

Lubna A. Al-Ansary

Associate Professor and Consultant, Dept of Family and Community Medicine(34), College of Medicine, King Saud University, P O Box 2925, Riyadh 11461, Saudi Arabia

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PERSONAL DATA

Date of Birth	Mar 17, 1962
Nationality	Saudi
Marital Status/Gender	Married/Female- 3 children

EDUCATION AND QUALIFICATIONS

<i>Royal College of General Practitioners, London, UK</i>	
MRCGP	1989
FRCGP	1999
<i>King Saud University, Riyadh, Saudi Arabia</i>	
MSc. in Family Medicine	1988
Thesis: "Appendicitis in a Saudi Hospital"	
<i>King Saud University, Riyadh, Saudi Arabia</i>	
MBBS. Honors in Medicine and Surgery	1985

AWARDS

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| • Teacher of the Year 1412/1992, Dept of Family and Community Medicine, College of Medicine, King Saud University | 1993 |
| • Resident of the Year , Dept of Family and Community Medicine, College of Medicine, King Saud University | 1988 |
| • Girl Student of the Year , King Saud University (ladies' side) | 1985 |

TEACHING EXPERIENCE

<i>Dept of Family and Community Medicine, College of Medicine, King Saud University, Riyadh, Saudi Arabia</i>	
Associate Professor – "Family Medicine Rotation", "Islamic Medical Ethics" for the Undergrads and Postgraduate Education- MSc and diplom programs, KSU Fellowship, Arab Board and Saudi Board in Family Medicine." <i>Participated in developing syllabus and overall course structure, and administering all grades.</i>	1996-present
Assistant Professor – "Common Problems in PHC" & "Islamic Medical Ethics" <i>Developed syllabus and overall course structure, and administered all grades.</i>	1990-1996
Lecturer – "Common Problems in PHC" & "Islamic Medical Ethics" <i>Collaborated in developing syllabus and overall course structure, and participated in didactic teaching.</i>	1989
Demonstrator – <i>Collaborated on curriculum and exam development of different UG courses, met with students upon request, and graded written work, including final exam papers</i>	1986-1988

CLINICAL EXPERIENCE

- King Khalid University Hospital (KKUH), Riyadh, Saudi Arabia*
Consultant **1993 - Present**
Provides as needed supervision, training and support to students and other staff members at the primary health care clinics.
- Assulwan Private Clinics, Riyadh, Saudi Arabia* **1996**
Part-Time Consultant
Provided primary health care for mentally ill patients
- King Khalid University Hospital (KKUH), Riyadh, Saudi Arabia* **1988-1993**
Senior Registrar/ Registrar
Provided continuing and comprehensive health care to patients attending the primary care clinics at KKUH; mostly patients with multiple chronic illnesses. Participated in teaching UG students and training residents in Family Medicine.
- Resident** **1986-1988**
Worked in different specialties; internal medicine, general surgery, pediatrics, Obstetrics and gynecology, psychiatry, emergency medicine and primary care.
- Internship** **1985-1986**
Worked in the 4 main specialties; internal medicine, general surgery, pediatrics, Obstetrics and gynecology.

ADMINISTRATIVE EXPERIENCE

- **Associate Director,** **1994-1996**
Primary Care Clinics at KKUH.
- **Director** **1998-1999**
Primary Care Clinics at KKUH (for 4 months)
- **Academic Advisor** **1994-1996**
Female medical students in the clinical years
- **Member, Academic Advisory committee** **2003-2004**
And Academic Advisor for the fourth-year female medical students.
- **Supervisor** **2003**
Unified entry exam for health colleges (Ladies' side)

EVIDENCE-BASED HEALTH CARE EXPERIENCE

- **Supervisor** of the "**Evidence-Based Health Care and Knowledge Translation**" **Research Chair**, College of Medicine, King Saud University **2008**
- **Chairperson** of the **GCC Evidence-Based Clinical Practice** series of workshops held regularly at the College of Medicine at King Saud University **2006-present**
- **Member**, Executive Council of the **National and Gulf Evidence-Based Medicine Centre** at King Abdulaziz Medical City, Riyadh, Saudi Arabia **2005-2007**
- **Member, National Evidence-Based Medicine Scientific Committee**, Ministry of Health, Riyadh, Saudi Arabia **2001-present**
- Surveying the **Knowledge, Skills, Attitude and Needs** of Primary Health Care **1999 and 2005**

Physicians in 5 regions of Saudi Arabia

- **Participant** in the assessment of guidelines on an **ongoing basis** for the **Guideline Advisory Committee**, University of Toronto, Department of Health Administration, Ontario, Canada. **2000-2001**
- Facilitator and site-license holder of the **Residency Practice – Based Small Group Learning Program** which is run by **The Foundation For Medical Practice Education**, McMaster University Hamilton, Ontario, Canada. **2000-2001**

OTHER COLLEGE AND UNIVERSITY EXPERIENCE

- Member, Demonstrators Committee, College of Medicine **2007-present**
- Member, Medical Education Centre, College of Medicine **2007-present**
- Member, Ad Hoc Committee for Devising a Plan for Establishing a World Class Research Centre, College of Medicine **2007**
- Member, 'Uniformalization of dress for the university Hospitals' staff, College of Medicine **2001-2002**
- Membership of various regular and ad hoc committees at the Department of Family and Community Medicine, College of Medicine **1992-2007**

COMMUNITY SERVICE (*RECENT EVENTS*)

- Chairperson of the ladies' committee of the Charitable Society for Hereditary Diseases in Saudi Arabia **2008-present**
- Member of the 'Evaluation of Primary Health Care Physicians', MOH, Riyadh, Saudi Arabia **2008-present**
- Founding Member of the National Family Safety Program, KAMC, Riyadh, Saudi Arabia **2007-present**
- Member of the Editorial Board of the *Saudi Medical Journal*, Riyadh, Saudi Arabia **2007-present**
- Founding Member of the 'National Society for Human Rights' in Saudi Arabia **2004-present**

PUBLICATIONS AND PAPERS

A. Published Papers:

Al-Sekait MA, Al-Ansary LA, Al-Zamel F: Prevalence of Pathogenic intestinal parasites among Saudi rural school children. *European Journal of Public Health* 1993; 3: 232-6.

Al-Ansary LA, Al-Rajeh S: Diagnostic agreement between primary care physicians and neurologists. *Ann Saudi Med* 1994; 14: 213-6.

Al-Ansary LA, Babay ZA: Risk Factors for Spontaneous Abortion: A Preliminary Study on Saudi Women. *J R Soc Health* 1994; 114: 188-93.

Jarallah JS, Al-Ansary LA, Ayoola EA, Al-Shammari: Career preference and choice of practice locations by medical students. *Medical Education* 1994; 28: 83-7.

Al-Ansary LA, Oni B, Babay ZA: Risk Factors for Spontaneous Abortion among Saudi Women. *Journal of Community Health* 1995; 20: 491-500.

Al-Jarallah JS, Al-Ansary LA: Opinions and attitudes of medical students about Arabization of medical education. *Journal of Family and Community Medicine* 1995; 2: 63-72 [Arabic].

Al-Shammari SA, Khoja TA, Al-Ansary LA, Yamani MJ: Care of Asthmatic Patients in Primary Health Care Centers. *Ann Saudi Med* 1996; 16: 24-8.

Jarallah JS, Bamgboye EA, Al-Ansary LA, Kalantan KA: Predictors of smoking among male Junior Secondary School students in Riyadh, Saudi Arabia. *Tobacco Control* 1996; 5 : 26-9.

Al-Nahedh N, Bamgboye EA, Al-Ansary LA: Patients' views and opinions towards the Introduction of an appointment system at a University hospital in Saudi Arabia. *Saudi Med J* 1996;17: 290-5.

Al-Sekait M, Al-Ansary LA: Contraceptive use among Saudi women in Riyadh Region. *Journal of Family and Community Medicine* 1996; 3: 80-97 [Arabic].

Al-Faris E, Al-Subaie A, Khoja T, Al-Ansary LA, Abdul-Raheem E, Al-Hamdan N, et al: Training primary health care physicians in Saudi Arabia to recognize psychiatric illness. *Acta Psychiatr Scand* 1997; 96: 439-44.

Khoja T, Al-Ansary LA: Asthma in Saudi Arabia: Is the System appropriate for Optimal Primary Care. *Public Health Management Practice* 1998; 4: 64-72.

Al-shammari SA, Al-Mazrou Y, Jarallah JS, Al-Ansary LA, Ali ME, Bamgboye Ea: Appraisal of Clinical, Psychosocial and Environmental Health of Elderly in Saudi Arabia: A household survey. *Int'l J Aging and Human Development* 2000; 50: 43-60.

Al-Ansary LA, Khoja TA: The place of Evidence-based Medicine Among Primary Health Care Physicians in Riyadh Region, Saudi Arabia. *Family Practice*. 2002; 19(5): 537-42

Al-Ansary LA, Al-Khenizan A: Towards evidence-based clinical practice guidelines in Saudi Arabia. *Saudi Med J*. 2004; 25(11): 1555-8.

Al-Ansary LA: Human Rights Education: Not just a Right but a Responsibility. *Al-Ma'refa Journal*. 2004; 107: 20-27

Khoja TA, Al-Ansary LA: The place of Evidence-Based Medicine Among Primary Health Care Physicians in Asir Region, Saudi Arabia. *EMHJ* 2007; 13; 408-19

Al-Sheikh SO, Aljabri BA, Al-Ansary LA, Al-Khayal LA, Al-Salman MA, Al-Omran MA: The Prevalence and Risk Factors for Peripheral Arterial Disease in Saudi Arabia: A Pilot Cross Sectional Study. *Saudi Med J* 2007; 28(3):412-4.

B. Books:

Khoja A, Dashash N, Al-Ansary L, Al-Khenizan A: "Highlights on Evidence-Based Medicine". MOH and GCC Health Ministers' Council Publication, 2nd Ed, 2008

Arabic translation of: Silagy C & Haines A (ed): Evidence-Based Practice in Primary Care. The Arabic translation was approved by the Scientific Council of King Saud University on 16.11.1423H (19.1.2003G) and was published by King Saud University Press in 1425H (2004 G)

Dashash N, Rayes F, Al-Ansary L: Notes on Postgraduate Exams in Family Medicine. Jeddah Joint Pro Family Medicine. 2002

Arabic translation of: Morrell D: The Art of General Practice. Oxford University Press 1991. The Arabic translation was approved by the Scientific Council of King Saud University on 26.1.1416H (24.6.1995G) and was published by King Saud University Press in 1418H (1997G).

Contributor to: "The National Manual for Primary Mental Health Care" by the National Scientific Committee of Mental Health in Primary Health Care. 1st ed. Ministry of Health Publications, 1996.

Contributor to the **Arabic** version of: "The National Manual For Primary Mental Health Care" by the National Scientific Committee of Mental Health in Primary Health Care. 1st ed. MOH Publications, 2000.

LANGUAGES

- Arabic – native language
- English – speak fluently and read/write with high proficiency

MEMBERSHIPS

- Saudi Society of Family and Community Medicine
- Royal College of General Practitioners
- World Association of Family Doctors (WONCA)
- Guidelines International Network (G-I-N)
- American Academy of Family Physicians
- American Association for the Advancement of Science (1995)