

Development of self



objectives

By the end of the session
be able to :

Define the self

Distinguish different components of self.

describe factors affected self

State three levels of mind according to Freud.

Compare between the three developmental theories





Out lines

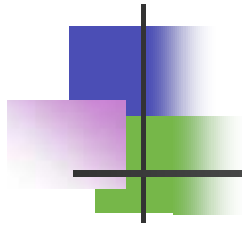


Components of self
factors affected self
the three developmental theories



Questions to ask yourself

- " Are you happy with how you look
- " Have you got an attractive personality
- " Are you likeable
- " Are you sociable or a bit shy
- " Are you honest
- " Are you a good person
- " Are you able to communicate well
- " Are you positive
- " Are you fun to be with
- " Are you decisive
- " Do others respond to you positively
- " Are you confident
- " Do you live your values and according to your beliefs



2-Self ideal: who one should

3-Self esteem: self worth



Spiritual self

connection with higher
meaning and purpose for one
experience

5- Identity:

_who one is



1-Self concept



Concept means idea so we are talking about the idea that you have about yourself

How one thinks of oneself

How you see yourself

6-Character:

A person pattern of disc
constitution and reputa...

7-personality:

Behaviors specific to each individual eg. ,
suspiciousness, self centeredetc.



8-Role

one's perception of how or
social settings eg. Role of nurse,
sister....etc

The self

Is sum of total thought feelings,
physical characteristics, socioeconomic
status, ethnicity and family cultural
factors



Self affected by



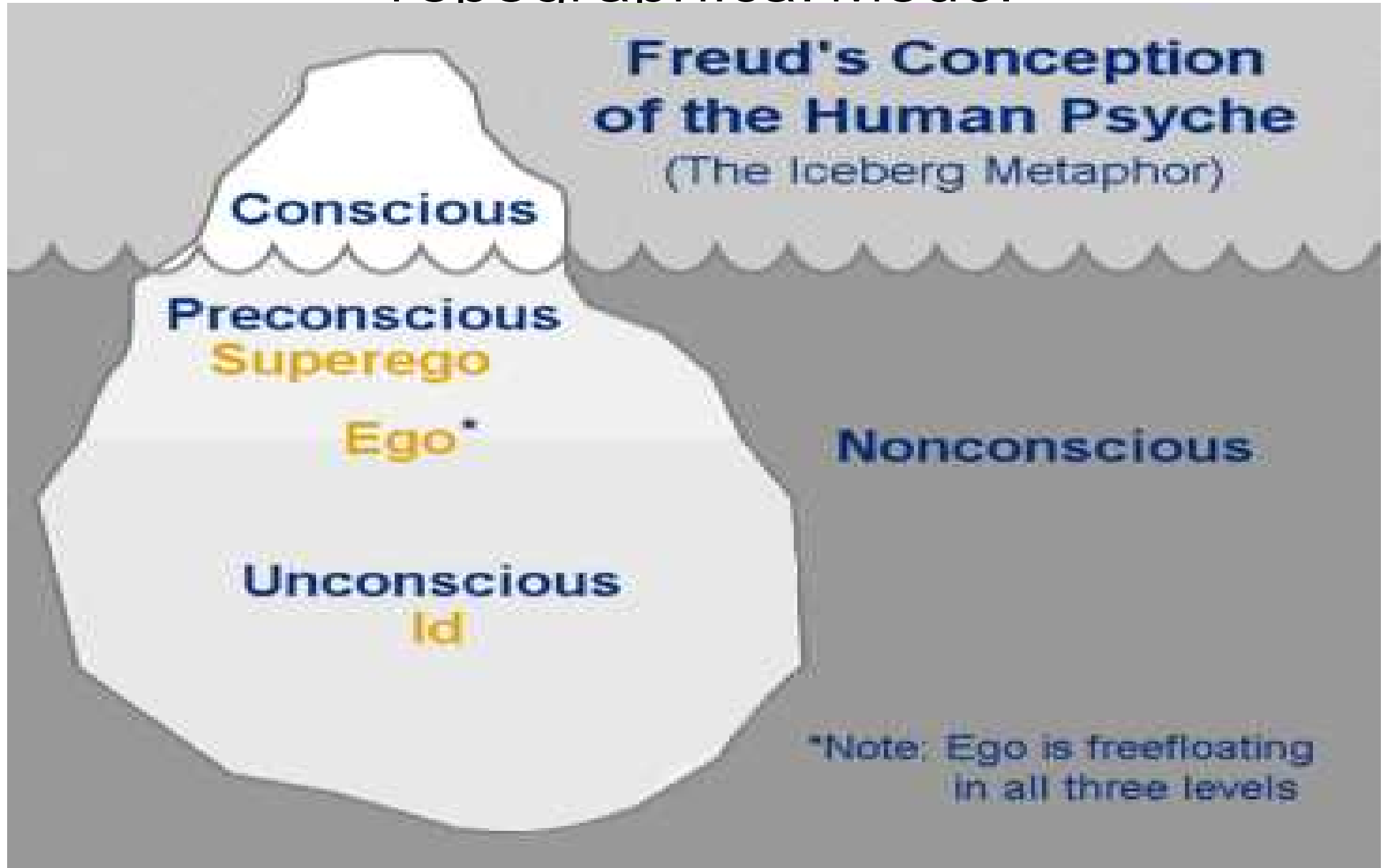
1- Heredity: genetic impact on neurological system that influences behaviour

2- Environment: external factors that influence behavior (family, culture, etc....)

3 - Developmental norms: level of development of described by several theorists

Example: three theories of developmental

Topographical Model



Thank you

