

# Acknowledgment

First of all, thanks to **God**, the creator for all what he has gifted us to achieve in our career, so we must all bow our heads in a true gratitude to Allah for his guidance, blessings and help and for aiding us to accomplish this work and make it come to light.

My wish is to express my own great thank-fullness and endless and ever lasting appreciation to the person than my tongue could not be able to express exactly my own inner feelings and deepest gratitude to her; my supervisor **Prof.**

**Dr. Sanna Habashy** Professor of psychiatric Nursing, Faculty of nursing, Alexandria University, for her patience and great help, Continuous guidance, suggestions, criticism,

effort and time she expanded to accomplish this work.

I am very thankful, heartily grateful, my deepest gratitude and appreciation to **Prof. Dr. Ahmed Mobarak**, Professor of Neuron Psychiatry, Faculty of Medicine, Tanta University, for her great help interest, continuous support, guidance criticism effort patience, openhandedness, warm encouragement, valuable advice and faithful help.

I wish to express my thanks to **Dr. Essmat Gemeay**, Dr. of Psychiatry Nursing, Faculty of Nursing, Tanta University, for Her encouragement, guidance and continuous support

My gratitude and thanks to **Dr. Hodda Elebiary** who preformed statistical work for the suggestions and useful guidance.

Also I thank every person who participated in some way or another in the conduction of this study.

Finally I wish to express my profound gratitude, love to my family and especially to my Brother, who always give me sincerely and endlessly in cooperation and warm support and especially my mother who was and has still been a constant source of inspiration and support.