**King Saud University**

College of Applied Medical Sciences

Health Education Department

**Social Concept of Health Education**

**(CHS 383) – 3 credits**

Course Syllabus

First Semester, 2011-2012/1432-1433H

Level 6

Course Instructor: Ms. Mezna AlMarzooqi, MPH

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Office: 30A1 office: 4355010 Ext:851

Office Hours: SAT. from 10:00 a.m. to 11:00 a.m. MON.& TUS. from 10:00 a.m. to 12:00 a.m.

**Class time and location:**

Time: Wednesday 8:00 a.m. to 10:00 a.m.

Classroom: BB6

**Course prerequisites:**

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| Principles of health education (CHS 282) and health sciences (CHS 232) |

**Course description:**

The course discusses the contribution of behavioral sciences in health education and promotion. It explores the social determinants of health and investigates the notions of health & illness, group-structure, culture, leadership, social support and socialization. The course also discusses the approaches to social change. Furthermore, it introduces a number of theories such as the theory of general susceptibility of disease.

**Course objectives**

By the end of the course, students will be able to:

1. Explain the significance of behavioral sciences in the health education field.

2. Assess and understand the social determinants of health behavior.

3. Discuss the theory of general susceptibility and other theories of health and illness.

4. Define society and relevant constructs such as socialization, social capital, social support, cultural norms and values, leadership, gender, equity and equality.

5. Analyze health behavior within a social context taking into consideration the social determinants of health behavior and the social characteristics of target groups.

6. Recommend effective approaches to social change within specific social settings.

7. Define the "Quality of Life".

8. Demonstrate the ability of critical thinking and analysis of research articles and findings.

**Course requirements and student evaluations:**

Attendance and class participation are very essential. Students are, therefore, expected to attend all lectures and to actively participate in ongoing discussions. They are encouraged to ask any question relevant to the subject.

Students will be assigned specific documents to be presented and discussed in class. Each student will also present a 2-pages critique of a research document. More details will be provided later.

All assignments should be submitted on the specific due-date. English is the only spoken and written language allowed throughout the course. Cheating and plagiarism will not be tolerated; convenient penalty will be applied.

Students will be evaluated on the following:

Midterm I 12%

Midterm II 12%

Critique 6%

Student Reflection 3%

Final Exam 40%

Practicum 25%

Attendance and participation 2%

**Total: 100%**

**Course Content**

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| **Date**  **(weeks)** | **Topic** | **Lecture (hours)** |
| **1st week** | Introduction and overview | 2 |
| **2nd week** | * Overview on behavioral sciences and their contribution to health education * Community vs. society | 2 |
| **3rd week** | * Notions of health and illness * Social determinants of health | 2 |
| **4th week** | * Theories of disease causation * Theory of general susceptibility | 2 |
| **5th week** | Social capital theory | 2 |
| **6th week** | Midterm I | 2 |
| **7th week** | Health inequalities and inequities | 2 |
| **8th week** | Culture and health | 2 |
| **9th week** | Social structure, socialization, leadership types, and social support | 2 |
| **10th week** | Critical thinking | 2 |
| **11th week** | Midterm II | 2 |
| **12th week** | Globalization and health | 2 |
| **13th week** | Quality of life | 2 |
| **14th week** | Approaches to social change | 2 |
| **15th week** | Revision | 2 |