

**CHS 369**

(Group 3) (23422)

-Saturday

From 11:00 pm - 1:00 pm

- Sunday

From 12:00 pm - 3:00 pm

## **Practicum I (CHS 369)**

**Course Title:** Practicum 1 in clinical nutrition

**Course Credits:** 3 hours

**Course Description:**

In this practical course the student learns the skills required to work in a hospital as a dietitian .The course focuses on nutritional assessment, planning treatment and follow-up patients for the following cases; Diabetes, Obesity, Renal, Liver, Pancreas, gallbladder diseases and other gastrointestinal disease.

**Course timing:**

- Saturday (Group 3) (23422)  
From 11:00 pm -1:00 pm
- Sunday  
From 12:00 pm-3:00 pm

**Instructors:**

**Lecturer:** Sara Alsilmi

**E-mail:** [salsilmi@ksu.edu.sa](mailto:salsilmi@ksu.edu.sa)

**Office number:** 014355010 ex:851

**Mobil:** 0500060582

**Office Hour:**

- Sundays: 10:00am-1:00pm
- Mondays : 11:00am-2:00pm

**Lecturer :** Ghadah Saleh Al-Medaimeegh

**E-mail:** [Galmedaimeegh@ksu.edu.sa](mailto:Galmedaimeegh@ksu.edu.sa)

**Office number:** 014355010 ex:350

**Mobil:**0554465256

**Office Hour:**

- Sunday : 9:00 am-10:00am
- Tuesday:10:00am-12:00am

**Course Syllabus:**

<b>Week</b>	<b>Date</b>	<b>Contents</b>	<b>Comments</b>
1 <sup>st</sup>	5/3/1433H 28/1/2012G	<b>Introduction</b>	
2 <sup>nd</sup>	12/3/1433H 4/2/2012G	<b>Introduction (Standard diet)</b>	Sat: College
3 <sup>rd</sup>	19/3/1433H 11/2/2012G	<b>Gastrointestinal</b>	SAT: Presentation(GI) Sun: Hospital
4 <sup>th</sup>	26/3/1433H 18/2/2012G	<b>Gastrointestinal</b>	Sat: Discussion+Presentation( GI) Sun:Hospital
5 <sup>th</sup>	3/4/1433H 25/2/2012G	<b>Gastrointestinal</b>	Sat: Discussion+Presentati on(GI) Sun:.Hospital
6 <sup>th</sup>	10/4/1433H 3/3/2012G	<b>Liver</b>	Sat: Discussion+Presentati on(Liver) Sun:Hospital
7 <sup>th</sup>	17/4/1433H 10/3/2012G	<b>Liver</b>	Sat: Discussion+Presentati on Disscution(Liver) Sun:Hospital
<b>8<sup>th</sup></b>	24/4/1433H 17/3/2012G	<b>Review</b>	Will be Saturday at our College
9 <sup>th</sup>	1/5/1433 24/3/2012	<b>Holiday</b>	
10 <sup>th</sup>	8/5/1433H 31/3/2012G	<b>Diabetes Mellitus</b>	Sat:Presentation(DM) Sun:Hospital
11 <sup>th</sup>	15/5/1433H 7/4/2012G	<b>Diabetes Mellitus</b>	Sat: Discussion+Presentati on(DM) Sun:Hospital
12 <sup>th</sup>	22/5/1433H 14/4/2012G	<b>Obesity &amp;wt management</b>	Sat: Discussion+Presentati on(Obesity)

			Sun:Hospital
13th	29/5/1433H 21/4/2012G	<b>Renal</b>	Sat: Discussion+Presentati on(Renal) Sun:Hospital
14th	7/6/1433H 28/4/2012G	<b>Renal</b>	Sat: Discussion+Presentati on(Renal) Sun:Hospital
15th	14/6/1433H 5/5/2012G	<b>Review</b>	Sat: Disscution +Diet Instruction submission
16th	21/6/1433H 12/5/2012G	<b>Exam(1)</b>	Will be Saturday at our College
17th	28/6/1433 19/5/2012	<b>Exam(2)</b>	Will be Saturday at our College

**Grades:**

Attendance:	5
Presentation	7
Discussion	10
Dietary instructions	8
Hospital visit	6
Assignments	14
Exam(1)	25
Exam(2)	25
Total	100

**GOOD LUCK**  
**Ghadah Al-Medaimeegh**  
**Sara Alsilmi**

### General instructions at Hospital:

\*\* Students are expected to be committed to the following hospital rules as follows:

- ☒ Silence and respect while entering the ward taking into consideration the patient's privacy and medical condition.
- ☒ Students must follow the conservative dress (long skirt, lab coat, head veil and face cover if possible), [No pants or make up is allowed). If students does not follow this rules ,will be consider as absent
- ☒ Students are not allowed to give the patient any information regarding his/her medical condition or interfering in the health care process applied in the course of treatment at the hospital.
- ☒ Students should attend on time, delay 15 minutes considered absent.
- ☒ Assignment given in the class according to the set dates. The assignments won't be accepted pass these date unless official medical excuse is attached on the front page.

### Instructors:

**Demonstrator:** Noura AlThukair

**E-mail:** [nalthukair@ksu.edu.sa](mailto:nalthukair@ksu.edu.sa)

**Office number:** 014355010 ex:120

**Mobil:**0505288525

**Office Hour:**

**Monday from 8am-11pm**

**Tuesday from 11am-1om**

**Demonstrator:** Amal Aldossari

**E-mail:** [amaldossari@ksu.edu.sa](mailto:amaldossari@ksu.edu.sa)

**Office number:** 014355010 ex: 120

**Mobil:** 0506403902

**Office Hour:** Sunday 8:00 – 11:00