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| **متابعة التدريبات الأسبوعية لمادة السكب** |
|  |  |  |  |  |  |  |  |  |  |  |   |
| **الدقائق** | **الحروف** | **م** | **يوم** | **الدقائق** | **الحروف** | **م** | **يوم** | **الدقائق** | **الحروف** | **م** | **يوم** |
|  | **أسبوع 11** | **أسبوع 6** | **أسبوع 1: بداية الدراسة**  |
|   |   | Mar 17 | Sun |   |   | Feb 10 | Sun |   |   | Jan 6 | Sun |
|   |   | Mar 18 | Mon |   |   | Feb 11 | Mon |   |   | Jan 7 | Mon |
|   |   | Mar 19 | Tue |   |   | Feb 12 | Tue |   |   | Jan 8 | Tue |
|   |   | Mar 20 | Wed |   |   | Feb 13 | Wed |   |   | Jan 9 | Wed |
|   |  | Mar 21 | Thu |   |   | Feb 14 | Thu |   |   | Jan 10 | Thu |
|  | **أسبوع 12** |  | **أسبوع 7** |  | **أسبوع 2** |
|   |   | Mar 24 | Sun |   |   | Feb 17 | Sun |   |   | Jan 13 | Sun |
|   |   | Mar 25 | Mon |   |   | Feb 18 | Mon |   |   | Jan 14 | Mon |
|   |   | Mar 26 | Tue |   |   | Feb 19 | Tue |   |   | Jan 15 | Tue |
|   |   | Mar 27 | Wed |   |   | Feb 20 | Wed |   |   | Jan 16 | Wed |
|   |   | Mar 28 | Thu |   |   | Feb 21 | Thu |   |   | Jan 17 | Thu |
|  | **أسبوع 13** |  | **أسبوع 8** |  | **اسبوع 3** |
|   |   | Mar 31 | Sun |   |   | Feb 24 | Sun |   |   | Jan 20 | Sun |
|   |   | Apr 1 | Mon |   |   | Feb 25 | Mon |   |   | Jan 21 | Mon |
|   |   | Apr 2 | Tue |   |   | Feb 26 | Tue |   |   | Jan 22 | Tue |
|   |   | Apr 3 | Wed |   |   | Feb 27 | Wed |   |   | Jan 23 | Wed |
|   |  | Apr 4 | Thu |   |  | Feb 28 | Thu |   |  | Jan 24 | Thu |
|  |  | **أسبوع 9** |  | **أسبوع 4** |
|   |   | Mar 3 | Sun |   |   | Jan 27 | Sun |
|   |   | Mar 4 | Mon |   |   | Jan 28 | Mon |
|   |   | Mar 5 | Tue |   |   | Jan 29 | Tue |
|   |   | Mar 6 | Wed |   |   | Jan 30 | Wed |
|   |  | Mar 7 | Thu |   |  | Jan 31 | Thu |
|  |  | **أسبوع 10** |  | **أسبوع 5** |
|   |   | Mar 10 | Sun |   |   | Feb 3 | Sun |
|   |   | Mar 11 | Mon |   |   | Feb 4 | Mon |
|   |   | Mar 12 | Tue |   |   | Feb 5 | Tue |
|   |   | Mar 13 | Wed |   |   | Feb 6 | Wed |
|   |   | Mar 14 | Thu |   |   | Feb 7 | Thu |