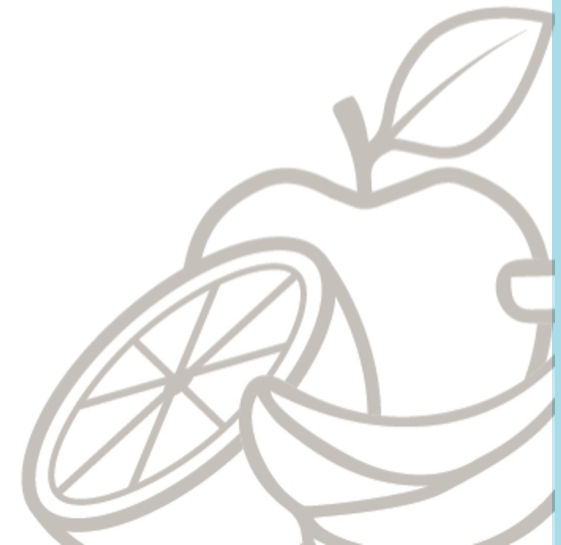


BCH 445 Biochemistry of Nutrition [Practical]

**Estimation of reducing sugars by Dinitrosalicylic acid  
method**



# Carbohydrates in milk

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- The major constituents of milk are **carbohydrates**, fats and **proteins**.
- The carbohydrate fraction of milk comprises a complex mixture of mono-, di-, and oligosaccharides of which **lactose**, is the major constituent in most mammalian species.
- Other **free carbohydrates** found in milk but at low concentrations, including glucose, galactose, amino sugars, sugar phosphates, neutral and acid oligosaccharides, and nucleotide sugars.
- As **lactose** is the main carbohydrate in commercial milk, its determination is a basic indicator of quality control and detection of abnormal milk.



## Human vs cow milk

Human milk contains **more lactose** than cow's milk.

- However, cow milk contains **higher** content of protein.

Component	Human	Bovine
Protein (g/dL) <sup>1</sup>	0.9 to 1.2	3.3
Fat (g/dL) <sup>1</sup>	3.2 to 3.6	3.7
Lactose (g/dL) <sup>1</sup>	6.7 to 7.8	4.5
Oligosaccharides (g/dL) <sup>1</sup>	0.7 to 1.2	0.1
No. of identified oligosaccharides <sup>2</sup>	<200	approximately 40
% fucosylated <sup>2</sup>	35% to 50%	approximately 1%
% sialylated <sup>2</sup>	12% to 14%	Less than 25%

Sources:<sup>1</sup> (Ballard & Morrow, 2013), <sup>2</sup> (Totten et al., 2012).

**Figure 1.** Differences in human and cow milk composition.

## Lactose in milk

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- Lactose is a **disaccharide** sugar derived from galactose and glucose.
- It is a **reducing** sugar (why?).
- Some of the methods for lactose detection in milk are based on the assumption that lactose is the only reducing sugars in milk.
- In this experiment, **dinitrosalicylic acid (DNS)** method will be used, which based on the detection of reducing sugar (which will give a general estimation for lactose not an accurate one, because in milk there are also other reducing sugars).

## Practical Part

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### Objective:

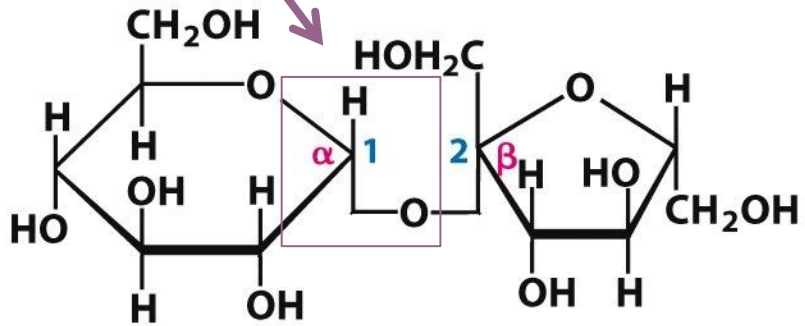
- Estimation of reducing sugars by dinitrosalicylic acid method in milk sample.

## DNS method

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- The **dinitrosalicylic acid (DNS)** method for estimating the **concentration** of **reducing sugars** in a sample.
- Not specific.
- Reducing sugars contain free carbonyl group, which have the property to **reduce** many of the reagents.
- **All** monosaccharides and **some** disaccharides are reducing sugars (sucrose?).

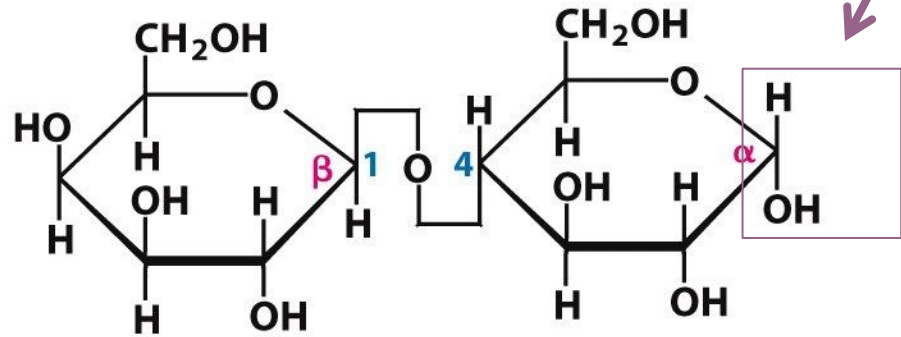
carbonyl group  
part of glycosidic  
linkage



**Sucrose**  
**( $\alpha$ -D-Glucopyranosyl-(1 $\rightarrow$ 2)- $\beta$ -D-fructofuranose)**

Non-reducing sugar

Free carbonyl  
group



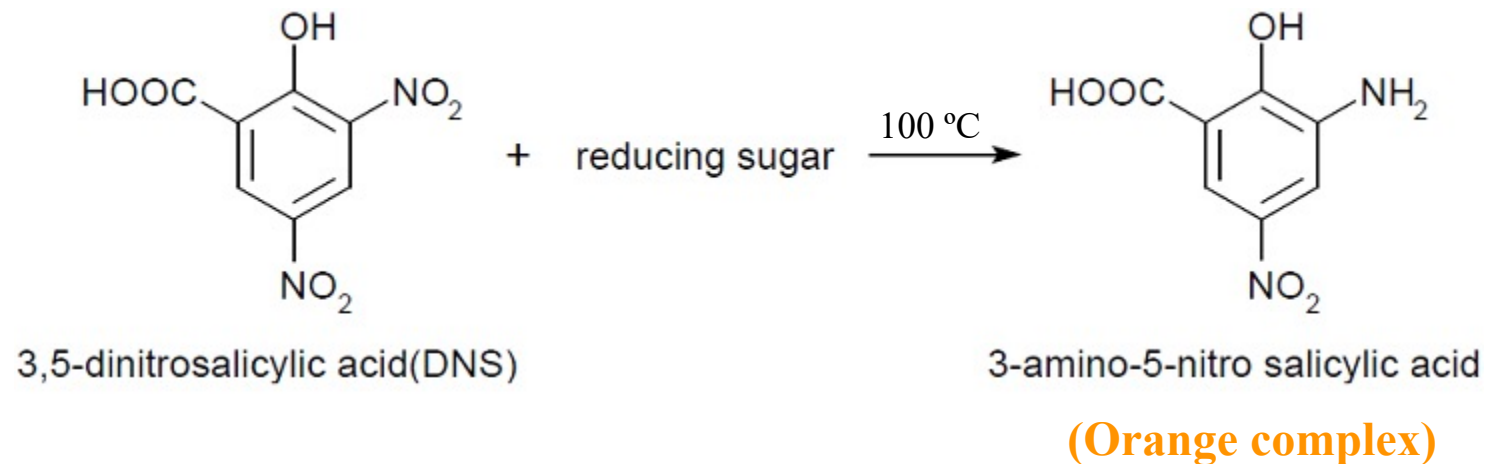
**Lactose**  
**( $\beta$ -D-Galactopyranosyl-(1 $\rightarrow$ 4)- $\alpha$ -D-glucopyranose)**

Reducing sugar

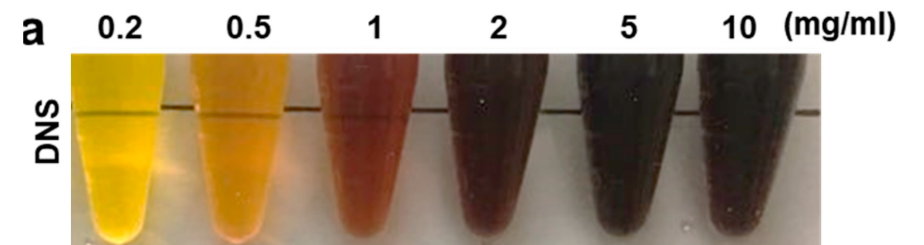
All reaction chemicals should be **handled with care**, you must wear **laboratory gloves** and **eye protection** glasses at all times

## Principle

- When alkaline solution of **3,5-dinitrosalicylic acid** reacts with **reducing sugars** (e.g. Glucose, lactose, etc.) it is converted into **3-amino-5-nitrosalicylic acid** with **orange** color (which absorbs at 540 nm).



- Intensity of the color is an index of **reducing sugar**.





# Method

Tubes	Glucose solution (100mg/dl) (ml)	Sample (ml)	Water (ml)	DNS reagent (ml)	Sodium potassium tartrate (ml)
B	--	--	1	3	1
1	0.1	--	0.9	3	1
2	0.2	--	0.8	3	1
3	0.3	--	0.7	3	1
4	0.4	--	0.6	3	1
5	0.5	--	0.5	3	1
6	0.6	--	0.4	3	1
7	0.7	--	0.3	3	1
8	0.8	--	0.2	3	1
S1 (Milk)	--	1	--	3	1
S2 (Milk)	--	0.6	0.4	3	1
S1 (Honey)	--	1	--	3	1
S2 (Honey)	--	0.6	0.4	3	1

Cover the tubes (with aluminum foil) And heat for 5 min. in a boiling water bath

## Method cont.

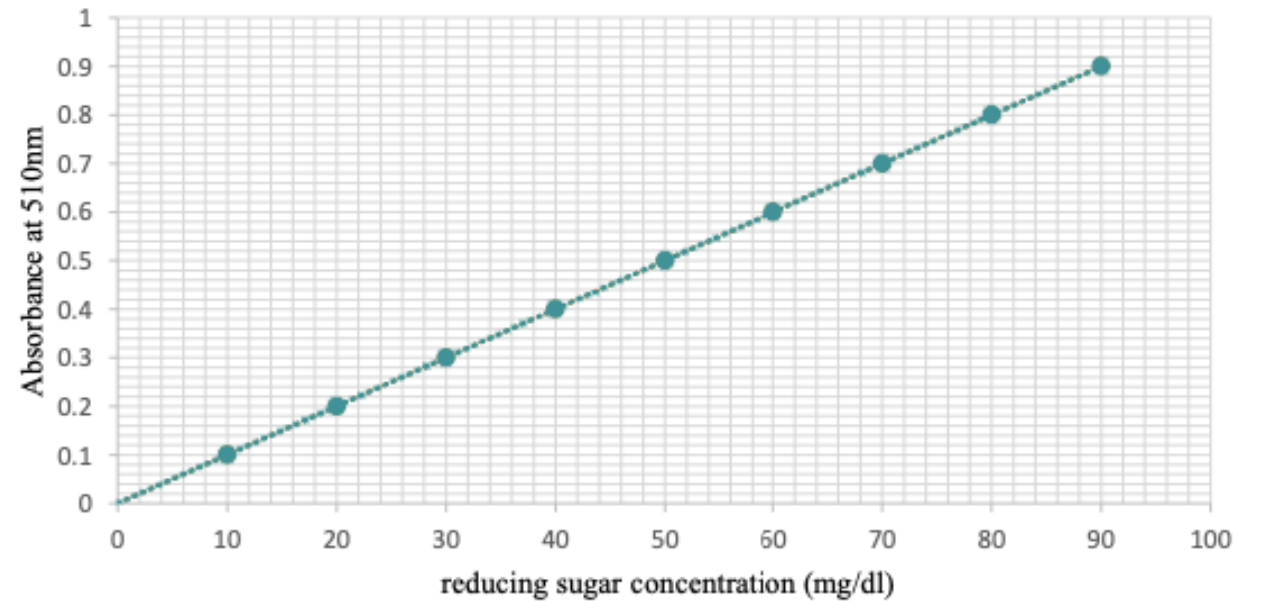
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1. Mix the contents.
2. Place test tubes in boiling water bath for 5 min.
3. Cool by immersing in cold water and read at 540 nm.
4. Plot the standard curve and calculate the amount in the sample from standard curve and calculate the contents.

# Results

Tube	Absorbance at 540nm	CHO content (mg/dl)
B	--	--
1		$C1 \times V1 = C2 \times V2$ $100 \times 0.1 = C2 \times 1$ $C2 = 10$
2		
3		
4		
5		
6		
7		
8		
9		
10		
S1		
S2		

Estimation of reducing sugars by dinitrosalicylic acid method



## Calculations

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Dilution factor (DF)= final volume / aliquot volume

The amount of carbohydrate in the sample= .....mg/dl x DF

## Homework

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1. DNS is one method used to determine reducing sugar content, name other methods. “list 3”
2. Explain how lactose can be an indicator of milk spoilage.