

# **Curriculum Vitae**

**First: Personal Data** 

Name	First name	First name   Middle name		
Name	Sultan Mousa		Al-Owidha	
Date of birth	November 6 / 1964			
Blace of Birth	City of Sakaka at Aljouf Provance, Saudi Arabia			
Nationality	Saudi			



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Mobile number	0500903062		Fax		014674749		
E-Mail	salowidha	@ksu.ed	u.sa	Personal page link		www.alowidha .ksu.edu.sa	
Post address	P.O. Box	2458	City	Riyadh Postal code		11451	
The languages you speak		English					
University teaching start date	27/12/1417		Scientific rank		Professor		

**Second: Scientific Qualifications** 

Degree	Specification	Country	The donor university	date obtained	Thesis topic
PhD	Counseling Psychology	UK	Manchester	1997	Counselling and Psychotherapy: Perception of Saudi Arabian Students in UK
Master	Counseling Psychology	Canada	Ottawa	1990	Counselling Model: An Integration between Rogers, Glasser and Ellis Project for or the Comprehensive Exam
Bachelor	Psychology	Saudi	King Saud	1986	

**Third: Employment Experiences:** 

Job Title	Employer	Date
Teaching Assistant,	Department of Psychology/ College of Education / King Saud University	18/06/1986-03/05/1997
Assistant professor	Department of Psychology/ College of Education / King Saud University	04/05/1997-07/10/2006
Associate professor	Department of Psychology/ College of Education / King Saud University	08/10/2006-05/06/2010
Professor	Department of Psychology/ College of Education / King Saud University	06/06/2010-23/01/2023



**Fourth: Teaching experiences of the courses** 

No.	Courses Taught	Faculty/University name
1	A. PhD:  1) Supervision in counseling and psychotherapy.  2) Psychological counseling and therapy theories.  3) The interview in counseling and psychotherapy.  4) Field practice.  5) Counseling and family therapy.  6) Women's Psychology.  7) Educational research methods.  8) Advanced Research Methods  9) Theoretical frameworks for the study of mental illness.  10) Psychopathology.  11) Studies in Counseling and Treating Addiction Cases.  12) Behavioural Therapy and its application	Department of Psychology/ College of Education / King Saud University  Department of Women's Studies / Postgraduate Studies University of Jordan
2	B. Masters  1) Student guidance and counseling.  2) Organizing and managing psychological counseling services.  3) Interview skills in counseling and psychotherapy.  4) Methods and methods of psychological counseling  5) Research Project  6) Guiding the child and adolescent  7) The interview in counseling and psychotherapy.  8) Counseling and group therapy.  9) Educational research methods.  10) Diagnosis and classification of mental disorders.  11) Psychological treatment and behavior modification.  12) Psychological Disorders -2-  13) Preparing Research Proposal	Department of Psychology/ College of Education/ King Saud University
3	C. Bachelor's:  1) Introduction to Psychology.  2) Clinical Psychology.  3) Educational psychology.  4) Foundations of guidance and counseling.  5) Mental health.  6) The interview in clinical counseling psychology.  7) Psychotherapy.  8) Field training in the field of student guidance and direction.  9) Field training in the field of clinical psychology.  10) Field training in the intellectual field.  11) Symposium.  12) Counseling Psychology  13) Psychiatry in occupational therapy.  14) Preparing Research Proposal	Department of Psychology/ College of Education / King Saud University  Department of Psychology/ Arts Faculty/ Al-Ahliyya Amman University Jordan



Fifth: Scientific and administrative positions

No.	Job	Employer	Date
1	Saudi Cultural Attaché at The Hashemite Kingdom of Jordan	Higher Education Ministry	2001-2006
2	Manager Editor in the Saudi Journal of Professional Psychology	Affiliated with the Saudi institution of the Professional Psychology	2020-Now

## **Sixth: Scientific production:**

#### First: Research:

No.	Topic	Production type (scientific research, working papers)
1	Al-Owidha, Sultan Mousa (1993): The Applicability of Western Psychotherapy to Saudi Arabian Mental Health Institutions, International Society for Theoretical Psychology. Abstracts. Conference organized by ISTP with the support of CNRS. Bierv, France.	Working paper
2	Al-Owidha, Sultan Mousa (1998): The investment role of school psychological counseling in the field of educating ordinary people and people with special needs. Research presented to a symposium on Psychology and Development Prospects in the Gulf Cooperation Council Countries. College of Education, Qatar University.	Working paper
3	Al-Owidha, Sultan Mousa (1999): The relationship of occupational stress with psychosomatic disorders among a sample of male and female teachers in the city of Riyadh, a comparative-correlative study. Journal of the Arts and Humanities Faculty, Minia University. Volume No. 32, Part Two. pp. 209-245.	Published research
4	Al-Owidha, Sultan Mousa (2001): Perceived parenting styles and some personality traits of adolescent males and females in light of the educational level of parents in Saudi society (a comparative study)." Journal of Contemporary Psychology and Human Sciences. Volume Two, Issue One. Pages 127-156	Published research
5	Al-Owidha, Sultan Mousa (2001): The relationship between parenting styles and some personality traits and compatibility among a sample of primary school students." Journal of Contemporary Psychology and Human Sciences. Volume Twelve, Part One. Pages 187-223	Published research



6	Al-Owidha, Sultan Mousa (2001): Comparison between retired and non-retired elderly in death anxiety and trait anxiety (correlational study). Journal of Contemporary Psychology and Human Sciences. Volume Twelve, Part Two. Pages 129-155.	Published research
7	Al-Owidha, Sultan Mousa (2002): Psychological Counseling and Giftedness: The Adaptive Reality of Gifted Students in Jubilee School" Journal of Educational Studies, University of Jordan, Volume 29, Issue 2, Se. Pages 267-280.	Published research
8	Al-Owidha, Sultan Mousa (2005): Some Compatibility Problems Facing Saudi Students Studying in Jordanian Universities." Journal of Educational Studies, University of Jordan, Volume 32, Issue 1, Muharram 1426. Pages 91-110.	Published research
9	Al-Owidha, Sultan Mousa (2004): "Frustration and Psychological Alienation among Arab Youth in the Light of Globalization" Arab Youth and Globalization Conference, Zarqa Private University. Jordan.	Working paper
10	Al-Owidha, Sultan Mousa (2005): The level of anxiety and depression among expatriate and non-expatriate students at Al-Zaytoonah University." Journal of Educational Sciences and Islamic Studies, King Saud University.	Published research
11	Al-Owidha, Sultan Mousa (2006): The relationship between the sources of stress and the methods of reflection among a sample of Jordanian private university students" Journal of Education and Psychology Message, King Saud University, Saudi Association for Educational and Psychological Sciences (Justin), Issue 27, pp. 173-221.	Published research
12	Al-Owidha, Sultan Mousa (2007): The private sector and the development of the educational system in the Kingdom of Saudi Arabia.Research submitted at the request and support of the Saudi Ministry of Planning.	Published research
13	Al-Owidha, Sultan Mousa (2008): Causal attribution among males and females who are unhappy in their marriage in a Saudi sample. Alexandria University, Journal of the Arts Faculty, Issue (58), 413-443	Published research
14	Al-Owidha, Sultan Mousa (2008): The relationship of the common preferred communication with social anxiety, loneliness, and self-disclosure among a sample of Al-Ahliyya Amman University students. Volume (38), Issue (2) of the Journal of Studies / Educational Sciences, which will be published in (September, 2011). Manuscript No. 31/kh-8-Jordan.	Published research



15	Al-Owidha, Sultan Mousa (2009): The relationship of eating disorders to self-image, anxiety, perceived self-efficacy, and some demographic variables among a sample of Al-Ahliyya Amman University female students. The Jordanian Journal of Social Sciences, Volume (2), Issue (2), 256-276	Published research
16	Al-Owidha, Sultan Mousa, Work pressures of student counselors and their relationship to the point of control and the pattern of behavior (a). Emirates University, Al Ain, United Arab Emirates.	Published research
17	Al-Owidha, Sultan Mousa (2009): The relationship between rational and irrational thoughts and levels of mental health in a sample of Al-Ahliyya Amman University, Journal of Risala Al-Khaleej. Issue One Hundred and Thirteen Year Thirty, 109-155	Published research
18	Al-Owidha, Sultan Mousa (2009): Differences in the levels of temporal orientation dimensions and their relationship to levels of emotional balance among a sample of Al-Ahliyya Amman University students. Resalet AL-Khaleg Journal. Issue 114, 103-133	Published research
19	Al-Owidha, Sultan Mousa (2010): The degree of effectiveness of Islamic psychotherapy in reducing the level of post-traumatic stress disorder symptoms among a sample of visitors to psychiatric clinics in Amman. Journal of Educational and Psychological Sciences, Educational psychology, University of Bahrain. Search number 712 and letter number of publication authorization MATT/118	Published research
20	Al-Owidha, Sultan Mousa, Multiple visions of the roles of student counselors from their point of view. Resalet AL-Khaleg Journal.	Published research
21	Al-Owidha, Sultan Mousa, The effectiveness of a cognitive-behavioral counseling program in improving the level of psychological adjustment and alleviating symptoms of anxiety and depression among a sample of the elderly in the Kingdom of Saudi Arabia. Egypt.	Published research
22	Al-Owidha, Sultan Mousa, Emotional intelligence and self-concept and its relationship to bullying behavior among middle school students in the city of Riyadh. Egypt.	Published research
23	Al-Owidha, Sultan Mousa, The degree of communication quality and satisfaction of psychological needs between spouses and their relationship to marital adjustment among a sample of couples in the city of Riyadh. Egypt.	Published research
24	Al-Owidha, Sultan Mousa & Dr. Samer Radwan (2018): Arab perceptions of mental illness.	Published research



25	Rudwan, S, &Al-Owidha, S., (2019): Perceptions of Mental Health Disorders: An Exploratory Study in Some Arab Societies. International Journal of Development Research. Vol. 09, Issue, 01 pp.25369-25383,	Published research
26	Rudwan, Samer Jamil & Al-Owidha, Sultan Mousa. A Comparison of COVID-19-related Post-Traumatic Stress, Self-efficacy, and Mental Health in Three Arab Countries. International Journal of Psychology and Behavioral Sciences 2021, 11(4): 65-77	Published research
27	Al-Owidha, Sultan Mousa and Zahran Nevien Mohamed. (2021): Attention deficit hyperactivity disorder and its relation to aggressive behavior among primary school students of both genders in Riyadh, Saudi Arabia. International Journal of Advanced and Applied Sciences, 9(2) 2022, Pages: 95-103	Published research
28	Al-Owidha, S., & Zahran, N, (2021): Feeling of loneliness and its correlation to self-esteem in children with Asperger's disorder in Riyadh, Kingdom of Saudi Arabia. International Journal of Advanced and applied Sciences, 8(11) 2021, Pages: 10-21	Published research
29	Al-Owidha, S.,& Zahran, N, (2022): The feeling of loneliness and its relationship to anxiety among children with Asperger's disorder in Riyadh, Saudi Arabia. Journal for Educators Teachers and Trainers. VOL. 13 NO. 6 (2022)	Published research
30	Sultan Mousa Al-Owidha & Nevien Mohamed Zahran, (2022): The feeling of loneliness and its Relationship to Aggressive behavior among children with Asperger's disorder in Riyadh, Kingdom of Saudi Arabia. Journal of Research in Medical and Dental Science. 2022, Volume 10, Issue 8, Page No: 247-261	Published research
31	Al-Owidha, Sultan Mousa and Zahran Nevien Mohamed. (2022): Psychological Loneliness and its Relationship with Depression among Children with Asperger's Disorder in Riyadh, Saudi Arabia	In process
32	Al-Owidha, Sultan Mousa and Zahran Nevien Mohamed. (2022): Attention Deficit Hyperactivity Disorder and its Relationship to Self-Esteem among Primary School Pupils of both Genders in Riyadh, Saudi Arabia. ASEAN Journal of Psychiatry, Vol. 23(7), July, 2022; 1-8.	Published research
33	Al-Owidha, Sultan Mousa and Zahran Nevien Mohamed. (2022): Attention Deficit Hyperactivity Disorder and Social Skills among Riyadh's Primary School Students of both Genders	In process
34	Al-Owidha, Sultan Mousa and Zahran Nevien Mohamed. (2022): Attention Deficit Hyperactivity Disorder (ADHD) And its Relationship to Depression among Male and Female Students of Primary School in Riyadh, Kingdom of Saudi Arabia. Journal for Educators Teachers and Trainers. VOL. 13 NO. 6 (2022)	Published research



## **Second: The Books:**

No.	Title and the publisher	The field
1	Perceptions of Relationships The Arab Mind: Counseling and Psychotherapy - A Saudi Model. Center for Arab Unity Studies. Beirut. 2003	Counseling Psychology and Psychotherapy
2	You from inside: Psychological Counseling. 2005. Dar Majdalawi. Oman.	Counseling Psychology
3	Beyond the Text: A Psychological Reading in the Poetry of Al-Shadi. 2005. Dar Majdalawi. Oman. Jordan.	Literature
4	Do you not see? Psychological counseling. 2009	Counseling Psychology and Psychotherapy
5	A guide to beyond memory and memory. With Ahmed Gharaibeh. Introduced by Nasser Al Mohareb Release: John Donlowsky and Robert A. Björk (2014).	Reference book translated from English.
6	Beyond the Text: A Psychological Reading in the Poetry of Prince Muhammad Al-Ahmad Al-Sudairy. (2018). International Publisher. Riyadh.	Literature
7	Brain Lock: A 20th Edition Edition, Free Yourself from Obsessive-Compulsive Behavior, a four-step self-treatment method for changing brain chemistry by Jeffery M. Schwartz with Beverly Beyette. Translation: Sultan Al-Awaidah	Reference book translated from English.



**Seventh: Participation in scientific theses** 

No.	Thesis topic	Scientific degree	University	year	Participation type
1	Effectiveness of rational emotive therapy with breast cancer patients. Master's. Department of Psychology/ King Saud University	Master	King Saud	1998	Assistant supervisor
2	Attitudes of female students, teachers and principals towards the role of the student advisor and counseling services	Master	King Saud	1999	Assistant supervisor
3	Retrieval of past experiences between depressed and non- depressed Saudi women.	Master	King Saud	2003	Assistant supervisor
4	Teacher's attitudes and school principals on inclusion in northern Saudi Arabia.  Department of Special Education, College of Educational Sciences	Master	Jordan	2003	Discussant
5	Adaptation of nurses in Saudi Arabia to work stress. The Nursing faculty.	Master	Science and Technology in Jordan	2005	Discussant
6	Behavioral problems of children in the age group (6-4) as perceived by mothers and teachers: a comparative study between genders.	Master	King Saud		Discussant
7	Preference of colors for people with attention deficit/hyperactivity disorder among primary school students in the city area	Master	King Saud	2007	Supervisor
8	Neuropsychological greedy	Master	King Saud	2008	Discussant



9	Behavioral problems of children in the age group (6-4) as perceived by mothers and teachers: a comparative study between genders.	Master	King Saud	2008	Discussant
10	Secondary school teachers' attitudes in Buraidah city about psychotherapy and its relationship to the level of innovation and some demographic variables. Master's. Department of Psychology/ King Saud University	Master	King Saud	2009	Discussant
11	Emotional intelligence and its relationship to aggressive behavior: a study on male and female secondary school students in Riyadh public schools.	Master	King Saud	2009	Supervisor
12	Counselling skills development program, Psychology Department – College of Education - King Khalid University - Abha-Master	Master	King Khaled	2010	Discussant
13	Future anxiety and its relationship to self-concept and some academic variables among secondary school students in Al- Ehsaa Governorate – Master	Master	King Faisal	2011	Discussant
14	Adaptation of gifted students in university education	PhD	King Saud	2012	Discussant
15	Counseling problems for students of the Tabuk region	PhD	Tibah	2012	Discussant
16	The effectiveness of a behavioral counseling program for developing some social skills among children with attention deficit/hyperactivity disorders.	Master	King Saud	2013	Discussant



17	Math and achievement anxiety Curriculum and Instruction Department - College of Education - King Saud University Master .External Discussant	Master	King Saud	2013	Discussant
18	Social anxiety and the point of control in light of gender, grade and academic specialization among secondary school students in Al-Ehsaa Governorate.	Master	King Faisal	2015	Discussant
19	Quality of life and its relationship to the future orientation among students of the Graduate School of Naif University for Security Sciences "A factorial study.	PhD	Naif University for Security	2015	Discussant
20	Psychological alienation and its relationship to intellectual intolerance among male and female university students in Medina Al-Monawarah	PhD	Tibah	2016	Discussant
21	The effect of training on the family genogram on improving the level of self-awareness and cultural competence and their relationship to problem formulation among female field training students in the Department of Psychology at King Saud University.	PhD	King Saud	2016	Supervisor
22	Suicidal thoughts in sexually abused adolescents and their relationship to peer support and self-efficacy.	PhD	King Saud	2018	Supervisor



23	Psychological hardness and its relationship to marital compatibility among a sample of married women	Master	King Saud	2019	Discussant
24	A measure of academic achievement motivation for the fourth grade of primary school for students with learning difficulties	Master	Gadah University	2019	Discussant
25	Dimensions of mental alertness as a mediating variable in the relationship between personality traits and self-contentment among primary school teachers	PhD	King Saud	2020	Discussant
26	Adaptive cognitive manuscripts as a mediating variable in the relationship between cognitive distortions and depressive symptoms among adolescents of the children of martyrs of duty in the secondary stage.	PhD	King Saud	2020	Discussant
27	Ego flexibility and its relationship to depressive symptoms, suicidal tendencies, and the existential meaning of life among King Saud University students.	PhD	King Saud	2020	Discussant
28	The mediating role of emotional regulation difficulties in the relationship between shame and suicidal ideation among inmates of social observation homes	PhD	King Saud	2020	Supervisor
29	The mental image of the school counselor	Master	Imam Abdulrahman bin Faisal University	2021	Discussant



30	Attachment patterns and their relationship to depression and anxiety among nurses in Riyadh city hospitals	Master	King Saud	2021	Discussant
31	Methods of parental treatment and its relationship to psychological toughness and emotional intelligence among female students of King Saud University	Master	King Saud	2021	Discussant
32	Quality of family life and achievement motivation as predictors of personal well-being among secondary school students	PhD	King Saud	2021	Discussant
33	Suggestibility as an indicator of intellectual and behavioral deviations among secondary school students	PhD	King Saud	2021	Discussant
34	Marital compatibility and its relationship to self-awareness, attachment patterns, and psychological resilience among newly married Saudi women.	PhD	King Saud	2021	Discussant
35	Early maladaptive cognitive manuscripts as a mediating variable in the relationship between neurotic perfectionism, self-esteem and anxiety among Princess Noura students.	PhD	King Saud	2021	Discussant



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36	The relationship between playing combat electronic games and violent behavior among intermediate school students	Master	King Saud	2021	Supervisor
37	Intolerance to ambiguity and fear of guilt and their relationship to obsessive-compulsive disorder among psychiatric clinic patients and King Saud University students	PhD	King Saud	2021	Supervisor
38	Metacognition skills and their relationship to future anxiety among students King Saud University	Master	King Saud	2022	Supervisor
39	Psychological Loneliness among International and Saudi Students at King Saud University	Master	King Saud	2022	Discussant
40	The Efficacy of Behavioral Counseling Program in Developing the Social Responsibility of Secondary School Female Students	Master	King Saud	2022	Discussant
41	The Relationship Between Self- Awareness and Psychological Well-Being in Systemic Lupus Erythematous Patients	Master	King Saud	2022	Discussant
42	The Capability of Basic Five Personality Factors in Predicting Irrational thoughts among the beneficiaries of Counseling and Care Center	PhD	King Saud	2022	Discussant
43	The relationship between Irrational Ideas and Neuroticism Perfectionism Among High School pupils at Alkhobar governorate	Master	King Faisal University	2022	Discussant



Eighth: Academic awards, research grants, and certificates of appreciation

No.	Reward type	Occasion	Obtained date	Its resource
1	Symbolism	Ideal student competition	1985	King Saud university
2	Symbolism	Ideal student competition	1986	King Saud university
3	Symbolism	scientific excellence	1990	Saudi Cultural Attaché in Canada
4	symbolic/financial	scientific excellence	1992	Saudi Cultural Attaché in Canada
5	symbolic/financial	scientific excellence	1995	Saudi Cultural Attaché in UK
6	symbolic/financial	scientific excellence	1996	Saudi Cultural Attaché in UK
7	Symbolism	Arab Theater Festival	2001	Jordan cultural ministry

Ninth: Professional development (attendance and participation in conferences, seminars, lectures, courses and workshops)

	es, courses and work	<b>F</b> /			
No.	Title	Conferences/sem inars/workshop	Date	Place	Organized institute
1	Theoretical psychology	Conference	1986	Istanbul, Turkey	International organization of Theoretical Psychology
2	Academic Advising	Symposium	1986	Riyadh	King Saud University
3	Theoretical psychology	Conference	1993	Perville/ France	International organization of Theoretical Psychology
4	The age of admission to the primary stage	Symposium	1997	Riyadh	Al-Riyadh Newspaper
5	Psychological and social problems among university students	Symposium	1998	Riyadh	Department of Psychology / King Saud University
6	Psychology and Development Needs in the Gulf	Symposium	1998	Doha	Qatar University



7	Psychological Counseling from an Islamic Perspective	Symposium	1999	Riyadh	Justin / King Saud
8	Schizophrenia	Symposium	1999	Riyadh	Armed Forces Hospital
9	Ministry of petroleum Saudi Arabia	Conference	2000	Riyadh	International Energy Conference
10	Psychotherapy Theories	Symposium	2000	Riyadh	Medicare Specialized Clinics
11	Obsessive- compulsive disorder	Symposium	2000	Riyadh	King Fahd National Guard Hospital
12	Ways to deal with Failures	Symposium	2000	Riyadh	Aljazeera newspaper
13	Mental health between theory and practice	Symposium	2000	Riyadh	Medical Ministery
14	Teacher-student relationship	Symposium	2001	Riyadh	University Message/ College of Arts/ King Saud University
15	Information Society	Symposium	2001	Amman	Jordanian Ministry of Culture
16	Arab Council for Giftedness	Conference	2002	Amman	Talent and Creativity Conference
17	Arabic Theater	Conference	2002	Conversano /Italy	Mediterranean countries around the "theater
18	Education in the Arab world.	Conference	2003	Beirut Arab	Al-Fekr Alaraby Forum
19	Culture in the Arabian Peninsula	Symposium	2003	Amman	Jordanian Ministry of Culture
20	Theater Conference in the Mediterranean	Arabic poetry and personality Conference	2003	Italy	Italian Theater
21	Youth and Globalization	Conference	2004	Zarqa	National University of Zarqa Jordan
22	"The Self" in the Arab Heritage	Conference	2004	Beirut	The First Conference of Psychoanalysts for Arabic Speakers



23	Human Development	Conference	2006	Amman	The Hashemite University
24	Schizophrenia Management Update Seminar	Symposium	2011	Riyadh	Saudi Commission for Health Specialties
25	Clinical Psychology Conference	Symposium	2014	Riyadh	Al-Amal Hospital
26	Clinical Psychology Conference	Symposium	2015	Riyadh	The guards Hospital
27	Psychotherapy Conference	Symposium	2015	Riyadh	King Fahd City
28	Symposium (Education in Clinical Psychology) Between Reality and Expectations	Symposium	2015	Riyadh	Saudi Commission for Health Specialties
29	The National Plan for Developing the Practice of Psychologists and Psychotherapy	Workshop	2016	Riyadh	Saudi Health Council
30	Clinical Interview Skills	Workshop	2016	Riyadh	Saudi Commission for Health Specialties
31	Course National Meeting on Psychotherapy	Workshop	2016	Riyadh	Saudi Commission for Health Specialties
32	The National Plan for Developing the Practice of Psychologists and Psychotherapy	Workshop	2017	Riyadh	Saudi Health Council
33	1st Scientific Meeting for Schizophrenic Pationts	Symposium	2017	Riyadh	Saudi Commission for Health Specialties



34	The Clinical Psychology Under the Slogan (Reality, Visions, Aspirations)	Symposium	2018	Riyadh	Saudi Commission for Health Specialties
35	Conference on the Role of Educational Institutions in Strengthening National Unity	Conference	2018	Al-Jawf	Saudi Health Council
36	National plan to develop the practice of psychologists and psychotherapy	Conference A lecture on "mental health for a university professor"	2018	Riyadh	World Mental Health Day King Saud University
37	2nd Clinical Psychology	Conference A lecture entitled "Meaning Therapy" and Workshop entitled: Clinical interview skills	2018	Dammam	Al-Amal and Mental Health Hospital in Dammam
38	The Clinical Psychology Under the Slogan (Reality, Visions, Aspirations)	Symposium	2018	Riyadh	Saudi Commission for Health Specialties
39	Clinical Interview Skills	Workshop	2018	Riyadh	Saudi Commission for Health Specialties
40	CME-PD Internal Activities King Khaled University Hospital 2020	Symposium	2019	Riyadh	Saudi Commission for Health Specialties
41	5th National Psychotherapy Meeting	Symposium	2019	Riyadh	Saudi Commission for Health Specialties
42	CME-PD Internal Activities King Khaled University Hospital 2020	Symposium	2019	Riyadh	Saudi Commission for Health Specialties



43	MiCBT Institue	Foundation Course on MICBT	2021	Canada	via zoom
44	David Clark model for treating social phobia	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
45	International Conference on Parental and Marital Counseling	Conference	2021	Riyadh	Saudi Commission for Health Specialties
46	Csychological counselling in times of crises and disaster	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
47	Child and Adolescent Mental Health Scientific update opportunities and challenges of integrated care	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
48	International Conference on Parental and Marital Counseling	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
49	Psychotherapy and clinical practice 2021	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
50	Cognitive- behavioral therapy for panic disorder and arenas	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
51	Cognitive- behavioral therapy for panic disorder and arenas	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
52	David Clark model for treating social phobia	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
53	Psychotherapy and Clinical Practice 2021	Symposium	2021	Riyadh	Saudi Commission for Health Specialties



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54	2021 Psychiatry Internal Activities in KSUMC	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
55	Cognitive Behavioral Therapy	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
56	Healthcare Career Pathways Conference	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
57	Healthcare Leadership Academy Leadership Webinar Series	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
58	Motivational Interviewing Helping Patients to change	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
59	Psychosocial Recovery From COVID-19 Pandemics	Symposium	2021	Riyadh	Saudi Commission for Health Specialties
60	Healthcare Leadership Academy Leadership Webinar Series	Seminar	2021	Riyadh	Saudi Commission for Health Specialties
61	occupational psychology and quality of life in the light of 2030 vision	Conference	2022	Riyadh	Saudi Society For Occupational Psychology
62	Mental health and positive reinforcement forum	Forum	2022	Riyadh	Saudi Commission for Health Specialties
63	Counseling and Family Therapy Conference for Special Groups and Their Families.	Conference	2022	Riyadh	Saudi Commission For Health Specialities



Tenth: Participation in community and university service Type of NO. **Participation Date Place Beneficiary Participation** Guest of Channel One on Saudi 1 Health program Taj 1997 Riyadh episodes TVMinistry of Social Lectures in 2 1997 Riyadh Lecturer **Affairs Psychotherapy** Channel Two on Saudi The guest of 3 "Let us talk it over" 1998 Riyadh the episodes TV Psychological counseling and Prince Salman Center prevention of 4 1998 Riyadh Lecturer for Disability psychological problems Guest 5 The educational field 1999 Riyadh Saudi TV episodes the General **Psychological** 1999 Trainer Administration of 6 Skaka Counseling Skills Education in Al-Jouf Guest of the 7 1999 Riyadh Saudi TV Path Disorder episode The charge of inferiority exposes 8 2000 Abha Article Al-Watan newspaper the delusions of grandeur. the Hajj pilgrimage campaign in Makkah 9 **Psychotherapy** 2000 Mina Lecturer Al-Mukarramah Presentation of Dr. Malik Al-Badri for Presenter the Sudanese Embassy his lecture about his 2005 Amman 10 in Amman journey with psychotherapy Several magazines and newspapers column in 11 2005 Riyadh Writer Al-Iqtisadiah **Articles Writing** newspaper entitled "Ibhar". Saudi 2001-Cultural Jordanian cultural **Cultural Encounters** 12 Amman 2006 Attaché in institutions Jordan



13	Radio interviews	2001- 2006	Saudi Amman	Saudi Cultural Attaché in Jordan	Saudi and Jordanian radio and mbc
14	Television interviews	2001- 2006	Amman	Saudi Cultural Attaché in Jordan	Saudi and Jordanian television
15	Academic lectures	2001- 2006	Amman	Saudi Cultural Attaché in Jordan	Jordanian public and private universities
16	Psychological Consultations	1997- 2014	Riyadh	Psychotherap y Consultant	Psychological website and personal website
17	Presentation of the poet Monada	2006	Riyadh	Academic Presentation	Janadriyah Festival
18	a TV meeting On "Equestrian and Mental Health"	2007	Riyadh	Professor	Saudi Channel One / from King Abdulaziz Equestrian Square
19	Articles in a weekly corner entitled "Ibhar"	2007- 2009	Riyadh	Writer	the Saudi Economic newspaper
20	The Saudi Royal Court officers who gained a scholarship to study abroad	2008	The Saudi Royal Court in Riyadh	Lecture about coping mechanisms with being a student in the West	The Saudi Royal Court
21	Lecture on Psychology	2010	Al-Jouf	Lecturer	Al-Jouf Literary Club
22	TV interview about troubled students	2011	Riyadh	Professor	Bedaya Channel
23	TV interview	2012	Riyadh	Professor	Al Shabab Channel
24	TV interview	2013	Riyadh	professor	Saudi Channel One
25	TV interview	2014	Riyadh	Professor	Saudi Channel One
26	TV interview	2015	Riyadh	Professor	Bedaya Channel
27	A meeting with the students of the Psychology Department Club	2016	Riyadh	Professor	King Saud University



28	A lecture on "Clinical Interview Skills" with students of the Psychology Department Club	2017	Riyadh	Professor	King Saud University
29	Lecture on "Clinical Interview Skills"	2017	Riyadh	Professor	Abaad Health Training Center
30	Member of the Scientific Committee for Evaluating the Master's Program in Clinical Psychology	2017	Riyadh	Professor	Al-Faisal University
31	Press interview	2017	Riyadh	professor	Al-Jouf electronic magazine
32	Several TV Shows	1997 to Now	Riyadh Amman	Guest and consultant	Jordan TV Saudi TV

**Eleventh: Committees** 

No.	Committee name	Date	Membership type	Organization
1	field training committee	1996-2011	Member	Department of Psychology
2	Psychological Services Unit	1996-2014	Advisor	Department of Psychology
3	Teaching Assistants and Scholarships Committee	1998	Decision- maker	Department of Psychology
4	Educational Research Center	1998-2001	Representative of the Department of Psychology	Faculty of Education
5	Academic Advising Committee	2000-2014	Decision- maker	Department of Psychology
6	The Committee for Evaluating Psychological Counseling Programs	2000	Representative of the Department of Psychology	King Saud University
7	The Special Committee for Evaluating Special Education Centers in Jordan	2002	The Saudi Cultural Attaché in Jordan	Ministry of Higher Education
8	Member of the committees for promoting professors to the ranks of "Associate Professor" and "Professor Doctor".	2006-2018	University Professor	the following universities:



9	Advisory Board	2009-2013	Representative of the Department of Psychology	Faculty of Education
10	Committee on Psychology in Community Service	2009-2013	Member	Department of Psychology
11	The Committee for the Accreditation of International Scientific Journals Specialized in Psychology	2009-2013	Member	Department of Psychology
12	Member of the Committee for the Comprehensive Examination of the Master of Counseling Psychology Courses Track	2006-2018	Faculty member	Yarmouk, Mutah, Al al-Bayt, Philadelphia, Hail, Qassim, Majmaah, King Abdulaziz, King Khalid, King Faisal, Noura, Sultan Qaboos, Qatar.
13	Member of the Scientific Committee to evaluate the "Master's in Clinical Psychology" program	2006-2016	University Professor	Department of Psychology
14	Doctoral Pathway Committee Rapporteur in Counseling Psychology	2013	Faculty member	Office of His Excellency the Director of King Saud University
15	Member of the Scientific Committee to evaluate a doctoral teaching assistant from UK for his eligibility to work as an assistant professor	2016	Faculty member	Al-Faisal University in Riyadh
16	Member of the Evaluation Committee of the Master's Program in Family and Marriage Counseling	2021	Faculty member	Department of Psychology



Twelfth: Scientific and professional memberships					
No.	Membership name	Date	Entity		
1	Member of the American Psychological Association	1997	American Psychological Association		
2	Member of the British Psychological Association	1997	British Psychological Association		
3	Member of the Saudi Association for Educational and Psychological Sciences (Justin).	1997	the Saudi Association for Educational and Psychological Sciences (Justin).		
4	Member of the Saudi Commission for Health Specialties (psychotherapy consultant).	2003	the Saudi Commission for Health Specialties		
5	Member of the Arabic Psychoanalytic Association	2004	the Arabic Psychoanalytic Association		
6	Member in committees responsible for promoting faculty members to "Associate professor" and "Professor" ranks.	2006-Present	Many local and Arab Universities		
7	Member of the Evaluation Committee for the Marriage and Family Counseling Master	2011	King Saud University		
8	Member of the Evaluation Committee for the Counseling Psychology Master	2015	Qassim University		
9	Member of the Scientific Committee of the Saudi Family Studies Education Experts Chair	2016	Imam Muhammad Bit Saud Islamic University.		
10	Member of the Evaluation Committee for the Clinical Psychology Bachelor	2016	Nora University		
11	Member of the Scientific Committee of the National Unity Conference	2017	Al-Jouf University		
12	Member of the Evaluation Committee of the Master's Program in Clinical Psychology	2017	Alfaisal University		



13	Member of the Evaluation Committee of the Master's Program in Psychological Counseling	2019	Al-Jouf University
14	Member of the Saudi Society of Professional Psychology and Treasurer	2019	Saudi Commission for Health Specialties
15	Founding member of the Society for Behavioral Sciences and Vice Chairman of the administration council	2019	Ministry of Social Development
16	Member of the Saudi Psychological Association (Nafs).	2020	King Saud University
17	Candidate member at Chicago Psychanalytic Institue	2020	Chicago Psychoanalytic Institute
18	Candidate member of the American Psychoanalytic Society	2020	The American Psycoanlytic Society
19	Saudi Psychological Counseling Society	2021	Princess Norah University

### **Thirteenth: Social Status:**

- Married to Mashail Alajmi.
- Has four sons (Kais, Mousa, Khalid, Mohamed).