

Fowad Khurshid

P.O. Box-2457, Department of Clinical Pharmacy, College of Pharmacy, King Saud University,
Riyadh- 11451, Saudi Arabia; **Telephone:** +966-11-4677467; **Mob:** +966-541752915,
E-mail: fkhurshid@ksu.edu.sa; **Alternate email:** fowad.khurshid@gmail.com

SPECIALIZATION Pharmacy Practice

ACADEMIC QUALIFICATION

S. No.	Degree	University/Country
1	Doctor of Philosophy (Ph.D.) in Pharmaceutical Sciences	SunRise University, Alwar, Rajasthan, India
2	Master in Pharmacy Practice	Faculty of Pharmacy, Hamdard University, India
3	Bachelor of Pharmacy	Faculty of Pharmacy, Hamdard University, India

PH.D THESIS TITLE

“Effects of Commonly Used Herbs on the Pharmacokinetics of a Tricyclic Antidepressant in Rats”

M.PHARM THESIS TITLE

“Medicine Utilization and Adverse Drug Reaction Monitoring of Antihypertensive Agents in a
University Teaching Hospital”

RESEARCH INTEREST

Pharmacoepidemiology, Pharmacoeconomics, Clinical Research, Pharmacovigilance, Drug
Utilization and Drug Safety

RELATED EXPERIENCE

Lecturer

Dept. of Clinical Pharmacy

King Saud University College of Pharmacy, Riyadh, Saudi Arabia

Jan 2010- till date

- Contributing to researches in the department

Officer- Pharmacovigilance**April 2009- Jan2010**Process- *Pfizer Drug Safety Surveillance, USA*

Wipro Limited, SEZ Greater Noida, India

- Review Adverse Event Monitoring Form
- Prepare Product Safety Monitoring Report (PSMR)
- Safety narrative writing
- Processing of Spontaneous Adverse Drug Reaction
- Serious Adverse Event (SAE) Management: Collection, Data entry, Event term selection and suspect product selection,

Lecturer**August 2008- April 2009**

HIMT College of Pharmacy
Institutional Area; Greater Noida
U.P; India

Clinical Research Associate**June 2007- July 2008**

Apothecaries Ltd. New Delhi, India

- Conduct Phase II Clinical Trial
- Verify data versus source documentation and validate Case Report Form entries
- Perform site evaluation visit to assess facilities
- Coordinated with investigators and Clinical Research Coordinators
- Quality control of investigational product management
- Accurately identify and capture any adverse event related to the investigational drug

Study Coordinator**Academic year July 2006 - June 2007**

Majeedia Hospital, Jamia Hamdard, New Delhi, India

- Conducted Adverse Drug Reaction Monitoring (*Pharmacovigilance*) study on Antihypertensive agents as a Post Marketing Surveillance
- Receive and accurately document Adverse Drug Reaction
- Processing of spontaneous Adverse Drug Reaction, Data Collection and Interpretation

SELECTED PUBLICATIONS

1. Hussain Al-Omar, Jehan Barakat, Mohammed Alsultan, **Fowad Khurshid**, Azher Arafah. How pharmacists' perceptions of the organizational support available to them affects their resilience and engagement in their stressful and competitive workplace. **Communicated**
2. Maha M. Al-Rasheed, Tariq Alhawassi, Alanoud Alanazi, Nouf Aloudah, **Fowad Khurshid**, Mohammed Alsultan. Knowledge and Willingness of Physicians about Deprescribing Among Older Patients: A Qualitative Study. *Clinical Interventions in Aging*. 2018;13 1401–1408.

3. **Fowad Khurshid**, Jeyabalan Govindasamy , Habibullah Khalilullah, Mohammed Shivli Nomani, Mudassar Shahid , Md Ruhail Ain, Mohammad Sultan Alsultan. Effect of Centella asiatica formulation on the pharmacokinetics of amitriptyline in rats: Herb - drug interaction study. *Lat. Am. J. Pharm.* 2018; 37 (4); 663-70.
4. **Fowad Khurshid**, Jeyabalan Govindasamy, Habibullah Khalilullah, Mohammed Shivli Nomani, Mudassar Shahid, Md Ruhail Ain, Mohammad Sultan Alsultan. Herb-drug interaction of Bacopa monnieri Linn. (Brahmi) formulation on the pharmacokinetics of amitriptyline in rats. *Braz. J. Pharm. Sci.* 2017; 53(4):e17072.
5. Ali A. Almitwazi, **Fowad M. Khurshid**, Ali M. Alkhodair, Meshal A. Almutairi, Mohammed S. Alsultan. Evaluation of Clinical Pharmacist's Interventions in a Specialized Cardiac Center: Impact on Patient's Direct Medication Cost. *Lat. Am. J. Pharm.* 2017; 36 (6): 1157-63.
6. Turki Assiri, **Fowad Khurshid**, Meshal Almutairi, Mona Alhusayyen, Fahad Alkharji, Mohammed Alsultan. Impact of pharmacist intervention in patient counseling at point of hospital discharge in a specialized cardiac center in Saudi Arabia. *Trop J Pharm Res* 2017; 16 (5): 1187-1193.
7. Nasser Fahad Alfahad, Mohammed Tawfiq Albelali, **Fowad M. Khurshid**, Mohammed N. Al-Arifi, Abdlatif A. Al-Dhawailie, Mohammed S. Alsultan. Perception and knowledge to online pharmacy services among consumers in Riyadh, Saudi Arabia: a pilot survey. *Lat. Am. J. Pharm.* 2015; 34 (6): 1113-8.
8. Mohammed A Alotaibi, Amjad K Fataftah, Khalid Alkhanbashi, Abdlatif A Al-Dhawailie, Fawaz A Alanazi, **Fowad M Khurshid**, Mohammed S Alsultan. Dose determination of activated charcoal in management of amitriptyline-induced poisoning by reversed-phase high-performance liquid chromatography. *Trop J Pharm Res* 2015; 14(4):655-662.
9. Abdulaziz Al-Essa, **Fowad M. Khurshid**, Abdlatif A. Al-Dhawailie, Meshal A. Almutairi, Ali A. Almitwazi & Mohammed S. Alsultan. Patients' Perception to Mail Order Pharmacy Service in a Specialized Cardiac Center. *Lat. Am. J. Pharm.* 2014; 33 (7): 1069-74.
10. Mohammed S. Alsultan, **Fowad Khurshid**, Ahmed Y. Mayet, Ahmed H. Al-Jedai. Hospital pharmacy practice in Saudi Arabia: Drug monitoring and patient education in the Riyadh region. *Saudi Pharm J.* 2013; 21(4): 361-70.
11. Abdlatif A. Al - Dhawailie, Ahmad N. Al - Enezi, Ban dar F. Al - Qhtani, Khaled T. Al - Enezi, Naif M. Al - Harbi, Nasser S. Al - Tulaian, **Fowad Khurshid**, Mohammad S. Alsultan. Mobile phone text messaging for pharmaceutical care in Saudi Arabia: a pilot study. *Int J Pharmacy.* 2013; 3(2):312-315.
12. Al-Jedai A, Alsultan M, Almeshari K, Alshaibani K, Elgamal H, Alkortas D, **Fowad Khurshid**, Altalhi M, Hamawi K. Cost analysis of kidney transplantation in highly sensitized recipients compared to intermittent maintenance hemodialysis. *Ann Transplant.* 2012; 17(4):82-91.

13. Mohammed S. Alsultan, **Fowad Khurshid**, Ahmed Y. Mayet, Ahmed H. Al-Jedai. Hospital pharmacy practice in Saudi Arabia: Dispensing and administration in the Riyadh region. *Saudi Pharm J.* **2012**; 20(4):307–315.
 14. Mohammed S. Alsultan, **Fowad Khurshid**, Heba J. Salamah, Ahmed Y. Mayet, Ahmed H. Al-Jedai. Hospital pharmacy practice in Saudi Arabia: Prescribing and transcribing in the Riyadh region. *Saudi Pharm J.* **2012**; 20(3):203-210.
 15. **Fowad Khurshid**, Mohammed Aqil, Mohammad Shamshir Alam, Prem Kapur, Krishna K Pillai. Monitoring of adverse drug reactions associated with antihypertensive medicines at a university teaching hospital in New Delhi. *DARU Journal of Pharmaceutical Sciences.* **2012**; 20 (34).
 16. **Fowad Khurshid**, Mohammed Aqil, Mohammad Shamshir Alam, Prem Kapur, Krishna K. Pillai. Antihypertensive medication prescribing patterns in a university teaching hospital in South Delhi. *Int J Pharm Sci Res.* **2012**; 3(7):2057-2063.
 17. Alsultan, M, **Khurshid F**, Alegre P. Economic evaluation of agomelatine in patients attending private hospitals in Saudi Arabia. *European Psychiatry.* **2012**; 27(Supplement 1) P-950
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CONFERENCES / WORKSHOPS

- Attended 4th Scientific Meeting for Medication Safety on “**Reducing Burden on Prescription Drugs**” on **28th-29th November 2018** in Riyadh, Saudi Arabia.
- Participated in a short course on “**Decision Modeling and Economic Assessment of New Prescription Drugs**” at 4th Scientific Meeting for Medication Safety on **28th November 2018** in Riyadh, Saudi Arabia.
- Participated in a short course on “**Deprescribing and Reconciliation as Part of Medical Review: Tools and Strategies**” at 4th Scientific Meeting for Medication Safety on **28th November 2018** in Riyadh, Saudi Arabia.
- Participated in a short course on “**Drug Utilization Reviews: Methodologies and Application**” at 4th Scientific Meeting for Medication Safety on **28th November 2018** in Riyadh, Saudi Arabia.
- Attended Pharmacovigilance Awareness Day on “Future Role for Future Pharmacists” conducted by Medication Safety Research Chair, College of Pharmacy, King Saud University on **24 April 2018**.
- Successfully Completed the Educational Activity Titled “**The 14th Clinical Research Professionals’ Course**” provided by King Faisal Specialist Hospital & Research Center (KFSH& RC) in Riyadh, Saudi Arabia on **03-14 November 2013**. (*This course was accredited by the American Academy of Continuing Medical Education, AACME*).

- Attended a workshop on “***Pharmacoepidemiology and Understanding Clinical Paper-1, II***” at the 8th International Saudi Pharmaceutical Conference **25-28 April 2010**, Riyadh, Saudi Arabia.
 - Attended a workshop on “***Advanced Pharmacoepidemiology***” at the 8th International Saudi Pharmaceutical Conference **25-28 April 2010**, Riyadh, Saudi Arabia.
 - Attended three days Knowledge Management Programme Modules on ***Drug Development, Regulations in Clinical Research, Clinical Trial Management, Clinical Trial Administration and Quality Assurance*** in Clinical Research Convened from September 24 to September 26, 2007 at Clinical Research Academy, New Delhi, India.
 - Symposium on “***Promotion of Pharmacovigilance in India***” organized by Deptt.of Pharmacology, AIIMS on 15th March 2007, New Delhi, India.
 - International symposium on “***Recent Advances in Cardiovascular sciences***” [***RACS***] on 14th-15th Feb 2007 at Delhi Institute of Pharmaceutical Sciences and Research, New Delhi, India.
 - International Conference on ***HIV/AIDS and TB: Past, Present and Future: 2006***, on 13th-15th Jan 2006 at AIIMS, New Delhi, India.
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ACCREDITATION AND LICENSES

- Registered Pharmacist Delhi Pharmacy Council (Reg. No DPC- 16266).
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