SUPPLIES AND EQUIPMENT
✔ Stethoscope
✔ Pan of warm (98.6°F or 37°C) water
✔ Baby wipes, soft cloth, or other material used in your hospital
✔ Baby soap
✔ Cotton balls
✔ Alcohol or antiseptic for cord stump

✔ Cleanser for buttocks
✔ Clean clothes and diaper
✔ Clean crib linens
✔ Trash bag
✔ Fine comb or brush
✔ Watch or clock with second hand

✔ Temperature probe

RECOMMENDED TECHNIQUE

1. Assemble all needed supplies and equipment before starting the baby’s bath.

2. Do not leave the baby unattended for even a moment once you begin the bath.

3. Wash hands thoroughly before beginning the procedure. Use individual equipment and a modified isolation technique.

4. Check the baby’s respiration, pulse, and temperature first, if ordered.

5. Undress and weigh the newborn before giving the bath. Place a cloth or paper barrier between the baby’s skin and the cold metal of the scale. If diaper or clothing pins were used, close them on removal.

6. Keep the newborn warm and secure. Support the newborn during the procedure so that he or she does not become frightened.

7. Assess the newborn during the bath. Note any abnormal color, blemishes, or rashes on the skin; observe muscles for abnormal jerking or twitching; check the genitals of a female baby for bleeding or discharge; observe the baby carefully for any congenital abnormalities.

8. Begin the bath by wiping each eye with a cotton ball dampened with clear water only. Stroke from the inner to the outer corner of each eye, using a clean cotton ball for each eye. Wipe the rest of the face with a soft cloth, including the ears, without using soap.

9. Moisten, wash, and dry the hair. Gently comb or brush it, even if the baby has little hair.
10. Wash the body with clear water, working from the head down. Use soap sparingly, if at all. Give special attention to the folds of the skin, especially those of the legs, groin, and neck.

11. Cleanse the genital area last, assessing for signs of rash or irritation. Use cotton balls or baby wipes to cleanse the vulva and perineum from front to back for girls, separating the folds of skin and removing all smegma or discharge. For boys, use the soft cloth to clean the penis, scrotum, and perianal area. Clean carefully between all the folds of skin.

12. If a baby boy has been circumcised, provide care as prescribed at your hospital. Check for any unusual swelling or bleeding. Cleanse the penis carefully; report foreskin adhesions immediately.

13. Do not use lotion or petroleum jelly unless prescribed. Do not use baby powder.

14. Do not get the unhealed cord wet. The physician may order alcohol or Triple Dye cleansing or application of an antibiotic ointment for the cord stump. Carefully clean the base of the umbilical cord.

15. Dress the newborn, folding the diaper below the cord stump, and wrap in a blanket. Hold the newborn in a football hold with one arm while changing the crib's linen.

16. Wipe all surfaces of the crib with prescribed antiseptic.

17. Discard all trash properly.

18. Place the baby on back to sleep.

19. Wash hands before documenting all observations or touching any other baby or nursery surfaces.

<table>
<thead>
<tr>
<th>RECOMMENDED TECHNIQUE (Continued)</th>
<th>E</th>
<th>S</th>
<th>NP</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>10. Wash the body with clear water, working from the head down. Use soap sparingly, if at all. Give special attention to the folds of the skin, especially those of the legs, groin, and neck.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>________________</td>
</tr>
<tr>
<td>11. Cleanse the genital area last, assessing for signs of rash or irritation. Use cotton balls or baby wipes to cleanse the vulva and perineum from front to back for girls, separating the folds of skin and removing all smegma or discharge. For boys, use the soft cloth to clean the penis, scrotum, and perianal area. Clean carefully between all the folds of skin.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>________________</td>
</tr>
<tr>
<td>12. If a baby boy has been circumcised, provide care as prescribed at your hospital. Check for any unusual swelling or bleeding. Cleanse the penis carefully; report foreskin adhesions immediately.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>________________</td>
</tr>
<tr>
<td>13. Do not use lotion or petroleum jelly unless prescribed. Do not use baby powder.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>________________</td>
</tr>
<tr>
<td>14. Do not get the unhealed cord wet. The physician may order alcohol or Triple Dye cleansing or application of an antibiotic ointment for the cord stump. Carefully clean the base of the umbilical cord.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>________________</td>
</tr>
<tr>
<td>15. Dress the newborn, folding the diaper below the cord stump, and wrap in a blanket. Hold the newborn in a football hold with one arm while changing the crib's linen.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>________________</td>
</tr>
<tr>
<td>16. Wipe all surfaces of the crib with prescribed antiseptic.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>________________</td>
</tr>
<tr>
<td>17. Discard all trash properly.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>________________</td>
</tr>
<tr>
<td>18. Place the baby on back to sleep.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>________________</td>
</tr>
<tr>
<td>19. Wash hands before documenting all observations or touching any other baby or nursery surfaces.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>________________</td>
</tr>
</tbody>
</table>

**KEY:** E = Excels  S = Satisfactory  NP = Needs Practice

☐ Pass  ☐ Fail

Student's Signature: ___________________________ Date: ________________

Instructor's Signature: _________________________ Date: ________________