



الشراكة الطلابية

مشروع التثقيف الصحي  
Health Education Project

# Head and Neck Cancer



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Cancer of the head and neck is curable if caught early. Fortunately, most head and neck cancers produce early symptoms. You should know the potential warning signs so you can alert your doctor as soon as possible. Remember; successful treatment of head and neck cancer can depend on early detection. Knowing and recognizing the signs of head and neck cancer can save your life.

## Symptoms of Head and Neck Cancer

- A lump in the neck.
- Change in the voice...
- A growth in the mouth.
- Bringing up blood.
- Swallowing problems.
- Changes in the skin.
- Persistent earache.

## Identifying High Risk of Head and Neck Cancer

- Use of tobacco (cigarettes, cigars, chewing tobacco, or snuff) and alcoholic beverages are closely linked with cancers of the mouth, throat, voice box, and tongue.
- Prolonged exposure to sunlight is linked with cancer of the lip and is also an established major cause of skin cancer.

## What you Should do?

Be safe. See your doctor early; And practice health habits which will make these diseases unlikely to occur.

For more info please visit : [www.hep-ksu.info](http://www.hep-ksu.info) or contact : 014786100 ext 1422



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