

CHAPTER 14

FUTURE PROSPECTIVES

Future prospectives

During the project AT-4-074 a major consideration was directed towards epidemiological studies, investigations of disease pathophysiology, clinical presentation and study of the molecular nature of the genetic defects, gene-gene interactions, interaction with environmental factors, and investigation of ways to decrease the suffering of these patients by better management and care strategies. Programmes for control and prevention were devised and implemented. The conception of the SAS group played a role in the success of these activities. In addition, the designation of our unit as W.H.O. Collaborating Centre for Haemoglobinopathies, Thalassaemias and Enzymopathies played a significant role in the Referral & Consulting Scheme which have enable toward a better health care delivery, improved awareness, improved management, vaccination and prophylaxis strategies and genetic counselling. This has also help in standardization and continuation of such activities at the national level. Symposia were held to bring update the knowledge and recent developments in these fields. Workshops have been carried out to train more personnel to conduct efficient studies on blood genetic disorders, not only in Saudi Arabia but in other Middle Eastern countries.

It is contemplated that our efforts will enable effective health care delivery and will contribute positively to overcome the burden created by blood and other genetic problems.

A similar pattern of investigation for determining the magnitude of other genetic problems is complementary to these investigations. The model that has been arrived at during this study may be followed for development of facilities and strategies for the study of other genetic problems prevalent in the Saudi population.

Multifactorial and polygenic disorders are of similar chronic nature to that of red

cells genetic disorder and require very similar approach for control and prevention as well as care provision to the effected individuals and share the significance of finding preclinical markers. Molecular epidemiology and telecommunications may be of relevance and would result in unveiling of possible diagnostic probes and enable monitoring of disease states, respectively.

Studies at the level of the Arabian peninsula, including Gulf states and other neighbouring countries, will allow comparative studies and will widen the spectrum and further use of facilities. The establishment of the Arab Group for the Study of Red Cell Genetics Disorders and the W.H.O. Task Force and more recently the establishment of the panel of experts for genetic diseases for the World Health Organization would enable the exploration of areas of prevention, control and management at a regional and international level.

On the one hand, the progress made over the last years based on the acquisition of molecular methodologies and better control of infectious:disease has focussed attention on genetic disorders and other non-communicable diseases. It is, therefore, timely to gather efforts, expertise, and lessons from the studies hitherto carried out to widen the scheme to explore further the multifactorial and polygenic disorders in different population groups and tribes and to contribute to the advancement of knowledge to lay the basis for better diagnostic care and prevention strategies. On the other hand, enrichment of knowledge through study of human diversity and normal human genome will pave the way for interaction and learning experiences with the international community.

To this end we recommend a comprehensive approach for investigation, care, management, control and prevention of genetic disorders making use of the results, the

facilities and the expertise that have been developed as a result of this project.

CHAPTER:15

PAPERS PRESENTED IN

NATIONAL & INTERNATIONAL

JOURNALS FROM THE

RESULTS OF

PROJECT AT-4-074

15.1. Published/accepted papers

1. **El-Hazmi, M.A.F.** and Warsy, A.S. (1984): Aspects of sickle cell gene in Saudi Arabia – interaction with glucose-6-phosphate ehydrogenase deficiency. Hum Genet 68: 320- 323.
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 14. **El-Hazmi, M.A.F.** (1986): Leftward deletion α -thalassaemia in the Saudi Arabian population. *Hum. Genet.* 74: 219-222.
 15. **El-Hazmi, M.A.F.**, Jabbar, F.A., Al-Swailem, A.R. and Warsy, A.S. (1986): β -Globin gene polymorphism in Saudis - Triple Hpa I fragments. *Hum. Genet.* 74: 313-315.
 16. **El-Hazmi, M.A.F.** and Warsy, A.S. (1986): On the Nature of Sickle Cell Disease in the South- Western Province of Saudi Arabia. *Acta haemat.* 76: 212- 216.
 17. Warsy, A.S. and **El-Hazmi, M.A.F.** (1987): Glucose-6-phosphate Dehydrogenase Deficiency in Saudi Arabia - A Review. *Saudi Medical Journal* 8(1): 12-20.
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CHAPTER 16

PAPERS PRESENTED

IN NATIONAL

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CONFERENCES

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2. **El-Hazmi, M.A.F.** (1983): Association of Hb F and its subunits with different haemoglobin disorders. International Society of Haematology European African Division 7th Meeting. Barcelona, 4-9 September, 1983, Barcelona, Spain.
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CHAPTER 17

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CHAPTER 18

APPENDICES

16.1 Equipment used during the period of Project AT-4-074

- ◆ Amino Acid Analyser
 - LKB 4400
 - LKB 4400
- ◆ Analyzers Chemistry
 - American Monitor
 - Dimension
 - Hitachi
 - Sincrone
 - Atomic Absorption Perkin Elmer
- ◆ Balances
 - Analytical Sartorius
 - Analytical Mettler
 - Toploading Mettler Sartoriou
- ◆ Beta Counters
 - Mark III Searle
 - Packard
- ◆ Centrifuges
 - Ultra Centriscan
 - Ultra Super Speed 65
 - Ultra Sorval OTD65 Dupont
 - High Speed Coolspin
 - High Speed J21B Beckman

- High Speed J6 Beckman
- Bench Top Heraecus Digifuge
- Bench Top Heraecus Labofuge
- Bench Top heraecus Microfuge
- ◆ Computers
 - Tektronix 4051
 - IBM KSU Main Frame
 - Compaq 486 Deskpro
 - Compaq 386
 - AST 386 Primum
- ◆ DNA Extractor
 - 341 Applied Bio System
- ◆ Electrophoresis
 - Submarine Gel BRL
 - Vertical Gel LKB Biorad Hoffer
 - Multiphore LKB
 - Flat bed Helina Dessaga Corning
 - Flat bed Biorad Pharmacia
 - Highvoltage CAMAG SAVANT
- ◆ ELISA
 - IMX
 - Amerlite
- ◆ F P L C

- Pharmacia
- ◆ Fraction Collector
 - MULTIRACK LKB
 - FRAC 300 Pharmacia
 - MSE Model 328
- ◆ Freeze Dryers
 - Beta
 - Virtis
- ◆ Gamma Counters
 - Compugamma 1282 LKB
- ◆ Haematology
 - Coulter ZF
 - Coulter S
 - Co-oximeter 282
 - ZNP 400 Hematofluorometer
 - Zeiss Microscope with Camera
 - Hema Tek Slide Stainer
 - Hemo Scan
- ◆ HPLC
 - Variant 5000 Vista Series
- ◆ Incubators
 - Corning ACI
 - Forma Scientific

- Illuminated Cooled Orbital Galankam
- CO2 Incubator Forma Scientific
- ◆ Luminometer
 - Luminometer 1251 LKB
- ◆ Ovens
 - Vaccume Oven LTE Qualvac
 - Heracus
 - Horo
- ◆ pH Meters
 - Backman 4500
 - Beckman Select Ion 5000
 - Radiometer PHM83
 - Radiometer PHM84
- ◆ Scanners
 - Densitometer
 - Cliniscan
 - Corning 710 Fluorometer
- ◆ Sequencers
 - Beckman Peptide Sequencer
 - DNA SEquencer LKB
- ◆ Spectrophotometers
 - Spectrophotometer Zeiss
 - DMR 11 Zeiss

- Zeiss DM 4
- ◆ Synthesizer
 - DNA RNA Applied Bio System
- ◆ Thermocycler
 - Parkin Elmer
 - Statagen
- ◆ Water Baths
 - Kolterman
 - Grant
- ◆ Water Purification Systems
 - Buchr
 - Millipore

LIST OF CHEMICALS USED DURING THE PROJECT

1. Amicon concentrator
2. Amino acid calibration std.
3. Agarose NA
4. Acetonitrile HPLC grade
5. AME medium
6. Aziridin pure
7. Auto ICS pepettor tips
8. Auto ICS flowcell and stirring bars
9. Auto ICS dilution segment
10. Auto ICS buffer
11. Auto diluent
12. Acetonitrile HPLC grade
13. ACE kits 787011
14. ACE std 817759
15. Albumin A119
16. Alpha 1 antichymotrypsin A22
17. Alpha 1 antitrypsin A012
18. Alpha 1 Fetoprotine A008
19. Alpha 2 macroglobulin A003
20. Alpha 2 microglobulin A256
21. ACES
22. Antitrypsin norpartigen
23. Agarosa Prep.
24. Amberlite MB-1
25. Apolipoprotien B std, human serum
26. Apolipoprotein control serum Apo A A
27. AMES hematrak staining kits.
28. Alcohol swabs
29. Alpha D glucose 1 phosphate NA2 salt

30. Angiotensine
31. Adenosine
32. Ammonium acetate purise
33. Agar agar
34. Ampholine PAG plate
35. Ampicilline trihydrate
36. Aldolase
37. Ausab hepatitis kits
38. Ausria hepatitis kits
39. Anti-delta RIA kits
40. AVA II restriction enzyme
41. Adenosine 5' gamma P32 triphosphate
42. Bijou bottle
43. Bind silane
44. Benzene
45. B-D glucose-1-phosphate NA salt
46. Borate buffer for fluorimetry
47. Blotting pads
48. Blotter pads
49. Bgl II restriction enzyme
50. Bam HI restriction enzyme
51. Beta-thal quick column kits
52. Bind silane
53. Ceruloplasmin A03
54. Chemical resistant tubes
55. Citrate gel for acid electrophoresis
56. Citrate buffer for acid electrophore
57. Carboxylase
58. Coulter cuvattes
59. Corab hepatitis

60. Constant boiling HCL
61. Citric acid anhydrous
62. Cotton
63. Chloroform resistant tubes w/screw C
64. Coulter accuvates
65. Co-oximeter control
66. Citrate gel
67. Citrate buffer
68. Calibration II for PF8
69. Ceruliplasmin A031
70. Calibrator standard 4310-122
71. Critikan syringe driver syringe mind
72. Column PD-10 G-25 medium
73. Checker slide kits
74. Control serum
75. DCTP
76. DNA storage tubes, clear-yellow-red-B
77. D-fructose-6-phosphate (Ba salt)
78. Diethyl maleta technical
79. Deae 24-cellulose SS servacel
80. Dextran sulphate 500 BA salt
81. Dipotassium hydrogen phosphate (Anhyd)
82. DNA synthesis RPN 1256 (Amersham)
83. DNA synthesis RPN 1257 (Amersham)
84. Diluent Co-oximeter
85. DATP S35
86. DNA sequencing kits
87. Ethyl acetate
88. EDTA
89. Ependorf bottles

90. Filter with holders
91. Free fatty acid kits
92. Ficoll 400
93. Filter O rings
94. Fetal hemoglobin test kits
95. Falcon graduated tubes
96. Fetal hemoglobin staining kits
97. Filter paper 3M
98. Ferritin
99. fisher polybags
100. Fluorosine detection reagent kits
101. Floe resister
102. Fructose 6 phosphate barium salt
103. Gloves
104. G-6-PD isoenzyme reagent kits
105. Glucagone
106. G-6-PD diagnostic kits
107. Glucortise (AMES)
108. Granulocyte microphage growth factor
109. Glucose determination strips
110. Gene AMP TM DNA amplification reagen
111. Gene Amplification reaction tubes
112. Gel bond paq
113. G6PDH test combination
114. Glyceraldehyde 3 phosphate
115. Glyceraldehyde 3 phosphate dehydrogen
116. Glycerophosphate dehydrogenase
117. Glutathione reductase
118. Glutathione reduced (GSH)
119. Hybond N

120. Haemoglucotest
121. Hydroxyurea
122. Hanks balanced salt solution
123. Human serum albumin
124. Hydrea CA 500
125. Heptafluorobutyric acid
126. Heptane
127. Haptoglobin
128. Hemopaxin
129. Haemoterge
130. Hb F Quick plate kits
131. Hb F Quick plate control kits
132. Hematak Pak staining kits
133. Insulin C peptide 1125 test kits
134. Iscoves modified dulbecome medium
135. Isotone II
136. Isoterge
137. IgA nor partigen
138. IgG nor partigen
139. IgM nor partigen
140. Immobiline dry plates pH 5-6
141. Immobiline dry plates pH 4-6
142. Immobiline dry plates pH 3-6
143. Immobiline dry plates pH 6.2
144. Immobiline dry plates pH 9.3
145. Lactic acid kits
146. Lactaglobulin A
147. Low melting point agrose
148. Lize III
149. M Partigen apolipoprotein

150. Minoton LMC
151. Microscopic glass slides
152. Membrane filters
153. Mst II
154. Micropipettes
155. Millipore Millex HA 0.45
156. Micro tubes
157. 4 Methylumbellifery phosphate
158. N-butyl chloride
159. N Propanol HPLC grade
160. Norpartigen apolipoprotein B
161. Nootrophil syrup
162. Nootrophil cap 400 mg
163. Nootrophil IV injections
164. N-Propanol HPLC grade
165. Nujol mineral oil
166. Nick translation kits
167. NADP
168. Alpha NADP reduced NA salt
169. NADPH
170. Nucleotide phosphorylase 1
171. Norpartigen A antitrypsin
172. Norpartigen C3
173. Norpartigen C4
174. Oligonucleotides (Primers)
175. Ophthalmodehydre OPA
176. Prealbumin
177. Polyberen
178. Protein hydrolysate kits
179. Phosphate buffer saline

180. Polyvinyl pyrrolidone
181. PDP
182. pH buffer solutions
183. Ophthalmodehyde OPA
184. Pyruvic acid NA salt
185. Pentafluoropropionic acid
186. Penacyle bromide
187. Pyridine
188. Polaroid films Pos Neg
189. Pasteur pipettes longform glass
190. Pasteur pipettes longform plastic
191. Plastic wrap
192. Pipettes transfer
193. Quardral 0.1m
194. Restriction endonuclease Scq 1
195. Ribose 5-phosphate disodium salt
196. Repal silane
197. Reagents for American monitor
198. Romi 1640 medium
199. Reagent pack properdin factor B
200. Starch (smithies) Toronto Starch
201. Sodium laurylsulphate purum
202. Sephadex G25 and G50
203. Sperimidine
204. Sicke Thal Quick column
205. Sicke Quick Test
206. Solman Sperm DNA
207. Slyci tek control normal and abnormal
208. Sample cups
209. Sodium citrate buffer

210. Sodium hydroxide solution
211. Std serum apolipoprotein A
212. Tetan plates
213. TDX iron assay
214. TDX TIBC assay
215. Trifluoroacetic acid HPLC grade
216. Tetra hydrofurane
217. Transferrin norpartigen
218. Vacutainers
219. Xmn I
220. Zepoglobin