

Prof. Abdelwahab M El-Naggar

Publications

Books and Chapter in Books

- 1- **Documentary Index of Sports Researches and Studies at Egypt** (Co-author). Cairo: Egyptian National Sport Research Center, 1982.
- 2- **Physical Fitness Guide** (Co-author). Cairo: Egyptian National Sport Research Center, 1985.
- 3- McPherson, B.D. (Ed.) **Sport and Aging**. Champaign, 111, Human Kinetics Publishers, Inc., 1986.
- 4- **Using Massage for Treatment** (Co-author). Riyadh: Ministry of Health, 1989.
- 5- **Principles of Artificial Limbs** (Co-author). Riyadh: Ministry of Health, 1989.
- 6- **Statistical Principles** (Co-author). Riyadh: Ministry of Health, 1989.
- 7- Al-Hazaa, H.M., & Al-Nakeeb, Y.K. (Eds.) **Contemporary Issues in Sports Medicine and Exercise**. Riyadh: Saudi Arabian Sports Medicine Association, 1989.
- 8- **Preparing Physical Education in Arabian Gulf States**. Riyadh: Arab Bureau of Education for the Gulf States, 1995.
- 9- **Guidance for Researchers and Instructors** (Co-author). Riyadh: Saudi Arabia Physical Education and Sport Federation, 1995.
- 10- **Physical Education Goals In Primary Stage**. Saudi Arabia Physical Education and Sport Federation, 1996.

Selected Published Articles

- 1- Estimating intellectual and personality by motor

- coordination, **Research in Education**. May, 16(5), ED196, 1981.
- 2-Effect of exercise on physiological, psychological, and cognitive processing dimensions in men. **In Science and Technology for Muslim Development**, Indianapolis: American Muslim Scientists and Engineers, 1982, 11, 83-102.
 - 3-Cognitive processing and psychological changes accompanying chronic exercise: A controlled study. **Proceedings of the Society of Prospective Medicine Meeting**, Canada, 1982.
 - 4-Effect of exercise on cognitive processing in adult Men. **Journal of Human Ergology**, 1982, 10, 83-91.
 - 5-Circulating lipoprotein-cholesterol and multivariate adaptation to regular exercise training of middle-aged men. **Journal of Sports Medicine**, 1982, 22, 440-449.
 - 6-Physiological, biochemical, emotional, and intellectual relationships before and after a long-term exercise program in Adult Men. **Forth Scientific Symposium of Studies and Researches in Sport Education Book**, Helwan University, Alexandria Branch, 1983, 32-44.
 - 7-Multivariate relationships between physical and psychological performances. **Seventh Biennial Meetings of the International Society for the Study of Behavioral Development**, West Germany, 1983.
 - 8-Cardiovascular fitness and coronary risk differences between trained and untrained middle-aged men. **Proceedings of the Seventh Annual Ain Shams Medical Congress**, Cairo, 1984, 53.
 - 9-Physical fitness and its relation to mental and emotional fitness in adult men. **1984 Olympic Scientific Congress, Biomechanics-Kinanthropometry and Sports Medicine. Exercise Science**, Eugene, 1984.
 - 10- Psycho-physiological effects of physical fitness training. **Educational Sciences Journal of Minia University, Egypt**, 1985, Volume 1 (2), 167-184.
 - 11- Physical training effect on relationship of physical, mental, and emotional fitness in adult men. **Journal of**

- Human Ergo logy*, 1986, 15 (1), 79-84.
- 12- Effect of plyometric training on vertical jump performance in elite track and field athletes. ***Minia Sport Science Journal***, 1987, Volume 1 (2), 3-14.
 - 13- Physical growth and development of Saudi adolescents: A cross sectional study. ***The Bulletin of The High Institute of Public Health***. 1989, Vol. XIX, No.1, 243-261.
 - 14- Effect of state anxiety on competition performance in Saudi Arabia table tennis male athletes. ***The First International Olympic Committee World Congress on Sport Sciences Papers***, Colorado Spring, CO, U.S.A., 1989.
 - 15- Physique of Saudi elite sportsmen using a successive factor analysis. ***Journal of Sports Science and Arts***, 1989, 1, 239-258.
 - 16- Monogram for selecting team players: National Saudi Elite. ***Arabic Journal for Behavior l Science***, 1992, 40, 106 - 117.
 - 17- Applications of brain functioning findings in physical education and sport. ***Physical Education and Sport Sciences***, 1993, 145-148.
 - 18- Physical training is preventive medicine and physical treatment. ***Sports Medicine Sciences Journal***, 1993, 1, 45-48
 - 19- Evaluation of published research in educational research centers. ***Scientific Research in Saudi Universities Conference Book***, 1995, Riyadh: King Saud University.
 - 20- Patterns and specifications of university scientific research centers in Saudi Arabia. ***The Third Symposium on Scientific Research and Technological Development Outlook in The Arab World***, 2004,106.