How to make Yoghurt Salad (cucumber, yoghurt and mint salad)

Work in pairs. Follow the instructions below.

1 Read the list of ingredients for Yoghurt salad and complete it by adding vowels (a,e,i,o,u). The fourth ingredient has been done as an example.

INGREDIENTS

h_lf l_rg c_c mb r

s_lt

150ml pl n ygh rt

1 tablespoon o live oil

1 g_rl_c cl_v_ ( cr_sh_d)

2 t_bl_sp ns ch_pp_d fr_sh m nt

bl_ck p_pp_r

2 Read the method and number the stages in the correct order.

METHOD

After that, wash the cucumber with water then dry with a paper towel.

Finally, add the cucumber and mix together.

First, cut the cucumber in half and remove the seeds.

Then mix the yoghurt with olive oil, garlic, mint, salt and pepper.

Next, chop the cucumber and sprinkle with salt. Leave to drain for an hour.