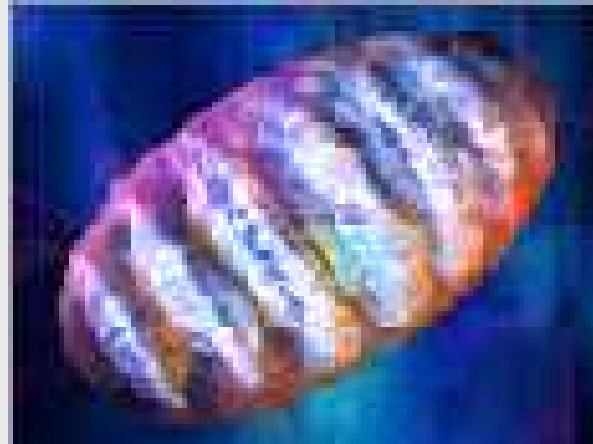
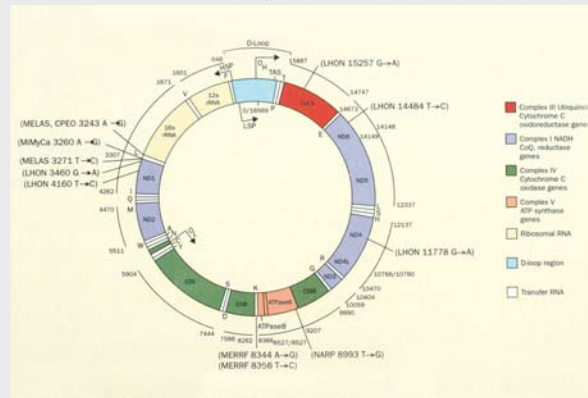


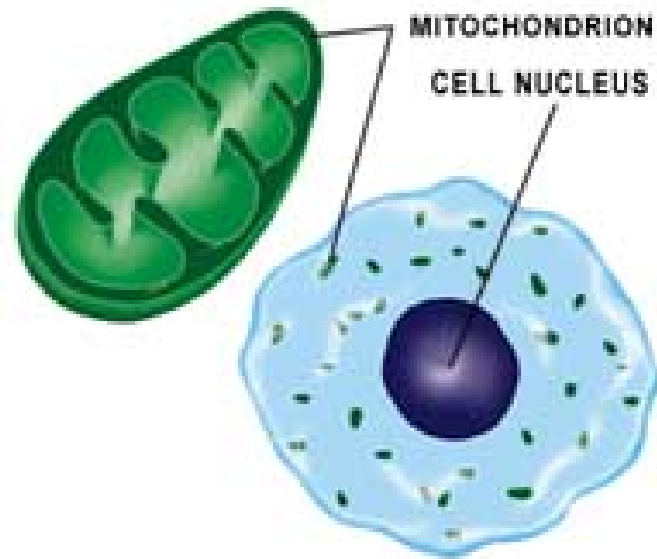
Mitochondrial Disorders



Arjumand Warsy



Mitochondrion in Cells

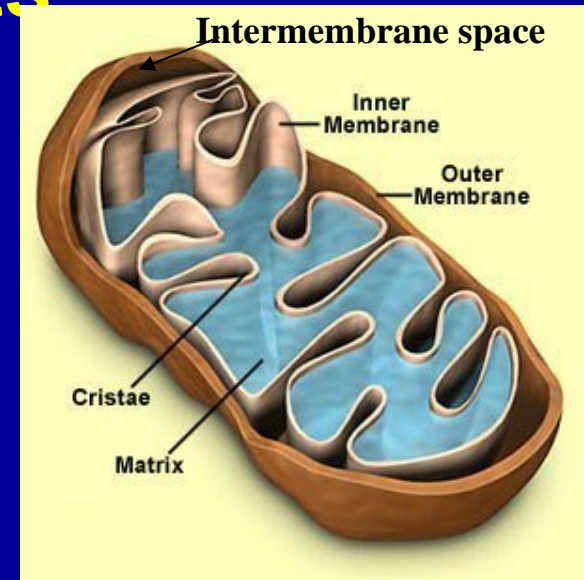


Each cell contains, on average, 500 to 2,000 mitochondria which are responsible for supplying energy needs

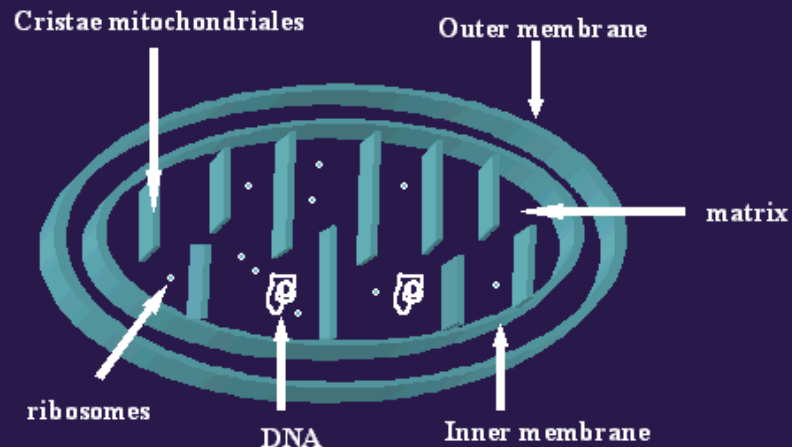
Power House of cells

Structural features of mitochondria: 4 compartments

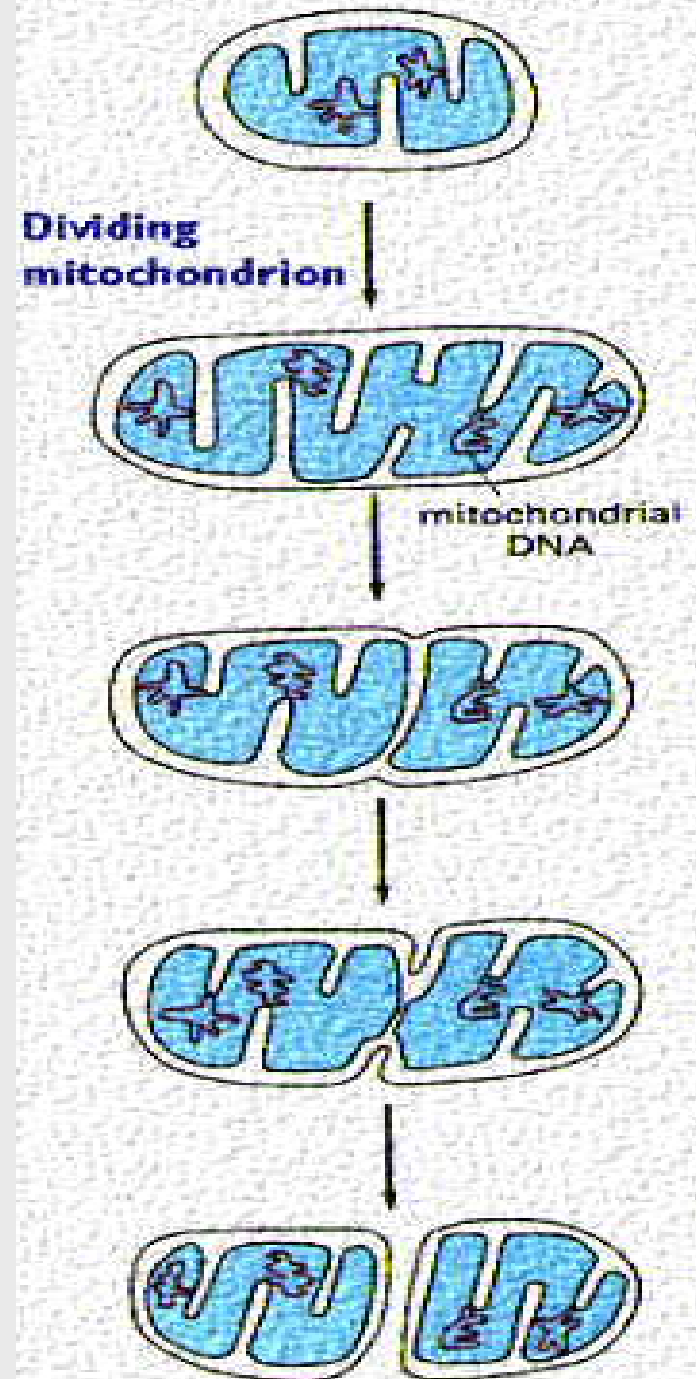
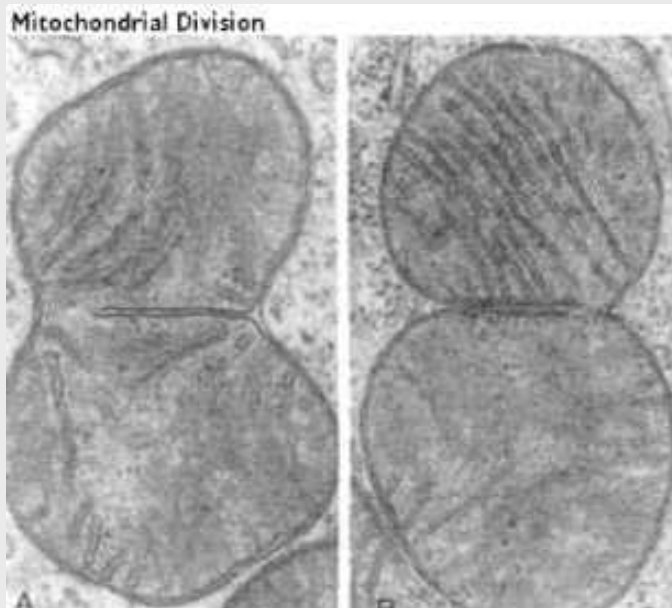
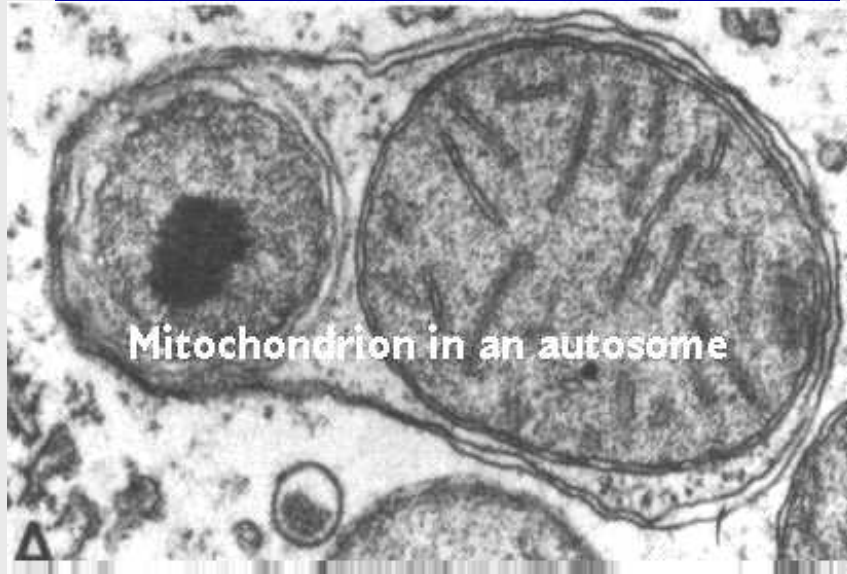
- Outer membrane
- Inner membrane:
Composed predominantly of cardiolipin
- Intermembrane space:
Between outer & inner membranes
- Matrix: Region inside inner membrane



Mitochondrial Compartments

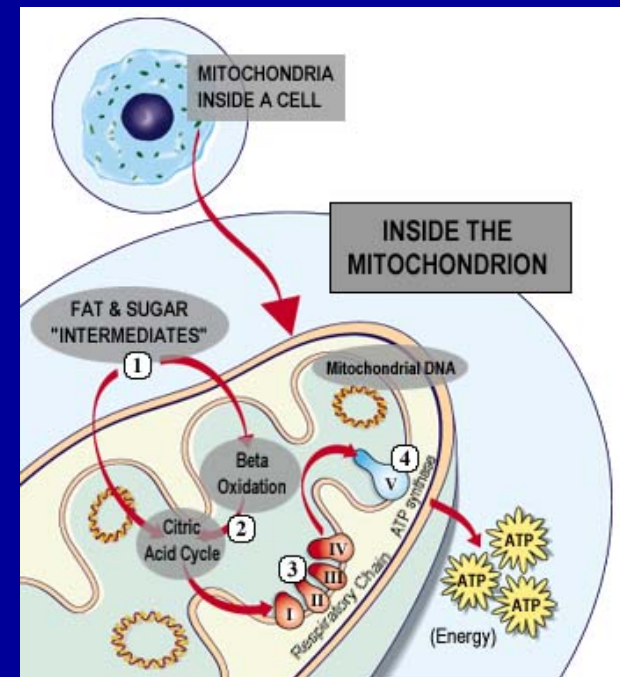
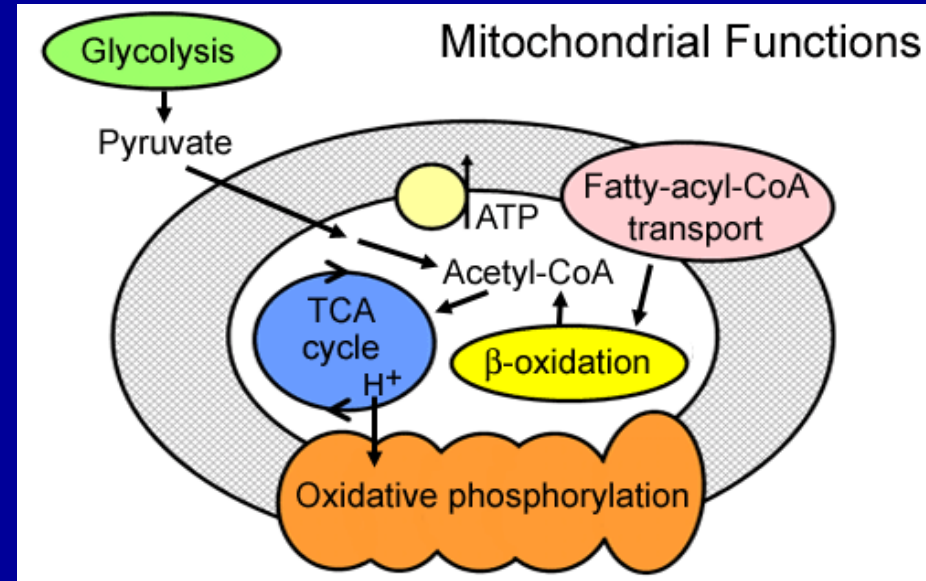


Multiplication of Mitochondria

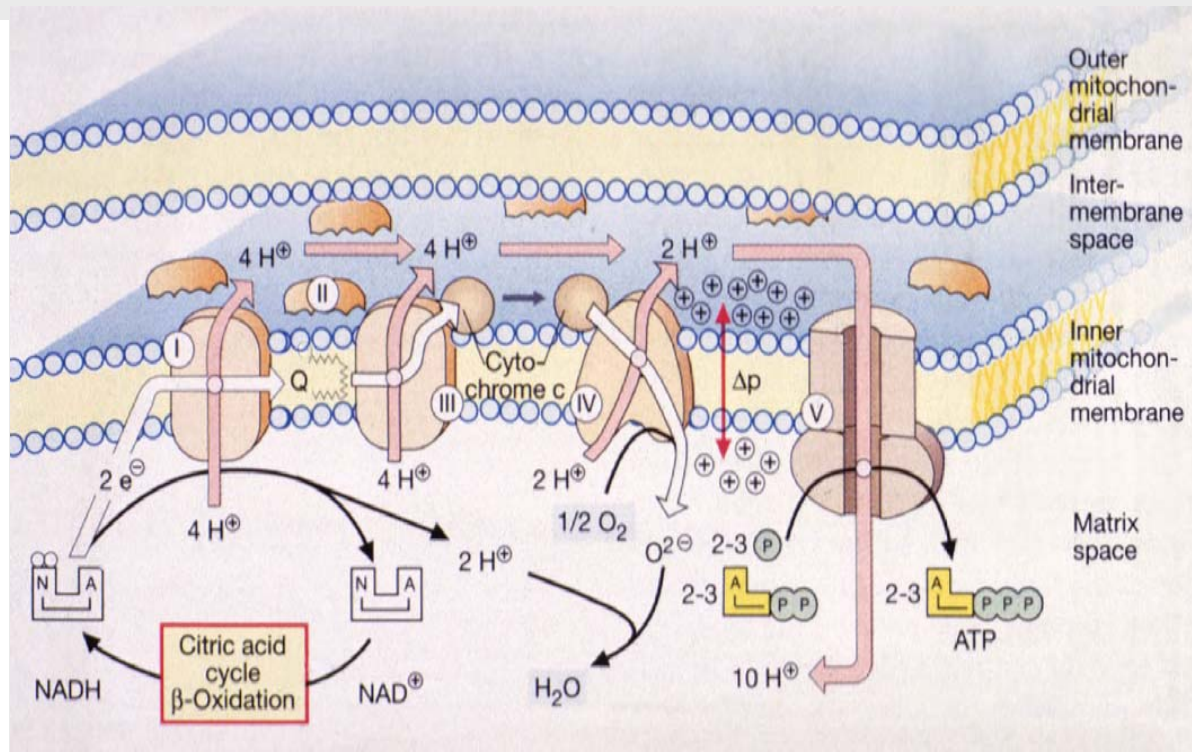
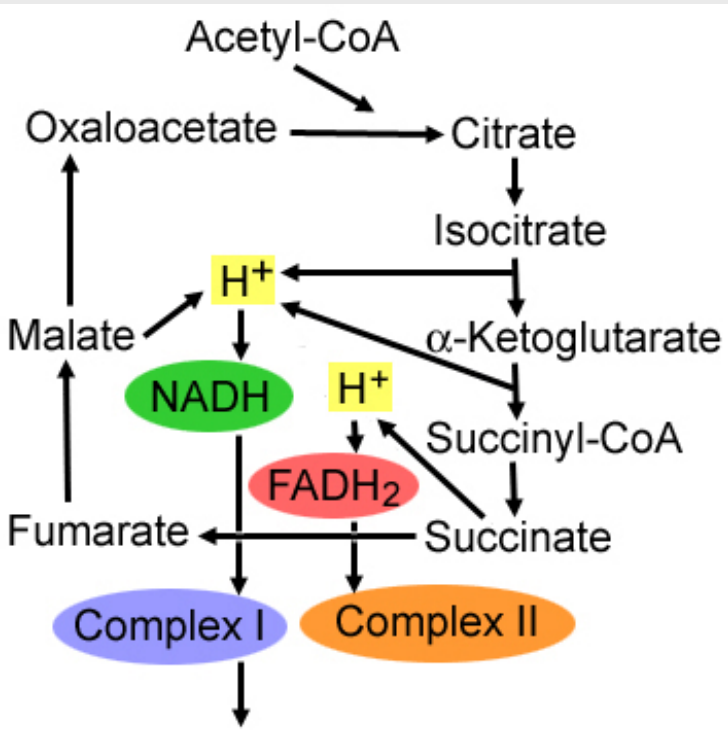


Functions of mitochondria

- Pyruvate oxidation
- Krebs cycle
- Metabolism: Amino acids; Fatty Acids; Steroids
- Generation of Energy as (ATP): Via
 - Electron-transport chain
 - Oxidative Phosphorylation (Respiratory chain)
 - Location: Inner mitochondrial membrane

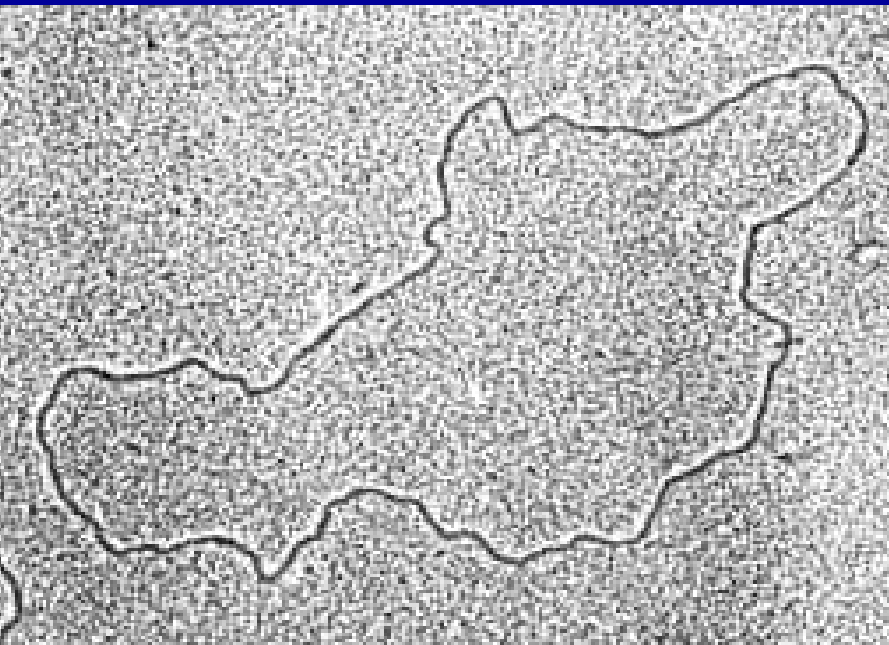


TCA cycle and Electron Transport chain in Mitochondrial Matrix

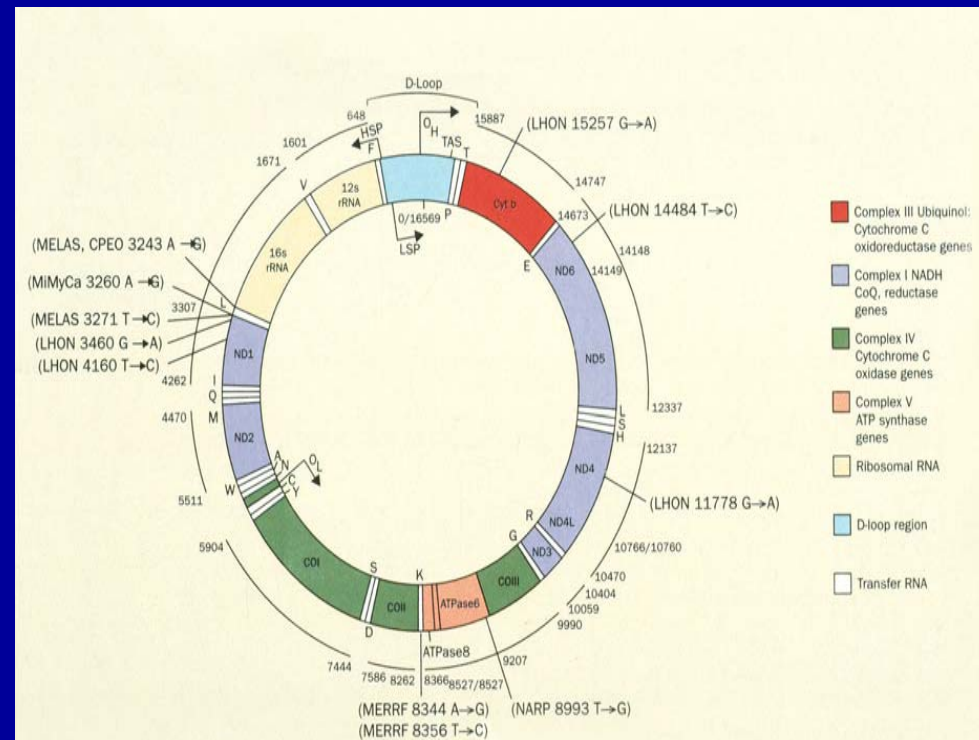


Mitochondrial DNA (Mt DNA)

- Only organelle other than nucleus with own DNA, in humans
- Different structure than nuclear DNA

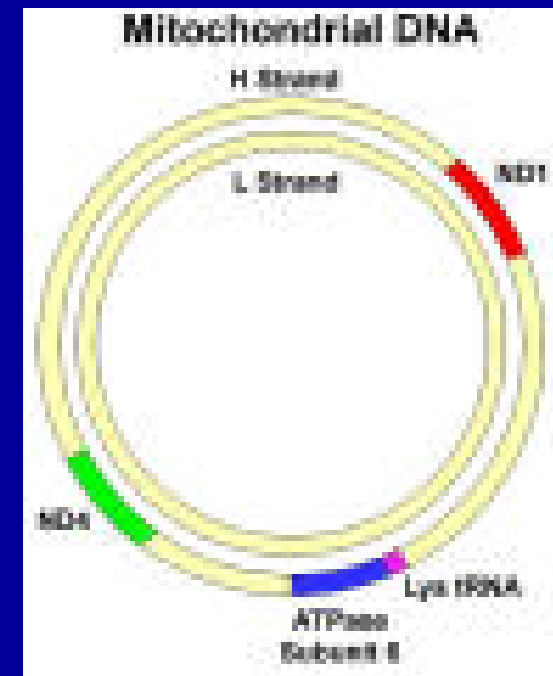


Circular Mt DNA

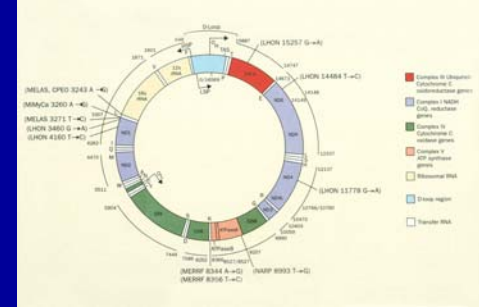


Structure of MtDNA

- Double-stranded, circular molecule: Except for D-loop which is triple stranded (Contains extra 7S DNA)
- 16,569 nucleotide pairs
- Copies: 2 to 10 in each mitochondrion
- Polyplasmmy: > 1,000 in each cell
- Strands
 - Heavy (H) strand
 - Rich in guanines
 - 28 genes
 - Light (L) strand
 - Rich in cytosines
 - 9 genes: ND6; 8 tRNAs



Genes and control regions on Mitochondrial DNA

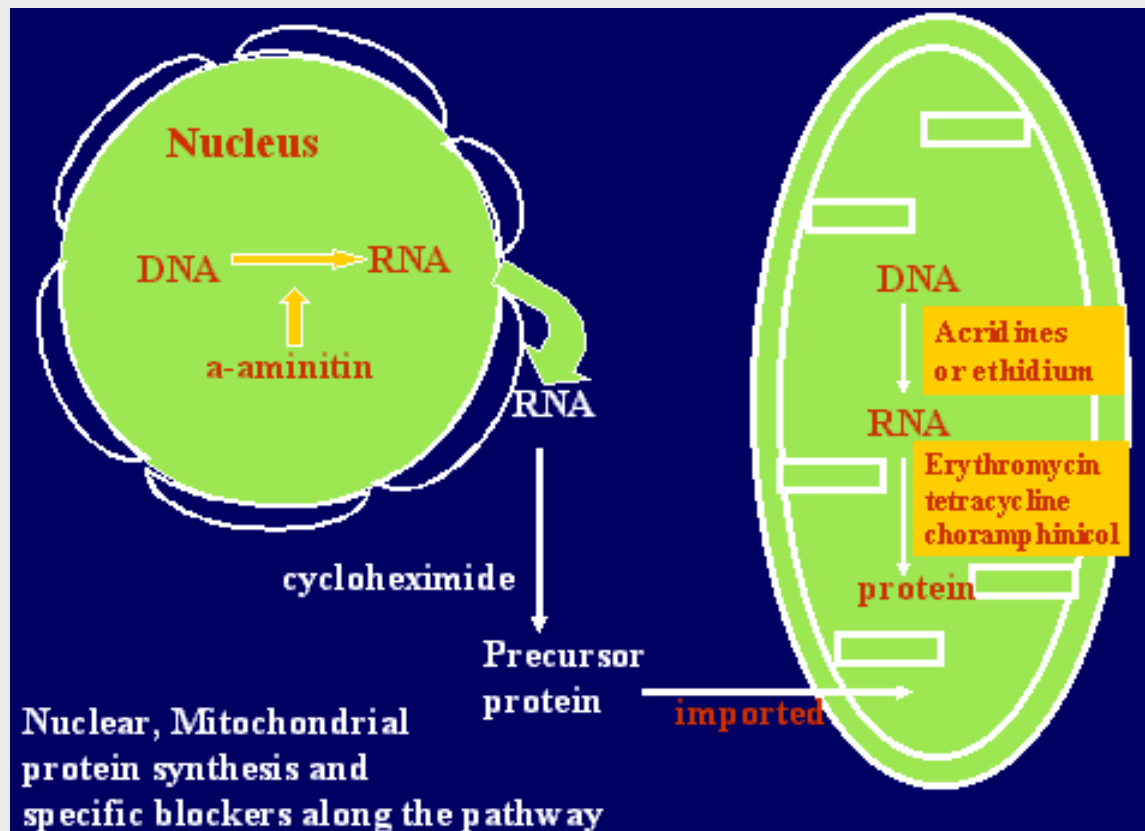


- o Peptides
 - o Encodes 13 of mitochondrial peptide subunits
 - o All 13 peptides are in mitochondrial respiratory chain (OXPHOS)
 - o Remaining > 67 OXPHOS subunits are nuclear encoded
- o rRNAs: 2
- o tRNAs: 22; Located between every 2 rRNA or Protein coding genes
- o Non coding region: Triple stranded (D) displacement-loop
 - o Produced from additional synthesis of a piece of mitochondrial DNA, 7s DNA
- o Contains promoter region
- o Origins of replication for H and L strand replication
- o Contains elements for initiation of leading strand replication
- o Other mitochondrial proteins encoded by nuclear DNA

Transcription & translation of mtDNA

- o Promoters: Controlled by nuclear DNA
 - o 3 Promoters
- o H1: H-strand; Produces complete symmetric transcription of heavy strand of mtDNA
- o L: L-strand; Produces complete symmetric transcription of light strand of mtDNA
- o H2: Synthesis of 2 rRNAs; Acts with factor, mTERF
- o Promoters started by: Mitochondrial RNA polymerase + Specificity factor (mtTFA)
- o Promoter location: D-loop; Only non-coding region of mtDNA
 - o 7% of mtDNA length
 - o Contains *cis* elements involved in mtDNA replication & transcription
- o Transcripts: Large
- o Produced by H1- & L-strand
- o Subsequently cleaved into individual genes

All factors involved in maintenance, replication & expression of mtDNA: Nuclear encoded



Mitochondrial DNA variation

- Normal: **Homoplasmy**; All copies of mtDNA are identical within coding region
- **Heteroplasmy**: Single cells contain different mtDNA populations
 - Occurs with some mtDNA mutations
 - Due to presence of multiple mitochondria in one cell, each containing several mtDNA copies
 - Produces tissue variation
- **Post-mitotic tissues**
 - Usually contain highest levels of mutated mtDNA
- Mutations in mtDNA % vs normal in mtDNA can **vary widely among tissues** in an individual
- Tissues rich in mitochondrions: **Neurons; Skeletal & Cardiac muscle; Endocrine tissue**
- **Mutational loads may change over time**
- Tissues are **differentially sensitive** to levels of mtDNA mutations: ?
Related to oxidative energy requirements
- Pathogenic heteroplasmic mutations: Severity of related symptoms increase with higher proportion of mutated mtDNA
 - Relation to severity not necessarily linear
- Frequency of mtDNA-related disorders: 6 to 17 per 100,000 population

Nuclear DNA and Mitochondrial Diseases

- Mutations in nuclear DNA coding for mitochondrial components
 - Some identified mutations cause defects in oxidative phosphorylation
 - Defects of intergenomic communication
 - Probably nuclear DNA mutations
- Alter control of replication & expression of mitochondrial genome leading to
 - Multiple mtDNA deletions
 - Reduced amounts of mtDNA
- Mutation distribution
 - **Homoplasmic:** Similar distribution of mtDNA mutation in all tissues
 - **Heteroplasmic:** Variable distribution of mtDNA mutation in different cells or tissues

Specific disorders with mtDNA mutations

mtDNA Point mutations

Cardiomyopathy

Leber's optic neuropathy

Leigh's syndrome

MELAS

MERRF

NARP/MILS

Single deletion or duplication

Ataxia, Leukodystrophy

Diabetes: Maternal inheritance

Kearns-Sayre

Pearson's

PEO: Sporadic

Multiple deletions

Aging

Myositis

Inclusion body

COX- muscle

fibers

Depletion of mtDNA

Infantile myopathy

Fatal

"Later-onset"

Several types of mtDNA defect

Deafness

Diabetes

External ophthalmoplegia (PEO)

Sporadic

Maternal

Dominant

Recessive

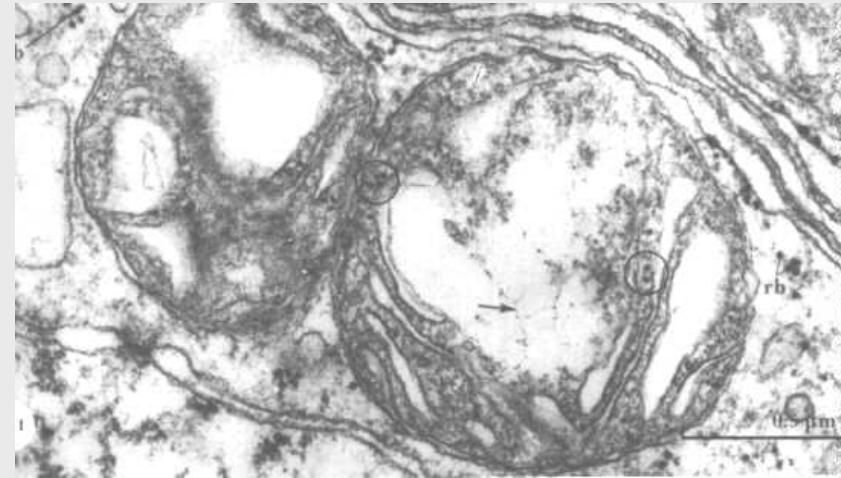
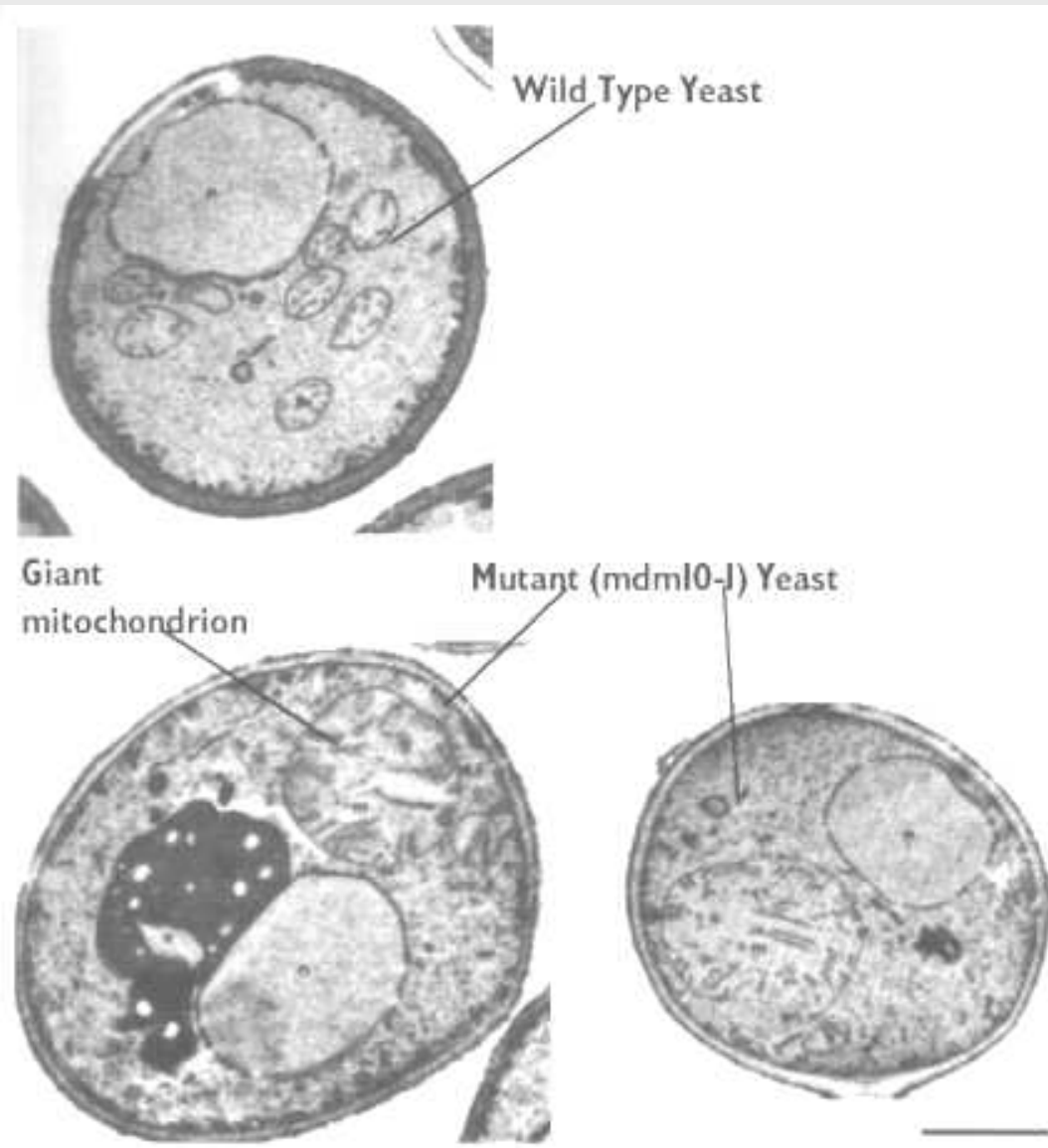
Leigh's Myopathy

Rhabdomyolysis

Sensory neuropathy

Systemic disorders

Abnormalities in mitochondria resulting from mutations



Mt mutations affect different tissues

Nervous system

Seizures, tremors, developmental delays, deafness, dementia, stroke before age 40, poor balance, problems with peripheral nerves

Heart

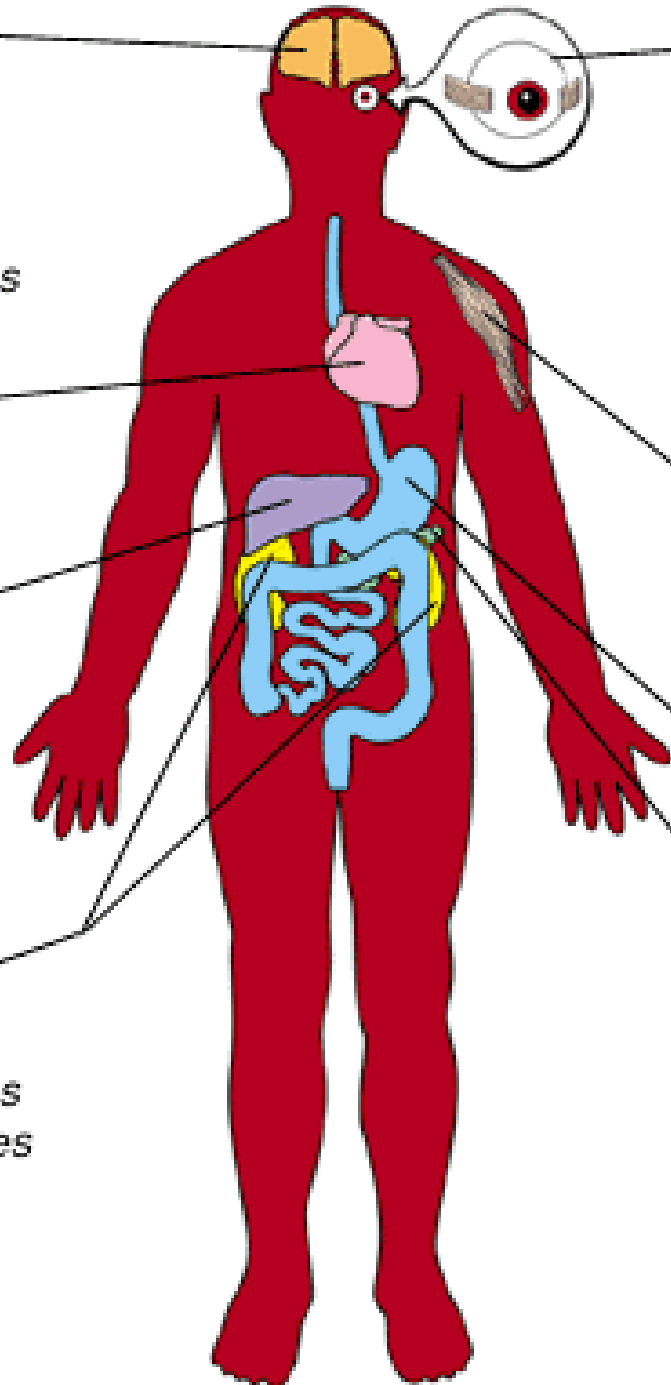
Cardiomyopathy (heart failure, conduction block)

Liver

Liver failure uncommon except in babies with mitochondrial DNA depletion

Kidneys

Fanconi syndrome (loss of essential metabolites in urine)



Eyes

Drooping eyelids (ptosis), inability to move eyes from side to side (external ophthalmoplegia), blindness (retinitis pigmentosa)

Skeletal Muscle

Muscle weakness, exercise intolerance, cramps

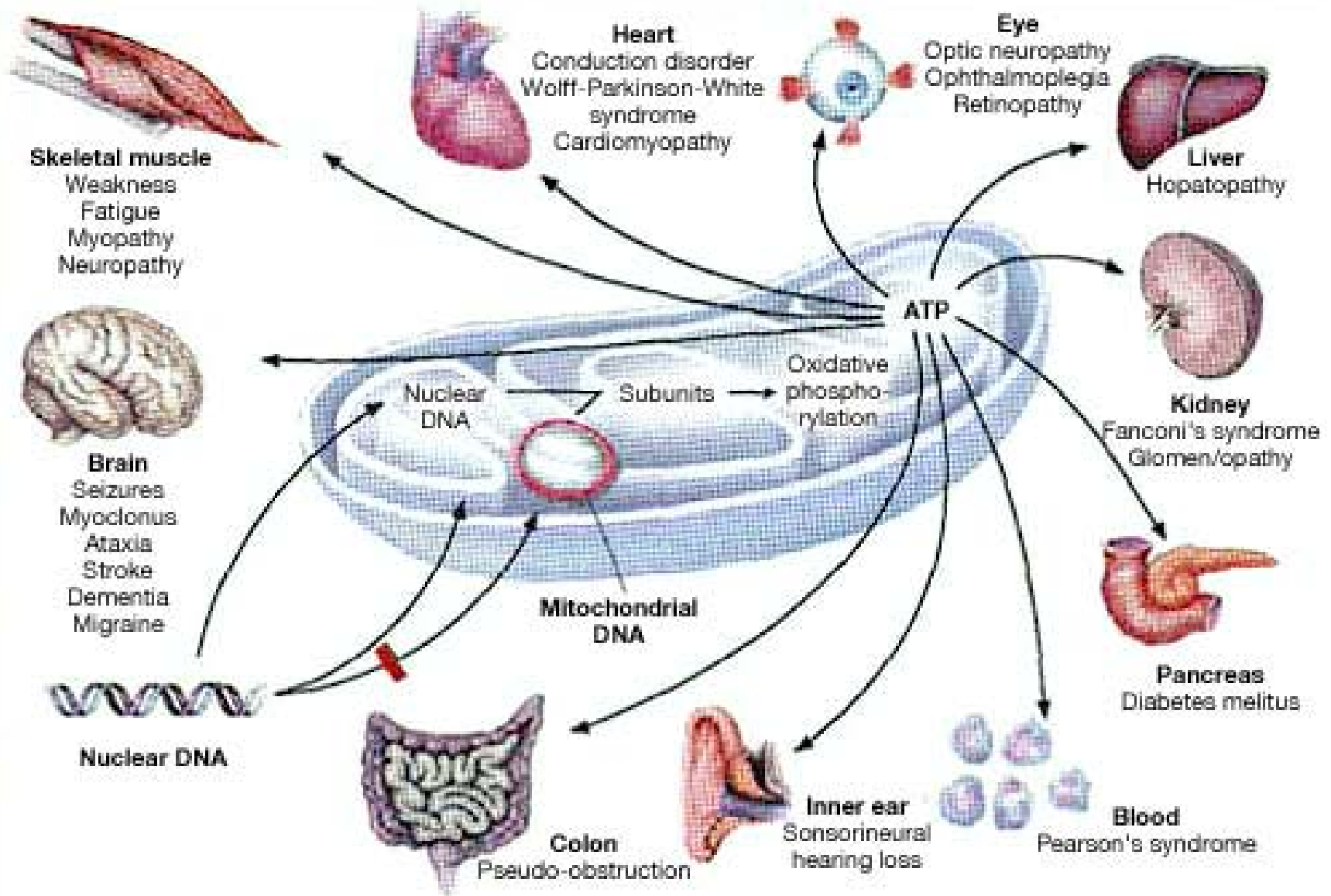
Digestive tract

Acid reflux, vomiting, chronic diarrhea, intestinal obstruction

Pancreas

Diabetes

Tissues affected and examples of mitochondrial diseases



Consequence of Mt DNA Mutations

Tissues that need large amounts of energy, such as the brain, heart, skeletal muscles, eye muscles and the renal tubules of the kidney, probably malfunction, because they run out of fuel. The result is muscle weakness, cardiomyopathy, renal problems, droopy eyelids, cognitive problems and general fatigue.

Mitochondrial disorders: General pathogenic mechanisms

- Often cause **deficient function in respiratory-chain**
 - Abnormal Oxidative Phosphorylation enzymes
- **Threshold effect**
 - % of mutant mtDNAs must be above a threshold to produce clinical manifestations
 - % of mutant mtDNAs needed to cause cell dysfunction varies according to tissue oxidative requirements
- Disease signs especially manifest in Tissues with a **high energy expenditure**: Dependent on oxidative metabolism
- **Specific tissues**: Brain, Heart & Muscle
- **Mitotic segregation**
 - % of mutant mtDNAs in daughter cells can shift at cell division
- Produces rapid changes of genotype that may lead to crossing of threshold
- **Skewed heteroplasmy**
- mtDNA mutation surpasses pathogenic threshold in 1 tissue
 - Examples: A3243G may produce only cardiomyopathy; Myopathy with early respiratory involvement

Mitochondrial disorders

- **Differ from other genetic disorders affecting the muscles:**
 - **Most significantly, although mitochondrial disease can present as a "pure myopathy, i.e: only the skeletal or heart muscles are affected, it more often causes problems in many different organ systems, including the nervous, visual, renal (kidneys), digestive and circulatory systems.**
- **Mitochondrial encephalomyopathies (those disorders affecting brain and muscle) are most often caused by defects in the proteins that make up the respiratory chain.**

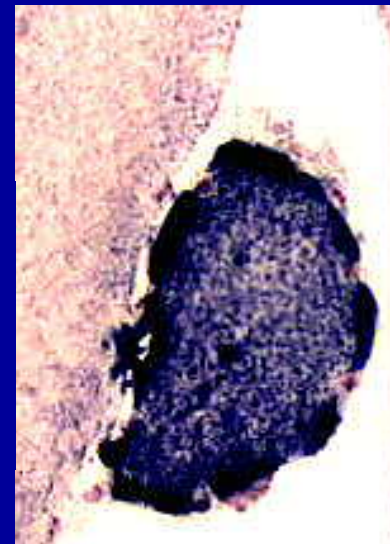
Prime suspects as causes of the symptoms of mitochondrial disease:

- Energy deficit,
- Free radical generation and
- The buildup of toxic metabolites.

mtDNA: General disease features

- Lactic acidosis
- Mitochondrial proliferation in muscle
 - Massive
- Produces ragged-red fibers
- Mutant mtDNAs accumulate preferentially in ragged-red fibers
- Ragged-red fibers are typically negative for cytochrome c oxidase activity

Intense staining
of a muscle fiber with
mitochondrial proliferation



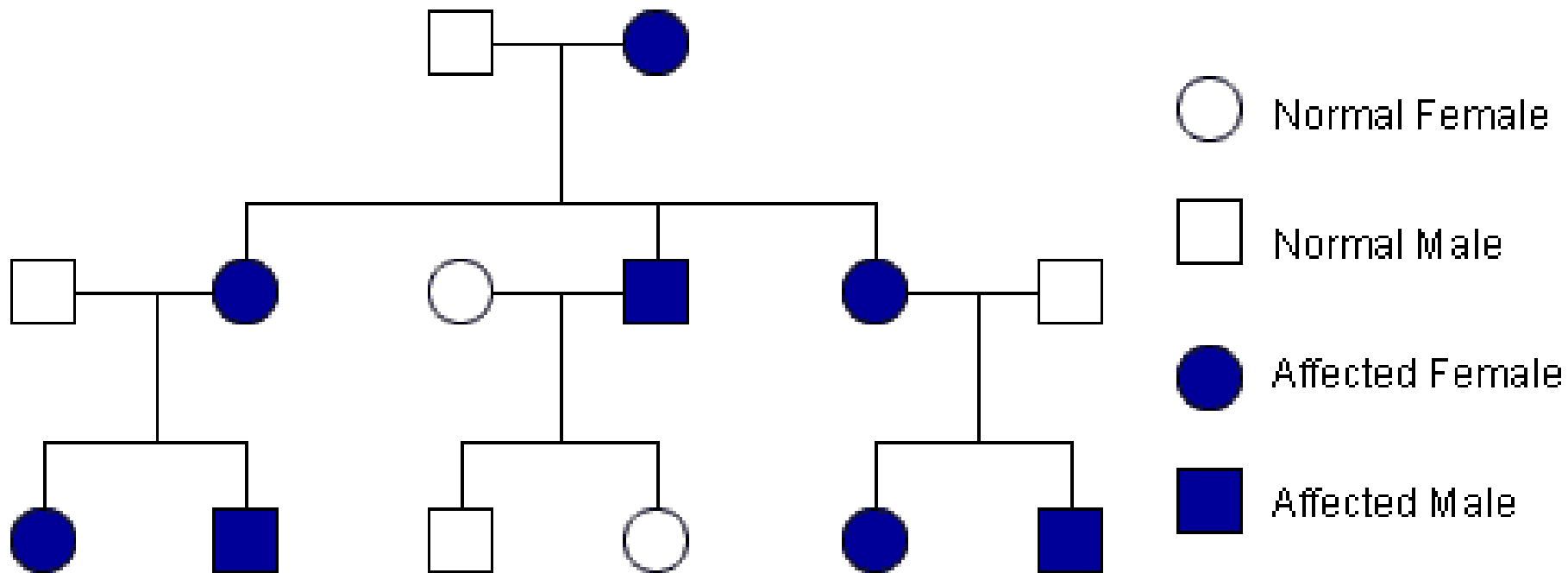
Symptoms common to most Mitochondrial Diseases

- Muscle weakness,
- Muscle cramps,
- Extreme fatigue,
- Gastrointestinal problems (constipation, acid reflux), droopy eyelids (ptosis),
- Eye muscle paralysis (external ophthalmoplegia),
- Retinal degeneration (retinitis pigmentosa) with visual loss,
- Seizures,
- Ataxia (loss of balance and coordination) and learning disorder
- “Soft signs” deafness, mild exercise intolerance, diabetes, short stature and migrainous headaches.



Inheritance of mtDNA

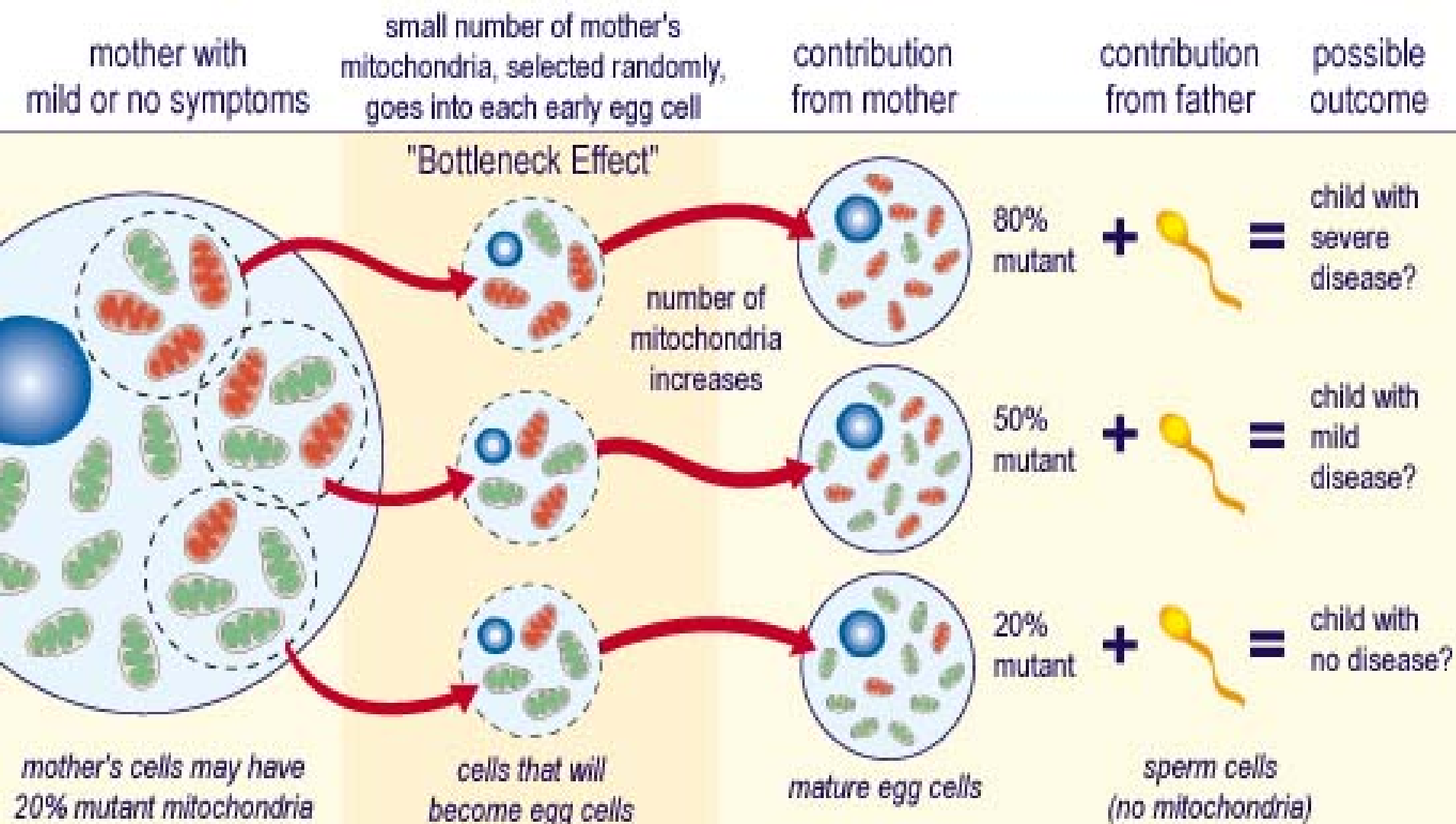
- o Maternal
 - o Usual pattern
- o Sperm mtDNA is actively degraded



Inheritance

- During fertilization mtDNA is derived only from the oocyte
- Maternal inheritance: mtDNA mutations transmitted only from mother
- Mutations transmitted to all offspring, Male & Female
- Increased Mutant mtDNA in the mothers' blood ® Increased Frequency of affected offspring
- Risks of having affected offspring differ between different mtDNA mutations

Variations in Inheritance of Mt mutations





Thank you for Listening