

# 103 PHYS Formula Sheet

## Motion in One Dimension

$$\text{average speed} \equiv \frac{\text{total distance}}{\text{total time}}$$

$$\Delta x \equiv x_f - x_i$$

$$\bar{v}_x \equiv \frac{\Delta x}{\Delta t}$$

$$v_x \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta x}{\Delta t} = \frac{dx}{dt}$$

$$\bar{a}_x \equiv \frac{\Delta v_x}{\Delta t}$$

$$a_x \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta v_x}{\Delta t} = \frac{dv_x}{dt}$$

$$v_{xf} = v_{xi} + a_x t$$

$$x_f - x_i = v_{xi} t + \frac{1}{2} a_x t^2$$

$$x_f - x_i = \bar{v}_x t = \frac{1}{2} (v_{xi} + v_{xf}) t$$

$$v_{xf}^2 = v_{xi}^2 + 2a_x(x_f - x_i)$$

## Vectors

$$A_x = A \cos q$$

$$A_y = A \sin q$$

$$\vec{A} = A_x \hat{i} + A_y \hat{j}$$

$$A = \sqrt{A_x^2 + A_y^2}$$

$$q = \tan^{-1} \left( \frac{A_y}{A_x} \right)$$

## Motion in Two Dimensions

$$\vec{r} = x \hat{i} + y \hat{j}$$

$$\Delta \vec{r} \equiv \vec{r}_f - \vec{r}_i$$

$$\vec{v}_{avg} \equiv \frac{\Delta \vec{r}}{\Delta t}$$

$$\vec{v} \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta \vec{r}}{\Delta t} = \frac{d\vec{r}}{dt}$$

$$\vec{v} = \frac{dx}{dt} \hat{i} + \frac{dy}{dt} \hat{j}$$

$$\vec{a}_{avg} \equiv \frac{\Delta \vec{v}}{\Delta t}$$

$$\vec{a} \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta \vec{v}}{\Delta t} = \frac{d\vec{v}}{dt}$$

$$\vec{v}_f = \vec{v}_i + \vec{a}t$$

$$\vec{r}_f = \vec{r}_i + \vec{v}_i t + \frac{1}{2} \vec{a}t^2$$

$$y = (\tan q_i) x - \left( \frac{g}{2v_i^2 \cos^2 q_i} \right) x^2$$

$$h = \frac{v_i^2 \sin^2 q_i}{2g} \quad R = \frac{v_i^2 \sin 2q_i}{g}$$

$$a_r = \frac{v^2}{r}, \quad a_t = \frac{dv}{dt}$$

$$\vec{a} = \frac{d|\vec{v}|}{dt} \hat{q} - \frac{v^2}{r} \hat{r}$$

$$\vec{v}' = \vec{v} - \vec{v}_0$$

$$\vec{a}' = \vec{a}$$

## The Laws of Motion

$$\sum \vec{F} = m \vec{a}$$

$$\vec{F}_{12} = -\vec{F}_{21}$$

$$\vec{F}_g = m \vec{g}$$

$$f_k = m_k n$$

$$f_s \leq m_s n$$

$$F_{spring} = -kx$$

## Circular Motion

$$\sum F_r = ma_r = \frac{mv^2}{r}$$

## Work and Kinetic Energy

$$W \equiv Fd \cos q$$

$$\vec{A} \cdot \vec{B} \equiv AB \cos q = A_x B_x + A_y B_y + A_z B_z$$

$$W = \int_{x_i}^{x_f} F_x dx$$

$$K \equiv \frac{1}{2} mv^2$$

$$\sum W = \Delta K$$

$$K_i + \sum W_{other} - f_k d = K_f$$

$$\bar{P} \equiv \frac{W}{\Delta t}$$

$$P \equiv \lim_{\Delta t \rightarrow 0} \frac{W}{\Delta t} = \frac{dW}{dt} = \vec{F} \cdot \vec{v}$$

## Potential Energy and Energy Conservation

$$\Delta U = U_f - U_i \equiv - \int_{x_i}^{x_f} F_x dx$$

$$U_g = mgy$$

$$U_s = \frac{1}{2} kx^2$$

$$E \equiv K + U$$

$$K_i + \sum U_i = K_f + \sum U_f$$

$$W_{app} = \Delta K + \Delta U$$

$$F_x = - \frac{dU}{dx}$$

## Linear Momentum and Collisions

$$\vec{p} \equiv m \vec{v}$$

$$\vec{p}_{1i} + \vec{p}_{2i} = \vec{p}_{1f} + \vec{p}_{2f}$$

$$\vec{I} \equiv \int_{t_i}^{t_f} \vec{F} dt = \Delta \vec{p}$$

$$\vec{F}_{avg} = \frac{\vec{I}}{\Delta t} = \frac{\Delta \vec{p}}{\Delta t}$$

$$v_{1f} = \left( \frac{m_1 - m_2}{m_1 + m_2} \right) v_{1i} + \left( \frac{2m_2}{m_1 + m_2} \right) v_{2i}$$

$$v_{2f} = \left( \frac{2m_1}{m_1 + m_2} \right) v_{1i} + \left( \frac{m_2 - m_1}{m_1 + m_2} \right) v_{2i}$$

$$\vec{r}_{CM} \equiv \frac{\sum m_i \vec{r}_i}{M}$$

$$\vec{v}_{CM} \equiv \frac{d\vec{r}_{CM}}{dt} = \frac{\sum m_i \vec{v}_i}{M}$$

$$\vec{a}_{CM} \equiv \frac{d\vec{v}_{cm}}{dt} = \frac{\sum m_i a_i}{M}$$

$$\sum \vec{F}_{ext} = M \vec{a}_{CM} = \frac{d\vec{p}_{tot}}{dt}$$

## Rotation About a Fixed Axis

$$s = r \vec{q}$$

$$\vec{w} \equiv \frac{\Delta \vec{q}}{\Delta t}$$

$$\vec{w} \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta \vec{q}}{\Delta t} = \frac{d\vec{q}}{dt}$$

$$v = wr$$

$$\bar{\mathbf{a}} \equiv \frac{\Delta \mathbf{w}}{\Delta t}$$

$$\mathbf{a} \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta \mathbf{w}}{\Delta t} = \frac{d \mathbf{w}}{dt}$$

$$a_t = \frac{dv}{dt} = r \mathbf{a}$$

$$a_r = \frac{v^2}{r} = w^2 r$$

$$\mathbf{w}_f = \mathbf{w}_i + \mathbf{a}t$$

$$\mathbf{q}_f = \mathbf{q}_i + \mathbf{w}_i t + \frac{1}{2} \mathbf{a} t^2$$

$$\mathbf{q}_f = \mathbf{q}_i + \frac{1}{2} (\mathbf{w}_i + \mathbf{w}_f) t$$

$$w_f^2 = w_i^2 + 2a(\mathbf{q}_f - \mathbf{q}_i)$$

$$I = \sum m_i r_i^2$$

$$I = I_{CM} + MD^2$$

$$K_R = \frac{1}{2} I w^2$$

$$\mathbf{t} \equiv rF \sin f = Fd$$

$$\sum \mathbf{t}_{ext} = I \mathbf{a}$$

$$\mathbf{P} = \mathbf{t} \mathbf{w}$$

$$\sum W = \frac{1}{2} I w_f^2 - \frac{1}{2} I w_i^2$$

## Rolling Motion and Angular Momentum

$$K = \frac{1}{2} I_{CM} w^2 + \frac{1}{2} M v_{CM}^2$$

$$v_{CM} = R w$$

$$\bar{\mathbf{a}} \equiv \frac{d \bar{\mathbf{w}}}{dt}$$

$$\mathbf{f} \equiv \vec{r} \times \vec{F}$$

$$\vec{L} \equiv \vec{r} \times \vec{p}$$

$$|\vec{A} \times \vec{B}| = AB \sin q$$

$$L_z = I w$$

$$\sum \mathbf{t}_{ext} = \frac{d \vec{L}}{dt}$$

$$\sum \mathbf{t}_{ext} = 0 \Rightarrow \vec{L} = \text{constant}$$

## Static Equilibrium

$$\sum \vec{F} = 0$$

$$\sum \mathbf{t} = 0$$

## The Law of Gravity

$$F_g = \frac{G m_1 m_2}{r^2}$$

$$g' = \frac{GM_E}{r^2} = \frac{GM_E}{(R_E + h)^2}$$

$$T^2 = \frac{4\mathbf{p}^2 r^3}{GM}$$

$$\vec{g} \equiv \frac{\vec{F}_g}{m}$$

$$U = -\frac{G m_1 m_2}{r}$$

$$E = \frac{1}{2} m v^2 - \frac{GMm}{r}$$

$$E = -\frac{GMm}{2r}$$

$$v_{esc} = \sqrt{\frac{2GM_E}{R_E}}$$

## Simple Harmonic Motion

$$x = A \cos(\omega t + \phi)$$

$$v = \pm \omega \sqrt{A^2 - x^2}$$

$$f = \frac{\omega}{2\pi}$$

$$T = \frac{1}{f} = \frac{2\pi}{\omega}$$

$$w = \sqrt{\frac{k}{m}}$$

$$w = \sqrt{\frac{k}{I}}$$

$$w = \sqrt{\frac{g}{L}}$$

$$w = \sqrt{\frac{mgd}{I}}$$

$$E = \frac{1}{2} k A^2$$

## Wave Motion

$$y = f(x \pm vt)$$

$$v = \sqrt{T/m}$$

$$y = A \sin(kx - \omega t)$$

$$v = I f$$

$$k \equiv 2\pi/l \quad \omega \equiv 2\pi f$$

$$P = \frac{1}{2} \mathbf{m} \mathbf{w}^2 A^2 v$$

## Sound Waves

$$I = \frac{P_{av}}{A} = \frac{P_{av}}{4\pi r^2}$$

$$b = 10 \log(I/I_o)$$

$$f' = \left( \frac{v \pm v_o}{v \mp v_s} \right) f \quad \begin{cases} \text{upper : approach} \\ \text{lower : recession} \end{cases}$$

$$\sin q = \frac{v}{v_s}$$

## Superposition and Standing Waves

$$\Delta r = \frac{f}{2\pi} l$$

$$f_n = n \frac{v}{2L} \quad n = 1, 2, 3, \dots$$

$$f_n = n \frac{v}{4L} \quad n = 1, 3, 5, \dots$$

$$f_b = |f_1 - f_2|$$

## Physical Constants

$$g = 9.80 \text{ m/s}^2$$

$$G = 6.67 \times 10^{-11} \text{ N} \cdot \text{m}^2 / \text{kg}^2$$

$$M_{Earth} = 5.98 \times 10^{24} \text{ kg}$$

$$R_{Earth} = 6.37 \times 10^6 \text{ m}$$

$$N_A = 6.02 \times 10^{23}$$

$$I_o = 1.00 \times 10^{-12} \text{ W/m}^2$$