

INTERACTIONS 1 Reading

CHAPTER 3

6. Recognizing One or Two-Sentence Statements of the Main Idea (page 46)

- 1. **False** - Three definitions
- 2. **False** - Fast food is **different** around the world.
- 3. **False** - Individual choices about food and eating are based on **habits, convenience, cost, and beliefs about health and beauty.**
- 4. **False** - The typical Mexican and Japanese diets are greatly **affected by** religious law.
- 5. **False** - **More and more** meals around the world include the basic necessary food elements

7. Recognizing Supporting Details (page 48)

1. Definitions of the word 'diet'

- a person's or group's usual food choices and habits.
- an eating plan with only certain kinds or amount of food
- diet (as a verb) means 'to lose weight'

2. Examples

Types of foods that are common fast foods

Burgers- hot dogs- sandwiches- fried chicken- German sausage schnitzel-Italian pizza-
pasta- Mexican tacos-burrito-shish kebab-falafel-Japanese sushi-tempura-egg rolls-
noodles

Diets based on location, history, tradition and religion

corn, beans, rice, breads, eggs, fish, meat, seafood, meson, tofu, bean paste
pork, bacon, dairy

Diet choices becoming more alike

Kind of meat, fish, dairy product, grains, breads, vegetables, fruit

3. Reasons

- individual choices
- Former habits
- Cost and convenience
- beliefs about health and nutrition
- ideas about physical beauty

4. Summarizing p.52

PARAG. B:1-Title of the Reading Passage:

2- Ask a question about the main idea:

3- One sentence as an answer to the main – idea question:

4. facts, examples, reasons: