KING SAUD UNIVERSITY

COLLEGE OF APPLIED MEDICAL SCIENCES

REHABILITATION SCIENCES DEPARTMENT

1432/1433

COURSE SYLLABUS

COURSE TITLE: Introduction to Occupational Therapy

COURSE NUMBER: RHS 201

CREDIT HOURS: 1 theoretical + 1 practical =2

COURSE COORDINATOR: Alaa Arafah MSc. OT

**Course Description**

The course will articulate the different ways of defining occupation and occupational therapy. The course will present the history of occupational therapy profession and the key founders of occupational therapy will be introduced. An attempt will be made to explore the philosophical and theoretical bases of occupational therapy. The course will highlight the practice of occupational therapy in the modern health care system. Efforts will be made to discuss the various occupational therapy settings. Factors that influence health, quality of life and function in the context of health care system will be presented in this course.

**The Aims of the course are to:**

1. Define occupation and occupational therapy
2. Discuss the history and development of the occupational therapy profession.
3. Descried the philosophy and structure of occupational therapy.
4. Explain concepts of occupational therapy in the modern health care delivery system.
5. Introduce activities of daily living (self care, productivity and leisure).
6. Understand various occupational therapy practice settings.

**Objectives:**

Upon the successful completion of the course, the students will be able to:

1. Define occupational therapy.
2. Identify the key founders of occupational therapy
3. Explain the development and philosophy of occupational therapy.
4. Understand the contemporary occupational therapy practices and settings.
5. Determine various factors that influence health and understand them in the context of occupational therapy.
6. Understand human performance and activities of daily living.
7. Recognize the general framework of occupational therapy practice in the context of existing healthcare delivery system.

**COURSE OUTLINE**

Week Topics

1. General introduction to occupational therapy (OT)
2. Definitions of OT
3. History & development of OT
4. Same as in week 2
5. Philosophy & structure of OT
6. Contemporary OT practice
7. OT practice settings
8. In-course examination 1 - theory
9. Introduction to activities of daily living
10. Factors that influence health and OT
11. OT in comprehensive health care delivery system
12. In-course examination 2 – theory
13. In-course examination: practical assignment submission
14. Problem-solving interactive session
15. Problem-solving interactive session
16. Final examination.

**TEACHING METHODS**

1. Formal lecture.
2. Practicum.

**GRADING**

1. In-course theory examination 1 20%
2. In-course practical examination 2 20%
3. Practical assignment submission 15%
4. Presentation and Attendance 5%
5. Final theory examination 40%

*TOTAL* 100%.

**SUGGESTED READING:**

1. WILLARD & SPACKMAN'S Occupational Therapy. Crepeau, Elizabeth Blesedell; Cohn, Ellen S.; Boyt Schell, Barbara A. Latest edition. Publisher: Lippincott Williams & Wilkins.
2. Foundation of practice of occupational therapy. Hagedorn R. Latest Edition. Publisher: Churchill Livingstone
3. Concepts of Occupational Therapy. Reed & Sauderson. Latest Edition. Publisher: Lippincott Williams and Wilkins