9970-8**
- 36- Al Turki Y. Ebola virus disease outbreak in west Africa and challenge of hajj and omrah in Saudi Arabia. Journal of Taibah University Medical Sciences 2015 june;10(2):248-249**
- 37- Al Turki Y. The Use of Nano Technology in Medicine. Saudi Journal of Medicine & Medical Sciences 2015;3(2):81-82**
- 38- Al Subaie A, Al Mohaimede K, Al Jadoa A, Jarallah O, Al Thnayan Y, Al Turki Y. Socioeconomic factors affecting patients' utilization of primary care services at a Tertiary Teaching Hospital in Riyadh, Saudi Arabia. J Fam Community Med 2016;23:6-11**
- 39- Al Turki Y. The Controversial Health Effects of the Mobile Phone on Cognitive Function, Sleep, Brain Tissues, Hearing, Fertility and Reproductive System. Saudi Journal of Medicine & Medical Sciences 2016;4(1): 47-48**
- 40- Al Turki YA. Unusual case of a 13-year old male with Blount's disease who was unable to walk: A prevention lesson. Saudi J Med Med Sci 2016;4(2):137-8.**
- 41- Al Ajlan A, Al Turki Y, AlHazzani Y, Alhowaish N, AlEid N, Alhozaimi Z, Al Saleh W, Bin Yahya A, Alkriadees Y, Al suwaidan S. Prevalence, level of knowledge and lifestyle association with acne vulgaris among medical students, Journal of Dermatology and Dermatologic Surgery 2017;21:58-61**
- 42- Al Ruwaili MA, Al Turki YA, Alardan A. Social anxiety and its effects on self efficacy among family medicine residents in Riyadh. J Family Med Prim Care 2018;7:389-93**

- 43-ALYahya IA, Almohsen HA, AlSaleem IA, Al-Hamid MM, Arafah AM, Al Turki YA, Aljasser AA, Alkharfi MA. Assessment of knowledge, attitude, and practice about first aid among male school teachers and administrators in Riyadh, Saudi Arabia. J Family Med Prim Care 2019;8:684-8**
- 44-Al Helal AH, Al Turki Y. Family medicine residents' educational environment and satisfaction of training program in Riyadh. J Family Med Prim Care 2019;8:1330-6**
- 45-Alshahrani M, Al Turki Y. Sleep hygiene awareness: Its relation to sleep quality among medical students in King Saud University, Riyadh, Saudi Arabia. J Family Med Prim Care 2019;8:2628-32.**
- 46- Al Watban ZH, Al Sulaiman OA, Al Suhaibani MS, Al Nafisah IY, Al Ateiq IM, Al Samil YA, Al Turki YA. Patient awareness about the indications and complications of sleeve gastrectomy. J Family Med Prim Care 2020;9:321-6**
- 47-Alnasser AA, Aldeeri IA, Aljamal WM, Sharahili KA, Alturki YA. Patients' knowledge, awareness, and attitude regarding patient safety at a teaching hospital, Riyadh, Saudi Arabia. J Family Med Prim Care 2020;9(10) :5236-41.**
- 48- Al Asqah M, Al Orainy A, Shukr M, Al Oraini H, Al Turki Y. The prevalence of internet gaming disorder among medical students at King Saud University, Riyadh, Saudi Arabia. Saudi Med J 2020;41(12):1359-1363.**
- 49-Alanazi F, Al Turki Y. Knowledge and attitude of Attention-Deficit and Hyperactivity Disorder (ADHD) among male primary school teachers, in Riyadh City, Saudi Arabia. J Family Med Prim Care 2021;10(3):1218-26.**
- 50- Alzahrani F, Al Turki Y. Knowledge and practice of family medicine and internal medicine residents toward the management of gastroesophageal reflux disease in Riyadh, Saudi Arabia. J Family Med Prim Care 2021;10(8):3005-12.**
- 51-Bin Mugren MA, Al Turki YA. Perceived stress and eating behavior among residents in a teaching hospital. J Family Med Prim Care 2021;10(11):4047-53**
- 52-Basuhail S, Al Hammad BK, Aldhafeeri BG, Alquhayz MF, Alqahtani MS, Alkharboush HF, Al Turki YA. Knowledge and management of first-aid skills between medical and non-medical students at King Saud University. J Family Med Prim Care 2022;11(12):7635-9.**
- 53- Al Turki Y. Listening to the patient, the essential step to patient care. J Taibah Univ Med Sc 2023;18(4):755-756.**
- 54- Alotaibi A M, Alharbi A F, Alwatban N, Alghufaili A, Alqasem A, Alroqi A, Alturki YA. Patients' Satisfaction With Virtual Phone Clinics During the COVID-19 Pandemic at Outpatient Clinics in a Teaching Hospital, Riyadh, Saudi Arabia. Cureus 2023; 15(11): e48368. doi:10.7759/cureus.48368**

النشاط العلمى فى خدمة المجتمع: صدر منها ما يلي

- نصائح وتوجيهات إلى الأسرة المسلمة
- السلوك الصحى فى ضوء الإسلام
- الطبيب المسلم تميز وسمات
- منافع المرض
- نصائح صحية إلى حجاج بيت الله الحرام والمعتمرين
- نصائح صحية إلى المرأة
- وقفات صحية مع الشباب
- وقفات إيمانية مع صحة القلوب
- دليل الأسرة عن الأمراض فى المجتمع
- نبض الحب إلى ولدي
- كيف تستثمر طاقاتك؟
- ما سر السعادة؟
- دروس لا انساها فى عيادتي وحياتي