Scientific Publications:

Books (in Arabic):


Book Editing:


Book Chapters:


**Monographs & Technical Reports:**


**Refereed Journal Articles:**


Refereed Conference Proceedings (Full paper):


**Refereed Conference Proceedings (Abstract):**


**Educational Brochures and Pamphlets:**

Produced over 50 educational brochures (of about 5-20 pages each) for coaches, physical activity specialists, health and nutrition educators, and lay persons.