

CURRICULUM VITAE

Name : Norah Abdullah Al-Rowais

Nationality : Saudi

Date of Birth : 1961

Sex : Female

Marital Status : Married seven children

Mailing Address : Department of Family and Community Medicine,
College of Medicine, King Saud University
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Saudi Arabia.

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Educational Background:

King Saud Fellowship in Primary Health Care. 1994
King Saud University, Riyadh, Saudi Arabia

Master in Primary Health Care 5 November 1988
King Saud University, Riyadh, Saudi Arabia

MBBS (Bachelor of Medicine and Surgery) 29 May 1985
King Saud University, Riyadh, Saudi Arabia

Academic Positions held:

Associate Professor, Department of Family and Community Medicine, College of Medicine, King Saud University, 18th February 2004 – present.

Assistant Professor, Department of Family and Community Medicine, College of Medicine, King Saud University, December 1995 – 17th February 2004.

Lecturer, Department of Family and Community Medicine, College of Medicine, King Saud University, August 1988 - November - 1995.

Demonstrator, Department of Family and Community Medicine, College of Medicine, King Saud University, 1986-1988.

Professional post held:

Internship at King Khalid University Hospital (KKUH) – Riyadh 24.6.1985-12.6.1986.

Resident Physician in KKUH as a Requisite for the Master Degree in Primary Health Care which was spent in various specialties including General Medicine, General Surgery, Paediatrics, Obstetric and Gynaecology, Psychiatry, Accident and Emergency and Primary Care Clinics from 1986-1988.

Registrar in Primary Care Clinics at KKUH from 1409-1415.

Senior Registrar in Primary Care Clinics at KKUH from 1415-1418.

Consultant in Primary Care Clinics at KKUH from 2.2.1418 till present.

Teaching and Training Activities:

A) Undergraduate:

1. Has taken the responsibility of teaching the following courses for females:
 - a) Medical Ethics for Muslim doctor course 1. (191 CMED) and course 2 (391 CMED) from 1990 till present.
 - b) Medical terminology 196 CMED.
 - c) Primary health care rotation COMM-421.
2. Coordinator of the Medical Ethics Course Part 1.
3. Coordinator of the Medical Ethics Course Part 2, for 1 year.
4. Coordinator of the Medical Terminology Course for 3 years.
5. Coordinator of the Primary Health Care Rotation for 2 years.
6. Supervision of undergraduate student research for 1 year.

B) Postgraduate:

1. Participation in postgraduate student training in the Diploma, Arab Board, Saudi Board and Fellowship Program in Family Medicine 1995 till present.
2. Coordinator of postgraduate studies in Family Medicine in the Department of Family Medicine 1997-1999.

3. Assistant Coordinator of postgraduate studies in Family Medicine 1996-1997.
4. Coordinator of the Half-Day Release Course for postgraduate students in Family Medicine Nov 1995-1996.
5. Supervision of postgraduate students research work.

Committees Membership:-

1. Member in Primary Health Care Unit and Residency Training in the Department of Family and Community Medicine.
2. Member in College Committee for female students affairs since 2000.
3. Member in appointment and selection committee – Department of Family and Community Medicine 2002.
4. Member in Organizing Committee of Family Medicine Essential Workshop for 6 years since April 2000.
5. Member in health education center – College of Medicine.

Organization Membership:

1. Member in WONCA. World Organization of family doctors 1995-todate, Australia.
2. Associate member in RCGP 1995-todate, UK.
3. Member in Saudi Society for Family and Community Medicine – Saudi Arabia.

Awards:

1. Has been selected as the resident of the year (1413H) in Family and Community Medicine Department.
2. Has been selected as the teacher of the year (1414 H) in Family and Community Medicine Department.

Community Services:

- Participation in University and Community Week 2000-2001.
- Participation in Selection Examination of female entrants to Medical College.

Publication:

1. N.A. AlRowais, A.A. AlHaider, M.I. AlHassan, H.S. Abou-Adua, J.S. Jarallah: A look at the Diabetic Patient Compliance in Riyadh District. Saudi Pharm J, 1:50-55, 1993.
2. N.A. AlRowais: Assessment of Stress and Coping levels among physicians at King Khalid University Hospital. Saudi Med J. 1996; 17 (2): 235-244.
3. E.A. Al-Faris, K. Kalantan, N.A. AlRowais, M. AlNour, K. Umran, M. Kabraah, I. Badwi, J. Jarallah: Career Choices among Saudi Medical Students. Academic Medicine 1997; 72 (1): 63-65.
4. N.A. AlRowais: Herbal Medicine in the treatment of Diabetes Mellitus. Saudi Med. J 2002; 23 (11): 1327-1331.
5. N.A. AlRowais, T. Khoja, M. AlFarra, N. AlNahedh. Primary health care physician views on periodic health evaluation in Saudi Arabia. East Mediterranean. Health J. 2000; 6 (2/3); 447-456.
6. Arabic Translation of a book on asthma at your finger tips written by Dr. Mark Levy, Prof. Sean Hiltan and Greta Barnes. It was approved by the Scientific Council of King Saud University on 5/12/1999 and was published by King Saud University Press 2001.
7. N.A. AlRowais, E. AlGhamdi: Views of primary health care trainees on their hospital training in Internal Medicine and Paediatric in Saudi Arabia. Journal of Family and Community Medicine. 2000; 7 (2): 43-51.
8. N.A. AlRowais, R.M. Al-Shabaili: Patient Satisfaction with Consultation in Primary Health Care setting in Riyadh, Saudi Arabia 1999. Emirates Medical Journal 2002, 20 (3).
9. Al-Momen RK, ELJack I, AlNowaiser N, AlRowais N. Antenatol Assessment Score: A Tool for Audit in Family Medicine. Accepted in Saudi Medical Journal.

Conferences and Symposia Attended:

1. Symposium on HIV infection and Aids: An update 18 November 1992, King Saud University, College of Medicine.
2. Symposium on Continuing Medical Education in Primary Health Care 6-7 April 93 King Saud University - College of Medicine.
3. Workshop on Headache and Migrain 2-3 October 1993, King Saud University - College of Medicine.
4. International symposium on Epilepsy and Sleep disorder 30-31 october 1993, College of Medicine - King Saud University - Riyadh.
5. The First Arabian Gulf Symposium on Health Care of the elderly in the commuity 22-23 November 1994. King Saud University - College of Medicine.
6. Toward an Optium method of Family and Community Medicine Examination 21-22 May 1995 – AlRabwah Postgraduate Training Center Riyadh, Saudi Arabia.
7. The 3rd Scientific Conference for the Saudi Society of Family and Community Medicine. Cultural Palace – Diplomatic Quarter, Riyadh, Saudi Arabia – March 2-4 1997.
8. The 2nd national workshop for training local trainers in primary mental health care 26-28 Sep 1998 Al-Hammadi Hospital – Riyadh.
9. Primary health care – The way forward symposium 20-21 Oct 1998 at National Guard Hospital.
10. The Evidence Based Medicine Course: How to Practice EBM 24-26 Jan 2000 College of Medicine, King Saud University – Riyadh, Saudi Arabia.
11. 2nd Family Medicine Essential Workshop 15-18 April 2001 at Towaiq Palace Riyadh, Saudi Arabia.
12. First Saudi Medical Ethics Conference 30 Sept – Ist Oct 2001. Military Hospital, Riyadh, Saudi Arabia.

13. Workshop on Diagnosis and Management of Child Abuse in Saudi Arabia, 5-6 Feb 2002, King Faisal Specialist Hospital, Riyadh, Saudi Arabia.
14. 3rd Family Medicine Essential Workshop 17-20 March 2002 at Towaiq Palace – Riyadh, Saudi Arabia.
15. 2nd Endocrine and diabetes update symposium 16-18 April 2002, College of Medicine, King Saud University, Riyadh, Saudi Arabia.
16. Evidence Based Medicine Workshop: The start of changing practice and application 26-6-2002, Riyadh, Saudi Arabia.
17. Series of workshop for faculty member development program on
 - a. Skill of instructional methods 6th Oct. 2002.
 - b. Assessments skills 27th Oct. 2002.
18. AlFaris EA, Abdulghani HM, AlRowais NA, Alamro N. Teaching evidence-based medicine in a Saudi Medical School: A pilot study JTU Med Sc 2007; 2 (1,2): 42-49.
19. AlTarki YA, AlRowais NA. Prevalence of smoking among female medical students in the College of Medicine, Riyadh, Saudi Arabia. Saudi Med J 2008; 29 (2): 311-312.
20. AlFaris EA, AlRowais NA, Mohamed AG, AlRukban MO, AlKurdi A, AlNoor MAB, AlHarby S, Sheikh A. Prevalence and pattern of alternative medicine use: the results of a household survey. Ann Saudi Med 2008; 28 (1): 4-10.

Revised on 21/5/1429 (26/5/2008)
