

Pharmacokinetic Interaction of Ketoconazole and Itraconazole with Ciprofloxacin

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Keywords:	Ciprofloxacin, Ketoconazole, Itraconazole, Pharmacokinetic Interaction, mice



Pharmacokinetic Interaction of Ketoconazole and Itraconazole with Ciprofloxacin

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Abstract

The effect of the concomitant administration of the antifungal drugs ketoconazole (KTC) and itraconazole (ITC) on the pharmacokinetics of ciprofloxacin (CIP) following short- and long-term administration in mice was investigated. Animals received either a dose of CIP (20 mg/kg, i.p.), CIP (20 mg/kg, i.p.) together with KTC (50 mg/kg, p.o) or CIP (20 mg/kg, i.p.) and ITC (30 mg/kg, p.o.). The same treatments were repeated for 7 days. Blood samples were collected up to 4h following drug administration and two urine samples were collected at 2h and 4h after drug administration. CIP plasma concentrations were significantly higher in KTC- and ITC-treated groups compared with the corresponding control groups. The concomitant administration of KTC or ITC with CIP also significantly ($p < 0.05$) increased C_{max} , $t_{1/2}$, MRT and $AUC_{0-\infty}$ with no change in T_{max} . CIP clearance was significantly reduced by both agents. KTC and ITC reduced CIP urinary excretion. This study suggests that an important pharmacokinetic interaction between CIP and KTC or ITC is likely to occur when either of the two antifungal drugs is administered concomitantly with CIP. The results may suggest possible reductions in total clearance of CIP, owing to inhibition of its renal tubular excretion by KTC and ITC.

Key words: Ciprofloxacin, Ketoconazole, Itraconazole, Interaction, Pharmacokinetics, mice.

Running head: Ketoconazole and Itraconazole Interaction with Ciprofloxacin

Introduction

Ciprofloxacin (CIP), a synthetic fluorinated 4-quinolone has a broad spectrum antimicrobial activity. It is effective in the treatment of infections of the lower respiratory tract caused by *H. influenzae* and *Streptococcus pneumoniae* (1). Also, it has been found to be effective in the treatment of bronchopulmonary diseases caused by *Pseudomonas aeruginosa* in patients with cystic fibrosis (2). It may also be used for the treatment of acute exacerbations of bronchitis in patients with chronic obstructive pulmonary disease (COPD), uncomplicated and complicated urinary tract infections, skin and soft tissue infections and urethral or gonorrhoeal infections of the cervix (3).

CIP is mainly excreted unchanged in the urine (4). However, dose adjustments were found to be necessary in patients with liver failure because of the significant non-renal clearance of ciprofloxacin (5). Itraconazole (ITC), a widely used antimycotic agent, is a very potent inhibitor of cytochrome P-450 and it increases the AUC values of certain orally administered substrates of this enzyme such as midazolam (6) and triazolam (7). Ketoconazole (KTC), an oral antifungal agent, has been shown to be potent inhibitor of the metabolism of a variety of drugs including cyclosporine, phenytoin and warfarin (8). To our knowledge, studies dealing with the concomitant administration of CIP and these two drugs are lacking. An extensive literature search using MEDLINE (English-language literature published 1985–2007, using key words interaction, ciprofloxacin, itraconazole and ketoconazole) yielded no references on the subject. There seems to be no studies on the possible interaction between ITC or KTC and CIP. Given the potential for interaction between these drugs, which may be used concomitantly in some patients, this study was conducted

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2
3 in order to investigate effects of ITC and KTC, if any, on the pharmacokinetics of
4 injected CIP in mice.
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10 **Materials and Methods**

11 **Materials**

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13 CIP was obtained from Bayer (Leverkusen, Germany). KTC, ITC, heparin,
14 phenobarbital, Tris-HCl buffer, and diethyl ether were purchased from Sigma
15 Chemical Co. (St. Louis, MO, USA). Acetonitrile (HPLC grade) was obtained from
16 Merck (Darmstadt, Germany).
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27 **Methods**

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29 Male SWR mice weighing 30-35g were obtained from the Animal Care
30 Center, College of Medicine, King Saud University. The animals were housed under
31 standard laboratory conditions with free access to food and water *ad libitum*. Mice
32 were randomly divided into six treatment groups comprising 8 mice each.
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41 **Acute Experiments**

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43 Animals in group I served as control and received a dose of CIP (20 mg/kg,
44 i.p.). The animals in group II were injected with CIP (20 mg/kg, i.p.) together with
45 KTC (50 mg/kg) orally. The third group of animals (group III) had been injected with
46 CIP (20 mg/kg, i.p.) and received ITC (30 mg/kg, p.o.).
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55 **Chronic Experiments**

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57 Animals in group IV were injected with CIP (20 mg/kg, i.p.) for 7 days. The
58 animals in group V were injected with CIP (20 mg/kg, i.p.) daily for 7 days together
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3 with daily oral doses of KTC (50 mg/kg, p.o.) for 7 days. The animals in group VI
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5 were injected with CIP (20 mg/kg, i.p.) daily for 7 days together with daily oral doses
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7 of ITC (30 mg/kg, p.o.) for 7 days.
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10 11 12 ***Determination of plasma ciprofloxacin concentrations*** 13

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15 Following acute and chronic treatments, mice were sacrificed at 0.08, 0.25, 0.5,
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17 1.0, 1.5, 2.0, 3.0 and 4 h, and blood samples (0.5 ml) were collected into heparinized
18
19 eppendorf tubes. The plasma concentrations of ciprofloxacin were determined by
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21 modification of the method described by Bergan et al., 1987. Briefly, blood samples
22
23 were centrifuged at 2100 g for 10 min on a Gallenkamp Angle Head Centrifuge. An
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25 aliquot (100 μ l) of the plasma was precipitated with 7 percent perchloric acid. This
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27 was thoroughly shaken and then centrifuged at 5400 g for 5 min on a Select-a-fuge 24
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29 Biodynamics centrifuge. Twenty microliters of the perchloric acid supernatant was
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31 injected into an HPLC system consisting of a Waters (Milford, Massachusetts) M-5
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33 10 pump and a Waters reverse phase NOVAPAK C₁₈ (3.9mm \times 150mm) column. The
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35 column was eluted at a rate of 1.2 ml/min with a pre-filtered and degassed mobile
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37 phase consisting of 4 percent acetonitrile in 0.25 M Phosphoric acid adjusted to pH 3
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39 with tetrabutyl ammonium hydroxide.
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46 CIP in plasma samples was detected by a Shimadzu RF 551 fluorescence
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48 detector. Excitation and emission wave lengths were 277 and 445 nm, respectively.
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50 The CIP retention time was 4 minutes. This procedure provided a detection limit of
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52 0.01 μ g/ml and 0.05 μ g/ml in plasma and urine, respectively.
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55 56 ***Determination of Ciprofloxacin in Urine*** 57

58 Two hundred microliters of urine specimens were adjusted to pH 7.5 with 400
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60 μ l phosphate buffer and was extracted with 1 ml of trichlormethane for 15 min and

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3 then centrifuged for 5 min at 1300g. Five hundred microliters from the clear
4 supernatant were taken and evaporated to dryness. This dried residue was redissolved
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6 in 100 µl mobile phase and used for CIP determination. Twenty microliters of sample
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8 were injected into the HPLC system and CIP was detected in the same way as
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10 described above under the plasma assay method.
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15 16 *Pharmacokinetic analysis*

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18 CIP pharmacokinetic parameters were determined by compartmental analysis
19 using least-square nonlinear regression analysis performed with WinNonlin software
20 (version 4.1, Pharsight Corporation, Palo Alto, CA, USA). The method of statistical
21 moments (9) was used since it has the advantage of being independent of a specific
22 pharmacokinetic model. It gives valuable information about the overall properties of
23 the time course of disposition process in the body. The terminal half-lives of the drug
24 were determined by linear least squares regression analysis applied to the log-linear
25 portions of the plasma concentration-time curves of CIP. The area under the curves
26 from time zero to time t (AUC_{0-t}) were determined by the linear trapezoidal method
27 with extrapolation to infinity by dividing the last measurable plasma concentration by
28 the absolute value of the terminal slope to produce $AUC_{0-\infty}$. The areas under the
29 curve of the first moment of CIP plasma concentration-time curve from time zero to
30 the last measurable plasma concentration ($AUMC_{0-t}$) and from time zero to infinity
31 ($AUMC_{0-\infty}$) were calculated by the area under the curve of a plot of the product of
32 concentration and time vs. time. The mean residence time (**MRT**) was calculated
33 from the reciprocal of the absolute value of the terminal slope. The mean residence
34 time (**MRT**) was calculated by the following equation:
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$$\text{MRT} = \frac{\text{AUMC}_{0-\infty}}{\text{AUC}_{0-\infty}} \quad \text{eqn. 1}$$

The apparent volume of distribution at steady-state (V_{ss}) was determined using the following equation (10):

$$V_{ss} = \frac{D \cdot \text{AUMC}_{0-\infty}}{(\text{AUC}_{0-\infty})^2} \quad \text{eqn. 2}$$

where F is the bioavailability and D is the dose. The total body clearance of the drug was determined from the quotient of the dose and $\text{AUC}_{0-\infty}$ as follows:

$$\text{CL} = \frac{D}{\text{AUC}_{0-\infty}} \quad \text{eqn. 3}$$

Statistical Analysis

Comparisons of pharmacokinetic parameters between ITC- or KTC-treated and control groups were carried out by the Student's t-test for independent samples assuming homoscedastic or heteroscedastic model. The analysis of $\text{AUC}_{0-\infty}$ and C_{\max} was also performed on log-transformed data. The analysis of T_{\max} was carried out on ranked values using Wilcoxon rank sum test/Mann-Whitney "U" test since it has been reported that the distribution of this pharmacokinetic parameter does not follow a Gaussian distribution. The remaining parameters were analyzed in their original units. The CIP pharmacokinetics with or without concomitant administration of KTC or ITC were summarized and compared descriptively. The homogeneity of variances of groups was checked by Bartlett's test. The statistical level of significance was taken as 0.05 and results were expressed as mean \pm SD with the 95% confidence interval and the actual p-value. The statistical analysis was performed using the SAS statistics software package (SAS Institute, Cary, NC, U.S.A.).

Results

(A) Acute Experiments

The fluoroquinolone was not detected after 2 h in the CIP-treated group, whereas it was detectable up to 4h in the group which had received KTC or ITC together with CIP. All CIP plasma concentrations were significantly higher in group II (CIP, 20mg/kg, i.v., together with KTC, 50 mg/kg, p.o.) than those observed with CIP alone except at 0.5 h. The other antifungal drug ITC produced an upward shift in CIP plasma concentration-time profiles (group III). The mean plasma concentration-time profiles in mice following the administration of CIP alone (20 mg/kg, i.p.) or when given together with either KTC (50 mg/kg, p.o.) or ITC (30 mg/kg, p.o.) are depicted in Figure 1.

The pharmacokinetic data derived from the above results are summarized in Table 1. The concomitant administration of KTC significantly increased C_{max} , $t_{1/2}$, MRT, and $AUC_{0-\infty}$ of CIP as compared with those of CIP alone. The mean increase in C_{max} of CIP was 1.55 fold (95% CI: 1.35, 1.75; $p < 0.0001$) and 1.4 fold (95% CI: 1.24, 1.56; $p < 0.0001$) with concomitant administration of KTC and ITC, respectively. Similarly, the $t_{1/2}$ and MRT were increased 2.58 fold (95% CI: 1.87, 3.29; $p < 0.0001$) and 1.9 fold (95% CI: 1.73, 2.07; $p < 0.0001$) by KTC and 2.16 fold (95% CI: 1.67, 2.65; $p < 0.0001$) and 1.65 fold (95% CI: 1.52, 1.78; $p < 0.0001$) by ITC, respectively. The $AUC_{0-\infty}$ of CIP was more than doubled after KTC and ITC [2.12 fold (95% CI: 1.93, 2.32; $p < 0.0001$) and 2.07 fold (95% CI: 1.9, 2.25; $p < 0.0001$), respectively]. There were no statistically significant changes in T_{max} of CIP following the concomitant administration of any of the two antifungal drugs with CIP. Although there was a slight increase in V_{ss} (6.8% and 19.6% after KTC and ITC, respectively), these differences did not reach statistical significance ($p > 0.05$). However, the

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3 concomitant administration of either KTC or ITC with CIP produced a significant
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5 reduction in the clearance (CL) of CIP [52% ($p < 0.0001$) and 51% ($p < 0.0001$)
6
7 reductions, respectively).
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10 11 12 **(B) Chronic Experiments**

13 14 a) *Plasma Determinations*

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17 Figure 2 shows the mean plasma concentration-time profiles following the
18 administration of CIP alone (20 mg/kg, i.p.) or when it was given together with
19 chronic treatment of KTC (50 mg/kg, p.o.) or ITC (30 mg/kg, p.o.) daily for 7 days.
20 Similar to the findings of the acute studies, the examination of mean plasma CIP
21 concentration-time profiles, with or without either of the two antifungal drugs, reveals
22 that the concomitant administration of KTC or ITC caused a significant increase in the
23 levels of CIP. The obtained pharmacokinetic parameters are summarized in Table 2.
24 The mean C_{max} concentrations with concomitant KTC and ITC were 2.88 ± 0.21 $\mu\text{g/ml}$
25 and 2.62 ± 0.33 $\mu\text{g/ml}$, respectively, compared with 2.20 ± 0.41 $\mu\text{g/ml}$ for CIP alone.
26 However, there were no statistically significant changes in T_{max} of CIP following the
27 concomitant administration of any of the two antifungal drugs with CIP. The $t_{1/2}$
28 values of CIP were significantly longer in KTC and ITC-treated groups. The mean
29 increase in $t_{1/2}$ following KTC and ITC was 3.85 fold (95% CI: 2.94, 4.76; $p < 0.0001$)
30 and 4.04 fold (95% CI: 2.58, 5.49; $p = 0.00025$), respectively. KTC increased the MRT
31 2.39 fold (95% CI: 2.09, 2.69; $p < 0.0001$) and $AUC_{0-\infty}$ 1.75 fold (95% CI: 1.53, 1.96;
32 $p < 0.0001$). On the other hand, the MRT and $AUC_{0-\infty}$ of CIP in the ITC-treated group
33 increased by 2.51 fold (95% CI: 1.75, 3.27; $p = 0.00064$) and 1.66 fold (95% CI: 1.32,
34 1.99; $p < 0.00232$), respectively, compared with CIP alone. In addition, the chronic
35 administration of KTC and ITC produced a significant decrease in clearance (CL) of
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3 CIP. The CL after concomitant administration of KTC and ITC was reduced by 40.4%
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5 (p<0.0001) and 35% by ITC (p<0.0001), respectively. Contrary to the effect of the
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7 two antifungal drugs on the volume of distribution at steady state (V_{ss}) after
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9 concomitant acute administration with CIP, V_{ss} was significantly increased 2.19 fold
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11 (95% CI: 1.76, 2.62; p<0.0001) by KTC and 2.31 fold (95% CI: 1.82, 2.80; p<0.0001)
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13 by ITC.
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20 b) *Determinations of Ciprofloxacin in Urine*

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22 The effects of the antifungal drugs, KTC and ITC on the renal elimination of
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24 CIP are shown on Table 3. The concentrations of CIP in urine of mice at 2 and 4h
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26 following drug administration were significantly lower (p<0.05) in the animals that
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28 had received CIP together with either KTC or ITC than those obtained in animals that
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30 were given CIP alone (Table 3).
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38 **Discussion**

39 This study was conducted to evaluate the effect of acute and chronic
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41 administration of two antifungal drugs, ketoconazole and itraconazole, on the
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43 pharmacokinetics of ciprofloxacin. The results of the present study showed that the
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45 concurrent administration of the antifungal agents, KTC or ITC significantly
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47 increased the $AUC_{0-\infty}$, C_{max} , $t_{1/2}$ and MRT and decreased the CL of CIP in mice.
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51 CIP pharmacokinetics is characterized by rapid oral absorption and 30-45%
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53 of the dose given is excreted unchanged in urine (4). There is also, significant non-
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55 renal clearance of the drug (5). It is expected, therefore, that drugs that inhibit liver
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57 microsomal enzymes may affect the pharmacokinetics of CIP.
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KTC is known to be a potent inhibitor of the metabolism of variety of drugs such as cyclosporine, phenytoin and warfarin (11). It is therefore, possible that the increases in $AUC_{0-\infty}$, C_{max} , $t_{1/2}$ and MRT, seen in this study, when CIP was given together with KTC may be due to the inhibition of cytochromes by KTC. Similarly, the fluoroquinolone antibiotics cause both class-specific and agent-specific interactions. In addition, it is well known that CIP is biotransformed by the CYP3A4 enzyme system and also inhibits CYP1A2 with varying inhibitory ability. This inhibition may lead to increases in the AUC values of drugs which are given concurrently with it. The results of the present study have shown that the $AUC_{0-\infty}$ of CIP was almost doubled following the concomitant administration of KTC or ITC. These results are similar to those of Olkkola et al. (6) and Vache et al. (7) who have shown that ITC increases the AUC values of orally administered midazolam and triazolam, respectively.

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In addition, it has been shown that ITC and KTC are very effective inhibitors of the active tubular flux of many drugs (12-14). CIP is largely eliminated by renal excretion. Since the concurrent administration of CIP and KTC or ITC significantly decreased the renally-eliminated fraction of the former at 2 and 4 h, it is possible that this may provide, at least in part, an explanation for the increased plasma levels of CIP observed in this study. CIP is cleared by the kidneys, and the mechanism of renal clearance is by both glomerular filtration and tubular secretion. The renal clearance of CIP in humans is approximately 300 ml/min which exceeds the normal glomerular filtration rate (GFR) of 120 ml/min. The renal clearance of CIP, in the present study, was estimated to be approximately 178 ml/min. Therefore, the active tubular secretion would seem to play a significant role in the elimination of CIP. Also, ITC has been shown to inhibit P-glycoprotein (P-gp)-mediated secretion in renal tubular cells in

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3 guinea pig model (15). Therefore, it is likely that the interaction between these two
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5 azole antifungal agents and CIP is related to the inhibition of the ATP-dependent
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7 plasma membrane transporter P-gp. We postulate that the observed reduction in the
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9 total body clearance of CIP could have arisen, at least in part, from the inhibition of
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11 CIP renal tubular clearance by KTC and ITC or their metabolites. This effect may
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13 serve to explain the fact that some fluoroquinolone antimicrobials including CIP may
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15 cause potentially serious forms of nephrotoxicity occurring as allergic interstitial
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17 nephritis, granulomatous interstitial nephritis, necrotising vasculitis, allergic tubular
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19 nephritis or a tubular necrosis (16). In addition, a serious adverse effect that may be
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21 seen in patients concomitantly prescribed CIP with other drugs that inhibit its
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23 metabolism is convulsions. Therefore, if the results of animal experiments may be
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25 extrapolated to humans, it is not advisable to administer such antifungal agents
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27 together with CIP, unless dose adjustments are made.
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34 In conclusion, the present study demonstrated that both KTC and ITC had a
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36 significant effect on the pharmacokinetics of CIP, suggesting that these two azole
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38 antifungal drugs should not be administered concomitantly with CIP. Further studies
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40 in human volunteers are warranted to explore the exact mechanism of this interaction.
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42 If serious adverse effects are to be averted, it is imperative to monitor the plasma
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44 levels of CIP when given together with KTC or ITC.
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For Peer Review

Table 1. Plasma pharmacokinetic parameters (Mean±SD) following the administration of ciprofloxacin (**CIP**) (20 mg/kg, i.p.) alone or together with acute administration of itraconazole (**ITC**) (30 mg/kg, i.p.) or ketokonazole (**KTC**) (50 mg/kg, i.p.) in mice.

Parameter	CIP	CIP+ITC	CIP+KTC
C_{\max} (µg/ml)	2.20±0.41	3.01±0.42*	3.31±0.41*
T_{\max} (h)	0.375 ^a	0.375 ^a	0.375 ^a
$t_{1/2}$ (h)	0.39±0.10	0.79±0.18*	0.92±0.23*
MRT (h)	0.80±0.05	1.32±0.16*	1.51±0.18*
$AUC_{0-\infty}$ (µg.h/ml)	2.48±0.09	4.94±0.24*	4.90±0.17*
V_{ss} (L)	4.52±1.14	4.56±1.32	5.04±0.91
CL (L/h)	8.17±0.91	4.00±0.63*	3.89±0.50*

* Statistically significant as compared with the values obtained for ciprofloxacin alone ($p < 0.05$, independent t-test)

^a Median

Table 2. Plasma pharmacokinetic parameters (Mean±SD) following the administration of Ciprofloxacin (**CIP**) (20 mg/kg, i.p.) alone or together with chronic administration of Itraconazole (**ITC**) (30 mg/kg, i.p.) or Ketoconazole (**KTC**) (50 mg/kg, i.p.) in mice (n=10).

Parameter	CIP	CIP+ITC	CIP+KTC
C_{\max} (µg/ml)	2.20±0.41	2.88±0.21*	2.62±0.33*
T_{\max} (h)	0.375 ^a	0.25 ^a	0.25 ^a
$t_{1/2}$ (h)	0.39±0.10	1.44±0.73*	1.38±0.29*
MRT (h)	0.80±0.05	1.97±0.90*	1.90±0.36*
$AUC_{0-\infty}$ (µg.h/ml)	2.48±0.09	4.11±1.44*	4.29±0.78*
V_{ss} (L)	4.52±1.14	9.79±2.36	9.29±1.22
CL (L/h)	8.17±0.91	5.33±1.56*	4.82±0.94*

* Statistically significant as compared with the values obtained for ciprofloxacin alone (p<0.001, independent t-test)

^a Median

Table 3: Ciprofloxacin (**CIP**) concentration (mean±SD) in urine following the administration of Ciprofloxacin (20 mg/kg, i.p.) alone or together with chronic administration of Itraconazole (**ITC**) (30 mg/kg, i.p.) or Ketoconazole (**KTC**) (50 mg/kg, i.p.) in mice (n=5).

Time (h)	CIP urine conc. (µg/ml)		
	CIP	CIP + KTC	CIP + ITC
2	7.14±1.63	3.88±0.96*	2.77±0.63*
4	2.40±0.64	0.57±0.29*	0.58±0.24*

* Statistically significant as compared with the values obtained for ciprofloxacin alone (p<0.001, independent t-test)

Figures Captions

Figure 1: Mean plasma concentration-time profiles of mice following the administration of CIP alone (20 mg/kg, i.p.) or when given together with KTC (50 mg/kg, p.o.) or ITC (30 mg/kg, p.o.).

Figure 2: Mean plasma concentration-time profiles following the administration of CIP alone (20 mg/kg, i.p.) or when it was given together with chronic treatment of KTC (50 mg/kg, p.o.) or ITC (30 mg/kg, p.o.) daily for 7 days.

For Peer Review

Figure 1

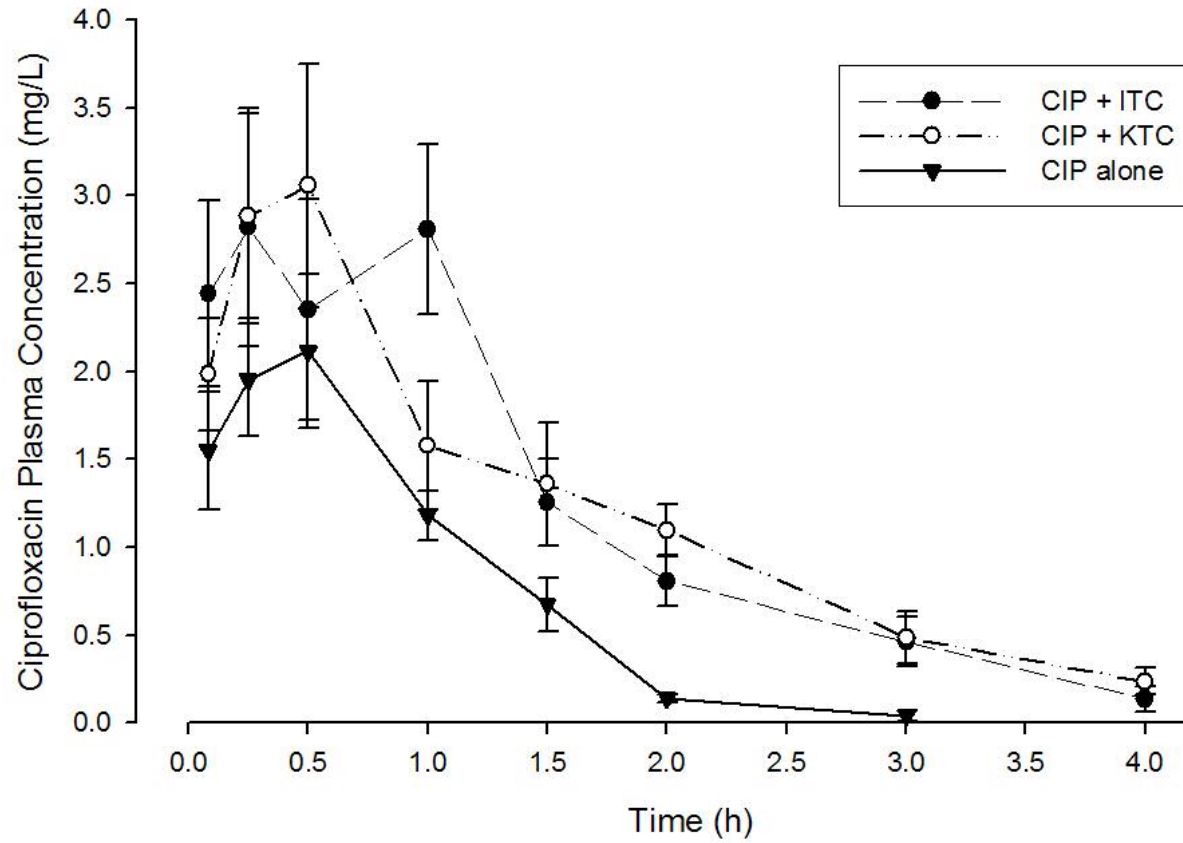


Figure 2

