Ali Hamad S Alnahdi

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EDUCATION

Doctor of Philosophy in Biomechanics and Movement Science, 2012 University of Delaware, Newark, DE, USA. Advisor: Lynn Snyder-Mackler Dissertation Title: Altered Loading and Quadriceps Strength after Unilateral Total Knee Arthroplasty

Master of Science in health and rehabilitation sciences, 2007 University Of Pittsburgh, Pittsburgh, PA, USA

Bachelor of Science in Rehabilitation – Physical Therapy, 2002 King Saud University, Riyadh, Saudi Arabia with second class honor

PROFESSIONAL EXPERIENCE

- **Professor**, Rehabilitation Sciences Department, College of Applied Medical Sciences, King Saud University, Riyadh, Saudi Arabia. (November 2022 to present).
- **Associate professor,** Rehabilitation Sciences Department, College of Applied Medical Sciences, King Saud University, Riyadh, Saudi Arabia. (March 2018 to November 2022).
- **Assistant professor,** Rehabilitation Sciences Department, College of Applied Medical Sciences, King Saud University, Riyadh, Saudi Arabia. (November 2012 to March 2018).
- **Teaching Assistant,** Rehabilitation Sciences Department, College of Applied Medical Sciences, King Saud University, Riyadh, Saudi Arabia. (December 2004 to November 2012).
- Physical Therapist, Physical Therapy department, Riyadh Armed Forces Hospital, Riyadh, Saudi Arabia. (October 2003 to December 2004)

• Intern Physical Therapist, King Khalid university hospital, Riyadh, Saudi Arabia; King Abdulaziz Medical City, Riyadh, Saudi Arabia; Riyadh Armed Forces Hospital, Riyadh, Saudi Arabia. (August 2002 to July 2003)

RSEARCH INTERES

- Interrelationships between impairments, functional limitations and participation restrictions in patients with musculoskeletal dysfunctions.
- Examining the effect of physical therapy interventions in patients with musculoskeletal dysfunctions in different body regions
- Examining the influence of various physical therapy interventions on functional recovery in patients with musculoskeletal dysfunctions
- Development and validation of patient-reported outcome measures using classical and modern test methods
- Biomechanics of common daily activities and the implications of altered movement patterns during functional activities.
- Biomechanical effect of physical therapy interventions in patients with musculoskeletal dysfunctions.

PUBLICATIONS

- Mohammed T A Omar, Ali H Alnahdi, Nouf Al Dhwayan, Sarah Khayat, Rehab F.M. Gwada.
 Reliability and Validity of the Arabic Version of Shortened Disabilities of the Arm, Shoulder,
 and Hand Questionnaire (Quick-DASH) in Breast Cancer Survivors. Journal of Disability
 Research 2024 Volume. DOI: 10.57197/JDR-2024-0056
 https://www.scienceopen.com/hosted-document?doi=10.57197/JDR-2024-0056
- Ali H Alnahdi. Exploratory and Confirmatory Factor Analyses Support the Unidimensionality of the Arabic Quick Disabilities of the Arm, Shoulder and Hand. Journal of Disability Research 2024 Volume 3. DOI: 10.57197/JDR-2024-0049
 https://www.scienceopen.com/hosted-document?doi=10.57197/JDR-2024-0049
- Ali Albarrati1, Abdulfattah Alqahtani, Ali H Alnahdi. Screening for Anxiety and Depression among Saudi Patients with Chronic Obstructive Pulmonary Disease: A Cross-sectional Study. Journal of Disability Research 2024 Volume 3. DOI: 10.57197/JDR-2024-0040 https://www.scienceopen.com/hosted-document?doi=10.57197/JDR-2024-0040
- Ali H Alnahdi, Mohammed S. Almutairi, Ohoud S. Alnamlah. Structural Validity of the Arabic Upper Extremity Functional Index Using Exploratory and Confirmatory Factor Analysis. Journal of Disability Research 2024 Volume 3. DOI: 10.57197/JDR-2024-0037
 https://www.scienceopen.com/hosted-document?doi=10.57197/JDR-2024-0037

- Alaa M Albishi, Malak B Alruwaili, Abdulrahman M Alsubiheen, Ali H Alnahdi, Ahmad O Alokaily, Maha F Algabbani, Lolwah A Alrahed Alhumaid, Asma A Alderaa, Salman Aljarallah. Cross-cultural adaptation and validation of the Arabic version of the Multiple Sclerosis Impact Scale-29. Disabil Rehabil 2024 May 13:1-8. doi: 10.1080/09638288.2024.2350618. Online ahead of print. https://pubmed.ncbi.nlm.nih.gov/38738778/
- Mohammed T A Omar, Majed Hassan Al-Malki, Saad M Bindawas, Ali H Alnahdi, Ghaidaa H Aljehan, Badr Nasser M Al-Omari, Saad A Alhammad. Cross-cultural adaptation and validation of the Arabic version of McGill quality of life: revised questionnaire in the patients with cancer. Disabil Rehabil 2024 May;46(9):1878-1887. doi: 10.1080/09638288.2023.2207220. Epub 2023 May 5. https://pubmed.ncbi.nlm.nih.gov/37144328/
- Mohammed T A Omar , Ali H Alnahdi. Psychometric Properties and Factorial Analysis of the Arabic McGill-QoL Questionnaire in Breast Cancer. Breast Cancer (Dove Med Press) . 2023 Nov 14:15:813-824. doi: 10.2147/BCTT.S422369. https://pubmed.ncbi.nlm.nih.gov/38020050/
- Ali M Albarrati 1, Rayan Altimani, Osama Almogbel, Ali H Alnahdi, Muneera M Almurdi, Aliah Abuammah, Rakan Nazer. Reliability and Validity of Kansas City Cardiomyopathy Questionnaire in Arabic Patients with Chronic Heart Failure. Medicina (Kaunas). 2023 Oct 28;59(11):1910. doi: 10.3390/medicina59111910. https://pubmed.ncbi.nlm.nih.gov/38003959/
- Ali H Alnahdi. Responsiveness and Minimal Important Change of the Arabic Disabilities of the Arm, Shoulder and Hand (DASH) in Patients with Upper Extremity Musculoskeletal Disorders. Healthcare (Basel). 2023 Sep 26;11(19):2623. doi: 10.3390/healthcare11192623. https://pubmed.ncbi.nlm.nih.gov/37830660/
- Mishal M Aldaihan , Ali H Alnahdi. Responsiveness of the Arabic Quick Disabilities of the Arm, Shoulder and Hand in Patients with Upper Extremity Musculoskeletal Disorders. Healthcare (Basel). 2023 Sep 10;11(18):2507. do10.3390/healthcare11182507. https://pubmed.ncbi.nlm.nih.gov/37761704/
- Mohammad A ALMohiza, Mohammed A Khafaji, Faisal Asiri, Muhammad O Al-Heizan, Ali H Alnahdi, Ravi Shankar Reddy. Measurement Property Evaluation of the Arabic Version of the Patient-Specific Functional Scale for Patients with Stroke. Healthcare (Basel). 2023 Jun 3;11(11):1642. doi: 10.3390/healthcare11111642. https://pubmed.ncbi.nlm.nih.gov/37297783/

- Abdulrahman M Alsubiheen , Nawaf A Alzain , Alaa M Albishi , Afaf A M Shaheen , Mishal M Aldaihan , Muneera M Almurdi , Abdulfattah S Alqahtani , Asma A Alderaa , Ali H Alnahdi. Measurement Properties' Evaluation of the Arabic Version of the Patient-Specific Functional Scale in Patients with Multiple Sclerosis. Healthcare (Basel). 2023 May 26;11(11):1560. doi: 10.3390/healthcare11111560. https://pubmed.ncbi.nlm.nih.gov/37297700/
- Omar MT, Al-Malki MH, Bindawas SM, Alnahdi AH, Aljehan GH, Al-Omar BN, Alhammad SA. Cross-cultural adaptation and validation of the Arabic version of McGill quality of life: revised questionnaire in the patients with cancer. Disabil Rehabil. 2023 May 5;1-10. doi: 10.1080/09638288.2023.2207220. Online ahead of print. https://pubmed.ncbi.nlm.nih.gov/37144328/
- Alnahdi AH, Responsiveness of the Arabic Upper Extremity Functional Index in Patients with Upper Extremity Musculoskeletal Disorders. Int J Environ Res Public Health. 2023 Feb 28;20(5):4370. doi: 10.3390/ijerph20054370.
 https://pubmed.ncbi.nlm.nih.gov/36901380/
- Albarrati A, Hazazi I, Alnahdi AH, Taher M, Nazer R, Alrefaee H. Psychometric properties of the Arabic version of Duke Activity Status Index in patients with chronic obstructive pulmonary disease. Disabil Rehabil. 2022 Feb 27:1-6. doi: 10.1080/09638288.2022.2037748. Online ahead of print.
 https://pubmed.ncbi.nlm.nih.gov/35225135/
- Almutairi BA, Al Odaibi FA, Alnahdi AH, Omar M, Algashami A, Alonazi M. Cross-cultural adaptation and validation of the Arabic version of the Pain Self-Efficacy
 Questionnaire in Arab people with chronic low back pain. Physiother Theory Pract. 2021 Nov 15:1-11. doi: 10.1080/09593985.2021.2005196. Online ahead of print.

 https://pubmed.ncbi.nlm.nih.gov/34779693/
- Alnahdi AH, Albarrati A. The Arabic version of the Lower Extremity Functional Scale is a reliable and valid measure of activity limitation in people with chronic obstructive pulmonary disease. Disabil Rehabil. 2021 Dec 27;1-6. doi: 10.1080/09638288.2021.2019842. Online ahead of print.
 https://pubmed.ncbi.nlm.nih.gov/34958611/
- Alnahdi AH. Structural validity of the Arabic version of the disabilities of the Arm, Shoulder and Hand (DASH) using Rasch measurement model. J Patient Rep Outcomes. 2021 Nov 6;5(1):119. doi: 10.1186/s41687-021-00392-0.

https://pubmed.ncbi.nlm.nih.gov/34743235/

- Albarrati A, Alzahrani M, Alnahdi AH, Taher M, Alqahtani MM, Nazer RI. Psychometric properties of the Arabic version of the anxiety inventory for respiratory disease in patients with COPD. Disabil Rehabil. 2021 Oct 22;1-7. doi: 10.1080/09638288.2021.1983039. Online ahead of print.
 - https://pubmed.ncbi.nlm.nih.gov/34686081/
- Alnahdi AH, Albarrati A, The upper extremity functional index: reliability and validity in patients with chronic obstructive pulmonary disease. Int J Environ Res Public Health. 2021 Oct 10;18(20):10608. doi: 10.3390/ijerph182010608.
 https://pubmed.ncbi.nlm.nih.gov/34682352/
- Aljathlani MF, Alshammari MO, Alsuwaygh MA, Al-Mutairi MS, Aljassir FF, Bindawas SM, Alnahdi AH. Cross-cultural adaptation and validation of the Arabic version of the upper extremity functional index. Disabil Rehabil. 2021 Jul 6:1-7. doi: 10.1080/09638288.2021.1947396. Online ahead of print. https://pubmed.ncbi.nlm.nih.gov/34227453/
- Alnahdi AH. Validity and reliability of the Arabic quick disabilities of the arm, Shoulder and Hand (QuickDASH-Arabic). Musculoskelet Sci Pract. 2021;53:102372. doi: 10.1016/j.msksp.2021.102372.
 https://pubmed.ncbi.nlm.nih.gov/33780697/
- Alnahdi AH, Murtada BA, Zawawi AT, Omar MT, Alsobayel HI. Cross-cultural adaptation
 and measurement properties of the Arabic version of the Patient-Specific Functional Scale in
 patients with lower extremity musculoskeletal disorders. Disabil Rehabil. 2021 Feb 15:1-8.
 doi: 10.1080/09638288.2021.1880651. Online ahead of print.
 https://pubmed.ncbi.nlm.nih.gov/33587649/
- Moftah E, Vennu V, Abdulrahman TA, Alnahdi AH, Balubaid H, Alghamdi G, Alonazi S, Abunassif S, Bindawas SM. Association of affected lower limb flexor muscle strength with swing phase duration and gait speed in elderly post-stroke patients. NeuroRehabilitation. 2020;47(4):443-450. doi: 10.3233/NRE-203150. https://pubmed.ncbi.nlm.nih.gov/33136075/
- **Alnahdi AH**. Measurement Properties of the 15-item Arabic Lower Extremity Functional Scale. Disabil Rehabil. 2020 Apr 23;1-6. doi: 10.1080/09638288.2020.1754927. [Epub ahead of print]. https://pubmed.ncbi.nlm.nih.gov/32324078/
- Alnahdi AH, Alhusaini AA, Yousef B, Alshami A. The Arabic version of the ABILOCO-Kids scale is valid and reliable in children with cerebral palsy. Physiother Theory Pract. 2020

- Mar 3:1-9. doi: 10.1080/09593985.2020.1736222.. [Epub ahead of print]. https://pubmed.ncbi.nlm.nih.gov/32125210/
- Zafar H, Alghadir AH, Iqbal ZA, Iqbal A, Anwer S, Alnahdi AH. Influence of different jaw positions on dynamic balance using Y-balance test. Brain Behav. 2020 Jan;10(1):e01507. doi: 10.1002/brb3.1507.
 https://pubmed.ncbi.nlm.nih.gov/31859447/
- Alnahdi AH, Alhusaini AA, Alshami A, Yousef B, Melam G. Cross-cultural adaptation and measurement properties of the Arabic version of the ABILHAND-Kids scale. Disabil Rehabil. 2020 Jul;42(15):2224-2231. doi: 10.1080/09638288.2018.1555622. https://pubmed.ncbi.nlm.nih.gov/31067144/
- AL Alfadhel SA, Vennu V, Alnahdi AH, Omar MT, Alasmari SH, AlJafri Z, Bindawas SM.
 Cross-cultural adaptation and validation of the Saudi Arabic version of the Knee Injury and
 Osteoarthritis Outcome Score (KOOS). Rheumatol Int (2018) 38 (8):1547-1555.
 https://pubmed.ncbi.nlm.nih.gov/29882042/
- Alhusaini, AA, Alnahdi, AH, Melam, G. Aldali, AZ, Al-Mutairi, MS, Alenzi, AR.
 Normative Values of Y Balance Test and Isometric Muscle Strength among Saudi School Children. Phys Med Rehab Kuror 2017; 27: 1–7. https://www.thieme-connect.com/products/ejournals/abstract/10.1055/s-0043-105503
- **Alnahdi AH**. Rasch Validation of the Arabic version of the Lower Extremity Functional Scale. Disabil Rehabil. 2018; 40 (3):353-359. doi: 10.1080/09638288.2016.1254285. https://pubmed.ncbi.nlm.nih.gov/27866433/
- Al-Sobayel HI, Al-Hugail HA, AlSaif RM, Albawardi NM, Alnahdi AH, Daif AM, Al-Arfaj HF. Validation of an Arabic Version of Fatigue Severity Scale. Saudi Med J. 2016
 Jan;37(1):73-8. https://pubmed.ncbi.nlm.nih.gov/26739978/
- Alamrani S; Alsobayel H; Alnahdi AH; Moloney N; Mackey M. Cross-Cultural Adaptation and Validity of the Back Beliefs Questionnaire to the Arabic Language. Spine. 2016 June;41(11): E681-6. https://pubmed.ncbi.nlm.nih.gov/27244114/
- **Alnahdi AH**, Alderaa AA, Aldali AZ, Alsobayel H. Reference values for the Y balance test and the lower extremity functional scale in young healthy adults. J Phys Ther Sci. 2015; 27(12):3917-3921. https://pubmed.ncbi.nlm.nih.gov/26834380/

- **Alnahdi AH**. Confirmatory factor analysis of the Arabic version of lower extremity functional scale. Int J Rehabil Res. 2016 Mar; 39(1):36-41. https://pubmed.ncbi.nlm.nih.gov/26544627/
- Alnahdi AH, Zeni JA, Snyder-Mackler L. Quadriceps strength asymmetry predicts loading asymmetry during sit-to-stand task in patients with unilateral total knee arthroplasty. Knee Surg Sports Traumatol Arthrosc. 2016 Aug;24(8):2587-94.
 https://pubmed.ncbi.nlm.nih.gov/26450826/
- **Alnahdi AH**, Alrashid GI, Alkhaldi HA, Aldali AZ. Cross-cultural adaptation, validity and reliability of the Arabic version of the Lower Extremity Functional Scale. Disabil Rehabil. 2016 May; 38 (9):897-904. https://pubmed.ncbi.nlm.nih.gov/26186622/
- Alnahdi AH. Outcome Measures Capturing ICF Domains in Patients With Total Knee Arthroplasty. Int J Rehabil Res. 2014 Dec; 37(4):281 https://pubmed.ncbi.nlm.nih.gov/25221846/
- Alnahdi AH, Zeni JA, Snyder-Mackler L. Hip Abductor Strength Reliability and Association With Physical Function After Unilateral Total Knee Arthroplasty: A Cross-Sectional Study. Physical Therapy. 2014 Aug; 94(8):1154-62. https://pubmed.ncbi.nlm.nih.gov/24652473/
- Marmon AR, Pozzi F, Alnahdi AH, Zeni JA. The validity of plantarflexor strength measures obtained through hand-held dynamometry measurements of force. International journal of sports physical therapy. 2013;8:820-827. https://pubmed.ncbi.nlm.nih.gov/24377068/
- **Alnahdi, AH**, Zeni, J. A. and Snyder-Mackler, L. Gait after unilateral total knee arthroplasty: Frontal plane analysis. J Orthop Res. 2011 May; 29(5):647-52. https://pubmed.ncbi.nlm.nih.gov/21437943/
- **Alnahdi, AH**, Zeni, Joseph A. and Snyder-Mackler, L. Muscle Impairments in Patients with Knee Osteoarthritis. Sports Health: A Multidisciplinary Approach. 2012 July; 4: 284-292. https://pubmed.ncbi.nlm.nih.gov/23016099/

PLATFORM PRESNTATIONS

• Alnahdi AH. The Internal Structure and Dimensionality of the Disabilities of the Arm, Shoulder and Hand (DASH) Using Rasch Measurement Model. International Conference of Rehabilitation, Sport and Orthopedic Trauma. Majmaah, Saudi Arabia. January 30-31, 2024.

- Alnahdi AH, Adel A. Alhusaini 1, Abdullah Alshami, Bara Yousef, Ganeswararao Melam. Cross-Cultural Adaptation and Measurement Properties of the Arabic Version of the ABILHANDS-Kids Scale. Saudi Physical Therapy Association Research Day. Riyadh, Saudi Arabia. September 8, 2018.
- Alnahdi AH. Construct validity of the Arabic Lower Extremity Functional Scale using Rasch Analysis. 6th Biennial Emirates Physiotherapy Conference, Dubai, United Arab Emirates. May 3, 2018.
- **Alnahdi AH**. Neck pain with mobility deficits. Evidence into practice: Physical Therapy for Neck Pain Symposium, Riyadh, Saudi Arabia. May 15, 2017.
- Alsobayel H; Alhugail H; Alsaif R; Albawardi N; Alnahdi AH; Daif A; Alarfaj H.
 Development and Validation of an Arabic version of the fatigue severity scale. WCPT Congress 2015, Singapore. May 1-4, 2015.
- Alnahdi AH, Alrashid GI, Alkhaldi HA, Aldali AZ. Cross-cultural adaptation, validity and reliability of the Arabic version of the Lower Extremity Functional Scale. Third Gulf Physical Therapy Colloquium, AlKhobar, Saudi Arabia. March 28-29, 2015.
- **Alnahdi, Ali H**; Zeni, Joseph A; Snyder-Mackler, Lynn. Quadriceps Strength Moderates the Relationship Between Quadriceps Volitional Activation and Physical Function after Knee Arthroplasty. CSM Meeting 2015, Indianapolis, IN. February 6, 2015. J *Orthop Sports Phys Ther* 2015;45(1):A33.
- Alnahdi, Ali H; Zeni, Joseph A; Snyder-Mackler, Lynn. Quadriceps Activation Deficit Is Associated With Poor Functional Performance After Unilateral Total Knee Arthroplasty. CSM Meeting 2014, Las Vegas, NV. February 4, 2014. J *Orthop Sports Phys Ther* 2014;44(1):A24.
- Alnahdi, Ali H; Zeni, Joseph A; Snyder-Mackler, Lynn. Interlimb Loading Differences During Sit to Stand Task After Total Knee Arthroplasty. CSM Meeting 2011, New Orleans, LA. February 11, 2011. J *Orthop Sports Phys Ther 2011;41(1):A18*.
- Zeni, Joseph A; **Alnahdi, Ali H**; McClleland, Jodie A; McGinnis, Kevin M; Snyder-Mackler, Lynn. Development of a Normative Sample for the Delaware Osteoarthritis Profile in Patients Pre- and Post- Total Knee Arthroplasty. CSM Meeting 2011, New Orleans, LA. February 11, 2011. J *Orthop Sports Phys Ther* 2011;41(1):A19.

POSTER PRESNTATIONS

• Aljathlani M; **Alnahdi Ali H**. Cross-Cultural Adaptation and Validation of the Arabic Version of the Upper Extremity Functional Index. Third Saudi Physical Therapy Association Conference. Riyadh, Saudi Arabia. September 6-8, 2019.

- Murtada B; Alnahdi Ali H. Cross-Cultural Adaptation and Validation of the Arabic Version of the Patient-Specific Functional Scale. Third Saudi Physical Therapy Association Conference. Riyadh, Saudi Arabia. September 6-8, 2019.
- Alnahdi Ali H, Adel A. Alhusaini 1, Abdullah Alshami, Bara Yousef, Ganeswararao Melam. Cross-Cultural Adaptation and Measurement Properties of the Arabic Version of the ABILHANDS-Kids Scale. Saudi Physical Therapy Association Research Day. Riyadh, Saudi Arabia. September 8, 2018.
- Alamrani S; Alsobayel H; Alnahdi AH; Moloney N; Mackey M. Cross-Cultural Adaptation, Reliability and Validity of the Arabic Version of Back Beliefs Questionnaire. WCPT Congress 2015, Singapore. May 1-4, 2015.
- Alnahdi, Ali H; Snyder-Mackler, Lynn. Impairments and Functional Performance After Total Knee Arthroplasty. CSM Meeting 2010, San Diego, CA. February 20, 2010. J Orthop Sports Phys Ther 2010;40(1):A56
- Alnahdi, Ali H; Zeni, Joseph A; McGinnis, Kevin M; Snyder-Mackler, Lynn. Gait After Unilateral Total Knee Arthroplasty: Frontal Plane Analysis. ASB Meeting 2010, Providence, RI. August 20, 2010.
- McGinnis, Kevin M; Zeni, Joseph A; Alnahdi, Ali H; Snyder-Mackler, Lynn. Dynamic Knee Joint Stiffness and Knee Joint Moment After TKA. ASB Meeting 2010, Providence, RI. August 20, 2010.
- Alnahdi, Ali H; McClleland, Jodie A; Zeni, Joseph A; Snyder-Mackler, Lynn. Quadriceps Strength and Gait after Unilateral Total Knee Arthroplasty. ORS Meeting 2011, Long Beach, CA. January 13-16, 2011.
- Alnahdi, Ali H; Zeni, Joseph A; Snyder-Mackler, Lynn. The Effect of Progressive Strengthening Programs on Sit to Stand Mechanics After Unilateral Total Knee Arthroplasty: Preliminary Results of A Randomized Clinical Trial. CSM Meeting 2012, Chicago, IL. February, 2012. J Orthop Sports Phys Ther 2012;42(1):A98
- Alnahdi, Ali H; Zeni, Joseph A; Snyder-Mackler, Lynn. The Effect of Progressive Strengthening Programs on Function and Gait Mechanics after Unilateral Total Knee Arthroplasty: A Randomized Clinical Trial. OARSI Meeting 2012, Barcelona, Spain. April 26-29, 2012.
- Alnahdi, Ali H; Zeni, Joseph A; Snyder-Mackler, Lynn. Quadriceps Inhibition and Physical Function After Unilateral Total Knee Arthroplasty. ESSKA Meeting 2012, Geneva, Switzerland. May 2-5, 2012.

- Alnahdi, Ali H; Zeni, Joseph A; Snyder-Mackler, Lynn. Hip Abductors Strength: Reliability
 and Association With Physical Function after Unilateral Total Knee Arthroplasty. ESSKA
 Meeting 2012, Geneva, Switzerland. May 2-5, 2012.
- Federico Pozzi; **Alnahdi, Ali H**; Marmon Adam; Snyder-Mackler, Lynn. Comparison of Handheld Device and Electromechanical Dynamometer for Measuring Plantarflexion Force. ACSM Meeting 2012, San Francisco, CA. May 29- June 2, 2012.
- Federico Pozzi; **Alnahdi, Ali H**; Zeni Joseph A; Snyder-Mackler, Lynn. Loading Patterns During A Step-Up-And-Over Task In Individuals Following Total Knee Arthroplasty. ASB Meeting 2012, Gainesville, FL. August 15-18, 2012.

AWARDS

- Publication award from the College of Applied Medical Sciences Research Center and the Deanship of Scientific Research at King Saud University (2020)
 Project title: Measurement Properties of the 15-item Arabic Lower Extremity Functional Scale.
- Publication award from the College of Applied Medical Sciences Research Center and the Deanship of Scientific Research at King Saud University (2018)
 Project title: Rasch validation of the Arabic version of the lower extremity functional scale.
- Publication award from the College of Applied Medical Sciences Research Center and the
 Deanship of Scientific Research at King Saud University (2017)
 Project title: Quadriceps strength asymmetry predicts loading asymmetry during sit-to-stand
 task in patients with unilateral total knee arthroplasty.
- Academic award from the Saudi Arabian cultural mission in the USA for graduating (MSc program) from one of the top 10 university with high GPA (July, 2007)
- Academic award from the Saudi Arabian cultural mission in the USA for graduating (PhD program) from one of the top 10 university with high GPA (August, 2012)
- Publication award from the College of Applied Medical Sciences Research Center and the Deanship of Scientific Research at King Saud University (2014)
 Project title: Hip abductor strength reliability and association with physical function after unilateral total knee arthroplasty: a cross-sectional study.
- Publication award from the College of Applied Medical Sciences Research Center and the Deanship of Scientific Research at King Saud University (2014)
 Project title: Outcome measures capturing ICF domains in patients with total knee arthroplasty.
- Publication award from the College of Applied Medical Sciences Research Center and the Deanship of Scientific Research at King Saud University (2016)
 Project title: Confirmatory factor analysis of the Arabic version of the lower extremity functional scale.

- Publication award from the College of Applied Medical Sciences Research Center and the Deanship of Scientific Research at King Saud University (2016)
 Project title: Reference values for the Y balance test and the lower extremity function scale.
- Research grant from the deanship of scientific research at King Saud University (Raed 3 program; research project No. NFG-14-02-15) (2014)
 - Project title: Cross-cultural adaptation, validity and reliability of the Arabic version of the lower extremity functional scale

ORGANIZATIONS AND SOCIETIES MEMBERSHIP

- Member of the Saudi Physical Therapy Association (1-5-2005 to present)
- Member of the American Physical Therapy Association (12-3-2008 to present)
- Member of the Canadian Physical Therapy Association (6-5-2014 to 6-5-2015)
- Member of the Saudi International Rehabilitation Research Network (28-4-2015 to present)

PROFESSIONAL LICENSURE

- Licensed Consultant Physical Therapist in Saudi Arabia
- Physical Therapy licensure in the state of Delaware (USA)

COMMITTEES MEMBERSHIP

- Program director of the Doctor of Philosophy (PhD) in rehabilitation Sciences (2-10-2022 to present)
- Chairman of PhD students' admission committee (12-2023)
- Chairman of PhD students' admission committee (12-2022)
- Member of the University Certificates Equalization committee in the Ministry of Education (28-11-2019 to 9-2021).
- Member of Ad-hoc committee to establish a Doctor of Philosophy "PhD" program in the Rehabilitation sciences department (24-11-2019 to 12-9-2022).
- Member of the postgraduate studies committee in the Rehabilitation sciences department (1-9-2018 to present)
- Member of the college of applied medical sciences research center council (9-1-2019 to 27-5-2021)
- Member of Master students interview committee (3-26-2019)
- Chairman of the examination and interview committee for occupational therapy teaching assistant position in the Rehabilitation sciences department (1-11-2017 to 3-12-2017)
- Member of the curriculum committee in the College of Applied Medical Sciences (19-11-2017 to 1-5-2018)
- Chairman of the curriculum committee in the Rehabilitation sciences department (10-11-2012 to 31-8-2014)

- Member of the recruitment committee in the Rehabilitation sciences department (10-11-2012 to 1-9-2013)
- Chairman of the curriculum committee in the Rehabilitation sciences department (23-8-2015 to 1-5-2018)
- Supervisor of the physical therapy program at the rehabilitation sciences department (29-10-2013 to 26-1-2014)
- Member of Ad-hoc committee to review scientific production of a faculty member for promotion purpose (15-9-2013 to 22-9-2013)
- Member of Ad-hoc committee to review scientific production of a faculty member for promotion purpose (5-5-2014 to 12-5-2014)
- Chairman of Ad-hoc committee to review scientific production of a faculty member for promotion purpose (13-4-2015 to 20-4-2015)
- Member of the postgraduate studies and research committee in the Rehabilitation sciences department (1-10-2014 to 18-9-2016)
- Member of the consular board for the Rehabilitation sciences department (25-4-2016 to 1-5-2017)
- Member of Master students admission committee (20-2-2013 to 12-3-2013)
- Member of Master students admission committee (16-3-2014 to 13-4-2014)
- Member of Master students admission committee (12-2-2015 to 11-3-2015)
- Member of Master students admission committee (24-2-2016 to 23-3-2016)
- Member of an Ad- hoc faculty recruitment committee to India to hire Faculty for the Occupational therapy and Respiratory therapy programs at the rehabilitation sciences department (from 11-8-2013 to 24-8-2013)
- Chairman of an Ad- hoc committee to review an online academic course "Therapeutic Exercise" for King Saud University (from 26-8-2013 to 2-9-2013)

SUPERVISION AND EXAMINING COMMITTEE FOR GRADUATE STUDENTS

- Member of a Master thesis examining committee for Njood Halawi at King Saud University, Saudi Arabia.
 - Thesis title: The Patient-Specific Functional Scale Reliability and Validity in Patients with Cardiovascular Disease. (defense date: 23-10-2024).
- Advisor and chairman of a Master thesis examining committee for Munira Almutairi at King Saud University, Saudi Arabia.
 - Thesis title: Measurement Properties of the Arabic Version of Patient-Specific Functional Scale in Patients with Low Back Pain. (defense date: 4-6-2024).
- Member of a Master thesis examining committee for Abdulaziz Aljabri at King Saud University, Saudi Arabia.
 - Thesis title: The Effect of Robotic-Assisted Rehabilitation on Upper Limb Function in Patients with Stroke: Randomized Controlled Trial (RCT) (defense date: 7-5-2024).
- Member of a Master thesis examining committee for Yasmine Alenazi at King Saud University, Saudi Arabia.

- Thesis title: Measurement properties of the Arabic Version of the Multidimensional Dyspnea Profile in Patients with Chronic Respiratory Disease (defense date: 25-1-2024).
- Member of a Master thesis examining committee for Malak Alruwaili at King Saud University, Saudi Arabia.
 - Thesis title: Cross-Cultural Adaptation and Validation of The Arabic Version of Multiple Sclerosis Impact Scale-29 (defense date: 21-12-2023).
- Advisor and chairman of a Master thesis examining committee for Mohammed Almutairi at King Saud University, Saudi Arabia.
 - Thesis title: Reliability and validity of The Arabic Version of The Patient- Specific Functional Scale in Patients with Upper Extremity Musculoskeletal Disorders. (defense date: 29-10-2023).
- Member of a Master thesis examining committee for Awad Alqahtani at King Saud University, Saudi Arabia.
 - Thesis title: Reliability and Validity of The Arabic Version of EQ-5D-5L in Patients with Myocardial Infarction (defense date: 6-6-2023).
- Member of a Master thesis examining committee for Nowara Ibrahim at the University of Bahrain, Bahrain.
 - Thesis title: Application of a Prevention Protocol to Reduce Anterior Cruciate Ligament Injuries Risk Factors Among Female Athletes (defense date: 30-10-2022).
- Member of a Master thesis examining committee for Abeer Abdulghani at King Saud University, Saudi Arabia.
 - Thesis title: Psychometric Properties of the Arabic Version of the Duke Activity Status Index in Patients with Cardiovascular Diseases (defense date: 20-10-2022).
- Member of a Master thesis examining committee for Mohammed Khafaji at King Saud University, Saudi Arabia.
 - Thesis title: Measurement Properties Evaluation of the Arabic Version of the Patient Specific Functional Scale for Patients with Stroke (defense date: 6-10-2022).
- Member of a Master thesis examining committee for Turki Almuhaid at King Saud University, Saudi Arabia.
 - Thesis title: Knowledge and Practice of Physicians towards Early Mobilization in Adults Intensive Care Unit in Saudi Arabia (defense date: 29-9-2022).
- Member of a Master thesis examining committee for Nawaf Alzain at King Saud University, Saudi Arabia.
 - Thesis title: Cross-Cultural Adaptation and Measurement Properties of the Arabic Version of Twelve-Item Multiple Sclerosis Walking Scale Version 2 (MSWS-12v2) (defense date: 21-5-2022).
- Member of a Master thesis examining committee for Majed Almalki at King Saud University, Saudi Arabia.
 - Thesis title: Cross-cultural Adaptation and Validation Study of the Arabic Version of McGill Quality of Life- Revised Questionnaire in Older Adult Patients with Cancer (defense date: 31-3-2022).
- Member of a Master thesis examining committee for Mohammed Elhosiny at King Saud University, Saudi Arabia.

- Thesis title: Validation and Reliability of the Arabic Version of Kinesthetic and Visual Imagery Questionnaire for Individuals with Stroke Patients (defense date: 28-10-2021).
- Member of a Master thesis examining committee for Abdullah Almuhaya at King Saud University, Saudi Arabia.
 - Thesis title: Adding A Structured Educational Session to the Rehabilitation Program of Soccer Players Following Anterior Cruciate Ligament Reconstruction: A Feasibility Study (defense date: 29-4-2021).
- Member of a Master thesis examining committee for Norah Almutairi at King Saud University, Saudi Arabia.
 - Thesis title: Knowledge and Use of International Classification of Functioning, Disability, and Health (ICF) and ICF Core Sets in Clinical Reasoning for Musculoskeletal Cases Among Saudi Physical Therapists: A Cross-Sectional Study (defense date: 25-4-2021).
- Member of a Master thesis examining committee for Ibrahim Hazazi at King Saud University, Saudi Arabia.
 - Thesis title: Measurement properties of the Arabic Version of the Duke Activity Status Index with Chronic Obstructive Pulmonary Disease (defense date: 15-4-2021).
- Member of a Master thesis examining committee for Mohammed Alzahrani at King Saud University, Saudi Arabia.
 - Thesis title: Cross-cultural Adaptation, Reliability, and Validity of the Arabic Version of the Anxiety Inventory for Respiratory Disease Questionnaire (defense date: 16-3-2021).
- Member of a Master thesis examining committee for Shayek Alotaibi at King Saud University, Saudi Arabia.
 - Thesis title: Cross-Cultural Adaptation and Validation of the Arabic version of Oxford Ankle Foot Questionnaire for Children (defense date: 4-2-2021).
- Member of a Master thesis examining committee for Wejdan Albogami at Imman Abdulrahman Bin Faisal University, Saudi Arabia.
 - Thesis title: Effect of Minimalist Footwear Compared to Gait Retraining on Recreational Runners Biomechanics (defense date: 26-11-2020).
- Member of a Master thesis examining committee for Emad Takrouni at King Saud University, Saudi Arabia.
 - Thesis title: Knowledge and Beliefs of Physicians and Physical Therapists about Concussion and the Role of Physical Therapy in Its Management in Saudi Arabia (defense date: 2-9-2020).
- Member of a Master thesis examining committee for Maryam Alasfour at King Saud University, Saudi Arabia.
 - Thesis title: The Effect of Using Smartphone Application for Enhancing Adherence to Home Exercise Program among Older Adults with Knee Osteoarthritis in Saudi Arabia: A Randomized Controlled Trial (defense date: 7-5-2020).
- Advisor and chairman of a Master thesis examining committee for Bader Murtada at King Saud University, Saudi Arabia.
 - Thesis title: Cross-Cultural Adaptation and validation of the Arabic Version of the Patient-Specific Functional Scale (defense date: 16-4-2020).
- Advisor and chairman of a Master thesis examining committee for Mohammed Aljathlani at King Saud University, Saudi Arabia.

- Thesis title: Cross-cultural Adaptation and Validation of the Arabic Version of the Upper Extremity Functional Index (defense date: 25-4-2019).
- Member of a Master thesis examining committee for Bader Almutairi at King Saud University, Saudi Arabia.
 - Thesis title: Cross-cultural Adaptation and Assessment of Measurement Properties of the Arabic Version of the Pain Self-Efficacy Questionnaire (defense date: 3-4-2019).
- Member of a PhD dissertation examining committee for Mishal Aldaihan at Texas Woman's University, USA.
 - Dissertation title: Cross-cultural adaptation of the Arabic version of the patient reported impact of spasticity measures in Arabic speaking people with spinal cord injury in Saudi Arabia (defense date: 20-3-2019).
- Member of a Master thesis examining committee for Emad Moftah at King Saud University, Saudi Arabia.
 - Thesis title: Association between lower limb flexor muscles' group strength and its' swing phase duration and gait speed in elderly patients with stroke (defense date: 13-1-2019).
- Member of a Master thesis examining committee for Abrar Alsadiq at Imman Abdulrahman Bin Faisal University, Saudi Arabia.
 - Thesis title: The Effects of Scapulothoracic Mobilization on Pain and Range of Motion in Patients with Neck Pain and Scapular Dyskinesis (defense date: 1-11-2018).
- Member of a Master thesis examining committee for Ayidh Alqarniat King Saud University, Saudi Arabia.
 - Thesis title: Cross-Cultural Adaptation of the Physical Activity Scale for the Elderly (PASE) in the Arabic Language (defense date: 1-2-2018).
- Member of a Master thesis examining committee for Thamer Alshammary at King Saud University, Saudi Arabia.
 - Thesis title: Immediate Effect of Thoracolumbar Manipulation on Inspiratory Muscle Strength in Asymptomatic Adult Smokers (defense date: 31-12-2017).
- Member of a Master thesis examining committee for Saud Alfadhel at King Saud University, Saudi Arabia.
 - Thesis title: Cross-Cultural Adaptation and Validation of the Arabic Version of Knee Injury and Osteoarthritis Outcome Score (KOOS) for Saudi Elderly Patients with Knee Osteoarthritis (defense date: 19-4-2017).
- Member of a Master thesis examining committee for Hani Alkhawajah at the University of Dammam, Saudi Arabia.
 - Thesis title: The effect of mobilization with movement on pain and function among patients with knee osteoarthritis (defense date: 23-11-2016).
- Member of a Master thesis examining committee for Nazar Alkhadhrawi at the University of Dammam, Saudi Arabia.
 - Thesis title: Effects of myofascial trigger point dry cupping on plantar heel pain (defense date: 23-11-2016).

COMMUNITY SERVICES

• Services to professional organizations

- Leader of the outcome measures research interest group at the Saudi International Rehabilitation Research Network (24-6-2016 to 12-2021)
- o Ad hoc reviewer for the Saudi Commission for health specialties (June 2016- present)
- o Ad hoc reviewer for Prince Sattam Bin Abdulaziz University (8-12-2014 to present)
- o Ad hoc reviewer for University of Hail (21-4-2015 to present)

• Services to the profession

- o Invited Workshop "Examination and Treatment of the Hip-related Disorders". Invitation from Taif University on February 21-22, 2020.
- Invited Workshop "Fundamentals of Examination and Treatment of Lower Extremity Musculoskeletal Disorders". Invitation from the Rehabilitation administration in Jeddah, Ministry of Health November 27-28, 2019.
- o Invited Workshop "Evidence Based Physical therapy Practice". Invitation from the Saudi Physical Therapy Association on February 2-3, 2019.
- o Invited lecture "Gluteal Tendinopathy". Invitation from King Abdullah Specialist Hospital on January 1st 2018.
- o Invited lecture "Patellar Tendinopathy". Invitation from king Saud University Physical Therapy student Club on April 17th 2017.
- Invited lecture "Current Concepts in Rehabilitation after Total Knee Arthroplasty".
 Invitation from Physical Therapy department at Prince Sultan Military Medical City on April 24th 2017.
- Invited lecture "Searching scientific databases". Invitation from students' activities committee of the College of Applied Medical Sciences at king Saud University on October 30th 2013.
- o Invited lecture "Current Concepts in Rehabilitation after Total Knee Arthroplasty". Invitation from Madinah Physical Therapy Club on Jan 1st 2014.
- o Invited lecture "Rehabilitation after total knee replacement". Invitation from king Saud University Physical Therapy student Club on April 23rd 2014.
- o Invited Workshop "Lumbar Spine Examination and Treatment". Invitation from king Saud University Physical Therapy students Club on Jan 19th 2016.
- o Invited lecture "Low Back Pain". Invitation from king Saud University Physical Therapy students Club on Feb 10th 2016.

• Services to professional Publications

 Editor at the International Journal of Physical Therapy Research and (1-12-2023 to present)

- Ad hoc reviewer for Open Access Rheumatology Research and Reviews (9-10-2014 to present)
- o Ad hoc reviewer for Open Journal of Therapy and Rehabilitation (5-5-2014 to present)
- o Ad hoc reviewer for PLOS ONE (22-10-2015 to present)
- Ad hoc reviewer for JOSPT(Journal of Orthopaedic & Sports Physical Therapy (6-3-2016 to present)
- o Ad hoc reviewer for BMC musculoskeletal Disorders (21-2-2016 to present)
- Ad hoc reviewer for Disability and rehabilitation (21-2-2016 to present)
- o Ad hoc reviewer for Physiotherapy Theory and Practice (7-6-2019 to present)

CONFERENCES AND WORKSHOPS ATTENDED

- Third Saudi Physical Therapy Association Conference. Riyadh, Saudi Arabia. September 6-8, 2019.
- Saudi Physical Therapy Association Research Day. Riyadh, Saudi Arabia. September 8, 2018.
- 6th Biennial Emirates Physiotherapy Conference, Dubai, United Arab Emirates. May 2-3, 2018
- Certified Mulligan Practitioner (CMP), November 20, 2016
 - o Mulligan Concept Part A, Upper quadrant, Dubai, UAE. November 15-16, 2016
 - o Mulligan Concept Part B, Lower quadrant, Dubai, UAE. November 17-18, 2016
 - o Mulligan Concept Part C, Follow-up & Advanced, Dubai, UAE. November 19, 2016
- Kinesio Taping Fundamentals and Advanced (KT1 & KT2). Kinesio University, Doha, Qatar.
 October 7-8, 2016
- Dry Needling Certification (CMTPT). Myopain Seminars
 - o Dry Needling-Foundation I. Myopain Seminars, Dubai, UAE. February 4-6, 2016
 - o Dry Needling-Foundation II. Myopain Seminars, Dubai, UAE. March 24-26, 2016
 - o Dry Needling-Advanced. Myopain Seminars, Dubai, UAE. April 15-17, 2016
- Certificate of Orthopaedic Manual Therapy. Manual Concepts, Perth, Australia. June 29- July 24, 2015.
- Clinical Gait Analysis- An Impairment Focused Interpretation Approach. University of Salford Manchester, Salford, UK. May 20-22, 2015.
- Intermediate Rasch Analysis. University of Leeds, Leeds, UK. May 18-20, 2015.
- Introduction to Rasch Analysis. University of Leeds, Leeds, UK. May 13-15, 2015.
- Gait and Clinical movement Analysis Society Conference. Portland, Oregon, USA. March 18-21, 2015.
- Combined Sections Meeting of the American Physical Therapy Association. Indianapolis, IN, USA. February 4-7 2015.
- Multimodal Physical Therapy and Interventional Pain Medicine in Managing Neck Pain. Indianapolis, IN, USA. February 14, 2015.
- Diagnosis and Treatment of Movement System Impairment Syndromes: Upper Quarter Advanced Applications. Edmonton, Canada. June 18-19, 2014.
- Canadian Physiotherapy Congress, Edmonton, Canada. June 19 –22, 2014.
- The Thorax & Pelvis Understanding the Relationships between the Thorax and the Pelvis using The Integrated Systems Model for Pain & Disability. Lugano, Switzerland, March 20-23, 2014.

- Advanced Thrust and non-thrust manipulation of the cervical spine and thorax with integration of exercise., Las Vegas, NV, USA. February 2-3, 2014
- Combined Sections Meeting of the American Physical Therapy Association, Las Vegas, NV, USA. February 3-6, 2014
- Annual Meeting of the American Physical Therapy Association, Salt Lake, UT June 26-29, 2013
- Combined Sections Meeting of the American Physical Therapy Association, San Diego, CA.
 February 17-20, 2010
- Combined Sections Meeting of the American Physical Therapy Association, New Orleans, LA. February 9-12, 2011
- Combined Sections Meeting of the American Physical Therapy Association, Chicago, IL. February 8-12, 2012
- American Society of Biomechanics Meeting, Providence, RI. August 18-21, 2010.
- Orthopedic Research Society Meeting, Long Beach, CA. January 13-16, 2011.
- Osteoarthritis Research Society International Meeting, Barcelona, Spain. April 26-29, 2012.
- European Society of Sports Traumatology, Knee Surgery and Arthroscopy Meeting, Geneva, Switzerland. May 2-5, 2012.
- Annual Meeting of the American Physical Therapy Association, Boston, MA June 16-19, 2010
- Evidence-Based Practice in Your Clinic, Preconference workshop, Boston, MA June 16, 2010
- Manipulation of Sacroiliac Joint, conducted at security forces hospital, Riyadh, Saudi Arabia on April 20, 2006.
- Introduction to Clinical Statistics, conducted at King Fahad National Guard hospital, Riyadh, Saudi Arabia on March 22-23, 2006.
- Finding Evidence of Effect of Therapy, Conducted at Alfaisaliah Hotel, Riyadh, Saudi Arabia on December 06, 2005.
- Orthopedic Manual Physical Therapy part four: elbow-forearm, hand and upper cervical spine: conducted at Riyadh Armed Forces hospital, Riyadh, Saudi Arabia on May 15-19, 2004.
- Orthopedic Manual Physical Therapy part three: the lumbo-pelvic and thoracic region: conducted at Riyadh Armed Forces hospital, Riyadh, Saudi Arabia on February 14-18, 2004.
- Orthopedic Manual Physical Therapy part Two: the lower extremity: conducted at Riyadh Armed Forces hospital, Riyadh, Saudi Arabia on December 13-17, 2003.
- Orthopedic Manual Physical Therapy part one: cervical-shoulder complex: conducted at Riyadh Armed Forces hospital, Riyadh, Saudi Arabia on September 13-17, 2003.
- Cyriax Generalities and Lower Extremities Modules: conducted at Saudi German Hospital, Riyadh, Saudi Arabia on January 12, 16-18, 2003.
- The Role of Electrodiagnostic Techniques in Physical Therapy: conducted at King Fahad Hospital of the University, Al-Khobar, Saudi Arabia on May 8-9, 2002.

CLINICAL MEETINGS ATTENDED

- Saudi Physical Therapy Association (SPTA) clinical meeting: Introduction to Neural Tissue Pain Disorder on December 20, 2004.
- SPTA clinical meeting: Physical Therapy Role in NICU on November 29, 2004.
- SPTA clinical meeting: Neurodynamics: An Overview of principles Related to Clinical Practice on May 17, 2004.
- SPTA clinical meeting: Lumbar Pain: How to Reach a Useful Diagnosis in Order to Define a treatment Strategy by Using Cyriax Assessment Form on March 8, 2004.
- SPTA clinical meeting: Back Pain and Related Conditions on September 9, 2003.
- SPTA clinical meeting: Basics of Acute Care of Spinal Cord Injury on July 15, 2003.
- SPTA clinical meeting: Evaluation and Treatment of the Patient with Osteoarthritis on June 17, 2003.
- SPTA clinical meeting: Bobath Concept on May 5, 2003.
- SPTA clinical meeting: Painful Hemiplegic Shoulder on April 22, 2003.
- SPTA clinical meeting: Uses of Application of Ilizarov Technique & Role of Physical Therapy on March 23, 2003.
- SPTA clinical meeting; Myofascial Trigger Points: Diagnosis & Treatment on March 9, 2003.

UNIVERSITY COURSES TAUGHT

- RHS 518 Physical Therapy for Orthopedic Disorders II (graduate course)
- RHS 507 Biomechanics (graduate course)
- RHS 502 Research Methodology and Statistics (graduate course)
- RHS 505 Research Seminars (graduate course)
- BMT 228 Introduction to Biomechanics (undergraduate course)
- RHS 341 Kinesiology (undergraduate course)
- RHS 301 functional Anatomy (undergraduate course)
- RHS 322 Therapeutic Exercises (undergraduate course)
- RHS 433 Clinical Practice 3 (undergraduate course)
- RHS 434 Selected Clinical Topics (undergraduate course)
- RHS 333 Clinical Practice 1 (undergraduate course)