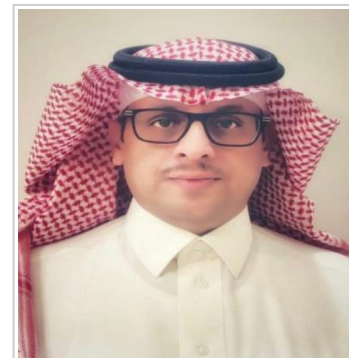


PROF. ABDULLAH AL-ZAHRANI

King Saud University, P.O. Box: 2458, Riyadh: 11451, KSA
96650.478.4878 | 9661.467.3478 | 966.1467.4797
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PROFESSOR OF CLINICAL PSYCHOLOGY

Clinical Psychologist Consultant (08-R-A-0032842)

QUALIFICATIONS PROFILE

A highly skilled and motivated professor and clinical psychologist, with extensive clinical work and psychological counseling experience, with vast research interests in various behavioral and psychological issues affecting different age groups. A dedicated professor, with adeptness in instructing and advising students toward their educational growth. Adept at supervising psychologists, designing rehabilitation programs, as well as in employing cognitive and rational emotive behavioral therapy. Articulate communicator, with outstanding writing and public speaking skills.

CORE COMPETENCIES

*Assessment and Diagnosis | Evidence-Based Interventions | Research and Evaluation | Clinical Supervision
Consultation and Collaboration | Program Development | Healthcare Systems Knowledge | Patient Needs Assessment*

EDUCATION

Doctor of Psychology in Clinical Psychology (PhD): 2007

CURTIN UNIVERSITY, PERTH, AUSTRALIA

Master of Psychology in Clinical Psychology: 1999

KING SAUD UNIVERSITY, RIYADH

Bachelor of Psychology in Clinical Psychology: 1994

KING SAUD UNIVERSITY, RIYADH

PROFESSIONAL EXPERIENCE

KING SAUD UNIVERSITY, RIYADH

Professor of Clinical Psychology , Department of Psychology	2019–Present
Thesis Supervisor/Advisor, Doctor and Master Thesis/Dissertation of Students	2021–Present
Associate Professor of Clinical Psychology , Department of Psychology	2014
Assistant Professor of Clinical Psychology , Department of Psychology	2012–2014
Assistant Professor of Clinical Psychology , College of Health Sciences for Boys in Riyadh	2009–2012
Rapporteur of the Academic Advising and Graduate Studies Committee , Department of Psychology	2021–Present
Vice Dean of Student Affairs	2014–2015
Vice Dean of Student Affairs for Student Activities	2013–2014
President , Reading Club	2013
Founder and General Supervisor , Student Guidance and Counseling Center	2011–2015
Supervisor of the Student Support Unit for Health Colleges , College of Applied Medical Sciences	2011
Director of Student Counseling Program for Health Colleges , Vice Presidency for Health Specialties	2009–2011
Chairman of Student Counseling Committee for Health Colleges , Vice Rectorate for Health Specialties	2009–2011

SAUDI COMMISSION FOR HEALTH SPECIALTIES

Clinical Psychologist Consultant (08-R-A-0032842)	2012–Present
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DAR AL-ULOOM UNIVERSITY, RIYADH

Dean of Admission , Registration and Student Affairs	2015–2016
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MINISTRY OF SOCIAL AFFAIRS, RIYADH

Lecturer in Family Counseling Diploma	2010
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ABDULLAH AHMED AL-ZAHRANI

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Earlier Positions Held:

MINISTRY OF HEALTH, RIYADH

Head of Student Counseling Program	2010
Assistant Professor of Clinical Psychology Lecturer	2007–2009
Clinical Psychologist	2000–2001
Admission and Information Specialist	1997–2002
Examination Specialist	1996–1997

MEMBERSHIP/TRAINING ROLES

Member:

Saudi Commission for Health Specialties, Riyadh

- *Clinical Psychologist Consultant*

Promotion Advisory Committee of the Saudi Commission for Health Specialties

- *Member, 2022–Present*

Arbitration Committee in the National Olympiad for Scientific Creativity

- *Member, 2011–Present*

King Saud University in the National Youth Center–University of Melbourne, Australia

- *Representative, National Center for Youth Research: 2010*

College of Medicine - King Saud bin Abdulaziz University for Health Sciences–National Guard

- *Member, Committee for Evaluation of the Master's Program in Medical Education: 2010*

Trainer:

Family Counseling Program–Awareness and Social Rehabilitation Association (conscious) in Riyadh, affiliated to the Family Development Center in Al-Ahsa

- *Trainer, Communication Skills: 2010*
- *Trainer, Mental Health: 2010*

King Saud Medical Complex in Riyadh, Ministry of Health

- *Trainer, Communication Skills at the Radiology Technician Course: 2009*

King Saud Medical Complex

- *Lecturer, Effective Communication Skills: 2009*
- *Lecturer, Skills of Personal Communication and Building Human Relations: 2009*

Technical Institute for Health Training

- *Lecturer, The Relationship between Motivation and the Formation of Behavior: 2008*
- *Lecturer, Psychological War: 2008*

PROFESSIONAL DEVELOPMENT

University of Vancouver, Canada

- *Academic Leadership Development Course for King Saud University: 2015*

Academic Leadership Center - Ministry of Higher Education - Courtyard Marriott Hotel, Riyadh

- *Course in Positive Academic Leadership: 2015*
- *Developing a Research Agenda for the College or Academic Department: 2014*

ABDULLAH AHMED AL-ZAHRANI

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Florida Atlantic University, Boca Raton, FL, USA

- Leadership in Higher Education: 2014

King Saud University, Riyadh

- Preparing a Description and Report of Academic Programs: 2014
- Integration of Technology in Teaching Course: 2014
- Smart Halls Course : 2014
- Micro Teaching Course: 2010
- Effective Teaching Skills Course: 2010
- Student Assessment Skills Course: 2010
- Course building Course: 2010
- Quality Course in Higher Education: 2009
- Course in Effective Communication: 2009
- Course in the Statistical Program (SPSS): 2005

University of Auburn, Auburn, AL, USA

- A Course in Promoting the Teaching and Learning Process: 2011

King Saud University (in Cooperation with Harvard University)

- Workshop entitled Health Colleges Strategy: 2010

Curtin University, Perth, Australia

- Workshop on psychological obsessive-compulsive disorder and how to treat it: 2007
- Workshop on behavioral problems for children and work with families: 2007
- Workshop for the Wechsler scale for measuring children's intelligence (WAIS-VI): 2007
- Wechsler scale for measuring adult intelligence (WAIS-VI) workshop: 2007
- A course in the (GECKO) program for electronic research in scientific journals: 2007
- English language course (ELICOS): 2007
- A training course in the development of social life skills to maintain the mental health of children and adolescents in schools from infection with anxiety and depression: 2006

Edith Cowan University, Perth, Australia

- Advanced Professional Course in the Treatment of Sexual Behavioral Disorders: 2006

Workshops/Conferences (Attendee):

- 18th Annual Conference of the American Society for Behavioral and Social Sciences, Las Vegas, Nevada, USA.
- Southeast Asian Psychology Conference (SEAP), College of Psychology and Social Work, Sabah State University, Malaysia.
- Counselling skills. Asian Pacific Student Services Association (APSSA) Conference, Queensland University of Technology, Brisbane, Australia.
- Counselling skills. 16th Annual Conference, Hilton Hotel, Las Vegas, NV, USA.
- 34th National Conference of the Australian Association for Cognitive Behavioral Therapy (AACBT), Hilton Hotel, Sydney, Australia.
- 35th National Conference of the Australian Association for Cognitive Behavioral Therapy (AACBT), Hyatt Hotel–Gold Coast, Australia.
- 1st International Conference on Clinical Psychology, King Fahd Medical City in Riyadh, Saudi Arabia.
- 6th International Conference on Educational Psychology, in University of Arizona, USA.
- 121st annual conference of the Michigan Academy of Sciences and Arts. Andrews University, Michigan, USA.

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PROFESSIONAL AFFILIATIONS

Member, Australian Association for Cognitive Behavioral Therapy (AACBT)
Member, Asian Society for Social Psychological Sciences (AASP)

NOTABLE PROJECTS

- 2014 A project to improve student skills at King Saud University**
Role: Project Director
Funding Source: University Vice Presidency for Educational and Academic Affairs
Funded Grant Amount: 1,200,000 Riyal
Overview/Objective: To achieve the objectives of the project to develop the educational process and study plans
- 2014 A project to identify best practices in supporting first-year students and struggling students at King Saud University**
Role: Project Director
Funding Source: University Vice Presidency for Educational and Academic Affairs
Funded Grant Amount: 1,200,000 Riyal
Overview/Objective: To achieve the objectives of the project to develop the educational process and study plans
- 2011 Psychological and social compatibility project for new students at the university**
Role: Project Director
Funding Source: Ministry of Higher Education
Funded Grant Amount: 306,000 Riyal
Overview/Objective: To achieve the objectives of the project to develop the students' skills in psychological and social adjustment in the university environment
- 2011 Positive thinking project for new students at the university**
Role: Project Director
Funding Source: Ministry of Higher Education
Funded Grant Amount: 100,000 Riyal
Overview/Objective: To achieve the objectives of the project to remove negative feelings that may hinder him from achieving student goals.

PRESENTATIONS

Conference Paper:

- Al-Zahrani, A.A.** (2007). *Testing the social phobia an etiological model: A study in the Kingdom of Saudi Arabia*. 7th Conference of the Asian Society of Social Psychological Sciences, Kota Kinabalu, Sabah State, Malaysia.
- Al-Zahrani, A.A.** (2011). *Testing the etymological model of social phobia: A study in the Kingdom of Saudi Arabia*. 16th International Conference (APPAC) "The Latest Developments and Challenges in the Field of Psychological, Neurological, and Social Sciences", Hilton Hotel, Athens, Greece.
- Al-Zahrani, A.A.** (2013). *Learning and thinking patterns based on the whole brain theory, and its relationship to visual motor integration*. International Conference of the Journal of Arts and Sciences (IJAS) in academic disciplines, Faculty of Medicine, Harvard University, USA.

ABDULLAH AHMED AL-ZAHRANI

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PUBLICATIONS

In Press:

Al-Zahrani, A.A. (in press). Behavioral problems of autistic children and its relationship with sleep quality of their mothers. *Journal of Educational Sciences*.

Al-Zahrani, A.A. (in press). Psychometric properties of the alexithymia scale in a sample of King Saud students. *Journal of the Message of Education and Psychology*, King Saud University.

Journal Articles:

Al-Zahrani, A.A. (2010). Future anxiety, and its relationship to the attitude towards the profession among students of the College of Nursing at King Saud University. *Service Center Journal for Research Consultations, Menoufia University, Faculty of Arts*, 1–33.

Al-Zahrani, A.A. (2011). Attitude towards study and study skills and their relationship to academic achievement among students of health colleges at King Saud University. *Journal of Childhood and Education, University of Alexandria*, 8(3), 463–517.

Al-Zahrani, A.A. (2013). Learning and thinking styles based on whole brain theory in relation to sensory-motor integration. *Research in Neuroscience*, 2(1), 1–10.

Al-Zahrani, A.A. (2015). Metacognition, and its relationship to the ability to remember among King Saud University students. *Journal of Social Sciences, Imam Muhammad bin Saud Islamic University*, 36, 75–110.

Al-Zahrani, A.A. et. al. (2015). Faculty development: Faculty's priorities in enhancing academic excellence. *South East Asian Journal of Medical Education*, 9(1), 35–40.

Al-Zahrani, A.A. (2017a). Psychological distress and social support in the light of some variables in breast cancer patients. *Journal of the College of Education, Al-Azhar University*, 175(1), 323–361.

Al-Zahrani, A.A. (2017b). The relationship between exposure trauma and child social phobia. *International Journal of research in Education & Psychology*, 5(1), 152–178.

Al-Zahrani, A.A. (2018a). Alexithymia and its relationship to depression in the light of some demographic variables among a sample of alcoholics. *Journal of the Faculty of Education, University of Alexandria*, 28(1), 463–517.

Al-Zahrani, A.A. (2018b). Loss of the ability to express emotionally and its relationship to parental upbringing patterns. *Journal of the Faculty of Education, Banha University*, 29(114), 171–218.

PERSONAL INFORMATION

Date of Birth: 23/08/1971

Gender: Male

Civil Status: Married

SCitizenship: Saudi