

## BCH-499

### Analysis of lipid peroxidation in tissues

#### Background:

Lipid peroxidation is a free radical-induced process leading to oxidative deterioration of polyunsaturated lipids resulting in cellular damage. The reaction of malondialdehyde (MDA) with thiobarbituric acid (TBA) to form a colored complex that can be quantified spectrophotometrically is the basis of commonest method for the assessment of lipid peroxidation in biological materials.

#### Reagents:

Potassium chloride

Trichloroacetic acid

Thiobarbituric acid

Tetraethoxypropane

#### Method:

Tissues are weighed and homogenized (10% w/v) in 0.15 M potassium chloride in a homogenizer using a motor-driven Teflon pestle. Tissue homogenate (1 mL) is incubated at 37°C in a shaker for 1 h. One milliliter of 10% (w/v) trichloroacetic acid is mixed with homogenate followed by centrifugation at 3000 rpm for 10 min. Aliquots (1 mL) of the clear supernatant are mixed with 1 mL of 0.67% (w/v) 2-thiobarbituric acid and placed in a boiling water bath for 10 min, cooled and diluted with 1 mL distilled water. The absorbance of solution is recorded at 535 nm, and the concentration of MDA is calculated using tetraethoxypropane as an external standard.