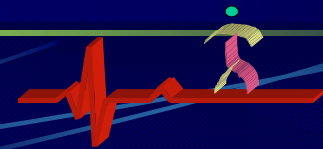
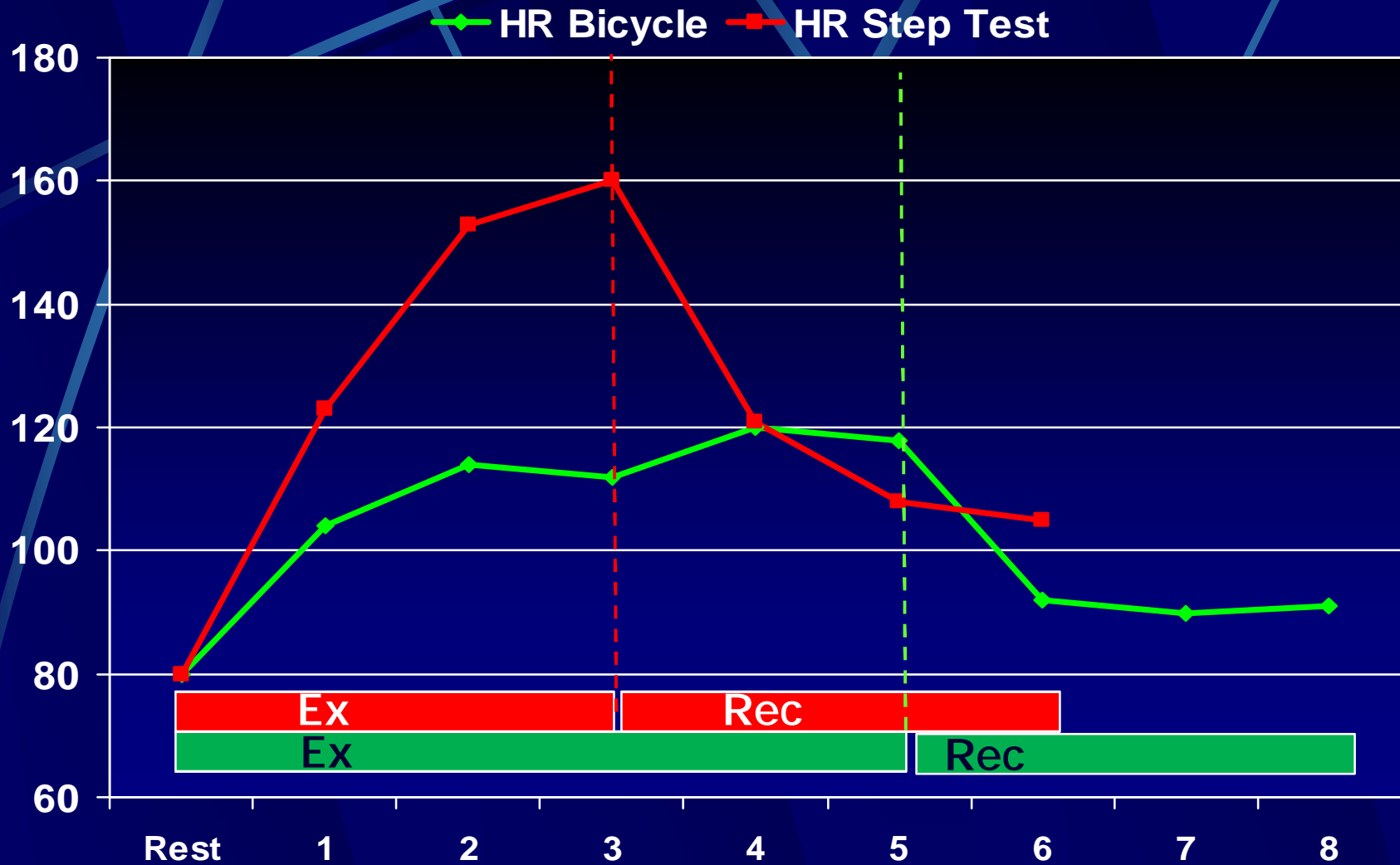
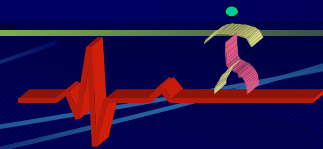
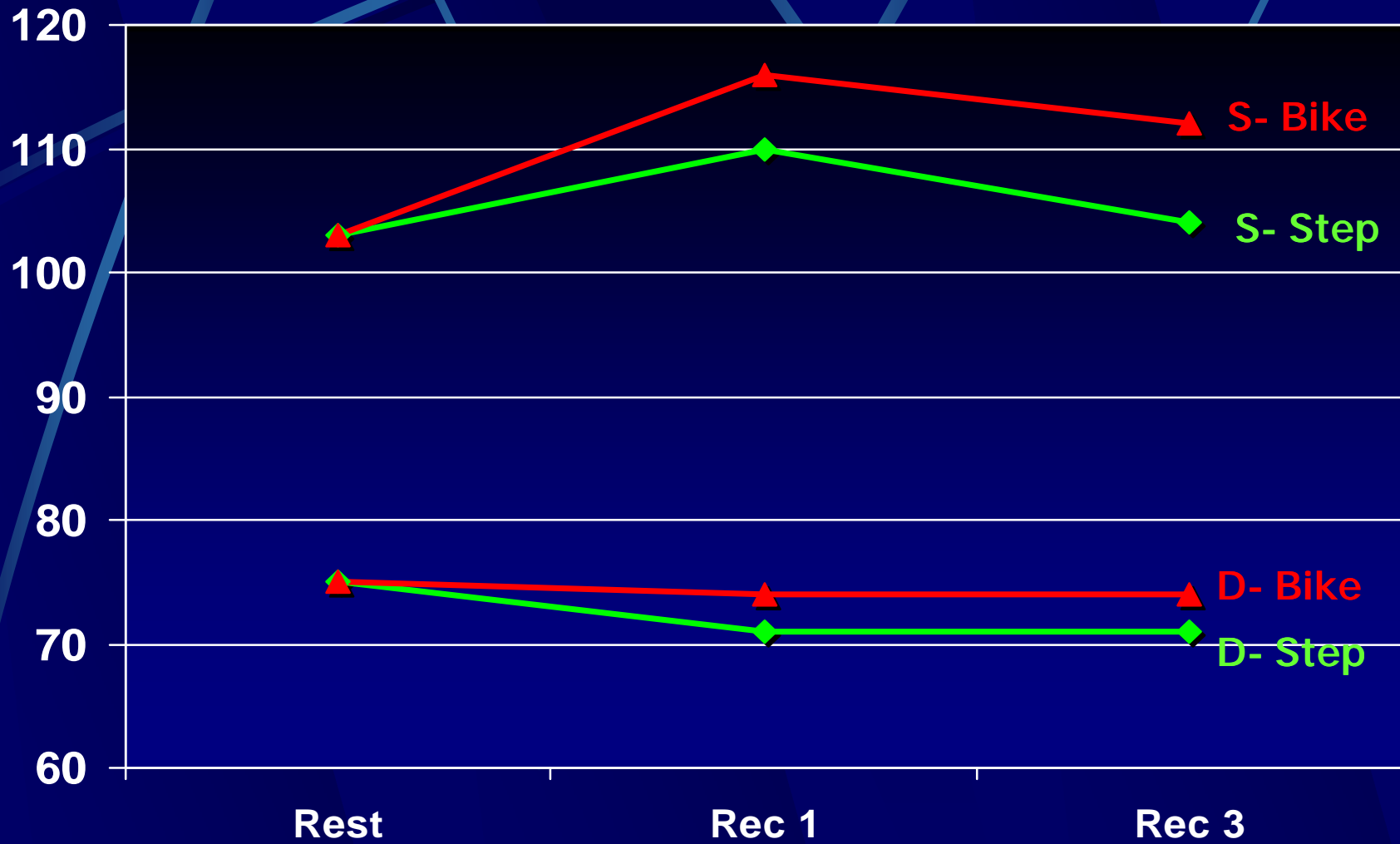


HR Response to Bicycle & Step Test

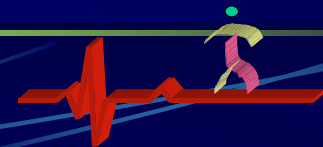


BP Response to Bicycle & Step Test



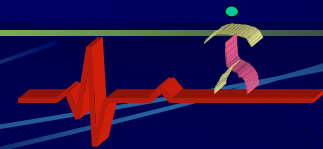
HR Response to Bicycle Ergometer

Partspnt	REST. HR	PRED. HRmax	HR Min1	HR Min2	HR Min3	HR Min4	HR Min5	REC. Min1	REC. Min2	REC. Min3	HR RES.
1-A.K	98	184	89	114	92	99	107	81	82	75	77
2-A.N	75	188	116	123	123	127	132	98	94	89	56
3-A.H	83	188	113	114	118	125	128	103	99	110	60
4-K.O	65	185	100	107	116	129	105	84	83	90	80
AVERAGE	80	186	104	114	112	120	118	92	90	91	68
S.D	12	1.4	11	3	12	12	12	9	7	12	10



HR Response to Step Test

Partcpnt	REST. HR	PRED. HRmax	HR Min1	HR Min2	HR Min3	REC. Min1	REC. Min2	REC. Min3	HR RES.
1-A.K	98	184	97	140	148	129	125	110	36
2-A.N	75	188	118	150	160	119	96	99	28
3-A.H	83	188	133	153	160	112	108	110	28
4-K.O	65	185	144	167	172	125	101	101	13
AVERAGE	80	186	123	153	160	121	108	105	26
S.D	12	1.4	17	10	8	6	11	5	8



BP Response to Step Test

partü pant ?	Restig BP?	Recovery min1	Recovery min2
1-A.K	103/75	99/72	115/80
2-A.N	106/72	131/74	107/66
3-A.H	98/61	133/81	129/81
4-K.O	96/56	100/69	95/64

