



## Knowledge and resource tools

This sheet provides pharmacists and those wishing to develop services in pharmacy, with links to information regarding smoking support services.

### Evidence based practice guidance

#### NICE Publications

- *Helping smokers to stop - advice for pharmacists in England*  
[www.nice.org.uk/page.aspx?o=517943](http://www.nice.org.uk/page.aspx?o=517943).
- *Smoking cessation - brief interventions and referral for smoking cessation in primary care and other settings*  
[www.nice.org.uk/guidance/PHI1](http://www.nice.org.uk/guidance/PHI1).
- *Smoking cessation - bupropion and nicotine replacement therapy: guidance*  
[www.nice.org.uk/page.aspx?o=TA039guidance](http://www.nice.org.uk/page.aspx?o=TA039guidance).
- Research to explore training programmes in smoking cessation for pharmacists and pharmacy assistants  
[www.nice.org.uk/page.aspx?o=512218](http://www.nice.org.uk/page.aspx?o=512218).

#### PRODIGY

- NHS evidence based guidance on smoking cessation  
[www.prodigy.nhs.uk/smoking\\_cessation](http://www.prodigy.nhs.uk/smoking_cessation).

#### Treat Tobacco

- Evidence-based smoking cessation information  
[www.treattobacco.net/home/home.cfm#](http://www.treattobacco.net/home/home.cfm#).

### Guidance on developing smoking cessation services

#### PharmacyHealthLink

- Helping smokers to stop: advice for pharmacists in England  
[www.nice.org.uk/page.aspx?o=517943](http://www.nice.org.uk/page.aspx?o=517943).

#### RPSGB

- *RPS e-PIC references on: the pharmacist's role in smoking cessation*  
[www.rpsgb.org.uk/pdfs/smokecess.pdf](http://www.rpsgb.org.uk/pdfs/smokecess.pdf).

#### PSNC

- A guide to commissioning services  
[www.psn.org.uk/index.php?type=page&pid=115&k=5](http://www.psn.org.uk/index.php?type=page&pid=115&k=5).

### Practice support materials

- *Pharmacy meets public health*  
[www.pharmacymeetspublichealth.org/pdf/SMOKING\\_cards.pdf](http://www.pharmacymeetspublichealth.org/pdf/SMOKING_cards.pdf).

#### Public health patient information leaflet

[www.pharmacymeetspublichealth.org/pdf/Public\\_Information.pdfPatient](http://www.pharmacymeetspublichealth.org/pdf/Public_Information.pdfPatient).

- Patient information leaflets on smoking cessation  
[www.patient.co.uk/display/16777223](http://www.patient.co.uk/display/16777223).

#### PharmacyHealthLink

Advice to people trying to stop smoking  
[www.pharmacyhealthlink.org.uk/pdf/leaflets/smoking.pdf](http://www.pharmacyhealthlink.org.uk/pdf/leaflets/smoking.pdf).

### Continuing professional development guidance

#### RPSGB

- *Public Health: a practical guide for community pharmacists*  
[www.rpsgb.org/pdfs/pubhlthguidcommph.pdf](http://www.rpsgb.org/pdfs/pubhlthguidcommph.pdf).

#### Guidance within:

##### England:

- Centre for Pharmacy Postgraduate Education: CPPE  
[www.cppe.manchester.ac.uk](http://www.cppe.manchester.ac.uk).
- *Helping smokers to stop: advice for pharmacists in England*  
[www.nice.org.uk/page.aspx?o=517943](http://www.nice.org.uk/page.aspx?o=517943).

##### Scotland:

- *Flavours of public health: a public health training guide for pharmacists*  
[www.nes.scot.nhs.uk/pharmacy](http://www.nes.scot.nhs.uk/pharmacy).

##### Wales:

- Welsh Centre for Post Graduate Education (WCPPE)  
[www.cf.ac.uk/phrmy/WCPPE/index.html](http://www.cf.ac.uk/phrmy/WCPPE/index.html).

### Websites specific to smoking bans

#### Wales

- [www.smokingbanwales.co.uk/english](http://www.smokingbanwales.co.uk/english).

#### England

- [www.smokefreeengland.co.uk](http://www.smokefreeengland.co.uk).

#### Scotland

- [www.clearingtheairscotland.com](http://www.clearingtheairscotland.com).



### Support for people who want to quit smoking

#### Wales

- Smokers Helpline 0800 169 0169.
- All Wales smoking cessation service 0800 085 2219.

#### England

- Smokers Helpline 0800 169 0169 [www.gosmokefree.co.uk](http://www.gosmokefree.co.uk).

#### Scotland

- Smokers Helpline 0800 84 8484  
[www.canstopsmoking.com/home.htm](http://www.canstopsmoking.com/home.htm).

#### TACADE

- Teacher's Advisory Council on Alcohol and Drug Education (TACADE) provides support to professionals, parents and carers working with young people on all aspects of health [www.tacade.com](http://www.tacade.com).

### Charities with interests in stop smoking support

#### Ash

- A campaigning public health charity working to eliminate the harm caused by tobacco.  
[www.ash.org.uk](http://www.ash.org.uk) (national website).  
[www.ashscotland.org.uk](http://www.ashscotland.org.uk) (Scotland).

#### Asthma UK

- A charity dedicated to improving the health and well-being of those in the UK whose lives are affected by asthma  
[www.asthma.org.uk](http://www.asthma.org.uk).

#### British Heart Foundation

- A charity working to prevent and reduce premature deaths from heart disease  
[www.bhf.org.uk](http://www.bhf.org.uk).

#### British Lung Foundation

- A charity supporting those with lung disease  
[www.lunguk.org](http://www.lunguk.org).

#### British Thoracic Society

- A charity bringing together professionals with an interest in lung disease  
[www.brit-thoracic.org.uk](http://www.brit-thoracic.org.uk).

#### Cancer Research UK

- A charity dedicated to cancer research  
[www.cancerresearchuk.org](http://www.cancerresearchuk.org)

#### GASP

- Offers a range of no-smoking resources  
[www.gasp.org.uk](http://www.gasp.org.uk).

#### Health of Men

- A smoking resource specifically aimed at men  
[www.healthofmen.com/smoking.htm](http://www.healthofmen.com/smoking.htm).

#### No Smoking Day

- A charity co-ordinating national no-smoking day  
[www.nosmokingday.org.uk](http://www.nosmokingday.org.uk).

#### QUIT

- An independent charity dedicated to helping smokers quit  
[www.quit.org.uk](http://www.quit.org.uk).

#### Roy Castle Lung Cancer Foundation

- A charity specifically aimed at lung cancer  
[www.roycastle.org](http://www.roycastle.org).

### Information about tobacco health promotion policy

#### Health Challenge Wales

- [www.new.wales.gov.uk/subsite/healthchallenge/?lang=en](http://www.new.wales.gov.uk/subsite/healthchallenge/?lang=en).

#### Department of Health

- [www.dh.gov.uk/PolicyAndGuidance/HealthAndSocialCareTopics/Tobacco/fs/en](http://www.dh.gov.uk/PolicyAndGuidance/HealthAndSocialCareTopics/Tobacco/fs/en).

#### Health Scotland

- [www.healthscotland.com](http://www.healthscotland.com).

### Further information

#### Pharmaceutical Journal

- General no smoking resources  
[www.pharmj.com](http://www.pharmj.com).

#### Choosing Health Through Pharmacy

- The Department of Health programme for public health in pharmacy  
[www.dh.gov.uk/assetRoot/04/10/74/96/04107496.pdf](http://www.dh.gov.uk/assetRoot/04/10/74/96/04107496.pdf).

#### Pharmacy for Health

- The way forward for pharmaceutical public health in Scotland*  
[www.phis.org.uk/pdf.pl?file=publications/Pharmacy.pdf](http://www.phis.org.uk/pdf.pl?file=publications/Pharmacy.pdf).