# 487 CHS Example for Mid-term I: Multiple choice questions

**1- Each interaction between health professional and patient in patient education provide an opportunity to build:**

1. Rapport
2. Trust
3. Gather information
4. **a and b**
5. a and c
6. All of the above.

2- **Mr. Fahd, a 45-year-old, has developed chronic bronchitis. He has been smoking two packages of cigarette a day in the last 15 years. He described to his physician that he is under stress in his job and smoking help him to relieve stress. He acknowledges the effect of stopping smoking on health, but he is not sure that he could do it. The physician refer him to health educator to help him in smoking cessation. What is the *best* action to be taken by the health educator?**

1. Describe the impact that smoking cession would have on his health.
2. To talk to his physician about what the health educator should do.
3. **To work with Mr. Fahd on intermediate goal, once attained may be modified.**
4. A and b
5. A and C
6. All of the above.